

WOMEN'S SOCCER PLAYERS-OF-THE-WEEK

2001

Aug. 20-26 Andrea Larson, SPU
 Aug. 27-Sept. 2 Mindy Gibbens, NNU
 Sept. 3-9 Jeanie Thomsen, WOU
 Sept. 10-16 Michelle Sanders, SPU
 Sept. 17-23 Corrina Becker-Wayman, HSU
 Sept. 24-30 Tafara Pulse, SU
 Oct. 1-7 Gabby Ahmadia, HSU
 Lacey Rasmussen, NNU
 Oct. 8-14 Shauna Voss, NNU
 Oct. 15-21 Nichole Sauvageau, SU
 Oct. 22-28 Andrea Larsen, SPU
 Stacy Wyman, CWU
 Oct. 29-Nov. 4 Lydia Shannon, WOU

2002

Aug. 26-Sept. 1 Lacey Rasmussen, NNU
 Jenna Hunter, HSU
 Sept. 2-8 Mariah Talbott, HSU
 Sept. 9-16 Tafara Pulse, SU
 Sept. 16-22 Megan Lienhard, SPU
 Lydia Shannon, WOU
 Sept. 23-29 Moani Mundo, WOU
 Sept. 30-Oct. 6 Mariel Chandler, WOU
 Oct. 7-13 Michelle Sanders, SPU
 Shelley Comstock, WOU
 Oct. 14-20 Erin Pierce, SPU
 Oct. 21-27 Amy Bouska, WWU
 Nichole Sauvageau, SU
 Oct. 28-Nov. 3 Emily Schifferling, SU
 Nov. 4-10 Megan Lienhard, SPU

2003

Aug. 25-31 Jamie Kelleff, NNU
 Shannon Lovejoy, SPU
 Sept. 1-7 Jennifer Hull, SPU
 Sept. 8-14 Jenna Hunter, HSU
 Sept. 15-21 Tafara Pulse, SU
 Teresa Fish, WWU
 Sept. 22-28 Jessica Henson, SPU
 Shauna Voss, NNU
 Sept. 29-Oct. 5 Kim Halloran, HSU
 Oct. 6-12 Jennifer Hull, SPU
 Oct. 13-19 Lindsay Conway, CWU
 Oct. 20-26 Shannon Lovejoy, SPU
 Jenna Hunter, HSU
 Oct. 27-Nov. 2 Mollie Taylor, SPU
 Julie Martiniello, SU
 Nov. 3-9 Shannon Lovejoy, SPU

2004

Aug. 23-29 Staci Self, HSU
 Cassidy Smith, SU
 Aug. 30-Sept. 6 Lesa Lewis, HSU
 Sept. 7-12 Kelly Stewart, SU
 Samantha Kooy, CWU
 Sept. 13-19 Lacey Lewis, HSU
 Sept. 20-26 Sarah Martinez, SPU
 Katy McNutt, NNU

Sept. 27-Oct. 3 Shannon Lovejoy, SPU
 Leah Wymer, SU
 Oct. 4-10 Stephanie Pogue, WOU
 Oct. 11-17 Michelle Sanders, SPU
 Oct. 18-24 Becky Myrold, WOU
 Oct. 25-31 Chela Gray, WWU
 Ashley Porter, SU
 Nov. 1-7 Michelle Everson, SPU

2005

Aug. 22-28 Carolyn Nason, SPU
 Ana Gutierrez, SU
 Aug. 29-Sept. 4 Ashley Porter, SU
 Rosie Zadra, WWU
 Sept. 5-11 Sarah Martinez, SPU
 Sept. 12-18 Heidi Jacobson, SPU
 Sept. 19-25 Meghan Michaud, CWU
 Sarah Martinez, SPU
 Sept. 26-Oct. 2 Shannon Lovejoy, SPU
 Ashley Porter, SU
 Oct. 3-9 Erica Hibbard, WOU
 Oct. 10-16 Megan Lienhard, SPU
 Oct. 17-23 Megan Lienhard, SPU
 Oct. 24-30 Staci Self, HSU
 Oct. 31-Nov. 6 Shannon Lovejoy, SPU
 Katie Warner, WWU

2006

Aug. 20-27 Ana Gutierrez, Seattle
 Amanda Font, WWU
 Aug. 28-Sept. 3 Ally Meyer, WOU
 Sept. 4-10 Lindsay Mitchell, CWU
 Sept. 11-17 Cassidy Smith, SU
 Katie Weber, WWU
 Sept. 18-24 Kayla Stiegemeier, SPU
 Sept. 25-Oct. 1 Kaitlyn Jackson, SU
 Oct. 2-8 Amanda Font, WWU
 Oct. 9-15 Katie Warner, WWU
 Alex Kirk, SPU
 Oct. 16-22 Tricia Loomis, SPU
 Ashley Porter, SU
 Oct. 23-29 Leah Wymer, SU
 Oct. 30-Nov. 5 Janae Godoy, SPU

2007

Aug. 20-26 Janica Larsen, MSUB
 Aug. 27-Sept. 2 Sarah Martinez, SPU
 Sept. 3-9 Shannon Oakes, SPU
 Sept. 10-16 Janae Godoy, SPU
 Sept. 17-23 Amber Easterbrook, CWU
 Katie McNutt, NNU
 Sept. 24-30 Jocelyn Charette, SPU
 Teresa Fish, WWU
 Oct. 1-7 Shawwna Chastain, CWU
 Oct. 8-14 Sarah Martinez, SPU
 Leah Wymer, SU
 Erica Hibbard, WOU
 Oct. 15-21 Madison Collins, SU

Oct. 22-28 Meredith Teague, SPU
Oct. 29-Nov. 4 Katie Warner, WWU

2008

Aug. 25-31 Melinda Ingalls, WOU
Kari Foreman, MSUB
Sept. 1-7 Emily Frankland, WWU
Amanda Johnson, SPU
Sept. 8-14 Amber Easterbrook, CWU
Sept. 15-21 Claire Morgan, WWU
Sept. 22-28 Lynde Clarke, CWU
Sept. 29-Oct. 5 Kari Foreman, MSUB
Jill Jensen, SMU
Oct. 6-12 Lucy Miller, WWU
Meredith Teague, SPU
Oct. 13-19 Kelly Irving, WWU
Oct. 20-26 Jocelyn Charette, SPU
Oct. 27-Nov. 2 Meredith Teague, SPU
Nov. 3-9 Ashley Engel, SMU
Janae Godoy, SPU

2009

Aug. 24-30 Jill Webb, SMU
Aug. 31-Sept. 6 Jill Webb, SMU
Sept. 7-13 Samantha Boehm, MSUB
Sept. 14-20 Taylor Sawyer, SPU
Autumn Yturbe, NNU
Sept. 21-27 Taylor Lundquist, SPU
Kari Foreman, MSUB
Sept. 28-Oct. 4 Emily Frankland, WWU
Oct. 5-11 Brittney Rigtrup, WOU
Oct. 12-18 Kelly Irving, WWU
Oct. 19-25 Jocelyn Charette, SPU
Oct. 26-Nov. 1 Amy Pate, CWU
Nov. 2-8 Jocelyn Charette, SPU

2010

Aug. 30-Sept. 5 Jamie Arthurs, WWU
Samantha Sandau, MSUB
Sept. 6-12 Maddie Dickinson, SPU
Sept. 13-19 Molly Shannon, WWU
Brittany Langdon, SPU
Sept. 20-26 Serema Tomaso, CWU
Sabrina Grandke-Bawab, MSUB
Sept. 27-Oct. 3 Claire Morgan, WWU
Oct. 4-10 Kellie Zakrzewski, SPU
Oct. 11-17 Megan Lindsay, SPU
Oct. 18-24 Jill Webb, SMU
Brittany Langdon, SPU
Oct. 25-31 Megan Lindsay, SPU
Kym Witmer, WOU
Nov. 1-7 Whitney Siler, MSUB

2011

Aug. 29-Sept. 4 Heidi Greenback, MSUB
Jamie Arthurs, WWU
Sept. 5-11 Brandi Hamre, SPU
Sept. 12-18 Jaucelyn Richter, MSUB
Taylor Sawyer, SPU
Sept. 19-25 Carson McKole, CWU
Sept. 26-Oct. 2 Whitney Siler, MSUB
Justina MacDowell, WWU
Oct. 3-9 Jennifer Brookshire, MSUB
Oct. 10-16 Megan Lindsay, SPU
Oct. 17-23 Taylor Sawyer, MSUB
Carson McKole, CWU
Oct. 24-30 Brandi Hamre, SPU
Oct. 31-Nov. 6 Jaucelyn Richter, MSUB
Kelsey Jenkins, SPU

Most Career POW Winners: 6 – Shannon Lovejoy, SPU. 5 – Sarah Martinez, SPU. 4 – Ashley Porter, SU; Jocelyn Charette, SPU; Jill (Jensen) Webb.

2001

Week of Aug. 20-26: Andrea Larson, Seattle Pacific (Forward, 5-4, Sr., Portland, OR - Central Catholic), a transfer from Oklahoma State where she scored a career school record 45 points (16 goals, 13 assists), scored the lone goal for the Falcons in both a 1-0 exhibition win over Concordia, Calif., and a 1-1 tie with NAIA nationally 23rd ranked Point Loma Nazarene.

Week of Aug. 27-Sept. 2: Mindy Gibbens, Northwest Nazarene (Forward, 5-5, Sr., Eugene, OR) scored five goals and also had an assist to lead the Crusaders to three victories and the team championship in the Arthur D. Ortman Women's Soccer Invitational at Nampa. Gibbens scored two goals in an 8-0 win over Eastern Oregon on Friday, then had a hat trick, including the game-winning goal in overtime, in a 5-4 win over Carroll on Saturday. On Monday, Mindy earned an assist on NNU's first goal in a 2-0 victory over Albertson College.

Week of Sept. 3-9: Jeanie Thomsen, Western Oregon (Forward, 5-5, So., The Dalles, OR) scored the game-winning goal in a 1-0 win over Division I Portland State and in a 2-1 conference win over Humboldt State. Thomsen also assisted on WOU's other goal against the Lumberjacks.

Week of Sept. 10-16: Michelle Sanders, Seattle Pacific (Forward, 5-9, Fr., Centralia) set up two goals with corner kicks as the Falcons edged Humboldt State 3-2 in a GNAC soccer game Saturday.

Week of Sept. 17-23: Corrina Becker-Wayman, Humboldt State (MF, 5-6, Jr., Eugene, OR - South Eugene) assisted on Meira Dinsmore's game-winning goal in a 2-1 win over Chico State and on Alita Hill's GWG in a 1-0 win over nationally-ranked Sonoma State. Both goals came on corner kicks. "The way she's playing now is the best I've ever seen her play, both offensively and defensively," Coach Andy Cumbo said. "She's creating offensive opportunities and defensively she's playing very aggressive and very smart."

Week of Sept. 24-30: Tafara Pulse, Seattle (MF, 5-3, Fr., Yakima, WA - Eisenhower) scored two goals and had an assist in a 4-0 conference win over Northwest Nazarene Friday. She followed that up scoring the game-winning goal and also assisting on a goal by her former high school teammate Jill Nelson in a 2-1 win over Cal State Bakersfield Sunday as the Redhawks extended their winning streak to three.

Week of Oct. 1-7: Gabby Ahmadi, Humboldt State (Midfielder, 5-5, Jr., Hilo, HI) and Lacey Rasmussen, Northwest Nazarene (Forward-Midfielder, 5-6, Fr., Nampa, ID - Skyview). . Ahmadi, who ranks second in the GNAC in points scored with 18, notched a hat-trick in a 5-0 win over Southern Oregon and then scored a single goal as the Lumberjacks extended their winning streak to six with a 5-1 thrashing of Simon Fraser. It was the worst loss of the

season for the perennial NAIA national powers. . Rasmussen scored two goals, including the game-winner as Northwest Nazarene rallied from a 3-0 deficit to defeat Western Oregon 4-3. She also had the game-winner in a 2-1 overtime win over Montana State-Billings.

Week of Oct. 8-14: Shauna Voss, Northwest Nazarene (Goalkeeper, 5-4, So., Yakima, WA - West Valley) had 22 saves as she posted her third and fourth shutouts of the season and lowered her GAA to 1.50 in 1-0 wins over Western Baptist and Central Washington. Voss enabled the Crusaders to improve to 10-3 on the season despite being outshot 43-20 in the two contests, including 18-11 by Western Baptist and 25-9 by Central Washington.

Week of Oct. 15-21: Nichole Sauvageau, Seattle (MF-F, 5-3, Jr., Renton - Liberty) scored two goals in Sunday's 3-1 victory over Central Washington, and played a solid game in a 0-0 draw with Western Washington on Friday as the Redhawks set a new school record with for consecutive games without a loss. They've won nine and tied two of their last 11.

Week of Oct. 22-28: Andrea Larsen, Seattle Pacific (F, 5-4, Sr., Portland, OR - Central Catholic) and Stacy Wyman, Central Washington (MF, 5-4, Jr., Everett). . Larsen registered a hat trick - the fourth one this year in the GNAC - as the Falcons took over first-place in the conference with a 6-0 win over Northwest Nazarene. . Wyman keyed CWU's defense in a 1-0 shutout of Western Washington, helping contain Kristin Whitlock, who had a goal and an assist in the earlier contest between the two arch-rivals "She's been matched up with the best midfielders and forwards in this league," CWU coach Michael Farrand said. "The second time around (in league), she shut down Whitlock and LeRin Farrison of SPU (in a pair of 1-0 wins). She has been our unsung hero. Whether she's been in the middle or on the outside, she has been effective for us. She is a warrior."

Week of Oct. 29-Nov. 4: Lydia Shannon, Western Oregon (MF-F, 5-9, So., Portland, OR - David Douglas) scored two goals, including the game-winner in the 97th minute as the Wolves defeated Seattle Pacific 2-1 to earn a share of the GNAC title with Seattle University.

2002

Week of Aug. 26-Sept. 1: Lacey Rasmussen, Northwest Nazarene (Forward, 5-6, So., Nampa, ID - Skyview) and Jenna Hunter, Humboldt State (MF, 5-4, Jr., Ojai, CA). . Rasmussen scored five goals in three games and was named the Most Valuable Player in the Ortman Women's Soccer tournament at Nampa as she led the Crusaders to three wins and the tournament title. . Hunter scored three goals in a pair of contests and was voted the Most Valuable Player in the Roadrunner Soccer Classic at Bakersfield.

Week of Sept. 2-8: Mariah Talbott, Humboldt State (GK, 5-3, Sr., Moscow, ID) posted back-to-back shutouts in wins

over Cal State Stanislaus and Seattle Pacific. Talbott had a total of eight saves, including seven in their league opener against the Falcons.

Week of Sept 9-16: Tafara Pulse, Seattle University (M, 5-3, So., Yakima - Eisenhower) scored three goals and also had three assists as the Redhawks won three of four games, including conference road games at Central Washington and Northwest Nazarene. Pulse contributed two goals and an assist in a 4-0 win at CWU, then had a goal and an assist in a 4-0 win at NNU. She also had an assist in a 3-2 loss against Notre Dame de Namur before sitting out Sunday's 4-0 win over Evergreen State with a hamstring injury.

Week of Sept. 16-22: Megan Lienhard, Seattle Pacific (MF, 5-7, Fr., Everett - Cascade) and Lydia Shannon, Western Oregon (F, 5-9, Jr., Portland, OR - David Douglas). .Lienhard scored one goal and also had four assists as the Falcons blanked previously unbeaten Notre Dame de Namur 2-0 and Northwest Nazarene 4-0. .Shannon had two goals in Western Oregon's 4-0 shutout of Seattle University. She also was credited with an assist in a 6-0 win at Northwest Nazarene.

Week of Sept. 23-29: Moani Mundo, Western Oregon (GK, 5-5, Jr., Kaneohe, HI - Castle) allowed just two goals and had 14 saves as the Wolves won two of three games, including a 2-1 decision Sunday over previously unbeaten and nationally ninth-ranked UC Davis. Mundo had nine saves against the Aggies and two in a 1-0 shutout of Sonoma State on Friday. Mundo currently ranks second in the GNAC with a 0.97 goals against average.

Week of Sept. 30-Oct. 6: Mariel Chandler, Western Oregon (Forward, 5-7, Jr., Las Vegas, NV) scored both of the Wolves' goals in a 2-1 road win at Humboldt State. The Wolves, who play six of their final eight games at home, including five of six conference contests, lead Western Washington by one game and HSU and Seattle University by 1 ½.

Week of Oct. 7-13: Michelle Sanders, Seattle Pacific (Forward, 5-9, So., Centralia, WA) and Shelley Comstock, Western Oregon (Defender, 5-7, Sr., Salem, OR - South Salem). .Sanders had eight points (3 goals, 2 assists) in a 7-1 win against Carroll College to equal a GNAC single-game record and also scored the tying goal in a 2-1 win over Humboldt State. The Falcons have not lost in their last five games. Comstock led Western Oregon's defense, which was nearly impenetrable, allowing just nine shots in shutouts against Central Washington and Western Washington. "Game in and game out, she gets it done for us," WOU coach Rod Fretz said. "Our defense played so well this past weekend, we were never really in danger (of giving up a goal)."

Week of Oct. 14-20: Erin Pierce, Seattle Pacific (Goalkeeper, 5-7, Fr., Milwaukie, OR - Rex Putnam) had six saves in a 5-1 win over first-place Western Oregon as the Falcons extended their unbeaten streak to seven games (6 wins, one tie). "She made several incredible saves and

was clearly the difference on the defensive side," SPU coach Bobby Bruch said.

Week of Oct. 21-27: Amy Bouska, Western Washington (Sweeper, 5-11, Jr., Des Moines, WA - Mount Rainer) and Nichole Sauvageau, Seattle (MF, 5-3, Sr., Renton, WA - Liberty). .Bouska led Western Washington's defense, which limited Humboldt State to just nine shots (including one on goal), in a 1-0 victory. Sauvageau scored a goal in the second half to snap a 1-1 tie as the Redhawks rallied from a 1-0 halftime deficit to defeat first-place Western Oregon 3-2. Sauvageau's goal enabled her to move into first place on Seattle's all-time goal scoring list. It was the 45th of her career, one more than former record of 44 set by Ingrid Gunnestad, who played during the 1988, 1989, 1990 and 1992 seasons.

Week of Oct. 28-Nov. 3: Emily Schifferling, Seattle University (GK, 5-10, Jr., Portland, OR - Hillsboro) had five saves, including two from close range, to record her third shutout of the season as the Redhawks kept alive their GNAC title hopes with a 1-0 shutout of Humboldt State.

Week of Nov. 4-10: Megan Lienhard, Seattle Pacific (MF, 5-7, Fr., Everett, WA) scored a pair of goals, including the game-winner in overtime as the Falcons won the Great Northwest Athletic Conference women's soccer title with a 2-1 win over Seattle University on Tuesday. "The entire team really deserves the award, but Megs put away her chances thanks to the great service from (Shannon) Lovejoy, (Katy) Nydam and (LeRin) Farrison," SPU coach Bobby Bruch said. "Our defense held off a great team; it was some of the best end to end action of the year with many great saves by both keepers."

2003

Week of Aug. 25-31: Jamie Kellett, Northwest Nazarene (D, 5-6, Fr., Gig Harbor, WA - Bellarmine Prep) and Shannon Lovejoy, Seattle Pacific (M, 5-8, So., Seattle - Seattle Prep). .Kellett had two game-winning goals as the Crusaders opened their season with a pair of wins to snap a 15-game losing streak. Lovejoy had a seven-point game (3 goals, 1 assist) in a 4-0 shutout of Cal State LA, taking a school-record 10 shots against the Golden Eagles.

Week of Sept. 1-7: Jennifer Hull, Seattle Pacific (GK, 5-6, Jr., Eugene, OR - Sheldon) made two spectacular saves in a two-minute span of the second half and had five altogether in securing her third shutout in four games in a 1-0 win over Sonoma State. She turned a Sonoma free kick to the upper right hand corner around the post and tipped an overhead kick just over the crossbar to keep the Seawolves scoreless.

Week of Sept. 8-14: Jenna Hunter, Humboldt State (F, 5-4, Sr., Ojai, CA) led the Lumberjacks to a pair of road wins. In a 1-0 win at Western Washington, Hunter took four of HSU's 12 shots. Then in a 2-1 overtime victory at Ellensburg against Central Washington, she scored both of HSU's goals and also launched a game-high seven shots.

Week of Sept. 15-21: Tafara Pulse, Seattle (MF, 5-3, Jr., Yakima, WA - Eisenhower) and Teresa Fish, Western Washington (GK, 5-8, Fr., Snohomish, WA - Monroe). . Pulse scored one goal and had two assists in a 4-0 shutout of Central Washington and also scored a goal in a 4-1 win over Western Oregon as the Redhawks extended their winning streak to five contests. Fish didn't allow a goal in 200 minutes and had 10 saves as the Vikings, who are unbeaten in their last three contests, battled to a scoreless deadlock with Seattle Pacific and beat archrival Central Washington 1-0. Fish is working on a scoreless streak of 223:47.

Week of Sept. 22-28: Jessica Henson, Seattle Pacific (MF, 5-2, Jr., Spokane, WA - University) and Shauna Voss, Northwest Nazarene (GK, 5-4, Sr., Yakima, WA - West Valley). . Henson scored both of the Falcons' goal in a 2-0 road win at Humboldt State. She also took three of SPU's 11 shots in a 1-1 tie at Chico State. Voss was credited with 10 saves as NNU upset Western Washington 2-0 to end a six-game losing streak. The win also ended a 21-game conference losing streak dating back to a 1-0 win over Central Washington on Oct. 13, 2001.

Week of Sept. 29-Oct. 5: Kim Halloran, Humboldt State (MF, 5-2, So., Santa Rosa, CA) had an assist in a 4-2 win over Cal State LA and also scored the game-winning goal in a 1-0 win over nationally eighth-ranked Cal State Dominguez Hills.

Week of Oct. 6-12: Jennifer Hull, Seattle Pacific (GK, 5-6, Jr., Eugene, OR - Sheldon) recorded her sixth and seventh shutouts of the season as the Falcons blanked Western Washington and Western Oregon by identical 1-0 scores. Hull had nine saves in the two contests and now has 40 saves on the season, while allowing just three goals. She leads the GNAC with a 0.24 GAA. Prior to the two shutouts, she ranked third nationally with a 0.28 GAA.

Week of Oct. 13-19: Lindsay Conway, Central Washington (MF, 5-2, So., Washougal, WA) scored three goals and also had an assist as the Wildcats snapped an eight-game losing streak, winning two of three games, including a 2-0 conference victory over Western Washington. Conway had a goal in each of the three contests.

Week of Oct. 20-26: Shannon Lovejoy, Seattle Pacific (MF, 5-8, So., Seattle, WA - Seattle Prep) and Jenna Hunter, Humboldt State (F, 5-4, Sr., Ojai, CA - Nordhoff). . Lovejoy scored a pair of goals, including the game-winner in a 1-0 shutout of Seattle University. She also scored a goal in a 4-1 victory over Northwest Nazarene. Lovejoy leads the conference in goals with 12 and has scored at least one in four straight games and six of SPU's last seven contests. . Hunter had a goal and an assist in a 3-0 win over Central Washington. She then added a goal and tied a GNAC single-game record with three assists in a 4-0 shutout of Western Washington. Hunter currently leads the conference in shot attempts with 69 and ranks third in scoring with 26 points on eight goals and 10 assists. Her 10

assists equals a school single-season record and is just two off the GNAC record.

Week of Oct. 27-Nov. 2: Mollie Taylor, Seattle Pacific (Defender, 5-4, Fr., Westlake Village, CA - Oaks Christian) and Julie Martiniello, Seattle (MF, 5-2, Fr., Seattle, WA - Kennedy Prep). . Taylor led the Falcon defense, which posted their 14th and 15th shutouts of the season and extended their winning streak to nine games and their unbeaten streak to 16 (14 wins, 2 ties). Taylor didn't allow Humboldt State's top scorer Jenna Hunter to take a shot and also earned an assist on SPU's second goal in a 2-0 win over the Lumberjacks. She also had an assist on the Falcons' first goal in a 3-0 conquest of Central Washington. . Martiniello earned an assist on SU's game winning goal in a 3-1 win at Central Washington and then scored the only goal - the first of her career - in a 1-0 win over regionally third-ranked Humboldt State.

Week of Nov. 3-9: Shannon Lovejoy, Seattle Pacific (MF, 5-8, So., Seattle, WA - Seattle Prep) scored the game-winning goal on a header to lift the Falcons to a 2-1 overtime win over Seattle, giving SPU its second consecutive outright GNAC championship. Lovejoy has 16 goals and 36 points this season, both school records, and has scored in each of her last seven matches.

2004

Week of Aug. 23-29: Staci Self, Humboldt State (GK, 5-8, So., Rancho Santo Margarita, CA) and Cassy Smith, Seattle (Forward, 5-6, So., Prosser, WA). . Self stopped seven of eight shots on goal leading the Lumberjacks to a pair of wins and the tournament title in the 18th annual West Coast Classic women's soccer tournament. . Smith had an assist on Brenda Zittel's overtime goal in Seattle's 2-1 win over Cal State Dominguez Hills. She then added two goals as the Redhawks struck three times in the second half in a 3-0 win at Cal State Bakersfield.

Week of Aug. 30-Sept. 6: Lesa Lewis, Humboldt State (M, 5-6, Sr., San Diego, CA) scored four goals and had two assists as the Lumberjacks won two of three games, defeating Cascade College 15-0 before splitting a pair of games in their own tournament. Lewis had three goals against Cascade and got the lone goal in Sunday's 1-0 shutout of Cal State San Bernardino.

Week of Sept. 7-12: Kelly Stewart, Seattle (GK, 5-10, Sr., Federal Way, WA - Kennedy) and Samantha Kooy, Central Washington (GK, 5-7, Fr., Lynden, WA - Lynden Christian). . Stewart didn't allow a goal and had five saves in a pair of 1-0 wins. Both of her saves in Saturday's win over Sonoma were crucial, including one in which she tipped the shot over the bar to preserve the shutout. Stewart has allowed just two goals in six games and has a 0.35 goals against average. . Kooy made her collegiate debut by posting a pair of shutouts and stopping 10 shots in wins over Evergreen State and Humboldt State.

Week of Sept. 13-19: Lacey Lewis, Humboldt State (M, 5-6, Jr., La Mesa, CA - Cuyamaca) scored four goals,

including three in a 4-0 shutout of Western Oregon. She had the game-winning goals – her second and third of the season – against the Wolves and in a 1-0 shutout of Western Washington.

Week of Sept. 20-26: Sarah Martinez, Seattle Pacific (F, 5-6, Fr., Bothell, WA – Cedar Park Christian) and Katy McNutt, Northwest Nazarene (F, 5-3, Fr., Vancouver, WA – Evergreen). . Martinez, who had made just one previous start, was inserted into the starting lineup and contributed two goals and an assist in wins over previously unbeaten Montana State – Billings and Western Oregon. She scored the game-winning goals in both contests and earned an assist on SPU's third goal against the Yellowjackets. . McNutt scored three goals, the fourth hat-trick of the season in the GNAC, as Northwest Nazarene earned its first conference victory defeating Western Oregon 5-0 to snap a five-game losing streak. McNutt leads the Crusaders with six goals.

Week of Sept. 27-Oct. 3: Shannon Lovejoy, Seattle Pacific (M, 5-8, Jr., Seattle, WA – Seattle Prep) and Leah Wymer, Seattle (F, 5-6, Fr., Bothell, WA). . Lovejoy set up one goal and scored another as the Falcons remained unbeaten with a 2-0 home win against Humboldt State. Wymer scored the game-winning goal in both the Redhawks' 1-0 overtime win over the Lumberjacks and in a 8-0 victory against CWU. She accumulated five points against the Wildcats with a pair of goals and an assist.

Week of Oct. 4-10: Stephanie Pogue, Western Oregon (D, 5-5, Sr., Eagle Point, OR) contributed both offensively and defensively as the Wolves upset Humboldt State 1-0 Saturday. “Whenever there was an offensive threat by HSU, Stephanie made her presence known,” WOU assistant coach Kevin Plechl said. “She provided great defensive support to her outside backs, dominated in the air by winning several headers and provided the leadership in the back. (Offensively) She also gave us the confidence to play out of the back, something we have struggled with all season. It was nice to see us possessing the ball in the back with the ability to change the point of attack through her.”

Week of Oct. 11-17: Michelle Sanders, Seattle Pacific (F, 5-9, Sr., Centralia, WA) scored four goals as the Falcons won three road games, including a pair of conference contests. Sanders, who has nine goals on the season, had the game-winning goal in a 3-0 win at Cal State Monterey Bay on Monday. She then scored twice in an 8-1 romp over Northwest Nazarene on Thursday and got another goal in a 2-0 shutout of Western Washington on Saturday.

Week of Oct. 18-24: Becky Myrold, Western Oregon (F-M, 5-4, Fr., Corvallis, OR – Crescent) had three goals and an assist as the Wolves won two games and also earned a draw with Grand Canyon. Myrold had two goals, including the game-winner in a 5-0 shutout of Southern Oregon. She had an assist on the game-winning goal in a 2-1 overtime win over Western Baptist and also scored the go-ahead goal only to see Grand Canyon tie it with an own goal in the final minute in a 2-2 tie with the Antelopes.

Week of Oct. 25-31: Chela Gray, Western Washington (F, 5-5, Jr., Kaneohe, HI - Iolani) and Ashley Porter, Seattle (MF, 5-9, Fr., Redmond, WA - Inglemoor). . Gray had a pair of game-winning goals as the Vikings extending their win streak to four with shutout wins over Grand Canyon and Western Oregon. Gray, who has eight goals on the season, has had the game-winning goal in each of the Vikings' last three contests. . Porter also had two game-winning goals as the Redhawks edged Central Washington 2-1 and defeated NNU 5-2. She also earned an assist against the Crusaders. Her game-winner against CWU came with 1:09 remaining in regulation.

Week of Nov. 1-7: Michelle Everson, Seattle Pacific (D, 5-6, Sr., Tacoma, WA – Stadium) had two assists – her 10th and 11th of the season - in a 4-0 shutout of Seattle University to establish a school single-season record. Everson also anchors SPU's back line, which recorded their 15th and 16th shutouts of the season (one short of the NCAA Division II record of 17) with identical 4-0 wins over Central Washington and SU.

2005

Week of Aug. 22-28: Carolyn Nason, Seattle Pacific (D, 5-4, Jr., Lafayette, CO) and Ana Gutierrez, Seattle (D, 5-2, Jr., Las Cruces, NM – Inglemoor). . Nason scored the game-winning goal on a header and also played solid defense, helping to not allow a shot by any Chico forward in the Falcons' 5-1 win over the Wildcats in a rematch of last year's NCAA Division II West Region semifinals. . Gutierrez is the leader of Seattle's brand new defense that not only shutout its first two opponents, but also allowed just a combined eight shots. Gutierrez also scored her first career goal on a penalty kick in a 7-0 win over CSU Monterey Bay. "Ana was just great in defense," Seattle coach Julie Woodward said. "With our new defense, Ana's ability to organize and communicate kept us very solid across the back line. I didn't feel that either team was going to score against us.”

Week of Aug. 29-Sept. 4: Ashley Porter, Seattle University (M, 5-9, So., Redmond, WA – Inglemoor) and Rosie Zadra, Western Washington (F, 5-1, So., Poulsbo, WA – North Kitsap & Olympic CC). . Porter scored two goals and had three assists as the Redhawks won three games against CCAA opponents. She figured in all three goals in Sunday's 3-1 win over Cal State Bakersfield, scoring one and assisting on two of them. Zadra scored the game-winning goal in 1-0 wins over Cal Poly Pomona and Cal State Bakersfield. Her goal against CPP came in the 73rd minute and her goal against Bakersfield came in overtime on a 30-yard blast.

Week of Sept. 5-11: Sarah Martinez, Seattle Pacific (F, 5-6, So., Bothell, WA – Cedar Park Christian) scored three goals to lead the Falcons (5-0) to a pair of road victories as they extended their regular-season unbeaten streak to 42 games (40 wins, two ties). Martinez scored SPU's third goal Wednesday in a 5-0 shutout of Cal Poly Pomona and then struck for a pair of second-half goals Saturday in a 2-1 come-from-behind win over nationally 17 th -ranked Cal

State Dominguez Hills, snapping a 13-game Toro home win streak.

Week of Sept. 12-18: Heidi Jacobson, Seattle Pacific (F-M, 5-4, Sr., Kirkland, WA – Cedar Park Christian) scored three goals, including a pair of game winners in victories at Cal State Bakersfield and Northwest Nazarene. Her goal at Bakersfield snapped a 1-1 tie in overtime. She then scored SPU's first and last goals – her sixth and seventh of the season – in SPU's 4-0 conference-opening win at Nampa. Jacobson now has 19 career goals and 14 assists and ranks fifth in GNAC career scoring with 52 points.

Week of Sept. 19-25: Meghan Michaud, Central Washington (GK, 5-5, Fr., Renton, WA – Hazen) and Sarah Martinez, Seattle Pacific (F, 5-6, So., Bothell, WA – Cedar Park Christian). . Michaud had 10 saves and allowed just one goal in leading CWU to three wins, including its first victory over Seattle University since 1995, snapping a 15-game losing streak to the Redhawks. Among her saves was one from five yards out in a one-and-one situation against Leah Wymer in CWU's 2-1 overtime win against SU. . Martinez had four goals, including a hat trick against Western Oregon, as the Falcons remained unbeaten with shutout wins over Grand Canyon, WOU and Humboldt State. She was also taken down in the box by a HSU defender denying her a possible fifth goal.

Week of Sept. 26-Oct. 2: Shannon Lovejoy, Seattle Pacific (M, 5-8, Sr., Seattle, WA - Seattle Prep) and Ashley Porter, Seattle University (M, 5-9, So., Redmond, WA – Inglemoor). . Lovejoy lifted the Falcons to their 11th straight win scoring on an overtime penalty kick and also assisting on another score in a 2-1 overtime win over Western Washington. The goal and assist raised her career point total to exactly 100 as she joined Seattle University's Nichole Sauvageau as the only members of the GNAC 100-point club. Lovejoy is the current leader in points per game, averaging 1.37. . Porter had an assist on the game-winning goal in a 2-1 win at Humboldt State and then scored twice, including the game-winner, in a 4-0 shutout at Western Oregon, as the Redhawks won a pair of road games.

Week of Oct. 3-9: Erica Hibbard, Western Oregon (D, 5-6, So., Vancouver, WA – Hudson's Bay) led the Wolf defense to a 2-0 shutout of Northwest Nazarene. “Erica had a brilliant game, shutting down a lot of their scoring chances single handedly,” WOU head coach Rod Fretz said. “She controlled the defense all day long and play as well as a defender can play.”

Week of Oct. 10-16 and Oct. 17-23: Megan Lienhard, Seattle Pacific (Forward, 5-7, Sr., Everett, WA – Cascade) scored the game's only goal in the third minute in a 1-0 win over Western Washington to complete a season sweep of the Vikings and win the award for Oct. 3-9. She beat two defenders and fired a hard, low 12-yarder past keeper Theresa Fish. She recorded her second career hat trick and also had an assist in a 7-0 win over Northwest Nazarene to win the award for Oct. 10-16. Lienhard, who has eight goals this season, ranks sixth in GNAC career history with 73 points (26 goals, 21 assists).

Week of Oct. 24-30: Staci Self, Humboldt State (GK, 5-8, Jr., Rancho Santo Margarita, CA – Trabuco Hills) had 16 saves and allowed just one goal as the Lumberjacks earned a 1-1 draw with Seattle Pacific before shutting out Western Washington 2-0. Self had 12 saves against the Vikings in recording her fifth shutout of the season and the 17 th of her career as she lowered her goals against average to 1.32. “Staci has been huge all year and she was huge today,” HSU coach Andy Cumbo said after Saturday's victory. “She made stops on their huge opportunities and kept us in the first half.”

Week of Oct. 31-Nov. 6: Shannon Lovejoy, Seattle Pacific (M, 5-8, Sr., Seattle, WA - Seattle Prep) and Katie Warner, Western Washington (D, 5-8, Fr., Burlington, WA – Burlington-Edison). . Lovejoy scored three goals in wins over Central Washington and Seattle University as the Falcons clinched their fourth straight GNAC title with 3-1 and 3-0 wins. Lovejoy now has 109 career points (41 goals, 27 assists) and needs just one point in the playoffs to equal the GNAC career scoring record held by Seattle University's Nichole Sauvageau. . Warner helped lead the Vikings to a pair of shutouts, including a scoreless tie with Seattle and a 9-0 win over Central Washington, She had two assists in the latter contest. WWU finished its season posting three shutouts in its final four games.

2006

Week of Aug. 20-27: Ana Gutierrez, Seattle University (D, 5-2, Sr., Las Cruces, NM – Inglemoor) and Amanda Font, Western Washington (M, 5-9, Jr., Federal Way, WA – Decatur). . Gutierrez a three-time GNAC first team all-star, assisted on the first goal scored at the new Championship Field and led the charge in shutting out Cal State Monterey Bay 4-0 Thursday. On Saturday, she was matched up with the best forwards on Chico State's squad and did not let them get past her, as Seattle drew a tie with the 25th-ranked squad. . Font had a goal and assist as the Vikings surprised 19 th -ranked Cal State Dominguez Hills 2-0. She fed Alyssa Kessler near the top of the penalty box and Kessler then played a ball to Katie Weber, who tapped it in from six yards out for WWU's first goal. Later, she rose above a crowd to head in a corner from Meghan Woodman.

Week of Aug. 28-Sept. 3: Ally Meyer, Western Oregon (GK, 5-6, Jr., Portland, OR – Central Catholic) had 14 saves, including one on a penalty shot, as she recorded a pair of shutouts. She had 10 saves in a 0-0 overtime tie with Chico State, a game in which the Wildcats outshot the Wolves 31-8. She then earned four saves in a 1-0 win over Humboldt. The Lumberjacks, who had a 15-3 shot advantage, took two penalty kicks, one of which Meyer saved. The other hit the crossbar and bounced away.

Week of Sept. 4-10: Lindsay Mitchell, Central Washington (F, 5-4, Jr., Federal Way, WA) led the Wildcats to two wins, assisting on one goal in a 2-0 win over Albertson and scoring a goal and also contributing an assist in a 4-2 victory over Eastern Oregon. Her assist against Eastern Oregon set up CWU's goal-ahead goal against the Mountaineers. She then added an insurance goal as CWU

tallied at least four goals in a game for the first time since defeating Albertson 5-0 in its 2004 season opener.

Week of Sept. 11-17: Cassy Smith, Seattle (F, 5-6, Sr., Prosser, WA) and Katie Weber, Western Washington (M, 5-7, Sr., Yakima, WA – Eisenhower). . Smith earned four assists to lead the Redhawks to shutout wins over Central Washington (3-0), Northwest Nazarene (5-0) and Grand Canyon (2-0). She had an assist on Seattle's game-winning goal against Grand Canyon and also had assists on their second goal in all three matches. She currently ranks second in the GNAC to teammate Ashley Porter with seven assists and is fifth in total points with 11. Porter has eight assists. . Weber scored four goals, including a hat-trick in a 5-1 win over Grand Canyon as the Vikings also earned three victories, including a 3-0 conference win at Western Oregon. The Vikings outscored their three opponents by an 11-1 margin, outshooting them 56-17.

Week of Sept. 18-24: Kayla Stiegemeier, Seattle Pacific (F, 5-4, Fr., Rathdrum, ID – Lakeland) scored three goals as the Falcons registered a trio of Far West region victories. After defeating Cal State San Bernardino 2-0 on Monday, SPU beat Northwest Nazarene 4-0 on Thursday and Grand Canyon 2-1 Saturday. Stiegemeier scored twice in the win over the Crusaders and got the game-winning goal in Saturday's victory against Grand Canyon. On the season, she ranks seventh in scoring in the conference with five goals.

Week of Sept. 25-Oct. 1: Kaitlyn Jackson, Seattle (GK, 5-7, Jr., Kent, WA – Kennedy Prep) had 12 saves, including eight in a 1-0 shutout victory of Seattle Pacific, as she recorded her sixth shutout of the season and lowered her goals against average to 0.34. She had four saves in a 2-1 overtime win at Western Washington, including a key stop midway through the second half. The win over SPU snapped the Falcons' 47-game conference unbeaten streak, which included 43 wins and four ties dating back to the 2002 season.

Week of Oct. 2-8: Amanda Font, Western Washington (M, 5-9, Jr., Federal Way, WA – Decatur) scored the game-winning goal as the Vikings earned their first-ever win over Seattle Pacific and was also credited with an assist on WWU's first goal in a 2-1 overtime victory over Dixie. On the season, Font has four goals and four assists and has helped lead the Vikings to seven wins in their last eight contests.

Week of Oct. 9-15: Katie Warner, Western Washington (D, 5-8, So., Burlington, WA – Burlington-Edison) and Alex Kirk, Seattle Pacific (F, 5-9, Fr., Edmonds, WA – Edmonds-Woodway). . Warner was instrumental from her sweeper position in leading the Vikings to shutout wins over Dixie and Northwest Nazarene. WWU's defense allowed just seven shots on goal in the two contests as they recorded their seventh and eighth shutouts of the season. WWU has won nine of its last 10, losing only in overtime to Seattle University. Kirk scored three goals as the Falcons won a pair of road games. She scored one goal and earned an assist on the game-winning goal in a 2-1 win over Dixie

and also had a pair of goals in a 5-2 win at Northwest Nazarene.

Week of Oct. 16-22: Tricia Loomis, Seattle Pacific (F, 5-11, Jr., Des Moines, WA - Mount Rainier) and Ashley Porter, Seattle (M, 5-9, Jr., Redmond, WA – Inglemoor) provided assists as their teams combined for five wins. . Loomis' playmaking helped the Falcons to conference wins over Western Washington (3-0) and Western Oregon (1-0). She assisted on the game-winner in both matches, and totaled three assists on the week. . Porter had four assists in three victories to equal her own GNAC single-season record of 14 assists. She also moved into 10 th place on the GNAC career scoring list with 70 points and now ranks second on the GNAC career assist list with 34, three away from the record of 37 set by SU's Tafara Pulse between 2001 and 2004.

Week of Oct. 23-29: Leah Wymer , Seattle (F, 5-6, Jr., Bothell, WA) scored the game-winning goal after a 25-yard run as the Redhawks defeated Seattle Pacific 1-0 in overtime to win their first conference title since 2001 and end SPU's four-year title run.

Week of Oct. 30-Nov. 5: Janae Godoy, Seattle Pacific (M, 5-4, Fr., Yakima, WA – West Valley) scored the game-winning goal in a 1-0 overtime win over Seattle University and also created strong chances for others in that game. She also contributed strong defense in the midfield in loss to UC San Diego in Far West Regional title game.

2007

Week of Aug. 20-26: Janica Larsen, MSU Billings (D, 5-8, Sr., Salt Lake City, UT - Skyline) led the Yellowjacket defense, which allowed just two goals in three road contests, including 3-1 and 5-0 wins over Adams State and Eastern New Mexico and a 1-0 overtime loss to Fort Lewis. MSUB's defense gave up just 13 shots on goal in the three contests. “She was the anchor of the defense this weekend and was the only player to play every minute of three games in four days,” MSUB coach Don Trentham said.

Week of Aug. 27-Sept. 2: Sarah Martinez, Seattle Pacific (F, 5-6, Sr. Bothell, WA – Cedar Park Christian) had the most productive offensive week in GNAC history, scoring 13 points on five goals and three assists in wins over Humboldt State, Sonoma State and Cal State Stanislaus. She scored three goals and also earned an assist in a 4-1 win over Humboldt, was credited with an assist on SPU's lone goal in a 1-0 win over Sonoma and scored her team's first two goals and got another assist in a 7-1 thrashing of Stanislaus. Martinez already has 17 points (7 goals, 3 assists) and three game-winning goals this season and now ranks fourth in GNAC history in points with 96 and first in GWG with 17.

Week of Sept. 3-9: Shannon Oakes, Seattle Pacific (M, 5-5, Jr., Boise, ID) earned assists on the Falcons' game-winning goals in wins over Chico State (1-0) and Notre Dame de Namur (3-0) as SPU improved to 6-0. Janae Godoy converted Oakes' shot off the crossbar against Chico

into the game's only goal, while Oakes set up Sarah Martinez for the game-winning goal against the Argos.

Week of Sept. 10-16: Janae Godoy, Seattle Pacific (M, 5-4, So., Yakima, WA – West Valley) scored all three of the Falcons' goals in wins over Central Washington (1-0) and Western Washington (2-1) as SPU improved to 8-0. Godoy is currently tied for third in the conference with five goals.

Week of Sept. 17-23: Amber Easterbrook, Central Washington (GK, 5-5, So., Kent, WA – Kentwood) and Katy McNutt, Northwest Nazarene (F, 5-3, Sr., Vancouver, WA - Evergreen). .Easterbrook had eight saves in recording a shutout in a 3-0 win over regionally eighth-ranked Montana State Billings as the Wildcats snapped a five-game winless streak. McNutt scored four of NNU's six goals, including both game winners, in 3-0 road wins at Western Oregon and Saint Martin's as the Crusaders improved to 3-1 in the GNAC, their best start in conference history. McNutt has eight goals this season and ranks fifth in GNAC history with 38 career goals.

Week of Sept. 24-30: Jocelyn Charette, Seattle Pacific (F, 5-10, So., Lakewood, WA) and Teresa Fish, Western Washington (GK, 5-7, Sr., Snohomish, WA - Monroe). .Charette, a transfer from the University of Tampa, was a key component in the Falcons' 2-1 over Seattle University Saturday, earning an assist on Shannon Oakes' first-half goal and then getting the game-winner in overtime. She had a team-high five shots including a free kick in the second half that forced a diving save by Redhawk keeper Kaitlyn Jackson. She also took three shots in SPU's 1-0 shutout of Montana State Billings on Thursday. .Fish had eight saves in posting two shutouts – her 26th and 27th of her career – in 3-0 and 4-0 road wins at Western Oregon and Saint Martin's. Fish, who has seven shutouts this season, is now the GNAC's all-time career leader. She previously shared the record of 25 with Seattle Pacific's Jennifer Hull (2001-04).

Week of Oct. 1-7: Shawna Chastain, Central Washington (D, 5-7, Jr., San Diego, CA – University City) anchored a Wildcat defense that held Western Washington without a shot in the first half (and 12 for the game) in a 1-0 win. CWU has now allowed just one goal (in overtime) in its last four contests. "Saturday's effort was typical for our girls in their ability to stay organized, win balls and not allow teams to get inside our penalty box," CWU coach Michael Farrand said. "As the central defender, Shawna takes charge and keeps our defense compact and working together."

Week of Oct. 8-14: Sarah Martinez, Seattle Pacific (F, 5-6, Sr., Bothell, WA – Cedar Park Christian). Leah Wymer, Seattle (F, 5-6, Sr., Bothell, WA) and Erica Hibbard, Western Oregon (D, 5-6, Sr., Vancouver, WA – Hudson's Bay). .Martinez became the GNAC's all-time point producer, scoring the game's only goal in a 1-0 shutout of Western Oregon Wednesday. The Falcons established a GNAC record for most consecutive wins in the game with their 14th straight victory, breaking the old record of 13 they set in 2004. Martinez is also the GNAC career leader

with 47 goals. .Wymer had two goals, including the game-winner in a 1-0 shutout of Central Washington, as she became the fourth member of the GNAC 100-point club, joining Martinez, Lovejoy and Seattle's Nichole Savaugeau (1999-02), who have 113, 111 and 110, respectively. She is also the fourth player in Redhawk history to reach the 100-point level. .Hibbard has had four sensational games in a row as the Wolves have won three of their last four to rebound from a 0-9-2 start. In a 1-0 loss to nationally second-ranked Seattle Pacific, she caught players from behind at least half a dozen times and in a shutout win over Northwest Nazarene she never got beat and helped prevent the Crusaders from getting off a threatening shot off all day. "Erica has played an amazing role in helping this young team come together," WOU coach Rod Fretz said. "She is a leader on and off the field and will do what is necessary to bring success to our team."

Week of Oct. 15-21: Madison Collins, Seattle University (D, 5-4, Jr., Boise, ID) led the Redhawk defense, which allowed just five shots in recording their 11th and 12th shutouts of the season. She also had an assist on one of SU's four goals in Sunday's win over Saint Martin's. The Redhawks have allowed just seven goals this season in earning a No. 11 national ranking. "Madison has been a key leader for our defense and is one of our most valuable players," SU coach Julie Woodward said.

Week of Oct. 22-28: Meredith Teague, Seattle Pacific (M, 5-4, Jr., Redmond, WA – Bellevue Christian) scored one goal and had two assists as she was involved in all the non-penalty kick goals in 2-0 wins over Seattle University and Montana State Billings as the Falcons clinched their fifth GNAC title in the past six years. The two assists were her 12th and 13th of the year, a total surpassed by just one player in GNAC history, Seattle's Ashley Porter who has had 14 each of the past three years.

Week of Oct. 29-Nov. 4: Katie Warner, Western Washington (D, 5-8, Jr., Burlington, WA – Burlington-Edison) led a Viking defense that allowed just 15 total shots, including eight on goal, in wins over Western Oregon (2-0) and Central Washington (2-1). WWU closed out its season by winning its final four games, outscoring its opponents 9-1.

2008

Week of Aug. 25-31: Melinda Ingalls, Western Oregon (M, 5-6, Fr., Wilsonville, Ore. - Wilsonville) and Kari Foreman, Montana State Billings (M/F, 5-5, So., Lakewood, CO - Bear Creek HS). .Ingalls scored three of the Wolves' four goals in victories against Humboldt State (2-1 OT) and Corban College (2-0). She scored all three goals on only four shot attempts. Both her goals against Corban College came in the second half of play to snap a scoreless deadlock. "Melinda was absolutely awesome in the Corban game, and gave us our early lead in the win over Humboldt State on Thursday," WOU coach Rod Fretz said. .Foreman scored two goals, including the game-winner in a 3-0 victory against Eastern New Mexico. She also scored the equalizing goal in the second half of a 2-1

overtime victory over Fort Lewis on Saturday. Fort Lewis was a NCAA tournament qualifier last year

Week of Sept. 1-7: Emily Frankland, Western Washington (F, 5-4, So., Sammamish, WA – Skyline) and Amanda Johnson, Seattle Pacific (F, 5-7, So., Duvall, WA – Cedercrest). . Frankland contributed to all four Viking goals in 2-0 and 2-1 wins over No. 13 ranked Cal State Dominguez and Sonoma State. She scored one goal and earned an assist on the game-winning goal against the Toros and scored the game-winning goal in the 87 th minute and assisted on WWU's first goal against Sonoma. . Johnson scored three goals, including two game-winners, and had two assists in leading Seattle Pacific to home wins over No. 13 CSUDH (3-2 in overtime) and 16 th ranked Chico State (3-0). Johnson launched 13 shots in the two contests.

Week of Sept. 8-14: Amber Easterbrook, Central Washington (GK, 5-5, Jr., Kent, WA - Kentwood) allowed just one goal and had 16 saves in 310 minutes as the Wildcats earned one victory and a pair of draws on a three-game road trip to California. She recorded her 11 th and 12 th career shutouts against San Francisco State and Notre Dame de Namur, respectively, to establish a CWU school record. She made a point-blank save inside of 12 yards late in overtime against San Francisco State and also had two very good saves to preserve the shutout against Monterey Bay. In her last five games, she has allowed just one goal in 490 minutes, posting four shutouts and leading the Wildcats to a 3-0-2 record.

Week of Sept. 15-21: Claire Morgan, Western Washington (F, 5-7, So., Bellingham, WA) scored the game-winning goal in a pair of shutout victories, including a 1-0 home win against Seattle Pacific Saturday which snapped the Falcons 27-game regular-season unbeaten streak (26 wins, 1 tie). Morgan has had the GWG in three consecutive games and has scored in five consecutive contests. She leads the conference in goals with six and is tied in points with 13.

Week of Sept. 22-28: Lynde Clarke, Central Washington (M, 5-3, Sr., Albuquerque, NM) scored three goals as the Wildcats, who at 5-2-2 are off to their best nine-game start since 2000 when they were 6-3, shut out Montana State Billings 2-0 and Northwest Nazarene 4-0. Clarke scored CWU's second goal against MSUB and its first two goals against the Crusaders.

Week of Sept. 29-Oct. 5: Kari Foreman, Montana State Billings (M/F, 5-5, So., Lakewood, CO - Bear Creek) and Jill Jensen, Saint Martin's (F, 5-6, So., Puyallup, WA – Emerald Ridge). . Foreman scored the game-tying goal with just 19 seconds left in regulation and then got the game-winner with just 23 seconds remaining in the first overtime period in Thursday's 3-2 win against Saint Martin's as the Yellowjackets won the first of two conference home games. On the season, Foreman leads MSUB with four goals, including a pair of game-winners. . Jensen had five goals. In Thursday's 3-2 loss at MSUB, she staked the Saints to an early 2-0 lead. She then scored three times in Saturday's 5-0 win at Northwest Nazarene,

recording the first hat trick in SMU's brief soccer history. Jensen currently leads the GNAC in both goals (9) and points (23).

Week of Oct. 6-12: Lucy Miller, Western Washington (F, 5-2, Jr., Palisades, CA) and Meredith Teague, Seattle Pacific (M, 5-4, Sr., Redmond, WA – Bellevue Christian) each scored three goals to lead their respective teams to wins. . Miller recorded the second hat-trick in the conference this season, scoring three times and also earning an assist in a 5-0 shutout of Northwest Nazarene. Her seven points in the match established a new GNAC record for conference games and was one off the record for all games. . Teague scored two goals, including the game-winner, in a 4-1 win against Saint Martin's and also had the game-winner in a 4-0 shutout of Western Oregon.

Week of Oct. 13-19: Kelly Irving, Western Washington (M, 5-6, Jr., Gig Harbor, WA) scored the Vikings' only goal in a 1-1 draw at Seattle Pacific and had the game-winning goal in a 3-1 win at Saint Martin's as the Vikings extended their unbeaten streak to nine, their longest since winning 38 in a row between 1982 and 1984, to stay three points ahead of the Falcons in the conference race. “Her work rate and playmaking gave us a big lift in both games,” WWU coach Travis Connell said.

Week of Oct. 20-26: Jocelyn Charette, Seattle Pacific (F, 5-10, Jr., Lakewood, WA – Curtis) had a goal and assist to lead the Falcons to a 2-0 shutout of Central Washington. Both goals came in the opening three minutes. She broke free with a through pass from Mallorie Gerstmann and sent a 15-yard strike into the goal at 1:20 earning her fifth goal of the season. Charette then set up the second goal just 78 seconds later distributing a pass into the goalmouth where Janae Godoy directed it into the goal from eight yards out at 2:38. “Jocelyn was the complete package today, from beginning to end,” SPU coach Chuck Sekyra said. “She came out and took it upon herself to make a huge difference. She created some great chances for herself and others that were just awesome.”

Week of Oct. 27-Nov. 2: Meredith Teague, Seattle Pacific (M, 5-4, Sr., Redmond, WA – Bellevue Christian) scored three goals in a pair of victories, including the game-winner in a 5-2 home victory against Cal State L.A. Teague also recorded her 32 nd career assist. The seven points moved her into a tie for 10 th in GNAC career scoring with SPU's Megan Lienhard (2002-05). Both players have 78 points.

Week of Nov. 3-9: Ashley Engel, Saint Martin's (GK, 5-9, Fr. , Burien, WA - Kennedy) and Janae Godoy, Seattle Pacific (M, 5-4, Jr., Yakima, WA – West Valley). . Engel was credited with a GNAC-season high 14 saves, including two outstanding stops in overtime, as the Saints earned a 1-1 tie with league champion Western Washington on Thursday. She punched a shot from 23 yards by Kasey Hostetler over the crossbar in the 95th minute and dove to her left to stop a one-on-one opportunity from 18 yards by Lucy Miller in the 109th minute. She also thwarted two Viking scoring opportunities with five minutes left in regulation. Engel made nine more saves Sunday in a 3-1

loss to Division I Seattle University. . . Godoy scored three of the Falcons' five goals in wins over Western Oregon and Montana State Billings.

2009

Week of Aug. 24-30 and Aug. 31-Sept. 6: Jill Webb, Saint Martin's (F, 5-6, Jr., Puyallup, WA – Emerald Ridge) tallied five points as the Saints earned a split of two home contests during the Week of Aug. 24-30. She had both of SMU's goals in a 3-2 loss to San Francisco State, then had an assist on the game-winning goal in a 1-0 win over Cal State Monterey Bay. . . During the Week of Aug. 31-Sept. 6, Webb scored three goals in wins over Cal State East Bay and previously unbeaten Sonoma State. Her goal against Sonoma in the 69th minute snapped a 1-1 tie handing the Seawolves their first loss in four contests. It was the second straight Player-of-the-Week award for Webb, who has led her team to a seventh place West Regional ranking in the NSCAA Division II coaches poll.

Week of Sept. 7-14: Samantha Boehm, Montana State Billings (D, 5-7, Jr., Wilsonville, OR) anchored a back line which allowed just four shots on goal in a pair of contests at the University of Mary Invitational, including a 4-0 win over Minnesota Crookston and a 1-1 tie with the University of Mary. MSUB outshot its two opponents 30-17, including an 18-4 advantage in shots on goal as it improved to 3-2-1 on the season.

Week of Sept. 14-20: Taylor Sawyer, Seattle Pacific (D, 5-5, Fr., Gig Harbor, WA – North Mason) and Autumn Yturbe, Northwest Nazarene (F, 5-6, Fr., Buhl, ID). . . Sawyer and fellow freshman Taylor Lundquist (San Jose, CA) have anchored SPU's defense which has posted eight shutouts including a pair of 3-0 conference wins against Western Oregon and Saint Martin's Thursday and Saturday. "Taylor Sawyer and Taylor Lundquist have been absolutely outstanding as the centerbacks and anchors of our back line," SPU coach Chuck Sekyra said. "Game in and game out, they've come with a tremendous amount of determination and pride to keep our opponent out of our net." . . Yturbe, who had 166 goals in her prep career, scored a pair of goals rallying Northwest Nazarene from a 2-0 deficit in a 4-3 win over Montana State Billings as the Crusaders snapped a 16-game GNAC losing streak and an 18-game GNAC winless streak. NNU bettered its goal total for the entire 2008 conference season when it found the net just three times in 12 contests. "Autumn has been battling some injuries and we're excited to finally have her back at full strength," NNU coach Jamie Lindvall said.

Week of Sept. 21-27: Taylor Lundquist, Seattle Pacific (D, 5-8, Fr., San Jose, CA – Willow Glen) and Kari Foreman, Montana State Billings (M, 5-5, Jr., Lakewood, CO – Bear Creek). . . Lundquist, who plays the center back position, led the Falcons to a 2-0 win over Central Washington as SPU did not allow a shot on goal in recording its 10 th straight shutout. "Taylor has been phenomenal this season and has been an absolute key to our success," SPU coach Chuck Sekyra said. "She was tremendous against Central Washington. She read the game well, was wonderful in the

air, great with the ball and dominated defensively," . . . Foreman scored MSUB's game-winning goals in wins over Western Oregon and Saint Martin's and also added an assist against the Saints. Her goal in the 102 nd minute snapped a 1-1 tie against the Wolves. She played all 192 minutes in the two games and all five of her shots were "on goal."

Week of Sept. 28-Oct. 4: Emily Frankland, Western Washington (F, 5-4, Jr., Sammamish, WA – Skyline) had a pair of goals and an assist leading the Vikings to wins over Northwest Nazarene and Seattle Pacific. She scored a second-half goal to snap a scoreless tie in a 2-0 win at Northwest Nazarene. She then scored a goal in the fifth minute to end Seattle Pacific's 11-game shutout streak and later added an assist on a goal by Molly Shannon as the Vikings snapped SPU's 27-game unbeaten streak. "Emily really asserted herself," WWU coach Travis Connell said. "Her energy and execution were big factors in both of our victories."

Week of Oct. 5-11: Brittney Rigtrup, Western Oregon (GK, 5-7, Jr., Renton, WA - Hazen) had 10 saves in the Wolves' 2-0 road win at Central Washington. Rigtrup faced a total of 22 shots in recording her first shutout of the season. Her save total was also the second most in the conference this fall. She is only the seventh goalkeeper in GNAC history to record 10 or more saves while posting a shutout. That feat has been accomplished a total of 10 times. "Brittney had a couple of brilliant diving saves, one of which clearly got just enough of the ball to tip it into the crossbar," WOU coach Rod Fretz said. "She definitely came to play against Central and established that clearly from the start. She was one of the primary reasons we kept Central off the board."

Week of Oct. 12-18: Kelly Irving, Western Washington (M, 5-6, Sr., Gig Harbor, WA) had the game-winning goal in a 2-0 victory at Grand Canyon, then earned assists on the GWGs in 2-0 and 1-0 wins at Central Washington and Western Oregon as the Vikings won three road contests. The assists were Irving's league-leading sixth and seventh of the season and the 24th and 25th of her career, moving her into a tie for seventh place on the GNAC all-time career assist list. She is also just one assist short of equaling the Western Washington school record of 26 set by Cindy Gordon between 1981 and 1984.

Week of Oct. 19-25: Jocelyn Charette, Seattle Pacific (F, 5-10, Sr., Lakewood, WA – Curtis) had a hat-trick – her second of the season and third of her career - in a 4-0 home win against Montana State Billings. She also had three of Seattle Pacific's eight shots on goal in Saturday's 2-0 loss at Cal State Dominguez Hills. Charette currently leads the conference in scoring with 26 points (11 goals, 4 assists). Prior to Saturday's contest, she had tallied 14 points (6 goals, 2 assists) in her last three contests.

Week of Oct. 26-Nov. 1: Amy Pate, Central Washington (F, 5-7, So., Federal Way, WA) scored the first two goals in a 3-1 win over Seattle Pacific as the Wildcats earned their first win over the Falcons since 2001. "Amy did a great job of being in position and finishing two good chances at two

very critical moments in the game,” CWU coach Michael Farrand said. The loss extended Seattle Pacific's winless streak to three games, its longest since the 2002 season, which was its second season of intercollegiate soccer.

Week of Nov. 2-8: Jocelyn Charette, Seattle Pacific (F, 5-10, Sr., Lakewood, WA – Curtis) scored four goals and also had a pair of assists as the Falcons won a pair of games to win their sixth GNAC title by a single point over Western Washington. Charette assisted on the equalizer and scored the game-winner eight minutes into overtime as SPU rallied from a 2-0 deficit to defeat Montana State Billings 3-2 on Thursday. Then on Saturday, she recorded her third hat trick of the season and the fourth of her career in a 6-0 home win against Northwest Nazarene. “Both games were huge in helping us win the GNAC title and in determining our NCAA tournament seeding,” SPU coach Chuck Sekyra said. “As a senior she wants to go out on top and she took over at times in both games and just had a great week.”

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Week of Aug. 30-Sept. 5: Jamie Arthurs, Western Washington (GK, 5-8, So., Richland) and Samantha Sandau, MSU Billings (F, 5-2, Sr., Billings, MT – Billings West). . Arthurs had 17 saves, including 10 in a 2-1 overtime win Thursday at Chico State. She added five more in a scoreless overtime tie with San Francisco State and two in a 1-0 shutout of Humboldt State, finishing the opening week with a 0.29 goals against average and a .944 save percentage. “Jamie continually made the big save we needed at crucial times,” WWU coach Travis Connell said. . . Sandau had a goal and two assists to lead MSU Billings to two wins and was selected the Most Valuable Player in the eighth annual MSUB Cup. Her goal was the game-winner in a 4-1 win over the University of Mary.

Week of Sept. 6-12: Maddie Dickinson, Seattle Pacific (GK, 5-8, Sr., Vancouver, WA - Skyview) had 11 saves and allowed just one goal in a pair of overtime games as the Falcons played a scoreless tie with BYU-Hawaii before edging Hawaii Pacific 2-1. Dickinson had five saves against the Seaside after making six stops against BYU-Hawaii in earning her 22nd career shutout. “Maddie was awesome,” SPU coach Chuck Sekyra said following the BYU-Hawaii contest. “She came off the line well and had a one-versus-one save to stop a goal.”

Week of Sept. 13-19: Molly Shannon, Western Washington (F, 5-10, Sr., Bellingham, WA) and Brittany Langdon, Seattle Pacific (M, 5-10, So., Irvine, CA – Northwood). . Shannon scored eight points, scoring three goals and adding two assists in home wins over Western Oregon and Saint Martin's. She converted on all three of her shot attempts in the two contests after going 0 for 7 in her previous four games. . Langdon scored the game-winning goals in the Falcons' 3-0 win over MSU Billings and 2-0 win at Northwest Nazarene. SPU's win over MSUB extended its unbeaten streak at Interbay Stadium to 45 games (42-0-3).

Week of Sept. 20-26: Serena Tomaso, Central Washington (F, 5-4, Jr., Enumclaw, WA) and Sabrina Grandke-Bawab, MSU Billings (GK, 5-8, Fr., Kirkland, WA - Juanita). . Tomaso had 10 points, participating in all but one of CWU's goals as the Wildcats earned their first two wins of the season defeating Western Oregon 3-0 and Saint Martin's 4-2. She had one goal and a pair of assists against the Wolves and three goals against the Saints. “Her goals were big time, especially the first one against (Saint Martin's),” CWU coach Michael Farrand said. . Grandke-Bawab recorded 11 saves in 1-0 road wins at Simon Fraser and at 20 th ranked Western Washington. “Sabrina had as good a week as I have seen from a freshman goalkeeper,” MSUB coach Don Trentham said. “She played mistake free goalkeeping for 180 minutes and looked very comfortable in the process. Her positioning was spot on for every shot she faced, she didn't give up any rebounds, dealt excellently with all crosses and restarts and did a great job commanding her back four.”

Week of Sept. 27-Oct. 3: Claire Morgan, Western Washington (F, 5-7, Sr., Bellingham, WA) figured in all four of the Vikings goals in wins over nationally fifth-ranked Seattle Pacific (1-0) and Central Washington (3-0). She had an assist on the game-winning goal Thursday against SPU, snapping the Falcons' 45-game home unbeaten streak, then had two goals, including the game-winner, and an assist as WWU scored three times in the second half to beat Central Washington. On the season, Morgan leads the GNAC in points (18) and assists (6) and is tied for the conference lead in goals (6). She is the GNAC active career leader in assists with 25 and ranks 16 th all-time in career points (71), 15 h in goals (23) and eighth in assists.

Week of Oct. 4-10: Kellie Zakrzewski, Seattle Pacific (F, 5-4, Fr., Cheney, WA) had a pair of goals to lead Seattle Pacific to a 5-1 win over Central Washington as the Falcons moved into a tie for first-place with Western Washington at the midway point of the conference season. Zakrzewski currently is tied for third in the GNAC in goals scored with five. She is the leader in conference games, also with five. Seattle Pacific is off to an 8-1-2 start and is tied for first place with Western Washington at the midway point of the conference season with a 5-1-1 record.

Week of Oct. 11-17: Megan Lindsay, Seattle Pacific (F, 5-7, So., Spokane, WA – Gonzaga Prep) scored a pair of goals, including the game-winner in overtime, to lead Seattle Pacific to a 2-1 road win at Montana State Billings. On the season, Lindsay is tied for the team lead in goals with five and ranks third for the Falcons in points with 12.

Week of Oct. 18-24: Jill Webb, Saint Martin's (F, 5-6, Sr., Puyallup, WA – Emerald Ridge) and Brittany Langdon, Seattle Pacific (M, 5-10, So., Irvine, CA – Northwood). . Webb had three goals and a pair of assists as the Saints continued their late season surge with 2-1 and 5-1 wins over MSU Billings and Northwest Nazarene, respectively. Webb leads the GNAC in goals with 11 and points with 29 and is tied for the conference lead in assists with Claire Morgan of Western Washington and Brandi Hamre and

Kendall Thoreson of Seattle Pacific. All four players have seven. . .Langdon scored Seattle Pacific's first goal Thursday against Simon Fraser, but more importantly was dominating defensively against both the Clan and Western Washington.

Week of Oct. 25-31: Megan Lindsay, Seattle Pacific (F, 5-7, So., Spokane, WA – Gonzaga Prep) and Kym Witmer, Western Oregon (M, 5-3, So., Newberg, OR). . .Lindsay scored three goals and also had an assist as Seattle Pacific clinched its seventh GNAC title in the last nine years with a pair of 3-0 wins. Lindsay leads the Falcons with 10 goals, including seven in her last five games. . .Witmer, who came into the game with just two points of the season, had six points (two goals, two assists) as Western Oregon scored four second-half goals to beat Central Washington 4-0 Saturday in Monmouth. WOU scored more than one-third (4 of 11) of its season conference-game goal total in the half.

Week of Nov. 1-7: Whitney Siler, Montana State Billings (D, 5-9, Fr., Monroe, WA) scored the game-winning goal in MSUB's 1-0 home win against Northwest Nazarene. Siler, who has six points on the season (1 goal, 4 assists) also led the Yellowjacket defense that didn't allow a shot on goal in recording its eighth shutout of the season. "Whitney was superb in the back line (Saturday)," MSUB coach Don Trentham said. "She was able to keep the ball in front of her all game long and helped end any threat NNU posed on our half of the pitch. Her goal was one of the best goals I've ever seen scored in my coaching career."

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Week of Aug. 29-Sept. 4: Heidi Greenback, MSU Billings (F, 5-7, So., Woodinville, WA) and Jamie Arthurs, Western Washington (GK, 5-8, Jr., Richland, WA). . .Greenback had three goals and an assist leading the Yellowjackets to a pair of shutout wins in the MSU Billings Cup and earning Most Valuable Player honors. She scored MSUB's second goal in a 2-0 win over Colorado Christian and had two goals and an assist in a 3-0 shutout of Southwest Minnesota State. . .Arthurs had 12 saves as the Vikings, who were outshot 36-18, battled nationally second-ranked UC San Diego and Chico State to a pair of overtime scoreless draws. The shutouts were the 13th and 14th in Arthurs' career moving her into a tie for 10th place on the GNAC all-time shutout list.

Week of Sept. 5-11: Brandi Hamre, Seattle Pacific (F, 5-7, Sr., Bremerton, WA – Central Kitsap) scored two goals and also had an assist as the Falcons outscored Notre Dame de Namur and Nebraska-Omaha by a combined margin of 11-1. "Brandi was just tremendous in both games," SPU coach Chuck Sekyra said. "Not only did she have the game winner against NDNU but her goal opened the game up on Nebraska-Omaha. Brandi did so many things that made a difference for us, her organization of our midfield, her ball winning, and leadership overall was just fantastic."

Week of Sept. 12-18: Jaucelyn Richter, MSU Billings (F, 5-5, Jr., Billings, MT) and Taylor Sawyer, Seattle Pacific (D, 5-5, Jr., Gig Harbor, WA – North Mason). . .Richter scored all three Yellowjacket goals in their 3-1 road win Thursday at Saint Martin's and also contributed to their 1-1 draw at Western Oregon Saturday. She took 11 shots in the two contests and nine were "on-goal". "Jaucelyn had a tremendous weekend," MSUB interim coach Wojtek Krakowiak said. "She was in all the right places Thursday and she made some very good plays Saturday that led to other chances." . .Sawyer led SPU's defense that posted road shutouts at Western Washington and Simon Fraser. She also scored SPU's final goal against the Clan. "Taylor is really on top of her game," Falcon coach Chuck Sekyra said. "She is a leader in our back line, has been great with the ball and has been making some outstanding defensive plays."

Week of Sept. 19-25: Carson McKole, Central Washington (M, 5-2, Jr., Oak Harbor, WA) earned an assist on the Wildcats' first goal in Thursday's 2-1 win at Western Oregon, then scored the game-winner in a 1-0 victory Sunday at Saint Martin's as the Wildcats, who are off to their best eight-game start since 2008, improved to 4-2-2. McKole has contributed to six of CWU's nine goals this season, scoring four and assisting on two others. Her Sunday goal was assisted by Amy Pate and Brittany Franks. "Amy and Brittany made quality passes and Carson added another fantastic goal," CWU coach Michael Farrand said.

Week of Sept. 26-Oct. 2: Whitney Siler, Montana State Billings (D, 5-9, So., Monroe, WA) and Justina MacDowell, Western Washington (M, 5-5, Sr., Bellevue, WA – Sammamish). . .Siler scored the game-winning goal in MSUB's 1-0 upset of 14th-ranked Seattle Pacific and was spectacular defensively as the Yellowjackets earned a win and 1-1 draw with Central Washington on a two-game road trip. "Whitney had a tremendous weekend," MSUB interim coach Wojciech Krakowiak said. "Her goal against SPU was good, but her defensive play was even better. She did a great job on helping limit quality shots and made numerous plays to help preserve the shutout. Against Central Washington she did a terrific job of shutting down their attacks and limiting their opportunities for open looks at the goal." . .MacDowell scored three goals, including two game-winners in wins against Western Oregon and Saint Martin's as the Vikings pulled to within three points of first-place Seattle Pacific.

Week of Oct. 3-9: Jennifer Brookshire, Montana State Billings (MF, 5-2, So., Ventura, CA) led the Yellowjackets to an easy 6-1 victory over Northwest Nazarene to help MSUB remain unbeaten in conference play. Brookshire scored two goals in her only two shots of the match.

Week of Oct. 10-16: Megan Lindsay, Seattle Pacific (F, 5-7, Jr., Spokane, WA – Gonzaga Prep) had three goals including the game-winners in 4-0 and 3-0 home wins against Simon Fraser and Western Washington. Lindsay leads the conference in goals (8 including four game-winners) and points (20) and has scored seven goals in SPU's last four games. She also ranks fourth in GNAC history in points per game (1.34) with 63 in 47 contests. "(She was) Megan Lindsay being Megan Lindsay," SPU coach Chuck Sekyra said. "She is such a talented, hard working player who wants to take over and make a difference in every game. I love her approach and attitude and she is making a difference."

Week of Oct. 17-23: Taylor Sawyer, Seattle Pacific (D, 5-5, Jr., Gig Harbor, WA - North Mason) and Carson McKole, Central Washington (M, 5-2, Jr., Oak Harbor, WA). . Sawyer contributed to a pair of shutouts as the Falcons moved to within one win of clinching their third straight conference title with victories at Saint Martin's and Western Oregon. SPU outshot the Saints and Wolves by a combined margin of 47-14 forcing Brooke Yokers to make just five saves. "She (Sawyer) had a wonderful week, organizing our back line, reading the run of play, breaking up our opponents ideas and playing so well," SPU coach Chuck Sekyra said. . McKole scored two goals increasing her season point total to 19 points (8 goals, 3 assists) as the Wildcats won two games to set a school-record for most GNAC victories with seven. The two wins also assured CWU of only its second .500 season in the 11-year history of the conference. Her goal total, which includes four game-winners, is the highest by a Wildcat player since 2007 and her point total is the highest for a CWU player since 2000. McKole currently leads the conference in goals per game (0.57) and ranks second in points per game (1.36). She also is tied for the conference lead in game-winning goals with four.

Week of Oct. 24-30: Brandi Hamre, Seattle Pacific (F, 5-7, Sr., Bremerton, WA – Central Kitsap) had a pair of goals including her third game-winner of the season in SPU's 2-1 win over Northwest Nazarene, clinching the Falcons' their third straight conference title and their ninth consecutive NCAA Division II post-season appearance. Her goal against MSU Billings came into a wind which was approaching 60 miles per hour. She has five goals and three assists this season and now ranks 20 th in GNAC career history with 62 points, including 21 goals and 20 assists.

Week of Oct. 31-Nov. 6: Jaucelyn Richter, MSU Billings (F, 5-5, Jr., Billings, MT – Billings Senior) and Kelsey Jenkins, Seattle Pacific (M, 5-8, Sr., Kent, WA – Kentwood). . Richter had a pair of goals and an assist in MSUB's 4-0 win against Northwest Nazarene increasing her season point total to a GNAC-leading 27. With one season remaining, Richter ranks 18th in GNAC history with 66 career points. . Jenkins also had a pair of goals and an assist in Seattle Pacific's 4-2 win against Central Washington as the Falcons ran their win streak to nine. The assist was her ninth of the year, tying her for the conference lead with Heidi Greenback of MSUB. She also ranks 17th in career assists with 21. "KJ has been our rock as far as

possession, rhythm and playmaking," SPU coach Chuck Sekyra said. "She took over on Senior Day (against CWU) and I think we are going to see the same from here on out in the NCAA tournament."