

# OUTSTANDING SINGLE GAME PERFORMANCES

## Scoring (30-Point Games)

45 Leada Berkey, Western Oregon (Central Washington, 2-21-08)  
 44 Sheena Brown, Alaska Fairbanks (Central Washington, 2-12-09)  
 40 Beth Layton, Saint Martin's (Central Washington, 2-25-06)  
 38 Kamie Jo Massey, Alaska Anchorage (NNU, 2-7-04)  
 38 Leada Berkey, Western Oregon (Cascade, 11-15-06)  
 37 Adrienne Taalak, Alaska Fairbanks (Western Wash., 2-21-04)  
 37 Stephanie Beason, Alaska Anchorage (Eastern Wash., 11-24-04)  
 37 Cody Burgess, Alaska Fairbanks (Central Washington, 12-2-04)  
 37 Jamie Corwin, Central Washington (Grand Canyon, 2-15-06)  
 37 Amanda Dunbar, Western Washington (NNU, 1-17-09)  
 36 Adrienne Taalak, Alaska Fairbanks (Seattle, 2-19-04)  
 36 Leada Berkey, Western Oregon (CSU Stanislaus, 11-24-07)  
 35 Michelle Beaumont, Seattle Pacific (Cal State LA, 12-28-02)  
 35 Beth Layton, Saint Martin's (Cal State Stanislaus, 12-30-04)  
 35 Chelsie Morrison, Seattle (MSU Billings, 2-16-08)  
 34 Megan Quarterman, Western Wash. (Seattle Pacific, 2-22-03)  
 34 Shannon Talbot, Western Oregon (UC Davis, 12-19-03)  
 34 Leada Berkey, Western Oregon (Western Washington, 1-20-07)  
 34 Sheena Brown, Alaska Fairbanks (Northwest Nazarene, 1-12-08)  
 33 Kelley Berglund, Seattle Pacific (Alaska Anchorage, 1-10-02)  
 33 Kristin Connolly, Seattle (Western Oregon, 1-9-03)  
 33 Beth Layton, Saint Martin's (Humboldt State, 12-4-04)  
 33 Beth Layton, Saint Martin's (Alaska Fairbanks, 1-21-06)  
 33 Jamie Corwin, Central Washington (Saint Martin's, 2-25-06)  
 33 Leada Berkey, Western Oregon (Corban, 12-15-06)  
 33 Leada Berkey, Western Oregon (Alaska Fairbanks, 2-3-07)  
 33 Alira Carpenter, Montana State Billings (Seattle, 2-16-08)  
 33 Alira Carpenter, Montana State Billings (Colo. St-Pueblo, 11-15-08)  
 32 Bell Jordan, Alaska Anchorage (Saint Martin's, 2-9-02)  
 32 Bell Jordan, Alaska Anchorage (Seattle Pacific, 2-16-02)  
 32 Bell Jordan, Alaska Anchorage (Western Washington, 2-28-02)  
 32 Alysson Kollmann, Northwest Naz. (CSU Bakersfield, 3-15-03)  
 32 Adrienne Taalak, Alaska Fairbanks (Seattle Pacific, 1-15-04)  
 32 Heidi Buehler, Northwest Nazarene (Central Washington, 1-31-04)  
 32 Stephanie Beason, Alaska Anchorage (Grand Canyon, 12-17-04)  
 32 Adrienne Taalak, Alaska Fairbanks (Alaska Anchorage, 1-15-05)  
 32 Kristin Connolly, Seattle (Northwest Nazarene, 1-22-05)  
 32 Jodi Gerald, Western Washington (Central Washington, 2-24-05)  
 32 Hanna Hull, Central Washington (Alaska Fairbanks, 3-5-05)  
 32 Courtney Clapp, Western Washington (CSUDH, 3-11-05)  
 32 Sheena Brown, Alaska Fairbanks (Central Washington, 2-28-09)  
 31 Rose Shaw, Central Washington (Saint Martin's, 1-31-02)  
 31 Heidi Buehler, Northwest Nazarene (Alaska Fairbanks, 1-10-04)  
 31 Jenny Binford, Northwest Nazarene (Alaska Fairbanks, 1-10-04)  
 31 Nicole Lynch, Humboldt State (Northwest Nazarene, 2-14-04)  
 31 Martina Kartikova, Saint Martin's (Northwest, 11-20-04)  
 31 Tina Donahue, Western Washington (Warner Pacific, 11-27-04)  
 31 Tina Donahue, Western Washington (Humboldt State, 2-12-05)  
 31 Rebecca Kielinski, Alaska Anchorage (Central Wash., 2-11-06)  
 31 Alira Carpenter, Montana State Billings (Mary, 11-29-08)  
 30 Cal-Jean Lloyd, Seattle (Alaska Anchorage, 3-2-02)  
 30 Alana Erickson, Saint Martin's (Warner Pacific, 12-4-02)  
 30 Serenity Ragone, Western Oregon (Western Wash., 1-11-03)  
 30 Kelley Berglund, Seattle Pacific (Chico State, 3-14-03)  
 30 Adrienne Taalak, Alaska Fairbanks (Northwest Nazarene, 2-5-04)  
 30 Adrienne Taalak, Alaska Fairbanks (Humboldt State, 3-4-04)  
 30 Courtney Clapp, Western Washington (Sonoma State, 12-11-04)  
 30 Jenna Washington, Humboldt State (Central Washington, 1-5-06)  
 30 Rebecca Kielinski, Alaska Anch. (Northwest Nazarene, 1-26-06)  
 30 Leada Berkey, Western Oregon (Cal State Stanislaus, 12-20-06)  
 30 Jamey Gelhar, Saint Martin's (Western Washington, 1-4-07)  
 30 Leada Berkey, Western Oregon (Central Washington, 1-11-07)  
 30 Mollie Stelmack, Western Washington (Central Washington, 2-1-07)  
 30 Sheena Brown, Alaska Fairbanks (Alaska Anchorage, 1-26-08)

30 Alira Carpenter, MSU Billings (Minn. – Crookston, 11-28-08)  
 30 Kelsey Burns, Seattle Pacific (Mary, 12-18-08)

## Field Goals

16 Leada Berkey, Western Oregon (Central Washington, 2-21-08)  
 14 Kelley Berglund, Seattle Pacific (Alaska Anchorage, 1-10-02)  
 14 Bell Jordan, Alaska Anchorage (Saint Martin's, 2-9-02)  
 14 Kristin Connolly, Seattle (Northwest Nazarene, 1-22-05)  
 14 Leada Berkey, Western Oregon (Cascade, 11-15-06)  
 14 Leada Berkey, Western Oregon (Corban, 12-15-06)  
 14 Leada Berkey, Western Oregon (Alaska Fairbanks, 2-3-07)  
 14 Chelsie Morrison, Seattle (MSU Billings, 2-16-08)  
 14 Sheena Brown, Alaska Fairbanks (Central Washington, 2-12-09)  
 13 Sixteen with

## Field Goal Attempts

34 Leada Berkey, Western Oregon (Corban, 12-15-06)  
 33 Leada Berkey, Western Oregon (Central Washington, 2-21-08)  
 30 Ronisha Edwards, Alaska Fairbanks (Western Wash., 2-14-09)  
 29 Rebecca Kielinski, Alaska Anchorage (Seattle Pacific, 2-23-06)  
 28 Beth Layton, Saint Martin's (Alaska Anchorage, 1-19-06)  
 28 Sheena Brown, Alaska Fairbanks (Western Washington, 2-26-09)  
 27 Cody Burgess, Alaska Fairbanks (Seattle Pacific, 12-4-04)  
 27 Leada Berkey, Western Oregon (Alaska Fairbanks, 2-3-07)  
 27 Sheena Brown, Alaska Fairbanks (Northwest Nazarene, 1-12-08)  
 26 Nicole Lynch, Humboldt State (Alaska Anchorage, 2-13-03)  
 26 Beth Layton, Saint Martin's (Alaska Fairbanks, 1-21-06)  
 26 Amanda Dunbar, Western Washington (Dixie State, 12-19-08)  
 26 Ronisha Edwards, Alaska Fairbanks (Northwest Nazarene, 2-19-09)  
 26 Ronisha Edwards, Alaska Fairbanks (Western Wash., 2-26-09)  
 25 Nine with

## Field Goals Made (No misses)

14 Kelley Berglund, Seattle Pacific (Alaska Anchorage, 1-10-02)  
 8 Krystal Robinson, Western Washington (Evergreen St., 12-13-04)  
 8 Kelly Dykstra, Western Washington (Northwest Nazarene, 3-4-06)  
 7 Tessa DeBoer, Western Washington (Northwest, 12-18-01)  
 7 Kerie Hughes, Seattle Pacific (Humboldt State, 12-5-02)  
 7 Rachel Strand, Seattle Pacific (Lewis-Clark State, 12-2-06)  
 7 Rebecca Kielinski, Alaska Anchorage (BYU-Hawaii, 12-2-06)  
 7 Nicole Bozek, Alaska Fairbanks (Texas Permian Basin, 12-6-07)  
 7 Jen Smith, Montana State Billings (Central Washington, 2-9-08)  
 6 Bryony Chase, Western Oregon (Concordia, 11-30-01)  
 6 Louise Huezo, Saint Martin's (Humboldt State, 1-26-02)  
 6 Kerie Hughes, Seattle Pacific (Alaska Fairbanks, 2-14-02)  
 6 Mary Aschoff, Alaska Anchorage (Northwest Nazarene, 1-23-03)  
 6 Brittney Kroon, Seattle Pacific (Alaska Fairbanks, 2-14-04)  
 6 Brittney Kroon, Seattle Pacific (Western Washington, 2-26-05)  
 6 Karen Rabung, Alaska Fairbanks (Western Oregon, 12-29-05)  
 6 Whitney Golob, Saint Martin's (Western Oregon, 1-12-06)  
 6 LeeAna Busch, Northwest Nazarene (3-4-06)  
 6 Laura Jones, Seattle (Saint Martin's, 2-24-07)  
 6 Laina Sobczak, Seattle (Northwest, 11-16-07)

## Field Goals Made (One Miss)

12 Nicole Lynch, Humboldt State (Central Washington, 1-8-05)  
 10 Ruby Williams, Alaska Anchorage (Texas Permian Basin, 12-7-07)  
 9 Mandi Dinan, Western Oregon (Alaska Anchorage, 12-6-01)  
 9 Lexi Schaar, Seattle Pacific (Lewis-Clark State, 12-2-06)  
 9 Kelsey Hill, Seattle Pacific (Saint Martin's, 1-15-09)  
 8 Jackie Kolesar, Humboldt State (Seattle, 1-12-02)  
 8 Heidi Arts, Alaska Fairbanks (Seattle Pacific, 1-12-02)  
 8 Nicole Lynch, Humboldt State (Seattle, 2-14-02)  
 8 Valerie Gustafson, Seattle Pacific (Humboldt State, 12-5-02)

- 8 Cody Burgess, Alaska Fairbanks (Humboldt State, 1-16-03)
- 8 Leah Welton, Seattle (Saint Martin's, 1-16-03)
- 8 Kelly Colard, Western Washington (Saint Martin's, 12-6-03)
- 8 Valerie Gustafson, Seattle Pacific (Alaska Anchorage, 1-17-04)
- 8 Michelle Beaumont, Seattle Pacific (CSLA, 12-29-04)
- 8 Courtney Clapp, Western Washington (Alaska Anchorage, 1-14-06)
- 8 Dasha Basova, Alaska Anchorage (Alaska Fairbanks, 1-17-09)
- 8 Kayla Ryan, MSU Billings (Saint Martin's, 2-26-09)

### Three-Pointers

- 9 Kelsey Burns, Seattle Pacific (Alaska Fairbanks, 2-21-09)
- 8 Beth Layton, Saint Martin's (Humboldt State, 12-4-04)
- 8 Jayci Stone, Alaska Anchorage (Alaska Fairbanks, 1-27-07)
- 8 Maria Nilsson, Alaska Anchorage (Saint Martin's, 2-3-07)
- 8 Jackie Thiel, Alaska Anchorage (Kuyper, 1-3-09)
- 7 Kathy Kartikova, Saint Martin's (Northwest Nazarene, 1-12-02)
- 7 Beth Layton, Saint Martin's (Alaska Fairbanks, 1-21-06)
- 7 Beth Layton, Saint Martin's (Central Washington, 2-25-06)
- 7 Jessi Reome, Saint Martin's (Western Oregon, 1-25-07)
- 7 Maria Nilsson, Alaska Anchorage (Hawaii Hilo, 12-21-07)
- 7 Dasha Basova, Alaska Anchorage (Colo. Christian, 11-20-08)
- 7 Amanda Dunbar, Western Washington (NNU, 1-17-09)
- 6 Thirty-nine with

### Three-Point Attempts

- 21 Jayci Stone, Alaska Anchorage (Alaska Fairbanks, 1-27-07)
- 15 Tanya Nizich, Alaska Anchorage (Humboldt State, 3-6-04)
- 15 Beth Layton, Saint Martin's (Alaska Fairbanks, 1-21-06)
- 14 Jodie Kaczor, Western Washington (Saint Martin's, 1-19-02)
- 14 Melanie Wagoner, Alaska Fairbanks (Western Oregon, 1-31-02)
- 14 Beth Layton, Saint Martin's (Central Washington, 2-25-06)
- 14 Maria Nilsson, Alaska Anchorage (Western Oregon, 2-1-07)
- 14 Jayci Stone, Alaska Anchorage (UC San Diego, 3-10-07)
- 14 Amanda Dunbar, Western Washington (NNU, 1-17-09)
- 13 Tanya Nizich, Alaska Anchorage (Christian Heritage, 11-18-03)
- 13 Beth Layton, Saint Martin's (Master's, 11-28-03)
- 13 Darcey Hodges, Western Oregon (Concordia, 12-13-03)
- 13 Loni Ainslie, Central Washington (Willamette, 12-21-03)
- 13 Adrienne Taalak, Alaska Fairbanks (Northwest Nazarene, 2-5-04)
- 13 Loni Ainslie, Central Washington (Humboldt State, 2-3-05)
- 13 Beth Layton, Saint Martin's (MSU-Billings, 2-3-05)
- 13 Mandy Wood, Seattle Pacific (Merrimack, 3-24-05)
- 13 Beth Layton, Saint Martin's (Northwest Nazarene, 2-2-06)
- 13 Leada Berkey, Western Oregon (Corban, 12-15-06)
- 13 Maria Nilsson, Alaska Anchorage (Saint Martin's, 2-3-07)
- 13 Alira Carpenter, MSU Billings (Colorado State - Pueblo, 11-15-08)
- 13 Dasha Basova, Alaska Anchorage (Colorado Christian, 11-20-08)
- 13 Alira Carpenter, MSU Billings (Shepherd, 12-17-08)
- 13 Sheena Brown, Alaska Fairbanks (Central Washington, 2-28-09)

### Three-Point FGs Made (No Misses)

- 6 Stacey Miller, Western Washington (Westmont, 11-30-02)
- 6 Jodi Gerald, Western Washington (Central Washington, 2-24-05)
- 6 Dasha Basova, Alaska Anchorage (Alaska Fairbanks, 1-17-09)
- 6 Amanda Murdoch, Central Washington (Western Oregon, 2-7-09)
- 5 Alysson Kollmann, Northwest Naz. (Western Oregon, 2-27-03)
- 5 Kara Gonzalez, Northwest Nazarene (Western Oregon, 2-18-06)
- 5 Brittney Roggenkamp, NNU (CSU San Bernardino, 12-19-07)
- 5 Kelsey Burns, Seattle Pacific (MSU Billings, 1-10-09)
- 5 Amanda Dunbar, Western Washington (Seattle Pacific, 1-29-09)
- 5 Kristin Hein, Northwest Nazarene (Alaska Anchorage, 2-21-09)
- 4 Seventeen with

### Three-Point FGs Made (One Miss)

- 6 Jenny Binford, Northwest Nazarene (Seattle, 1-18-03)
- 6 Ashley Payne, Seattle (Northwest, 12-27-03)
- 6 Mandy Wood, Seattle Pacific (Humboldt State, 2-18-06)
- 6 Maria Nilsson, Alaska Anchorage (UC Riverside, 11-22-06)
- 6 Cassidy Murillo, Seattle (Saint Martin's, 1-18-07)
- 6 Sara Zahler, Western Oregon (Cal State L.A., 12-20-08)

- 5 Loni Ainslie, Central Washington (Western New Mexico, 12-28-02)
- 5 Alana Erickson, Saint Martin's (Alaska Anchorage, 1-25-03)
- 5 Amy Taylor, Seattle Pacific (Seattle, 1-10-04)
- 5 Martina Kartikova, Saint Martin's (Northwest, 11-2-04)
- 5 Amy Taylor, Seattle Pacific (Central Washington, 2-19-05)
- 5 Devin Dykstra, Western Washington (PLU, 11-23-04)
- 5 Mandy Wood, Seattle Pacific (Northwest Nazarene, 1-14-06)
- 5 Ashley Payne, Seattle (San Francisco State, 12-12-06)
- 5 Autumn Fielding, Seattle Pacific (Dixie State, 1-27-07)
- 5 Mollie Stelmack, Western Washington (Central Wash., 2-1-07)
- 5 Jackie Hollands, Seattle Pacific (Western Washington, 2-24-07)
- 5 Leah Stepovich, Seattle (MSU Billings, 2-16-08)
- 5 Chelsie Morrison, Seattle (Alaska Anchorage, 3-6-08)

### Free Throws Made

- 16 Tina Donahue, Western Washington (Warner Pacific, 11-27-04)
- 16 Alira Carpenter, MSU Billings (Mary, 11-29-08)
- 15 Jenna Washington, Humboldt State (Western Wash., 2-12-05)
- 14 Alysson Kollmann, Northwest Nazarene (Seattle Pacific, 2-8-03)
- 14 Serenity Ragone, Western Oregon (Cal State L.A., 11-22-03)
- 14 Kamie Jo Massey, Alaska Anchorage (Central Wash., 2-14-04)
- 14 Jenna Washington, Humboldt State (Seattle, 2-11-06)
- 14 Jamey Gelhar, Saint Martin's (Northwest Nazarene, 2-10-07)
- 13 Kerie Hughes, Seattle Pacific (Western Washington, 1-5-02)
- 13 Heidi Arts, Alaska Fairbanks (Seattle Pacific, 1-12-02)
- 13 Kerie Hughes, Seattle Pacific (Western Oregon, 2-23-02)
- 13 Cody Burgess, Alaska Fairbanks (MSU-Billings, 1-3-03)
- 13 Kerie Hughes, Seattle Pacific (Northwest Nazarene, 2-8-03)
- 13 Mindy Mendenhall, Alaska Anchorage (Seattle Pacific, 2-27-03)
- 13 Jenn McGillivray, Western Washington (UAF, 2-21-04)
- 13 Stephanie Beason, Alaska Anchorage (Eastern Wash., 11-24-04)
- 12 Twenty-pnine with

### Free Throw Attempts

- 18 Kagny Kohne, Western Oregon (Warner Pacific, 11-16-04)
- 18 Jenna Washington, Humboldt State (Western Wash., 2-12-05)
- 18 Jenna Washington, Humboldt State (Seattle, 2-11-06)
- 17 Jamey Gelhar, Saint Martin's (Northwest Nazarene, 2-10-07)
- 17 Alira Carpenter, MSU Billings (Mary, 11-29-08)
- 16 Rose Shaw, Central Washington (Saint Martin's, 12-8-01)
- 16 Amber Hellberg, Northwest Nazarene (Saint Martin's, 1-12-02)
- 16 Kerie Hughes, Seattle Pacific (Western Oregon, 2-23-02)
- 16 Kerie Hughes, Seattle Pacific (Northwest Nazarene, 2-8-03)
- 16 Julia Eisentrout, Saint Martin's (Northwest Nazarene, 2-21-04)
- 16 Tina Donahue, Western Washington (Warner Pacific, 11-27-04)
- 16 Tina Donahue, Western Washington (Seattle, 12-4-04)
- 16 Cody Burgess, Alaska Fairbanks (Humboldt State, 1-20-05)
- 16 Amanda Dunbar, Western Washington (Central Wash., 1-5-08)
- 15 Fifteen with

### Free Throws Made (No Misses)

- 16 Tina Donahue, Western Washington (Warner Pacific, 11-27-04)
- 14 Alysson Kollmann, Northwest Nazarene (Seattle Pacific, 2-8-03)
- 14 Kamie Jo Massey, Alaska Anchorage (Central Wash., 2-14-04)
- 13 Mindy Mendenhall, Alaska Anchorage (Seattle Pacific, 2-27-03)
- 12 Heidi Buehler, Northwest Nazarene (Western Wash., 3-6-04)
- 12 Laura Wright, Central Washington (Western Wash., 2-24-05)
- 12 Leada Berkey, Western Oregon (Seattle, 2-28-08)
- 12 Rebecca Kielinski, Alaska Anchorage (Northern Kent., 3-27-08)
- 12 Jamey Gelhar, Saint Martin's (Hawaii Hilo, 12-20-08)
- 11 Cody Burgess, Alaska Fairbanks (Alaska Anchorage, 1-11-03)
- 11 Cody Burgess, Alaska Fairbanks (Seattle, 3-6-03)
- 11 Sheena Brown, Alaska Fairbanks (Western Washington, 2-14-09)
- 10 Cody Burgess, Alaska Fairbanks (Northwest Nazarene, 1-25-03)
- 10 Cody Burgess, Alaska Fairbanks (Western Washington, 3-8-03)
- 10 Heidi Buehler, Northwest Nazarene (MSU-Billings, 1-23-04)
- 10 Danielle Pridgen, Northwest Nazarene (Western Wash., 1-20-05)
- 10 Jenna Washington, Humboldt State (Seattle, 1-12-06)
- 10 Danielle Dwello, Northwest Nazarene (Alaska Anchorage, 1-26-06)
- 10 Willow Cabe, Western Washington (Sonoma State, 12-13-08)

### Free Throws Made (One Miss)

16	Alira Carpenter, Montana State Billings (Mary, 11-29-08)
14	Serenity Ragone, Western Oregon (Cal State L.A., 11-22-03)
13	Kerie Hughes, Seattle Pacific (Western Washington, 1-5-02)
13	Jenn McGillivray, Western Washington (UAF, 2-21-04)
12	Jenn McGillivray, Western Washington (San Fran. St., 11-23-01)
12	Tessa DeBoer, Western Washington (Seattle Pacific, 3-13-04)
12	Cody Burgess, Alaska Fairbanks (Western Washington, 2-5-05)
12	Tina Donahue, Western Washington (Humboldt State, 2-12-05)
12	Whitney Golob, Saint Martin's (Northwest Nazarene, 1-7-06)
12	Kelly Dykstra, Western Washington (Seattle, 2-25-06)
12	Kari Reabold, Alaska Fairbanks (Adams State, 11-17-06)
12	Jamey Gelhar, Saint Martin's (Western Washington, 1-4-07)
11	Nineteen with

### Offensive Rebounds

11	Hilary Tanneberg, Central Washington (SPU, 2-14-08)
10	Bell Jordan, Alaska Anchorage (MSU-Billings, 12-20-01)
10	Kamie Jo Massey, Alaska Anch. (Western New Mexico, 12-20-03)
10	Jessica Metz, Northwest Nazarene (Seattle Pacific, 1-13-05)
10	Vanessa Wyffels, Western Oregon (MSU Billings, 3-1-08)
10	Ronisha Edwards, Alaska Fairbank (Kuyper, 12-30-08)
9	Heather Laats, Western Oregon (Seattle Pacific, 1-17-02)
9	Heidi Arts, Alaska Fairbanks (UC Santa Cruz, 12-13-02)
9	Kamie Jo Massey, Alaska Anchorage (Western Oregon, 1-16-03)
9	Kamie Jo Massey, Alaska Anchorage (Humboldt State, 2-13-03)
9	Brittney Kroon, Seattle Pacific (Alaska Anchorage, 2-12-04)
9	Hilary Tanneberg, Central Washington (Alderson-Broad., 12-10-05)
9	Whitney Golob, Saint Martin's (Abilene Christian, 12-18-05)
9	Krystal Robinson, Western Washington (Western Oregon, 1-20-07)
9	Kalhie Quinones, Alaska Anchorage (Franklin Pierce, 3-26-08)
8	Twentynine with

### Rebounds

22	Kristin Poe, Seattle Pacific, 7-15 (Saint Martin's, 2-2-02)
22	Carli Smith, Seattle Pacific, 8-14 (Western Washington, 2-26-05)
22	Jenna Washington, Humboldt State, 8-14 (UAA, 2-17-05)
21	Martina Kartikova, Saint Martin's, 7-14 (Master's, 11-28-03)
21	Rebecca Kielinski, Alaska Anchorage, 3-18 (WOU, 2-1-07)
20	Hilary Tanneberg, Central Washington, 11-9 (SPU, 2-14-08)
19	Carli Smith, Seattle Pacific, 7-12 (Northwest Nazarene, 1-9-03)
19	Brittney Kroon, Seattle Pacific, 7-12 (Alaska Fairbanks, 12-4-04)
19	Laina Sobczak, Seattle, 8-11 (Alaska Fairbanks, 1-19-06)
18	Heather Laats, Western Oregon, 7-11 (NNU, 1-26-02)
18	Martina Kartikova, Saint Martin's, 6-12 (UAF, 2-22-03)
18	Hanna Hull, Central Washington, 7-11 (George Fox, 11-19-04)
18	Carl Smith, Seattle Pacific, 7-11 (Cal Poly Pomona, 12-30-04)
18	Rebecca Kielinski, Alaska Anchorage, 7-11 (NNU, 2-25-06)
17	Sixteen with

### Assists

14	Heidi Buehler, Northwest Nazarene (Albertson, 12-29-03)
13	Becky Gregory, Western Oregon (Alaska Anchorage, 12-6-01)
13	Melanie Wagoner, Alaska Fairbanks (NNU, 1-3-02)
13	Heidi Buehler, Northwest Nazarene (Central Washington, 1-31-04)
13	Heidi Buehler, Northwest Nazarene (Seattle, 3-4-04)
12	Kerie Hughes, Seattle Pacific (Cascade, 11-20-01)
12	Lisa Bocook, Saint Martin's (Idaho, 12-28-02)
12	Heidi Buehler, Northwest Nazarene (Alaska Anchorage, 1-8-04)
12	Beth Layton, Saint Martin's (Concordia, 12-11-04)
12	Beth Christensen, Seattle Pacific (Western Oregon, 2-3-05)
12	Shantell Marquis, MSU Billings (Chaminade, 12-18-08)
12	Shantell Marquis, MSU Billings (Northwest Nazarene, 1-7-09)
11	Fourteen with

### Steals

10	Shantell Marquis, MSU Billings (Northwest Nazarene, 1-26-08)
9	Shannon Coppel, Western Oregon (Warner Pacific, 12-11-01)
9	Peni Vaefaga, Humboldt State (Saint Martin's, 2-27-03)
9	Christa Wilson, Alaska Anchorage (Northwest Nazarene, 2-26-05)

9	Mallory Whipple, Northwest Nazarene (Alaska Fairbanks, 1-24-07)
8	Becky Gregory, Western Oregon (Southern Oregon, 12-18-01)
8	Alysson Kollmann, Northwest Nazarene (Seattle Pacific, 2-28-03)
8	Samantha Hubbard, Western Washington (Cal St. L.A., 12-20-03)
8	Shannon Talbott, Western Oregon (Warner Pacific, 12-11-04)
8	Shannon Talbott, Western Oregon (Humboldt State, 1-29-05)
8	Jackie Hollands, Seattle Pacific (Northwest Nazarene, 2-1-07)
8	Jackie Thomas, Seattle (Saint Martin's, 1-31-08)
8	Kalhie Quinones, Alaska Anchorage (Saint Martin's, 2-16-08)
8	Mallory Whipple, Northwest Nazarene (MSU Billings, 1-29-09)
7	Twenty-five with

### Blocked Shots

13	Brittney Kroon, Seattle Pacific (Northwest Nazarene, 1-29-04)
11	Brittney Kroon, Seattle Pacific (Bemidji, 11-27-04)
11	Brittney Kroon, Seattle Pacific (Alaska Anchorage, 1-28-06)
9	Brittney Kroon, Seattle Pacific (Alaska Anchorage, 3-5-05)
8	Brittney Kroon, Seattle Pacific (Northwest Nazarene, 2-28-04)
8	Brittney Kroon, Seattle Pacific (Merimack, 3-24-05)
8	Brittney Kroon, Seattle Pacific (Seattle, 1-7-06)
8	Rebecca Kielinski, Alaska Anchorage (SW Minn. State, 12-17-06)
8	Rebecca Kielinski, Alaska Anchorage (Seattle Pacific, 2-7-08)
7	Brittney Kroon, Seattle Pacific (Cal Poly Pomona, 3-15-04)
7	Brittney Kroon, Seattle Pacific (Sonoma State, 12-10-04)
7	Jenna Washington, Humboldt State (Western Wash., 1-13-05)
7	Krystal Robinson, Western Washington (UAA, 2-3-05)
7	Krystal Robinson, Western Washington (UAF, 2-5-05)
7	Brittney Kroon, Seattle Pacific (Western Washington, 2-26-05)
7	Krystal Robinson, Western Washington (CSUDH, 3-11-05)
7	Brittney Kroon, Seattle Pacific (MSU-Billings, 3-11-05)
7	Brittney Kroon, Seattle Pacific (Western Oregon, 1-21-06)
7	Krystal Robinson, Western Washington (CSU Stanislaus, 12-8-06)
6	Twenty-six with

### Team

#### Points

127	Northwest Nazarene (Walla Walla, 11-27-01)
113	Western Oregon (Alaska Anchorage, 12-6-01)
110	Seattle Pacific (Northwest, 11-27-02)
109	Central Washington (Cascade, 11-25-07)
108	Western Washington (Cal State LA, 12-27-02)
107	Seattle Pacific (CSLA, 12-29-04)
107	Northwest Nazarene (Central Washington, 1-17-08)
106	Seattle Pacific (San Francisco State, 11-24-01)
106	Western Washington (Northwest, 12-20-02)
106	Seattle Pacific (Dixie State, 1-27-07)
106	Northwest Nazarene (Cascade, 11-21-08)
105	Alaska Fairbanks (Mid-Continent, 11-10)
105	Alaska Anchorage (Chaminade, 12-17-07)
104	Seattle Pacific (Cascade, 11-20-01)
103	Seattle (Notre Dame, 11-30-07)
102	Seven with

#### Fewest Points Allowed

16	Alaska Anchorage (Lincoln Christian, 11-3-07)
21	Alaska Anchorage (Lincoln Christian, 11-27-01)
21	Central Washington (Walla Walla, 1-13-07)
22	Alaska Anchorage (Lincoln Christian, 11-2-07)
22	Alaska Fairbanks (Kuyper, 12-30-08)
23	Alaska Anchorage (Kuyper, 1-3-09)
27	Saint Martin's (Western Oregon, 1-30-03)
27	Alaska Fairbanks (Kuyper, 12-31-08)
29	Alaska Anchorage (Kuyper, 1-2-09)
29	Northwest Nazarene (Walla Walla, 11-27-01)
29	Seattle (BYU-Hawaii, 11-17-07)
31	Saint Martin's (Warner Pacific, 11-19-01)
31	Alaska Anchorage (Chaminade, 11-30-07)
32	Alaska Anchorage (Lincoln Christian, 11-26-01)

- 32 Western Oregon (Northwest Nazarene, 1-26-02)
- 32 Western Washington (Evergreen State, 12-14-02)
- 32 Central Washington (Western Oregon, 2-2-06)
- 32 Seattle (Alderson-Broaddus, 11-25-06)
- 32 Northwest Nazarene (Great Falls, 11-22-08)
- 32 MSU Billings (Chaminade, 12-18-08)
- 32 Western Washington (Alaska Fairbanks, 2-26-09)

**Fewest Points Allowed (Conference Games)**

- 27 Saint Martin's (Western Oregon, 1-30-03)
- 32 Western Oregon (Northwest Nazarene, 1-26-02)
- 32 Central Washington (Western Oregon, 2-2-06)
- 32 Western Washington (Alaska Fairbanks, 2-26-09)
- 33 Alaska Fairbanks (Alaska Anchorage, 2-12-05)
- 33 Seattle Pacific (Seattle, 2-2-06)
- 34 Western Washington (Western Oregon, 2-10-05)
- 34 Northwest Nazarene (Western Oregon, 2-18-06)
- 34 Seattle Pacific (Alaska Anchorage, 2-23-06)
- 34 Seattle Pacific (Central Washington, 1-17-09)
- 35 Alaska Anchorage (Central Washington, 2-26-09)
- 36 Saint Martin's (Central Washington, 2-12-05)
- 37 Alaska Fairbanks (Western Oregon, 1-22-05)
- 37 Saint Martin's (Western Washington, 1-26-08)
- 38 Saint Martin's (Western Oregon, 3-5-05)
- 38 Western Washington (Seattle, 1-26-06)
- 38 Western Washington (Western Oregon, 2-4-06)
- 38 Alaska Anchorage (Seattle, 2-10-07)
- 38 Northwest Nazarene (Central Washington, 3-5-09)

**Field Goals**

- 58 Northwest Nazarene (Walla Walla, 11-27-01)
- 48 Central Washington (Cascade, 11-25-07)
- 47 Western Oregon (Alaska Anchorage, 12-6-01)
- 45 Western Washington (Cal State LA, 12-27-02)
- 44 Seattle Pacific (Northwest, 11-27-02)
- 43 Seattle Pacific (Northwest Nazarene, 1-29-04)
- 42 Seattle Pacific (Cascade, 11-20-01)
- 42 Alaska Fairbanks (Mid-Continent, 11-10)
- 42 Northwest Nazarene (Central Wash., 1-17-08)
- 41 Seattle Pacific (Northwest, 11-27-01)
- 41 Seattle Pacific (Evergreen State, 11-21-01)
- 41 Western Washington (Evergreen State, 12-13-04)
- 41 Seattle Pacific (CSLA, 12-29-04)
- 41 Northwest Nazarene (Hawaii Hilo, 11-24)
- 41 Seattle (Notre Dame de Namur, 11-30-07)
- 41 Alaska Anchorage (Chaminade, 11-30-07)
- 41 Northwest Nazarene (Cascade, 11-21-08)

**Fewest Field Goals Allowed**

- 5 Alaska Anchorage (Lincoln Christian, 11-2-07)
- 5 Alaska Anchorage (Lincoln Christian, 11-3-07)
- 5 Alaska Fairbanks (Kuyper, 12-30-08)
- 7 Central Washington (Walla Walla, 1-13-07)
- 8 Western Oregon (Warner Pacific, 12-11-01)
- 8 Alaska Anchorage (Kuyper, 1-2-09)
- 8 Alaska Anchorage (Kuyper, 1-3-09)
- 9 Saint Martin's (Warner Pacific, 11-19-01)
- 9 Alaska Anchorage (Lincoln Christian, 11-27-01)
- 9 Western Washington (Northwest Nazarene, 2-19-05)
- 9 Alaska Anchorage (Chaminade, 11-30-07)
- 9 Alaska Fairbanks (Kuyper, 12-31-08)
- 9 Alaska Anchorage (Georgian Court, 11-15-08)
- 10 Alaska Anchorage (Warner Pacific, 11-19-02)
- 10 Seattle Pacific (Humboldt State, 2-21-04)
- 10 Seattle (Alaska Anchorage, 1-21-06)
- 10 Seattle (BYU-Hawaii, 11-17-07)
- 11 Eight with

**Fewest Field Goals Allowed (Conference Games)**

- 9 Western Washington (Northwest Nazarene, 2-19-05)
- 10 Seattle Pacific (Humboldt State, 2-21-04)
- 10 Seattle (Alaska Anchorage, 1-21-06)
- 11 Alaska Fairbanks (Alaska Anchorage, 2-12-05)
- 11 Central Washington (Western Oregon, 2-2-06)
- 11 Western Washington (Western Oregon, 2-15-07)

**Field Goal Attempts**

- 103 Northwest Nazarene (Walla Walla, 11-27-01)
- 89 Alaska Anchorage (Lincoln Christian, 11-2-07)
- 88 Northwest Nazarene (Cascade, 12-6-07)
- 87 Saint Martin's (Concordia, 12-11-04)
- 86 Seattle Pacific (Northwest, 11-27-01)
- 84 Saint Martin's (Northwest Nazarene, 1-12-02)
- 84 Alaska Anchorage (Mid-Continent, 11-11)
- 83 Central Washington (Evergreen State, 12-13-03)
- 83 Central Washington (Western Oregon, 1-6-05)
- 82 Alaska Anchorage (Oklahoma Panhandle, 1-3-03)
- 82 Central Washington (Humboldt State, 1-24-04)
- 81 Northwest Nazarene (Great Falls, 11-17)
- 81 Western Oregon (MSU Billings, 3-1-08)
- 81 Northwest Nazarene (Colorado Christian, 12-6-08)
- 80 Western Oregon (Alaska Anchorage, 12-6-01)
- 80 Seattle Pacific (Western Oregon, 1-17-02)
- 80 Northwest Nazarene (Seattle Pacific, 1-9-03)
- 80 Central Washington (Cal State Stanislaus, 12-17-04)
- 80 Northwest Nazarene (Western New Mexico, 1-6-05)
- 80 Alaska Fairbanks (Kuyper, 12-30-08)
- 80 Northwest Nazarene (Alaska Fairbanks, 2-19-09)

**Field Goal Attempts (Conference Games)**

- 84 Saint Martin's (Northwest Nazarene, 1-12-02)
- 83 Central Washington (Western Oregon, 1-6-05)
- 82 Central Washington (Humboldt State, 1-24-04)
- 81 Western Oregon (MSU Billings, 3-1-08)
- 80 Western Oregon (Alaska Anchorage, 12-6-01)
- 80 Seattle Pacific (Western Oregon, 1-17-02)
- 80 Northwest Nazarene (Seattle Pacific, 1-9-03)
- 80 Northwest Nazarene (Alaska Fairbanks, 2-19-09)

**Fewest FG Attempts Allowed**

- 29 Alaska Anchorage (Lincoln Christian, 11-2-07)
- 31 Alaska Anchorage (Lincoln Christian, 11-3-07)
- 33 Seattle (Alaska Anchorage, 1-21-06)
- 34 Alaska Anchorage (Mid-Continent, 11-13-06)
- 34 Seattle (Alderson-Broaddus, 11-25-06)
- 35 Alaska Fairbanks (Christian Heritage, 11-15-03)
- 35 Seattle (Humboldt State, 2-11-06)
- 35 Alaska Fairbanks (Kuyper, 12-31-08)
- 36 Seattle (Alaska Anchorage, 2-16-06)
- 37 Western Oregon (Warner Pacific, 12-11-01)
- 37 Seattle Pacific (Western Oregon, 1-24-04)
- 37 Alaska Fairbanks (Seattle, 1-8-05)
- 37 Alaska Fairbanks (Alaska Anchorage, 2-12-05)
- 37 Seattle (Cal State L.A., 11-18-06)
- 37 Seattle (Alaska Anchorage, 1-11-07)
- 38 Alaska Anchorage (Western Oregon, 1-16-03)
- 38 Alaska Anchorage (Chaminade, 12-17-07)
- 38 Alaska Anchorage (Northern Kentucky, 3-27-08)
- 38 Alaska Anchorage (Kuyper, 1-2-09)
- 39 Humboldt State (Western Oregon, 1-25-03)
- 39 Central Washington (Western Oregon, 2-2-06)
- 39 Seattle (Western Oregon, 2-9-06)
- 39 Alaska Anchorage (Western Oregon, 1-10-09)
- 40 Five with

**Fewest FG Attempts Allowed (Conference Games)**

33	Seattle (Alaska Anchorage, 1-21-06)
35	Seattle (Humboldt State, 2-11-06)
36	Seattle (Alaska Anchorage, 2-16-06)
37	Seattle Pacific (Western Oregon, 1-24-04)
37	Alaska Fairbanks (Seattle, 1-8-05)
37	Alaska Fairbanks (Alaska Anchorage, 2-12-05)
37	Seattle (Alaska Anchorage, 1-11-07)
38	Alaska Anchorage (Western Oregon, 1-16-03)
39	Humboldt State (Western Oregon, 1-25-03)
39	Central Washington (Western Oregon, 2-2-06)
39	Seattle (Western Oregon, 2-9-06)
39	Alaska Anchorage (Western Oregon, 1-10-09)
40	Seattle (Humboldt State, 2-26-04)
40	Alaska Fairbanks (Central Washington, 2-15-07)
40	Alaska Anchorage (Saint Martin's, 2-16-08)

**Field Goal Percentage**

71.9	Western Washington, 41-57 (Evergreen State, 12-13-04)
67.2	Western Washington, 45-67 (Cal State LA, 12-27-02)
65.1	Seattle, 41-63 (Notre Dame de Namur, 11-30-07)
64.3	Seattle, 36-56 (BYU-Hawaii, 12-19-07)
63.2	Seattle Pacific, 43-68 (Northwest Nazarene, 1-29-04)
63.2	Central Washington, 48-76 (Cascade, 11-25-07)
62.9	Western Washington, 39-62 (Northwest, 12-18-01)
61.8	Western Washington, 34-55 (Northwest Nazarene, 1-17-02)
61.7	Seattle Pacific, 37-60 (Cal Poly Pomona, 11-22-08)
61.5	Seattle, 32-52 (Evergreen State, 1-30-07)
60.9	Western Washington, 28-46 (Saint Martin's, 1-28-06)
60.9	Northwest Nazarene, 42-69 (Central Washington, 1-17-08)
60.7	Seattle Pacific, 37-61 (Dixie State, 1-27-07)
60.4	Western Washington, 32-53 (Saint Martin's, 1-4-07)
60.0	Seattle Pacific, 39-65 (Colorado Christian, 11-23-02)
59.3	Central Washington, 35-59 (Alaska Anchorage, 1-12-06)
59.3	Seattle Pacific, 32-54 (Seattle, 2-20-03)
59.0	Seattle Pacific, 36-61 (MSU Billings, 1-10-09)
58.9	Humboldt State, 33-56 (Western Oregon, 1-28-06)
58.7	Western Oregon, 47-80 (Alaska Anchorage, 12-6-01)
58.7	Western Washington, 37-63 (Saint Martin's, 12-6-03)
58.7	Seattle Pacific, 37-73 (Western Oregon, 2-3-05)
58.7	Alaska Anchorage, 27-46 (Central Washington, 2-11-06)

**Field Goal Percentage (Conference Games)**

63.2	Seattle Pacific, 43-68 (Northwest Nazarene, 1-29-04)
61.8	Western Washington, 34-55 (Northwest Nazarene, 1-17-02)
60.9	Western Washington, 28-46 (Saint Martin's, 1-28-06)
60.9	Northwest Nazarene, 42-69 (Central Washington, 1-17-08)
60.4	Western Washington, 32-53 (Saint Martin's, 1-4-07)
59.3	Central Washington, 35-59 (Alaska Anchorage, 1-12-06)
59.3	Seattle Pacific, 32-54 (Seattle, 2-20-03)
59.0	Seattle Pacific, 36-61 (MSU Billings, 1-10-09)
58.9	Humboldt State, 33-56 (Western Oregon, 1-28-06)
58.7	Western Oregon, 47-80 (Alaska Anchorage, 12-6-01)
58.7	Western Washington, 37-63 (Saint Martin's, 12-6-03)
58.7	Seattle Pacific, 37-73 (Western Oregon, 2-3-05)
58.7	Alaska Anchorage, 27-46 (Central Washington, 2-11-06)

**Low FG Percentage Allowed**

12.2	Alaska Fairbanks, 5-41 (Kuyper, 12-30-08)
15.6	Central Washington, 7-45 (Walla Walla, 1-13-07)
16.1	Alaska Anchorage, 5-31 (Lincoln Christian, 11-3-07)
17.2	Alaska Anchorage, 5-29 (Lincoln Christian, 11-2-07)
17.5	Western Washington, 11-63 (Western Oregon, 2-15-07)
18.0	Western Washington, 9-50 (Northwest Nazarene, 2-19-05)
18.8	Western Washington, 13-69 (Alaska Fairbanks, 2-26-09)
19.1	Alaska Anchorage, 9-47 (Lincoln Christian, 11-27-01)
19.5	Alaska Anchorage, 8-41 (Kuyper, 1-3-09)
19.6	Seattle Pacific, 10-51 (Humboldt State, 2-21-04)
19.6	MSU Billings, 11-56 (Chaminade, 12-18-08)
20.0	Seattle Pacific, 14-70 (Seattle, 2-2-06)

20.3	Seattle Pacific, 12-59 (Alaska Anchorage, 1-17-04)
20.4	Seattle, 10-49 (BYU-Hawaii, 11-17-07)
20.5	Alaska Anchorage, 9-44 (Chaminade, 11-30-07)
20.5	Alaska Anchorage, 9-44 (Georgian Court, 11-15-08)
20.9	Western Washington, 14-67 (San Francisco State, 11-23-01)
20.9	Saint Martin's, 9-43 (Warner Pacific, 11-19-01)
21.1	Seattle Pacific, 12-57 (Sonoma State, 12-7-07)
21.1	Alaska Anchorage, 8-38 (Kuyper, 1-2-09)

**Low FG Percentage Allowed (Conference Games)**

17.5	Western Washington, 11-63 (Western Oregon, 2-15-07)
18.0	Western Washington, 9-50 (Northwest Nazarene, 2-19-05)
18.8	Western Washington, 13-69 (Alaska Fairbanks, 2-26-09)
19.6	Seattle Pacific, 10-51 (Humboldt State, 2-21-04)
20.0	Seattle Pacific, 14-70 (Seattle, 2-2-06)
20.3	Seattle Pacific, 12-59 (Alaska Anchorage, 1-17-04)
21.5	Western Washington, 14-65 (Alaska Fairbanks, 2-14-09)
21.8	Western Oregon, 12-55 (Northwest Nazarene, 1-26-01)
21.9	Seattle, 14-64 (Northwest Nazarene, 1-20-07)
22.0	Western Washington, 13-59 (Seattle, 12-8-01)
22.4	Seattle Pacific, 15-67 (Saint Martin's, 1-11-03)

**Three-Point FGs**

17	Seattle Pacific (Dixie State, 1-27-07)
15	Western Washington (Humboldt State, 1-7-06)
15	Western Washington (Humboldt State, 2-2-06)
15	MSU Billings (Alaska Fairbanks, 3-5-09)
14	Northwest Nazarene (Lewis-Clark State, 11-29-03)
14	Central Washington (Willamette, 12-21-03)
14	Alaska Anchorage (Saint Martin's, 2-3-07)
14	Montana State Billings (Alaska Anchorage, 1-3-08)
14	Alaska Anchorage (Kuyper, 1-3-09)
13	Alaska Fairbanks (Christian Heritage, 11-9-01)
13	Central Washington (Humboldt State, 2-23-02)
13	Saint Martin's (Alaska Fairbanks, 2-26-05)
13	Northwest Nazarene (Saint Martin's, 1-7-06)
13	Humboldt State (Alaska Fairbanks, 12-31-05)
13	Seattle Pacific (Alaska Fairbanks, 2-25-06)
13	Alaska Fairbanks (Mid-Continent, 11-10-06)
13	Seattle (Alaska Fairbanks, 1-13-07)
13	Alaska Anchorage (Mesa State, 12-1-07)
13	Central Washington (Alaska Fairbanks, 2-12-09)
12	Sixteen with

**Three-Point Attempts**

40	Alaska Anchorage (Kuyper, 1-3-09)
36	Saint Martin's (Master's, 11-28-03)
36	Western Oregon (Corban, 12-15-06)
36	Alaska Anchorage (Saint Martin's, 3-1-07)
36	Alaska Anchorage (Chaminade, 12-3-07)
36	Alaska Anchorage (Hawaii Hilo, 12-21-07)
33	Central Washington (Western Oregon, 3-8-03)
33	Western Washington (Humboldt State, 2-2-06)
33	Alaska Anchorage (Mid-Continent, 11-11-06)
33	Western Oregon (Alaska Anchorage, 2-1-07)
33	MSU Billings (Alaska Fairbanks, 3-5-09)
32	Saint Martin's (Concordia, 12-11-04)
32	Western Oregon (Humboldt State, 11-25-06)
32	Western Oregon (Alaska Anchorage, 3-3-07)
32	Western Oregon (Northwest, 12-15-07)
31	Six with

**Three-Point PCT. (min. 10 att.)**

83.3	Western Washington, 10-12 (Central Washington, 2-24-05)
78.6	Alaska Anchorage, 11-14 (Seattle Pacific, 2-7-08)
70.8	Seattle Pacific, 17-24 (Dixie State, 1-27-07)
69.2	Western Washington, 9-13 (Cal State LA, 12-27-02)
69.2	Western Washington, 9-13 (Saint Martin's, 3-7-09)
66.7	Western Oregon, 8-12 (Concordia, 12-20-02)
66.7	Northwest Nazarene, 14-21 (Lewis-Clark State, 11-29-03)

66.7 Alaska Anchorage, 8-12 (Western Washington, 1-24-04)  
 66.7 Western Washington, 8-12 (Sonoma State, 3-12-04)  
 64.7 Alaska Fairbanks, 11-17 (Northwest Nazarene, 1-10-04)  
 64.7 Seattle, 11-17 (Notre Dame de Namur, 11-30-07)  
 64.7 Alaska Anchorage, 11-17 (MSU Billings, 1-3-08)  
 64.7 Western Washington, 11-17 (Seattle Pacific, 1-29-09)  
 64.3 Northwest Nazarene, 9-14 (Central Washington, 1-31-04)  
 64.3 Humboldt State, 9-14 (Western Washington, 1-7-06)  
 64.3 Northwest Nazarene, 9-14 (Alaska Anchorage, 2-21-09)  
 62.5 Western Washington, 10-16 (Westmont, 11-30-02)  
 62.5 Seattle Pacific, 10-16 (Northwest Nazarene, 1-14-06)  
 62.5 Western Oregon, 10-16 (Saint Martin's, 2-11-06)  
 62.5 Seattle, 10-16 (Evergreen State, 1-30-07)  
 62.5 Northwest Nazarene, 10-16 (Central Washington, 1-17-08)  
 62.5 Alaska Anchorage, 10-16 (Western Oregon, 1-29-09)

#### Lowest 3-Point PCT Allowed (min. 10 att.)

0.0 Seattle, 0-14 (Grand Canyon, 12-2-06)  
 0.0 Seattle Pacific, 0-12 (Kentucky Wesleyan, 12-17-01)  
 0.0 Northwest Nazarene (Great Falls, 11-22-08)  
 0.0 Saint Martin's, 0-10 (Western Oregon, 1-30-03)  
 0.0 Seattle, 0-10 (Alaska Fairbanks, 1-19-06)  
 4.5 Western Oregon, 1-22 (Seattle, 2-28-08)  
 4.8 Alaska Anchorage, 1-21 (Central Washington, 1-18-07)  
 5.6 Seattle, 1-18 (Humboldt State, 1-11-03)  
 5.6 Northwest Nazarene, 1-18 (Alaska Anchorage, 2-21-09)  
 5.9 Alaska Anchorage, 1-17 (Columbus State, 10-31-08)  
 6.3 Alaska Fairbanks, 1-16 (Saint Martin's, 1-5-02)  
 6.3 Alaska Anchorage, 1-16 (Saint Martin's, 2-24-05)  
 6.7 Seattle Pacific, 1-15 (Seattle, 2-2-06)  
 6.7 Seattle, 1-15 (Northwest Nazarene, 1-20-07)  
 7.1 Western Washington, 1-14 (Northwest Nazarene, 1-17-02)  
 7.1 Humboldt State, 1-14 (CSU Monterey Bay, 11-17-01)  
 7.1 Seattle Pacific, 1-14 (Drury, 3-24-04)  
 7.1 Alaska Anchorage, 1-14 (Western Oregon, 1-20-05)  
 7.1 Alaska Fairbanks, 1-14 (Central Washington, 3-1-08)  
 7.1 Western Oregon, 1-14 (Saint Martin's, 2-9-08)

#### Free Throws Made

37 Western Washington (Seattle, 12-4-04)  
 37 Humboldt State (Western Washington, 2-12-05)  
 36 Western Washington (Seattle, 2-25-06)  
 35 Seattle Pacific (Western Oregon, 2-23-02)  
 35 Western Oregon (Saint Martin's, 1-22-09)  
 33 Western Oregon (Cal State L.A., 11-22-03)  
 32 Northwest Nazarene (Central Washington, 1-11-03)  
 32 Alaska Fairbanks (Fort Lewis, 11-18-06)  
 32 Western Oregon (Seattle, 2-28-08)  
 31 Northwest Nazarene (Western Washington, 3-6-04)  
 30 Seattle Pacific (Western Washington, 2-22-03)  
 30 Western Washington (Western Oregon, 1-12-02)  
 30 Northwest Nazarene (Seattle, 12-6-03)  
 30 Alaska Fairbanks (Seattle, 2-3-05)  
 29 Northwest Nazarene (Seattle, 2-23-02)  
 29 Saint Martin's (Northwest Nazarene, 2-21-04)  
 29 Alaska Anchorage (Eastern Washington, 11-24-04)  
 29 Western Washington (Lynn, 11-26-04)  
 29 Seattle Pacific (Central Washington, 3-4-06)  
 29 Saint Martin's (Northwest Nazarene, 2-10-07)  
 29 Northwest Nazarene (Alaska Fairbanks, 2-22-07)  
 29 Montana State Billings (Seattle, 1-9-08)

#### Free Throw Attempts

50 Western Washington (Seattle, 12-4-04)  
 49 Humboldt State (Western Washington, 2-12-05)  
 46 Western Washington (Seattle, 2-25-06)  
 44 Seattle Pacific (Western Oregon, 2-23-02)  
 43 Alaska Fairbanks (Fort Lewis, 11-18-06)  
 43 Western Oregon (MSU Billings, 3-1-08)  
 42 Seattle (Evergreen State, 12-10-01)

42 Northwest Nazarene (Central Washington, 1-11-03)  
 42 Western Washington (Lynn, 11-26-04)  
 42 Alaska Fairbanks (Chico State, 11-24-07)  
 41 Alaska Fairbanks (Alaska Anchorage, 1-27-07)  
 40 Northwest Nazarene (Saint Martin's, 1-12-02)  
 40 Western Washington (Western Oregon, 1-12-02)  
 40 Northwest Nazarene (Seattle, 12-6-03)  
 40 Northwest Nazarene (Regis, 12-5-08)  
 39 Central Washington (Cascade, 11-23-01)  
 39 Seattle Pacific (Western Washington, 2-22-03)  
 39 Seattle Pacific (Central Washington, 3-4-06)  
 39 Northwest Nazarene (CSU Stanislaus, 11-23-07)  
 39 Montana State Billings (Western Oregon, 3-1-08)  
 39 Montana State Billings (Colorado Mines, 11-23-08)  
 39 Western Oregon (Saint Martin's, 1-22-09)

#### Most Free Throws Made, no misses

23 Northwest Nazarene (Cal State Bakersfield, 3-15-03)  
 18 Humboldt State (Western Washington, 1-13-05)  
 17 Humboldt State (Alaska Anchorage, 1-22-05)  
 16 Alaska Fairbanks (Central Washington, 2-16-02)  
 16 Saint Martin's (Alaska Anchorage, 1-25-03)  
 16 Western Washington (MSU Billings, 1-24-09)  
 15 Seattle Pacific (Dixie State, 1-27-07)

#### Most Free Throws Made, One Miss

27 Saint Martin's (Warner Pacific, 12-4-02)  
 24 Western Washington (Central Washington, 2-5-04)  
 23 Northwest Nazarene (MSU Billings, 1-26-08)  
 21 Seattle (Adams State, 11-24-04)  
 20 Saint Martin's (Humboldt State, 1-14-06)  
 19 Saint Martin's (Central Washington, 2-28-04)  
 19 Western Washington (Alaska Anchorage, 1-14-06)  
 19 Central Washington (Western Washington, 1-5-08)  
 17 Northwest Nazarene (Western Washington, 12-20-01)  
 17 Saint Martin's (Central Washington, 1-9-03)  
 17 Northwest Nazarene (Alaska Anchorage, 1-23-03)  
 17 Saint Martin's (Notre Dame de Namur, 11-22-08)  
 16 Humboldt State (Saint Martin's, 2-27-03)  
 16 Saint Martin's (Western Oregon, 2-14-04)  
 16 Seattle (Western Oregon, 1-13-05)  
 16 Montana State Billings (Seattle Pacific, 2-23-08)  
 15 Five with

#### Rebounds

65 Saint Martin's, 28-37 (Hawaii Hilo, 11-30-06)  
 63 Northwest Nazarene, 25-38 (Alaska Fairbanks, 2-19-09)  
 62 Seattle Pacific, 18-44 (Northwest Nazarene, 1-9-03)  
 62 Western Oregon, 21-41 (MSU Billings, 3-1-08)  
 60 Seattle Pacific, 22-38 (Northwest, 11-27-01)  
 60 Northwest Nazarene, 20-40 (Saint Martin's, 12-7-02)  
 60 Alaska Anchorage, 24-36 (Texas Perm. Basin, 12-8-07)  
 59 Western Washington, 22-37 (Cal Poly Pomona, 12-29-04)  
 59 Montana State Billings, 20-39 (Chaminade, 12-18-08)  
 59 Alaska Fairbanks, 27-32 (Kuyper, 12-30-08)  
 58 Northwest Nazarene, 21-37 (Saint Martin's, 1-12-02)  
 58 Western Washington, 24-34 (Saint Martin's, 1-18-03)  
 58 Alaska Fairbanks, 25-33 (Northwest Nazarene, 1-29-05)  
 58 Central Washington, 23-35 (Chaminade, 11-21-06)  
 58 Northwest Nazarene, 21-37 (C. of Idaho, 12-31-07)  
 58 Western Washington, 20-38 (Alaska Fairbanks, 2-14-09)  
 57 Six with

#### Fewest Rebounds Allowed

15 Alaska Anchorage (Kuyper, 1-2-09)  
 17 Western Washington (Cal State LA, 12-27-02)  
 18 Western Washington (Alaska Anchorage, 2-3-05)  
 18 Northwest Nazarene (MSU Billings, 1-26-08)  
 18 Alaska Anchorage (Western Oregon, 1-29-09)  
 19 Western Washington (Alaska Anchorage, 1-14-06)

19 Alaska Anchorage (Kuyper, 1-3-09)  
 20 Western Washington (Western Oregon, 2-26-04)  
 20 Central Washington (Chaminade, 12-17-06)  
 20 Alaska Anchorage (Seattle, 1-5-08)  
 20 Seattle Pacific (Alaska Fairbanks, 2-21-09)  
 21 Alaska Anchorage (Mount St. Mary's, 11-25-03)  
 21 Humboldt State (Seattle, 2-26-04)  
 21 Western Washington (Western Oregon, 2-10-05)  
 21 Seattle Pacific (Alaska Anchorage, 2-7-08)  
 21 Alaska Anchorage (Mansfield, 12-14-08)  
 21 Alaska Anchorage (Northwest Nazarene, 1-22-09)

#### Fewest Rebounds Allowed (Conference Games)

18 Western Washington (Alaska Anchorage, 2-3-05)  
 18 Northwest Nazarene (MSU Billings, 1-26-08)  
 18 Alaska Anchorage (Western Oregon, 1-29-09)  
 19 Western Washington (Alaska Anchorage, 1-14-06)  
 20 Western Washington (Western Oregon, 2-26-04)  
 20 Alaska Anchorage (Seattle, 1-5-08)  
 20 Seattle Pacific (Alaska Fairbanks, 2-21-09)  
 21 Humboldt State (Seattle, 2-26-04)  
 21 Western Washington (Western Oregon, 2-10-05)  
 21 Seattle Pacific (Alaska Anchorage, 2-7-08)  
 21 Alaska Anchorage (Northwest Nazarene, 1-22-09)

#### Assists

40 Northwest Nazarene (Walla Walla, 11-27-01)  
 37 Seattle Pacific (Cascade, 11-20-01)  
 36 Western Oregon (Alaska Anchorage, 12-6-01)  
 34 Seattle Pacific (Northwest, 11-27-01)  
 34 Central Washington (Cascade, 11-25-07)  
 32 Western Washington (Northwest, 12-20-02)  
 32 Western Washington (Humboldt State, 1-9-03)  
 32 Seattle Pacific (Northwest Nazarene, 1-29-04)  
 32 Alaska Anchorage (Chaminade, 11-30-07)  
 32 Seattle Pacific (Alaska Fairbanks, 2-21-09)  
 31 Seattle Pacific (Saint Martin's, 1-13-07)  
 31 Seattle Pacific (Dixie State, 1-27-07)  
 30 Seattle Pacific (Evergreen State, 11-21-01)  
 30 Saint Martin's (Concordia, 12-11-04)  
 30 Western Washington (Evergreen State, 12-13-04)  
 30 Seattle Pacific (Western Oregon, 2-3-05)  
 30 Seattle Pacific (Northwest Nazarene, 1-14-06)  
 30 Alaska Anchorage (Mid-Continent, 11-11-06)  
 30 Northwest Nazarene (Hawaii Hilo, 11-24-06)  
 30 Seattle Pacific (Lewis-Clark State, 12-2-06)  
 30 Seattle Pacific (Alaska Fairbanks, 1-18-07)  
 30 Northwest Nazarene (Cascade, 11-21-08)

#### Assists (Conference Games)

36 Western Oregon (Alaska Anchorage, 12-6-01)  
 32 Western Washington (Humboldt State, 1-9-03)  
 32 Seattle Pacific (Northwest Nazarene, 1-29-04)  
 32 Seattle Pacific (Alaska Fairbanks, 2-21-09)  
 31 Seattle Pacific (Saint Martin's, 1-13-07)  
 30 Seattle Pacific (Western Oregon, 2-3-05)  
 30 Seattle Pacific (Northwest Nazarene, 1-14-06)  
 30 Seattle Pacific (Alaska Fairbanks, 1-18-07)

#### Steals

34 Northwest Nazarene (Walla Walla, 11-27-01)  
 31 Western Oregon (Warner Pacific, 12-11-01)  
 27 Alaska Anchorage (Lincoln Christian, 11-3-07)  
 24 Seattle (Northwest, 11-26-02)  
 23 Saint Martin's (Warner Pacific, 11-19-01)  
 23 Central Washington (Cascade, 11-23-01)  
 23 Northwest Nazarene (CSU Stanislaus, 11-16-07)  
 23 Seattle (BYU-Hawaii, 11-17-07)  
 23 Alaska Anchorage (Chaminade, 11-30-07)  
 23 Alaska Fairbanks (BYU-Hawaii, 12-8-07)

22 Alaska Anchorage (Lincoln Christian, 11-27-01)  
 22 Seattle (Saint Martin's, 12-29-05)  
 22 Northwest Nazarene (Hawaii Hilo, 11-24-06)  
 22 Seattle Pacific (Western Oregon, 2-22-07)  
 22 Alaska Anchorage (MSU Billings, 3-7-09)  
 21 Eleven with

#### Steals (Conference Games)

22 Seattle (Saint Martin's, 12-29-05)  
 22 Seattle Pacific (Western Oregon, 2-22-07)  
 22 Alaska Anchorage (MSU Billings, 3-7-09)

#### Blocked Shots

13 Seattle Pacific (Northwest Nazarene, 1-29-04)  
 13 Seattle Pacific (Alaska Anchorage, 3-5-05)  
 13 Alaska Anchorage (Kuyper, 1-3-09)  
 12 Seattle Pacific (Bemidji, 11-27-04)  
 12 Seattle Pacific (Alaska Anchorage, 1-28-06)  
 11 Seattle Pacific (Saint Martin's, 1-11-03)  
 11 Seattle Pacific (Northwest Nazarene, 1-13-05)  
 11 Seattle Pacific (Seattle, 1-7-06)  
 11 Seattle Pacific (Central Washington, 2-14-08)  
 10 Northwest Nazarene (Saint Martin's, 1-12-02)  
 10 Seattle Pacific (Cal Poly Pomona, 12-20-03)  
 10 Seattle Pacific (Alaska Anchorage, 1-17-04)  
 10 Western Washington (Cal State Stanislaus, 12-8-06)  
 10 Western Washington (Western Oregon, 2-15-07)  
 10 Central Washington (Western Oregon, 2-21-08)  
 10 Western Washington (Seattle Pacific, 1-8-09)  
 10 Western Washington (Alaska Fairbanks, 2-26-09)  
 9 Nineteen with

#### Fewest Turnovers

5 Saint Martin's (Concordia, 12-11-04)  
 5 Western Washington (Alaska Anchorage, 1-13-07)  
 5 Alaska Fairbanks (MSU Billings, 3-5-09)  
 6 Alaska Fairbanks (Saint Martin's, 2-7-02)  
 6 Central Washington (Western Oregon, 1-6-05)  
 6 Alaska Fairbanks (Kuyper, 12-30-08)  
 6 Alaska Fairbanks (Central Washington, 2-28-09)  
 7 Seattle Pacific (UC San Diego, 3-12-04)  
 7 Central Washington (Alaska Fairbanks, 2-9-06)  
 7 Western Washington (Alaska Anchorage, 2-8-07)  
 7 MSU Billings (Central Washington, 2-21-09)  
 8 Alaska Anchorage (MSU-Billings, 12-20-01)  
 8 Alaska Anchorage (Central Washington, 2-14-02)  
 8 Alaska Fairbanks (Fairmont, 12-17-04)  
 8 Western Washington (Western Oregon, 2-4-06)  
 8 Alaska Anchorage (Western Oregon, 3-2-06)  
 8 Humboldt State (Alaska Anchorage, 3-4-06)  
 8 Saint Martin's (MSU Billings, 2-28-08)  
 8 Seattle (Alaska Anchorage, 3-6-08)  
 8 Montana State Billings (Saint Martin's, 2-12-09)

#### Most Turnovers Forced

53 Northwest Nazarene (Walla Walla, 11-27-01)  
 44 Alaska Anchorage (Lincoln Christian, 11-3-07)  
 42 Northwest Nazarene (Fort Lewis, 11-23-02)  
 42 Seattle (Northwest, 11-26-02)  
 41 Western Oregon (Warner Pacific, 12-11-01)  
 41 Seattle Pacific (Cal State Stanislaus, 11-29-03)  
 41 Alaska Anchorage (Mid-Continent, 11-13-06)  
 40 Seattle (Alderson-Broadbudd, 11-25-06)  
 39 Western Oregon (Southern Oregon, 11-24-01)  
 39 Northwest Nazarene (Hawaii Hilo, 11-24-06)  
 38 Alaska Anchorage (Lincoln Christian, 11-2-07)  
 37 Central Washington (Cascade, 11-23-01)  
 37 Seattle (San Francisco State, 11-24-06)  
 37 Northwest Nazarene (Notre Dame de Namur, 12-8-06)  
 36 Seven with

## Yearly Single Game Bests

### All Games

#### Individual

##### Scoring

2001-02	33	Kelley Berglund, SPU (UAA, 1-10)
2002-03	35	Michelle Beaumont, SPU (CSLA, 12-28)
2003-04	38	Kamie Jo Massey, UAA (NNU, 2-7)
2004-05	37	Stephanie Beason, UAA (EWU, 11-24)
	37	Cody Burgess, UAF (CWU, 12-2)
2005-06	40	Beth Layton, SMU (CWU, 2-25)
2006-07	38	Leada Berkey, WOU (Cascade, 11-15)
2007-08	45	Leada Berkey, WOU (CWU, 2-21)
2008-09	44	Sheena Brown, UAF (CWU, 2-12)

##### Field Goals

2001-02	14	Kelly Berglund, SPU (UAA, 1-10)
2002-03	13	Kristin Connolly, SU (WOU, 1-9)
	13	Kelley Berglund, SPU (Chico State, 11-23)
2003-04	13	Kamie Jo Massey, UAA (NNU, 2-7)
	13	Adrienne Taalak, UAF (Seattle, 2-19)
	13	Adrienne Taalak, UAF (WWU, 2-21)
2004-05	14	Kristen Connolly, Seattle (NNU, 1-22)
2005-06	13	Jenna Washington, HSU (CWU, 1-5)
	13	Rebecca Kielpinski, UAA (NNU, 1-26)
	13	Rebecca Kielpinski, UAA (CWU, 2-11)
2006-07	14	Leada Berkey, WOU (Cascade, 11-15)
	14	Leada Berkey, WOU (Corban, 12-15)
	14	Leada Berkey, WOU (UAF, 2-3)
2007-08	16	Leada Berkey, WOU (CWU, 2-21)
2008-09	14	Sheena Brown, UAF (CWU, 2-12)

##### Field Goal Attempts

2001-02	25	Alana Erickson, SMU (NNU, 1-12)
2002-03	26	Nicole Lynch, HSU (UAA, 2-13)
2003-04	24	Beth Layton, SMU (Master's, 11-28)
2004-05	27	Cody Burgess, UAF (SPU, 12-4)
2005-06	29	Rebecca Kielpinski, UAA (SPU, 2-23)
2006-07	34	Leada Berkey, WOU (Corban, 12-15)
2007-08	33	Leada Berkey, WOU (CWU, 2-21)
2008-09	30	Ronisha Edwards, UAF (WWU, 2-14)

##### Most FGs Made, no misses

2001-02	14	Kelley Berglund, SPU (UAA, 1-10)
2002-03	7	Kerie Hughes, SPU (HSU, 12-5)
2003-04	6	Brittney Kroon, SPU (UAF, 2-14)
2004-05	8	Krystal Robinson, WWU (Evergreen State, 12-13)
2005-06	8	Kelly Dykstra, WWU (NNU, 3-4)
2006-07	7	Rachel Strand, SPU (LCSC, 12-2-06)
	7	Rebecca Kielpinski, UAA (BYU-Hawaii, 12-2)
2007-08	7	Nicole Bozek, UAF (Texas Perm. Basin, 12-6)
	7	Jen Smith, MSUB (CWU, 2-9)
2008-09	5	Hanna Johansson, UAA (Mansfield, 12-14)
	5	Megan Thigpen, UAF (WOU, 1-8)

##### Most FGs Made, one miss

2001-02	9	Mandi Dinan, WOU (UAA, 12-6)
2002-03	8	Valerie Gustafson, SPU (HSU, 1-16)
	8	Cody Burgess, UAF (HSU, 1-16)
	8	Leah Welton, SU (SMC, 1-16)
2003-04	8	Kelly Colard, WWU (SMC, 12-6)
	8	Valerie Gustafson, SPU (UAA, 1-17)
2004-05	12	Nicole Lynch, HSU (CWU, 1-8)
2005-06	8	Courtney Clapp, WWU (UAA, 1-14)
2006-07	9	Lexi Schaar, SPU (LCSC, 12-2)
2007-08	10	Ruby Williams, UAA (Texas Perm. Basin, 12-7)
2008-09	9	Kelsey Hill, SPU (SMU, 1-15)

##### Three-Point FGs

2001-02	7	Kathy Kartikova, SMU (NNU, 1-12)
2002-03	6	Stacey Miller, WWU (Westmont, 11-30)
	6	Jenny Binford, NNU (Seattle, 1-18)
2003-04	6	Seven with
2004-05	8	Beth Layton, SMU (HSU, 12-4)
2005-06	7	Beth Layton, SMU (UAF, 1-21-06)
	7	Beth Layton, SMU (CWU, 2-25)
2006-07	8	Jayci Stone, UAA (UAF, 1-27)
	8	Maria Nilsson, UAA (SMU, 2-3)
2007-08	7	Maria Nilsson, UAA (UHH, 12-21)
2008-09	9	Kelsey Burns, SPU (UAF, 2-21)

##### Three-Point Attempts

2001-02	14	Jodie Kaczor, WWU (SMC, 1-19)
	14	Melanie Wagoner, UAF (WOU, 1-31)
2002-03	12	Tanya Nizich, UAA (Warner Pacific, 11-18)
	12	Meggen Kautzky, CWU (WOU, 3-8)
2003-04	15	Tanya Nizich, UAA (HSU, 3-6)
2004-05	13	Loni Ainslie, CWU (HSU, 2-3)
	13	Beth Layton, SMU (MSU-Billings, 2-3)
	13	Mandy Wood, SPU (Merrimack, 3-24)
2005-06	15	Beth Layton, SMU (UAF, 1-21)
2006-07	21	Jayci Stone, UAA (UAF, 1-27)
2007-08	12	Leada Berkey, WOU (CWU, 2-21)
2008-09	14	Amanda Dunbar, WWU (NNU, 1-17)

##### Most Three-Pointers Made, no misses

2001-02	4	Julia Eisentrout, SMU (SPU, 12-6)
	4	Jackie Kolesar, HSU (SU, 1-12)
2002-03	6	Stacey Miller, WWU (Westmont, 11-30)
2003-04	4	Marisa Young, Seattle (SMC, 3-6)
	4	Mandy Wood, SPU (UC San Diego, 3-12)
2004-05	6	Jodi Gerald, WWU (CWU, 2-24)
2005-06	5	Kara Gonzalez, NNU (WOU, 2-18)
2006-07	3	Five with
2007-08	5	Brittney Roggenkamp, NNU (CSU San Bernardino, 12-19)
2008-09	6	Dasha Basova, UAA (UAF, 1-17)
	6	Amanda Murdoch, CWU (WOU, 2-7)

##### Most Three-Pointers Made, one miss

2001-02	4	Stephanie Urrutia, SPU (Seattle, 2-9)
	4	Alana Erickson, SMU (NNU, 2-14)
	4	Angela Jensen, CWU (HSU, 2-23)
2002-03	6	Jenny Binford, NNU (Seattle, 1-18)
2003-04	6	Ashley Payne, Seattle (Northwest, 12-27)
2004-05	5	Devin Dykstra, WWU (PLU, 11-23)
	5	Martina Kartikova, SMU (Northwest, 11-20)
	5	Amy Taylor, SPU (CWU, 2-19)
2005-06	6	Mandy Wood, SPU (HSU, 2-18)
2006-07	6	Maria Nilsson, UAA (UC Riverside, 11-22)
	6	Cassidy Murillo, Seattle (SMU, 1-18)
2007-08	5	Leah Stepovich, SU (MSUB, 2-16)
	5	Chelsie Morrison, SU (UAA, 3-6)
2008-09	6	Sara Zahler, WOU (Cal State L.A., 12-20)

##### Free Throws

2001-02	13	Kerie Hughes, SPU (WWU, 1-5)
	13	Heidi Arts, UAF (SPU, 1-12)
	13	Kerie Hughes, SPU (WOU, 2-23)
2002-03	14	Alysson Kollmann, NNU (SPU, 2-8)
2003-04	14	Serenity Ragone, WOU (CSLA, 11-22)
	14	Kamie Jo Massey, UAA (CWU, 2-14)
2004-05	16	Tina Donahue, WWU (Warner Pacific, 11-27)
2005-06	14	Jenna Washington, HSU (SU, 2-11)
2006-07	14	Jamey Gelhar, SMU (NNU, 2-10)
2007-08	12	Five with
2008-09	16	Alira Carpenter, MSUB (Mary, 11-29)

**Free Throw Attempts**

2001-02	16	Rose Shaw, CWU (SMC, 12-8)
	16	Kerie Hughes, SPU (WOU, 2-23)
	16	Amber Hellberg, NNU (SMC, 1-12)
2002-03	16	Kerie Hughes, SPU (NNU, 2-8)
2003-04	16	Julia Eisentrout, SMU (NNU, 2-21)
2004-05	18	Kagney Kohne, WOU (Warner Pacific, 11-16)
	18	Jenna Washington, HSU (WWU, 2-12)
2005-06	18	Jenna Washington, HSU (SU, 2-11-06)
2006-07	17	Jamey Gelhar, SMU (NNU, 2-10)
2007-08	16	Amanda Dunbar, WWU (CWU, 1-5)
2008-09	17	Alira Carpenter, MSUB (Mary, 11-29)

**Most FTs Made, no misses**

2001-02	9	Heather Laats, WOU (UAF, 12-8)
2002-03	14	Alysson Kollmann, NNU (SPU, 2-8)
2003-04	14	Kamie Jo Massey, UAA (CWU, 2-14)
2004-05	16	Tina Donahue, WWU (Warner Pacific, 11-27)
2005-06	10	Jenna Washington, HSU (SU, 1-12-06)
	10	Danielle Dwello, NNU (UAA, 1-26)
2006-07	9	Four with
2007-08	12	Leada Berkey, WOU (SU, 2-28)
	12	Rebecca Kielpinski, UAA (N. Kentucky, 3-27)
2008-09	12	Jamey Gelhar, SMU (Hawaii Hilo, 12-20)

**Most FTs Made, One miss (min. 10 made)**

2001-02	13	Kerie Hughes, SPU (WWU, 1-5)
2002-03	11	Nicole Lynch, HSU (Sonoma State, 12-21)
	11	Kristin Connolly, SU (HSU, 1-11)
	11	Erica Matthews, WOU (HSU, 1-25)
2003-04	14	Serenity Ragone, WOU (CSLA, 11-22)
2004-05	12	Cody Burgess, UAF (WWU, 2-5)
	12	Tina Donahue, WWU (HSU, 2-12)
2005-06	12	Whitney Golob, SMU (NNU, 1-7-06)
	12	Kelly Dykstra, WWU (SU, 2-25)
2006-07	12	Kari Reabold, UAF (Adams State, 11-17)
	12	Jamey Gelhar, SMU (WWU, 1-4)
2007-08		No qualifiers
2008-09	16	Alira Carpenter, MSUB (Mary, 11-29)
2008-09		

**Offensive Rebounds**

2001-02	10	Bell Jordan, UAA (MSU-Billings, 12-20)
2002-03	9	Heidi Arts, UAF (UC Santa Cruz, 12-13)
	9	Kamie Jo Massey, UAA (WOU, 1-16)
	9	Kamie Jo Massey, UAA (HSU, 2-13)
2003-04	10	Kamie Jo Massey, UAA (Western New Mexico, 12-20)
2004-05	10	Jessica Metz, NNU (SPU, 1-13)
2005-06	9	Hilary Tanneberg, CWU (Alderson-Broaddus, 12-10-05)
	9	Whitney Golob, SMU (Abilene Christian, 12-18)
2006-07	9	Krystal Robinson, WWU (WOU, 1-20)
2007-08	11	Hilary Tanneberg, CWU (SPU, 2-14)
2008-09	10	Ronisha Edwards, UAF (Kuyper, 12-30)

**Rebounds**

2001-02	22	Kristin Poe, SPU (SMC, 2-2)
2002-03	19	Carli Smith, SPU (NNU, 1-9)
2003-04	21	Martina Kartikova, SMU (Master's, 11-28)
2004-05	22	Jenna Washington, HSU (UAA, 2-17)
	22	Carli Smith, SPU (WWU, 2-26)
2005-06	19	Laina Sobczak, SU (AUAF, 1-19)
2006-07	21	Rebecca Kielpinski, UAA (WOU, 2-1)
2007-08	20	Hilary Tanneberg, CWU (SPU, 2-14)
2008-09	17	Four with

**Assists**

2001-02	13	Becky Gregory, WOU (UAA, 12-6)
	13	Melanie Wagoner, UAF (NNU, 1-3)
2002-03	12	Lisa Bocook, SMU (Idaho, 12-28)
2003-04	14	Heidi Buehler, NNU (Albertson, 12-29)

2004-05	12	Beth Layton, SMU (Concordia, 12-11)
	12	Beth Christensen, SPU (WOU, 2-3)
2005-06	10	Rebecca Kielpinski, UAA (SMU, 2-18)
2006-07	10	Mallory Whipple, NNU (CWU, 1-27)
	10	Beth Christensen, SPU (WOU, 2-22)
2007-08	11	Ashley Fenimore, CWU (Cascade, 11-15)
	11	Mallory Whipple, NNU (UAF, 1-12)
	11	Beth Christensen, SPU (MSUB, 1-24)
2008-09	12	Shantell Marquis, MSUB (Chaminade, 12-18)
	12	Shantell Marquis, MSUB (NNU, 1-7)

**Steals**

2001-02	9	Shannon Copple, WOU (Warner Pacific, 12-11)
2002-03	9	Peni Vaefaga, HSU (SMC, 2-27)
2003-04	8	Samantha Hubbard, WWU (CSLA, 12-20)
2004-05	9	Christa Wilson, UAA (NNU, 2-26)
2005-06	7	Kara Gonzalez, NNU (SU, 1-5)
2006-07	9	Mallory Whipple, NNU (UAF, 1-24)
2007-08	10	Shantell Marquis, MSUB (NNU, 1-26)
2008-09	8	Mallory Whipple, NNU (MSUB, 1-29)

**Blocked Shots**

2001-02	6	Four with
2002-03	6	Four with
2003-04	13	Brittney Kroon, SPU (NNU, 1-29)
2004-05	11	Brittney Kroon, SPU (Bemidji, 11-27)
2005-06	11	Brittney Kroon, SPU (UAA, 1-28)
2006-07	8	Rebecca Kielpinski, UAA (SW Minn. St., 12-17)
2007-08	8	Kalhie Quinones, SPU (MSU, 2-17)
2008-09	6	Rebecca Kielpinski, UAA (UC San Diego, 3-14)

**Turnovers**

2001-02	10	Jessica White, NNU (CWU, 12-6)
2002-03	12	Kristin Connolly, SU (NNU, 1-18)
2003-04	12	Thesia Busch, Seattle (Gonzaga, 12-29)
	12	Kamie Jo Massey, UAA (SMC, 1-10)
2004-05	15	Kara Gonzalez, NNU (CWU, 1-15)
2005-06	12	Kelsey Larsen, UAA (SU, 1-21)
2006-07	11	Ashley Brown, Seattle (SFSU, 11-24)
	11	Necia Jerome, SMU (Chico State, 12-20)
	11	Mia Seagraves, UAF (Seattle, 2-8)
2007-08	11	Jamey Gelhar, SMU (Western State, 11-23)
2008-09	10	Four with

**Team Offense****Points**

2001-02	127	Northwest Nazarene (Walla Walla, 11-27)
2002-03	110	Seattle Pacific (Northwest, 11-27)
2003-04	101	Northwest Nazarene (Central Washington, 1-31)
2004-05	107	Seattle Pacific (Cal State LA, 12-29)
2005-06	97	Saint Martin's (Alaska Fairbanks, 1-21)
2006-07	106	Seattle Pacific (Dixie State, 1-27)
2007-08	109	Central Washington (Cascade, 11-25)
2008-09	106	Northwest Nazarene (Cascade, 11-21)

**Field Goals**

2001-02	58	Northwest Nazarene (Walla Walla, 11-27)
2002-03	45	Western Washington (Cal State LA, 12-27)
2003-04	43	Seattle Pacific (Northwest Nazarene, 1-29)
2004-05	41	Western Washington (Evergreen State, 12-13)
	41	Seattle Pacific (Cal State LA, 12-29)
2005-06	40	Western Washington (Alaska Fairbanks, 1-12)
2006-07	42	Alaska Fairbanks (Mid-Continent, 11-10)
2007-08	48	Central Washington (Cascade, 11-25)
2008-09	41	Northwest Nazarene (Cascade, 11-21)

### Field Goal Attempts

2001-02	103	Northwest Nazarene (Walla Walla, 11-27)
2002-03	82	Alaska Anchorage (Oklahoma Panhandle, 1-3)
2003-04	83	Central Washington (Evergreen State, 12-13)
2004-05	87	Saint Martin's (Concordia, 12-11)
2005-06	78	Western Washington (Alaska Fairbanks, 1-12)
2006-07	84	Alaska Anchorage (Mid-Continent, 11-11)
2007-08	89	Alaska Anchorage (Lincoln Christian, 11-2)
2008-09	81	Northwest Nazarene (Colorado Christian, 12-6)

### FG Percentage

2001-02	62.9	Western Washington, 39-62 (Northwest, 12-18)
2002-03	67.2	Western Washington, 45-67 (Cal State LA., 12-27)
2003-04	63.2	Seattle Pacific, 43-68 (Northwest Nazarene, 1-29)
2004-05	71.9	Western Washington, 41-57 (Evergreen State, 12-13)
2005-06	60.9	Western Washington, 28-46 (Saint Martin's, 1-28)
2006-07	61.5	Seattle, 32-52 (Evergreen State, 1-30)
2007-08	65.1	Seattle, 41-63 (Notre Dame de Namur, 11-30)
2008-09	61.7	Seattle Pacific, 37-60 (Cal Poly Pomona, 11-22)

### Three-Point FGs

2001-02	13	Alaska Fairbanks (Christian Heritage, 11-9)
	13	Central Washington (Humboldt State, 2-23)
2002-03	12	Central Washington (Western New Mexico, 12-28)
2003-04	14	Northwest Nazarene (Lewis-Clark State, 11-29)
	14	Central Washington (Willamette, 12-21)
2004-05	13	Saint Martin's (Alaska Fairbanks, 2-26)
2005-06	15	Western Washington (Humboldt State, 1-7)
	15	Western Washington (Humboldt State, 2-2)
2006-07	17	Seattle Pacific (Dixie State, 1-27)
2007-08	14	MSU Billings (Alaska Anchorage, 1-3)
2008-09	15	MSU Billings (Alaska Fairbanks, 3-5)

### Three-Point Attempts

2001-02	26	Four with
2002-03	33	Central Washington (Western Oregon, 3-8)
2003-04	36	Saint Martin's (Master's, 11-28)
2004-05	32	Saint Martin's (Concordia, 12-11)
2005-06	33	Western Washington (Humboldt State, 2-2)
2006-07	36	Western Oregon (Corban, 12-15)
	36	Alaska Anchorage (Saint Martin's, 3-1)
2007-08	36	Alaska Anchorage (Chaminade, 12-3)
2008-09	40	Alaska Anchorage (Kuyper, 1-3)

### Three-Point Percentage (min. 10 att.)

2001-02	60.0	Saint Martin's, 6-10 (Eastern Washington, 12-14)
2002-03	69.2	Western Washington, 9-13 (Cal State LA, 12-27)
2003-04	66.7	Northwest Nazarene, 14-21 (Lewis-Clark State, 11-29)
	66.7	Alaska Anchorage, 8-12 (Western Washington, 1-24)
2004-05	83.3	Western Washington, 10-12 (Central Washington, 2-24)
2005-06	64.3	Humboldt State, 9-14 (Western Washington, 1-7)
2006-07	70.8	Seattle Pacific, 17-24 (Dixie State, 1-27)
2007-08	78.6	Alaska Anchorage, 11-14 (Seattle Pacific, 2-7)
2008-09	69.2	Western Washington, 9-13 (Saint Martin's, 3-7)

### Free Throws

2001-02	35	Seattle Pacific (Western Oregon, 2-23)
2002-03	32	Northwest Nazarene (Central Washington, 1-11)
2003-04	33	Western Oregon (Cal State LA, 11-22)
2004-05	37	Western Washington (Seattle, 12-4)
	37	Humboldt State (Western Washington, 2-12)
2005-06	36	Western Washington (Seattle, 2-25)
2006-07	32	Alaska Fairbanks (Fort Lewis, 11-18)
2007-08	32	Western Oregon (Seattle, 2-28)
2008-09	35	Western Oregon (Saint Martin's, 1-22)

### Free Throw Attempts

2001-02	44	Seattle Pacific (Western Oregon, 2-23)
2002-03	42	Northwest Nazarene (Central Washington, 1-11)
2003-04	40	Northwest Nazarene (Seattle, 12-6)

2004-05	50	Western Washington (Seattle, 12-4)
2005-06	46	Western Washington (Seattle, 2-25)
2006-07	43	Alaska Fairbanks (Fort Lewis, 11-18)
2007-08	43	Western Oregon (MSU Billings, 3-1)
2008-09	40	Northwest Nazarene (Regis, 12-5)

### Most FTs Made, no misses

2001-02	16	Alaska Fairbanks (Central Washington, 2-16)
2002-03	23	Northwest Nazarene (Cal State Bakersfield, 3-15)
2003-04	11	Seattle (Western Oregon, 2-28)
2004-05	18	Humboldt State (Western Washington, 1-13)
2005-06	3	Seattle (Seattle Pacific, 1-7)
2006-07	15	Seattle Pacific (Dixie State, 1-27)
2007-08	12	Western Oregon (Western Washington, 1-24)
2008-09	16	Western Washington (MSU Billings, 1-24)

### Highest FT Percentage (at least 1 miss)

2001-02	94.4	Northwest Nazarene, 17-18 (Western Washington, 12-20)
2002-03	96.4	Saint Martin's, 27-28 (Warner Pacific, 12-4)
2003-04	96.0	Western Washington, 24-25 (Central Washington, 2-5)
2004-05	95.5	Seattle, 21-22 (Adams State, 11-24)
2005-06	95.2	Saint Martin's, 20-21 (Humboldt State, 1-14)
2006-07	93.8	Saint Martin's, 15-16 (Pacific Lutheran, 11-25)
2007-08	95.8	Northwest Nazarene, 23-24 (MSU Billings, 1-26)
2008-09	94.4	Saint Martin's, 17-18 (Notre Dame de Namur, 11-22)

### Offensive Rebounds

2001-02	25	Alaska Anchorage (Angelo State, 12-28)
	25	Western Washington (Alaska Anchorage, 1-17)
2002-03	29	Alaska Anchorage (Oklahoma Panhandle, 1-3)
2003-04	28	Central Washington (Evergreen State, 12-13)
2004-05	29	Central Washington (Western Oregon, 1-6)
2005-06	28	Central Washington (Alderson-Broadbent, 12-10)
2006-07	29	Alaska Anchorage (Mid-Continent, 11-11)
2007-08	30	Alaska Anchorage (Lincoln Christian, 11-2)
2008-09	27	Alaska Fairbanks (Kuyper, 2-19)

### Rebounds

2001-02	60	Seattle Pacific (Northwest, 11-27)
2002-03	62	Seattle Pacific (Northwest Nazarene, 1-9)
2003-04	57	Central Washington (Evergreen State, 12-13)
2004-05	59	Western Washington (Cal Poly Pomona, 12-29)
2005-06	55	Northwest Nazarene (Central Washington, 3-2)
	55	Seattle Pacific (Central Washington, 3-4)
2006-07	65	Saint Martin's (Hawaii Hilo, 11-30)
2007-08	62	Western Oregon (MSU Billings, 3-1)
2008-09	63	Northwest Nazarene (Alaska Fairbanks, 2-19)

### Assists

2001-02	40	Northwest Nazarene (Walla Walla, 11-27)
2002-03	32	Western Washington (Northwest, 12-20)
	32	Western Washington (Humboldt State, 1-9)
2003-04	32	Seattle Pacific (Northwest Nazarene, 1-29)
2004-05	30	Saint Martin's (Concordia, 12-11)
	30	Western Washington (Evergreen State, 12-13)
	30	Seattle Pacific (Western Oregon, 2-3)
2005-06	30	Seattle Pacific (Northwest Nazarene, 1-14)
2006-07	31	Seattle Pacific (Saint Martin's, 1-13)
	31	Seattle Pacific (Dixie State, 1-27)
2007-08	34	Central Washington (Cascade, 11-25)
2008-09	32	Seattle Pacific (Alaska Fairbanks, 2-21)

### Steals

2001-02	34	Northwest Nazarene (Walla Walla, 11-27)
2002-03	24	Seattle (Northwest, 11-26)
2003-04	20	Western Washington (Cal State LA, 12-20)
2004-05	21	Central Washington (Warner Pacific, 11-20)
	21	Saint Martin's (Northwest, 11-20)
2005-06	22	Seattle (Saint Martin's, 12-29)

2006-07	22	Northwest Nazarene (Hawaii Hilo, 11-24)
	22	Seattle Pacific (Western Oregon, 2-22)
2007-08	27	Alaska Anchorage (Lincoln Christian, 11-3)
2008-09	22	Alaska Anchorage (MSU Billings, 3-7)

#### Blocked Shots

2001-02	10	Northwest Nazarene (Saint Martin's, 1-12)
2002-03	11	Seattle Pacific (Saint Martin's, 1-11)
2003-04	13	Seattle Pacific (Northwest Nazarene, 1-29)
2004-05	13	Seattle Pacific (Alaska Anchorage, 3-5)
2005-06	12	Seattle Pacific (Alaska Anchorage, 1-28)
2006-07	10	Western Washington (CSU Stanislaus, 12-8)
	10	Western Washington (Western Oregon, 2-15)
2007-08	11	Seattle Pacific (Central Washington, 2-14)
2008-09	13	Alaska Anchorage (Kuyper, 1-3)

#### Most Turnovers

2001-02	36	Seattle Pacific (Cal State LA, 12-29)
2002-03	36	Humboldt State (Holy Names, 11-29)
2003-04	35	Western Oregon (Portland, 12-2)
2004-05	35	Northwest Nazarene (Cal State Bakersfield, 12-11)
2005-06	31	Three with
2006-07	41	Saint Martin's (Chico State, 12-20)
2007-08	36	Western Washington (Augustana, 11-2)
2008-09	35	Montana State Billings (Alaska Anchorage, 3-7)

#### Fewest Turnovers

2001-02	6	Alaska Anchorage (Lincoln Christian, 11-26)
	6	Saint Martin's (Alaska Fairbanks, 2-7)
2002-03	10	Humboldt State (Alaska Fairbanks, 1-16)
2003-04	7	Seattle Pacific (UC San Diego, 3-12)
2004-05	5	Saint Martin's (Concordia, 12-11)
2005-06	7	Central Washington (Alaska Fairbanks, 2-9)
2006-07	5	Western Washington (Alaska Anchorage, 1-13)
2007-08	8	Saint Martin's (MSU Billings, 2-28)
	8	Seattle (Alaska Anchorage, 3-6)
2008-09	5	Alaska Fairbanks (MSU Billings, 3-5)

#### Most Fouls

2001-02	32	Western Oregon (Seattle Pacific, 2-23)
2002-03	31	Northwest Nazarene (Seattle, 1-18)
2003-04	34	Seattle (Fort Lewis, 11-15)
2004-05	33	Western Washington (Humboldt State, 2-12)
2005-06	33	Seattle (Western Washington, 2-25)
2006-07	31	Alaska Anchorage (Alaska Fairbanks, 1-27)
2007-08	33	Western Washington (Cal Poly Pomona, 12-28)
2008-09	33	Western Washington (Hawaii Hilo, 11-29)

#### Fewest Fouls

2001-02	6	Alaska Anchorage (Lincoln Christian, 11-26)
2002-03	8	Alaska Anchorage (Nevada Reno, 11-26)
	8	Western Oregon (MSU-Billings, 12-27)
	8	Seattle (MSU-Billings, 1-2)
2003-04	11	Nine with
2004-05	7	Western Oregon (Saint Martin's, 12-2)
	7	Seattle Pacific (Western Washington, 1-27)
2005-06	7	Seattle Pacific (Seattle, 1-7)
	7	Seattle Pacific (Western Oregon, 2-16)
2006-07	7	Central Washington (Walla Walla, 1-13)
2007-08	8	Seattle Pacific (Seattle, 2-21)
2008-09	5	Alaska Fairbanks (Northwest Nazarene, 2-19)

#### TEAM DEFENSE

##### Points

2001-02	21	Alaska Anchorage (Lincoln Christian, 11-27)
2002-03	27	Saint Martin's (Western Oregon, 1-30)
2003-04	40	Seattle Pacific (Alaska Anchorage, 1-17)
	40	Seattle Pacific (Western Oregon, 1-24)
	40	Alaska Anchorage (Humboldt State, 3-6)

2004-05	33	Alaska Fairbanks (Alaska Anchorage, 2-12)
2005-06	32	Central Washington (Western Oregon, 2-2)
2006-07	21	Central Washington (Walla Walla, 1-13)
2007-08	16	Alaska Anchorage (Lincoln Christian, 11-3)
2008-09	22	Alaska Fairbanks (Kuyper, 12-30)

#### Field Goals

2001-02	8	Western Oregon (Warner Pacific, 12-11)
2002-03	10	Alaska Anchorage (Warner Pacific, 11-19)
2003-04	10	Seattle Pacific (Humboldt State, 2-21)
2004-05	9	Western Washington (Northwest Nazarene, 2-19)
2005-06	10	Seattle (Alaska Anchorage, 1-21)
2006-07	7	Central Washington (Walla Walla, 1-13)
2007-08	5	Alaska Anchorage (Lincoln Christian, 11-2 & 11-3)
2008-09	5	Alaska Fairbanks (Kuyper, 12-30)

#### Field Goal Attempts

2001-02	37	Western Oregon (Warner Pacific, 12-11)
2002-03	38	Alaska Anchorage (Western Oregon, 1-16)
2003-04	35	Alaska Fairbanks (Christian Heritage, 11-15)
2004-05	37	Alaska Fairbanks (Seattle, 1-8)
	37	Alaska Fairbanks (Alaska Anchorage, 2-12)
2005-06	33	Seattle (Alaska Anchorage, 1-21)
2006-07	34	Alaska Anchorage (Mid-Continent, 11-13)
	34	Seattle (Alderson-Broaddus, 11-25-06)
2007-08	29	Alaska Anchorage (Lincoln Christian, 11-2)
2008-09	35	Alaska Fairbanks (Kuyper, 12-31)

#### FG Percentage

2001-02	19.1	Alaska Anchorage, 9-47 (Lincoln Christian, 11-27)
2002-03	22.2	Alaska Anchorage, 10-45 (Warner Pacific, 11-19)
2003-04	19.6	Seattle Pacific, 10-51 (Humboldt State, 2-21)
2004-05	18.0	Western Washington, 9-50 (Northwest Nazarene, 2-19)
2005-06	20.0	Seattle Pacific, 14-70 (Seattle, 2-2)
2006-07	15.6	Central Washington, 7-45 (Walla Walla, 1-13-07)
2007-08	16.1	Alaska Anchorage, 5-31 (Lincoln Christian, 11-3)
2008-09	12.2	Alaska Fairbanks, 5-41 (Kuyper, 12-30)

#### Most Three-Point FGs Allowed

2001-02	13	Humboldt State (Central Washington, 2-23)
2002-03	12	Western Washington (North Dakota State, 11-23)
2003-04	12	Humboldt State (Seattle, 1-31)
2004-05	14	Saint Martin's (Chico State, 12-29)
2005-06	15	Humboldt State (Western Washington, 1-7)
	15	Humboldt State (Western Washington, 2-2)
2006-07	14	Saint Martin's (Alaska Anchorage, 2-3)
2007-08	14	Alaska Anchorage (MSU Billings, 1-3)
2008-09	15	Alaska Fairbanks (MSU Billings, 3-15)

#### Three-Point Attempts

2001-02	1	Northwest Nazarene (Walla Walla, 11-27)
2002-03	4	Central Washington (Western Washington, 1-25)
2003-04	2	Alaska Fairbanks (Christian Heritage, 11-15)
	2	Seattle Pacific (Cal Poly Pomona, 12-20)
2004-05	3	Western Washington (Pacific Lutheran, 11-23)
2005-06	3	Seattle (Northwest Nazarene, 2-4)
2006-07	4	Northwest Nazarene (UC San Diego, 11-18-06)
2007-08	5	Five with
2008-09	2	Seattle Pacific (UC San Diego, 11-21)

#### Three-Point Percentage (min. 10 att.)

2001-02	0.0	Seattle Pacific, 0-12 (Kentucky Wesleyan, 12-17)
2002-03	0.0	Saint Martin's, 0-10 (Western Oregon, 1-30)
2003-04	7.1	Seattle Pacific, 1-14 (Drury, 3-24)
2004-05	6.3	Alaska Anchorage, 1-16 (Saint Martin's, 2-24)
2005-06	0.0	Seattle, 0-10 (Alaska Fairbanks, 1-19)
2006-07	0.0	Seattle, 0-14 (Grand Canyon, 12-2)
2007-08	4.5	Seattle, 1-22 (Western Oregon, 2-28)
2008-09	0.0	Northwest Nazarene, 0-11 (Great Falls, 11-22)

**Free Throws**

2001-02	1	Alaska Anchorage (Lincoln Christian, 11-27)
2002-03	1	Western Oregon (MSU-Billings, 12-28)
2003-04	2	Northwest Nazarene (Seattle Pacific, 1-29)
2004-05	2	Saint Martin's (Seattle, 2-19)
2005-06	0	Seattle Pacific (Western Oregon, 1-21)
2006-07	2	Northwest Nazarene (Hawaii Hilo, 11-24)
	2	Alaska Anchorage (Western Washington, 2-18)
	2	Alaska Anchorage (CSU Dominguez Hills, 3-9)
2007-08	1	Seattle Pacific (Central Washington, 2-14)
2008-09	2	Northwest Nazarene (Great Falls, 11-22; CSLA, 12-19)
	2	Seattle Pacific (Central Washington, 1-17)

**Free Throw Attempts**

2001-02	4	Alaska Anchorage (Lincoln Christian, 11-27)
2002-03	2	Western Oregon (MSU-Billings, 12-28)
2003-04	6	Alaska Anchorage (Clemson, 11-26)
	6	Saint Martin's (Alaska Anchorage, 2-5)
2004-05	4	Saint Martin's (Alaska Anchorage, 1-29)
	4	Saint Martin's (Seattle, 2-19)
	4	Saint Martin's (Western Oregon, 3-5)
2005-06	0	Seattle Pacific (Western Oregon, 1-21)
2006-07	5	Central Washington (San Francisco State, 11-25)
	5	Alaska Anchorage (Western Washington, 2-8)
	5	Central Washington (Alaska Anchorage, 1-18)
2007-08	2	Seattle Pacific (Central Washington, 2-14)
2008-09	2	Northwest Nazarene (Great Falls, 11-22)

**Lowest Opp. FT Percentage (min. 15 att.)**

2001-02	33.3	Saint Martin's, 7-21 (Alaska Anchorage, 2-9)
2002-03	33.3	Seattle Pacific, 5-15 (North Dakota State, 11-22)
2003-04	50.0	Western Washington, 11-22 (Biola, 12-17)
2004-05	33.3	Northwest Nazarene, 7-21 (Alaska Anchorage, 1-27)
2005-06	42.9	Seattle, 9-21 (Alaska Anchorage, 2-16)
2006-07	30.0	Alaska Anchorage, 6-20 (Notre Dame de Namur, 12-29)
2007-08	38.1	Saint Martin's, 8-21 (Western Washington, 1-26)
2008-09	37.9	Saint Martin's, 11-29 (Hawaii Hilo, 12-18)

**Rebounds**

2001-02	22	Humboldt State (CSU Monterey Bay, 11-17)
	22	Seattle Pacific (Alaska Anchorage, 1-10)
	22	Northwest Nazarene (Saint Martin's, 2-14)
2002-03	17	Western Washington (Cal State LA, 12-27)
2003-04	20	Western Washington (Western Oregon, 2-26)
2004-05	18	Western Washington (Alaska Anchorage, 2-3)
2005-06	19	Western Washington (Alaska Anchorage, 1-14)
2006-07	20	Central Washington (Chaminade, 12-17)
2007-08	18	Northwest Nazarene (MSU Billings, 1-26)
2008-09	15	Alaska Anchorage (Kuyper, 1-2)

**Assists**

2001-02	2	Alaska Fairbanks (Saint Martin's, 1-5)
2002-03	1	Saint Martin's (Concordia, 12-14)
2003-04	4	Alaska Fairbanks (Morgan State, 11-28)
	4	Seattle Pacific (Seattle, 2-5)
2004-05	3	Western Washington (Seattle, 3-5)
2005-06	3	Seattle (Saint Martin's, 12-29)
2006-07	2	Central Washington (Walla Walla, 1-13)
	2	Seattle (Evergreen State, 1-30)
2007-08	1	Central Washington (Hawaii Pacific, 11-30)
2008-09	2	Alaska Fairbanks (Kuyper, 12-30)

**Steals**

2001-02	2	Four with
2002-03	2	Humboldt State (Alaska Anchorage, 1-18)
2003-04	1	Seattle Pacific (Alaska Fairbanks, 1-15)
2004-05	1	Five with
2005-06	1	Humboldt State (Alaska Anchorage, 3-4)
2006-07	1	Western Washington (Alaska Anchorage, 2-8)
2007-08	0	MSU Billings (Central Washington, 1-10)

2008-09	1	Seattle Pacific (Mary, 12-18)
	1	Alaska Anchorage (Kuyper, 1-3)
	1	Alaska Anchorage (CSU Stanislaus, 12-20)

**Most Shots Had Blocked**

2001-02	12	Alaska Anchorage (Gonzaga, 11-20)
2002-03	11	Saint Martin's (Seattle Pacific, 1-11)
2003-04	13	Northwest Nazarene (Seattle Pacific, 1-29)
2004-05	13	Alaska Anchorage (Seattle Pacific, 3-5)
2005-06	12	Alaska Anchorage (Seattle Pacific, 1-28)
2006-07	10	Northwest Nazarene (Albertson, 12-5)
	10	Western Oregon (Western Washington, 2-15)
2007-08	11	Central Washington (Seattle Pacific, 2-14)
2008-09	13	Alaska Anchorage (CSU Stanislaus, 12-20)

**Most Turnovers By Opponent**

2001-02	53	Northwest Nazarene (Walla Walla, 11-27)
2002-03	42	Northwest Nazarene (Fort Lewis, 11-23)
	42	Seattle (Northwest, 11-26)
2003-04	41	Seattle Pacific (Cal State Stanislaus, 11-29)
2004-05	36	Central Washington (Warner Pacific, 11-20)
	36	Northwest Nazarene (Cascade, 11-26)
2005-06	31	Seattle (Saint Martin's, 12-29)
	31	Seattle (Alaska Anchorage, 1-21)
	31	Seattle (Western Washington, 1-26)
2006-07	41	Alaska Anchorage (Mid-Continent, 11-13)
2007-08	44	Alaska Anchorage (Lincoln Christian, 11-3)
2008-09	35	Alaska Anchorage (MSU Billings, 3-7)

**Most Fouls By Opponent**

2001-02	32	Seattle Pacific (Western Oregon, 2-23)
2002-03	31	Seattle (Northwest Nazarene, 1-18)
2003-04	32	Northwest Nazarene (Seattle, 12-6)
2004-05	33	Humboldt State (Western Washington, 2-12)
2005-06	33	Western Washington (Seattle, 2-25)
2006-07	31	Alaska Fairbanks (Alaska Anchorage, 1-27)
2007-08	32	Northwest Nazarene (CSU Stanislaus, 11-23)
2008-09	29	Northwest Nazarene (Regis, 12-5)

**Fewest Fouls By Opponents**

2001-02	8	Four with
2002-03	9	Four with
2003-04	9	Western Oregon (Concordia, 12-13)
2004-05	7	Saint Martin's (Western Oregon, 12-2)
	7	Saint Martin's (Idaho State, 12-18)
	7	Western Washington (Seattle Pacific, 1-28)
2005-06	7	Seattle (Seattle Pacific, 1-7)
	7	Western Oregon (Seattle Pacific, 2-16)
2006-07	7	Seattle Pacific (Lewis-Clark State, 12-2)
2007-08	8	Alaska Anchorage (Lincoln Christian, 11-2)
	8	Seattle (Seattle Pacific, 2-21)
2008-09	1	Alaska Anchorage (Kuyper, 1-3)

**CONFERENCE GAMES****INDIVIDUAL****Scoring**

2001-02	33	Kelley Berglund, SPU (UAA, 1-10)
2002-03	34	Megan Quarterman, WWU (SPU, 2-22)
2003-04	38	Kamie Jo Massey, UAA (NNU, 2-7)
2004-05	37	Cody Burgess, UAF (CWU, 12-2)
2005-06	40	Beth Layton, SMU (CWU, 2-25)
2006-07	34	Leada Berkey, WOU (WWU, 1-20)
2007-08	45	Leada Berkey, WOU (CWU, 2-21)
2008-09	44	Sheena Brown, UAF (CWU, 2-12)

**Field Goals**

2001-02	14	Kelly Berglund, SPU (UAA, 1-10)
2002-03	13	Kristin Connolly, SU (WOU, 1-9)
2003-04	13	Kamie Jo Massey, UAA (NNU, 2-7)
	13	Adrienne Taalak, UAF (Seattle, 2-19)
	13	Adrienne Taalak, UAF (WWU, 2-21)
2004-05	14	Kristen Connolly, Seattle (NNU, 1-22)
2005-06	13	Jenna Washington, HSU (CWU, 1-5)
	13	Rebecca Kielpinski, UAA (NNU, 1-26)
	13	Rebecca Kielpinski, UAA (CWU, 2-11)
2006-07	14	Leada Berkey, WOU (UAF, 2-3)
2007-08	16	Leada Berkey, WOU (CWU, 2-21)
2008-09	14	Sheena Brown, UAF (CWU, 2-12)

**Field Goal Attempts**

2001-02	25	Alana Erickson, SMU (NNU, 1-12)
2002-03	26	Nicole Lynch, HSU (UAA, 2-13)
2003-04	23	Tanya Nizich, UAA (HSU, 3-6)
2004-05	27	Cody Burgess, UAF (SPU, 12-4)
2005-06	29	Rebecca Kielpinski, UAA (SPU, 2-23)
2006-07	27	Leada Berkey, WOU (UAF, 2-3)
2007-08	33	Leada Berkey, WOU (CWU, 2-21)
2008-09	30	Ronisha Edwards, UAF (WWU, 2-14)

**Most FGs Made, no misses**

2001-02	14	Kelley Berglund, SPU (UAA, 1-10)
2002-03	7	Kerie Hughes, SPU (HSU, 12-5)
2003-04	6	Brittney Kroon, SPU (UAF, 2-14)
2004-05	6	Brittney Kroon, SPU (WWU, 2-26)
2005-06	8	Kelly Dykstra, WWU (NNU, 3-4)
2006-07	6	Laura Jones, Seattle (SMU, 2-24)
2007-08	7	Jen Smith, MSUB (CWU, 2-9)
2008-09	5	Megan Thigpen, UAF (WOU, 1-8)

**Most FGs Made, one miss**

2001-02	9	Mandi Dinan, WOU (UAA, 12-6)
2002-03	8	Valerie Gustafson, SPU (HSU, 1-16)
	8	Cody Burgess, UAF (HSU, 1-16)
	8	Leah Welton, SU (SMC, 1-16)
2003-04	8	Kelly Colard, WWU (SMC, 12-6)
	8	Valerie Gustafson, SPU (UAA, 1-17)
2004-05	12	Nicole Lynch, HSU (CWU, 1-8)
2005-06	8	Courtney Clapp, WWU (UAA, 1-14)
2006-07	7	Five with
2007-08	6	Three with
2008-09	9	Kelsey Hill, SPU (SMU, 1-15)

**Three-Point FGs**

2001-02	7	Kathy Kartikova, SMU (NNU, 1-12)
2002-03	6	Jenny Binford, NNU (Seattle, 1-18)
2003-04	6	Four with
2004-05	8	Beth Layton, SMU (HSU, 12-4)
2005-06	7	Beth Layton, SMU (UAF, 1-21)
	7	Beth Layton, SMU (CWU, 2-25)
2006-07	8	Jayci Stone, UAA (UAF, 1-27)
	8	Maria Nilsson, UAA (SMU, 2-3)
2007-08	6	Alira Carpenter, MSUB (UAA, 1-3)
2008-09	9	Kelsey Burns, SPU (UAF, 2-21)

**Three-Point Attempts**

2001-02	14	Jodie Kaczor, WWU (SMC, 1-19)
	14	Melanie Wagoner, UAF (WOU, 1-31)
2002-03	12	Meggen Kautzky, CWU (WOU, 3-8)
2003-04	15	Tanya Nizich, UAA (HSU, 3-6)
2004-05	13	Loni Ainslie, CWU (HSU, 2-3)
2005-06	15	Beth Layton, SMU (UAF, 1-21)
2006-07	21	Jayci Stone, UAA (UAF, 1-27)
2007-08	12	Leada Berkey, WOU (CWU, 2-21)
2008-09	14	Amanda Dunbar, WWU (NNU, 1-17)

**Most Three-Pointers Made, no misses**

2001-02	4	Julia Eisentrout, SMU (SPU, 12-6)
	4	Jackie Kolesar, HSU (SU, 1-12)
2002-03	5	Alysson Kollmann, NNU (WOU, 2-27)
2003-04	4	Marisa Young, Seattle (SMC, 3-6)
2004-05	6	Jodi Gerald, WWU (CWU, 2-24)
2005-06	5	Kara Gonzalez, NNU (WOU, 2-18)
2006-07	3	Ashley Brown, Seattle (WOU, 1-27)
2007-08	4	Alira Carpenter, MSUB (WOU, 1-31)
	4	Marelle Moehrle, WWU (SMU, 2-21)
2008-09	6	Dasha Basova, UAA (UAF, 1-17)
	6	Amanda Murdoch, CWU (WOU, 2-7)

**Most Three-Pointers Made, one miss**

2001-02	4	Stephanie Urrutia, SPU (Seattle, 2-9)
	4	Alana Erickson, SMU (NNU, 2-14)
	4	Angela Jensen, CWU (HSU, 2-23)
2002-03	6	Jenny Binford, NNU (Seattle, 1-18)
2003-04	5	Amy Taylor, SPU (Seattle, 1-10)
2004-05	5	Amy Taylor, SPU (CWU, 2-19)
2005-06	6	Mandy Wood, SPU (HSU, 2-18)
2006-07	6	Cassidy Murillo, SU (SMU, 1-18)
2007-08	5	Leah Stepovich, SU (MSUB, 2-16)
	5	Chelsie Morrison, SU (UAA, 3-6)
2008-09	4	Five with

**Free Throws**

2001-02	13	Kerie Hughes, SPU (WWU, 1-5)
	13	Heidi Arts, UAF (SPU, 1-12)
	13	Kerie Hughes, SPU (WOU, 2-23)
2002-03	14	Alysson Kollmann, NNU (SPU, 2-8)
2003-04	14	Kamie Jo Massey, UAA (CWU, 2-14)
2004-05	15	Jenna Washington, HSU (WWU, 2-12)
2005-06	14	Jenna Washington, HSU (SU, 2-11)
2006-07	14	Jamey Gelhar, SMU (NNU, 2-10)
2007-08	12	Amanda Dunbar, WWU (CWU, 1-5)
	12	Leada Berkey, WOU (SU, 2-28)
2008-09	12	Katie Torland, WOU (SMU, 1-22)
	12	Sheena Brown, UAF (CWU, 2-28)

**Free Throw Attempts**

2001-02	16	Rose Shaw, CWU (SMC, 12-8)
	16	Kerie Hughes, SPU (WOU, 2-23)
	16	Amber Hellberg, NNU (SMC, 1-12)
2002-03	16	Kerie Hughes, SPU (NNU, 2-8)
2003-04	16	Julia Eisentrout, SMU (NNU, 2-21)
2004-05	18	Jenna Washington, HSU (WWU, 2-12)
2005-06	18	Jenna Washington, HSU (SU, 2-11)
2006-07	17	Jamey Gelhar, SMU (NNU, 2-10)
2007-08	16	Amanda Dunbar, WWU (CWU, 1-5)
2008-09	14	Katie Torland, WOU (SMU, 1-22)
	14	Sheena Brown, UAF (CWU, 2-28)

**Most FTs Made, no misses**

2001-02	9	Heather Laats, WOU (UAF, 12-8)
2002-03	14	Alysson Kollmann, NNU (SPU, 2-8)
2003-04	14	Kamie Jo Massey, UAA (CWU, 2-14)
2004-05	12	Laura Wright, CWU (WWU, 2-24)
2005-06	10	Jenna Washington, HSU (SU, 1-12)
	10	Danielle Dwello, NNU (UAA, 1-26)
2006-07	9	Four with
2007-08	12	Leada Berkey, WOU (SU, 2-28)
2008-09	11	Sheena Brown, UAF (WWU, 2-14)

**Most FTs Made, One miss (min. 10 att.)**

2001-02	13	Kerie Hughes, SPU (WWU, 1-5)
2002-03	11	Kristin Connolly, SU (HSU, 1-11)
	11	Erica Matthews, WOU (HSU, 1-25)
2003-04	13	Jenn McGillivray, WWU (UAF, 2-21)

2004-05	12	Cody Burgess, UAF (WWU, 2-5)
	12	Tina Donahue, WWU (HSU, 2-12)
2005-06	12	Whitney Golob, SMU (NNU, 1-7)
2006-07	12	Jamey Gelhar, SMU (WWU, 1-4)
2007-08		No qualifiers
2008-09	11	Alira Carpenter, MSUB (UAF, 1-14)

#### Offensive Rebounds

2001-02	9	Heather Laats, WOU (SPU, 1-17)
2002-03	9	Kamie Jo Massey, UAA (WOU, 1-16)
	9	Kamie Jo Massey, UAA (HSU, 2-13)
2003-04	9	Brittney Kroon, SPU (UAA, 2-12)
2004-05	10	Jessica Metz, NNU (SPU, 1-13)
2005-06	8	Three with
2006-07	9	Krystal Robinson, WWU (WOU, 1-20)
2007-08	11	Hilary Tanneberg, CWU (SPU, 2-14)
2008-09	8	Rebecca Kielpinski, UAA (SMU, 1-31)
	8	Kayla Ryan, MSUB (CWU, 2-21)

#### Rebounds

2001-02	22	Kristin Poe, SPU (SMC, 2-2)
2002-03	19	Carli Smith, SPU (NNU, 1-9)
2003-04	17	Kamie Jo Massey, UAA (WOU, 3-4)
	17	Danielle Pridgen, NNU (SMC, 1-24)
	17	Kamie Jo Massey, UAA (WOU, 3-4)
2004-05	22	Jenna Washington, HSU (UAA, 2-17)
	22	Carli Smith, SPU (WWU, 2-26)
2005-06	19	Laina Sobczak, SU (UAF, 1-19)
2006-07	21	Rebecca Kielpinski, UAA (WOU, 2-1)
2007-08	20	Hilary Tanneberg, CWU (SPU, 2-14)
2008-09	17	Rebecca Kielpinski, UAA (SMU, 1-31)
	17	Ronisha Edwards, UAF (MSUB, 3-5)

#### Assists

2001-02	13	Becky Gregory, WOU (UAA, 12-6)
	13	Melanie Wagoner, UAF (NNU, 1-3)
2002-03	11	Lisa Bocook, SMU (NNU, 12-7)
	11	Heidi Buehler, NNU (Seattle, 1-18)
	11	Kristy Eggen, WWU (SPU, 2-22)
2003-04	13	Heidi Buehler, NNU (CWU, 1-31)
	13	Heidi Buehler, NNU (Seattle, 3-4)
2004-05	12	Beth Christensen, SPU (WOU, 2-3)
2005-06	10	Rebecca Kielpinski, UAA (SMU, 2-18)
2006-07	10	Mallory Whipple, NNU (CWU, 1-27)
	10	Beth Christensen, SPU (WOU, 2-22)
2007-08	11	Mallory Whipple, NNU (UAF, 1-12)
	11	Beth Christensen, SPU (MSUB, 1-124)
2008-09	12	Shantell Marquis, MSUB (NNU, 1-7)

#### Steals

2001-02	7	Four with
2002-03	9	Peni Vaefaga, HSU (SMC, 2-27)
2003-04	6	Eight with
2004-05	9	Christa Wilson, UAA (NNU, 2-26)
2005-06	7	Kara Gonzalez, NNU (SU, 1-5)
2006-07	9	Mallory Whipple, NNU (UAF, 1-24)
2007-08	10	Shantell Marquis, MSUB (NNU, 1-26)
2008-09	8	Mallory Whipple, NNU (MSUB, 1-29)

#### Blocked Shots

2001-02	6	Four with
2002-03	6	Susan Rodgers, WWU (SPU, 1-23)
	6	Alayna Vincent, CWU (UAA, 3-1)
	6	Susan Rodgers, WWU (UAA, 3-6)
2003-04	13	Brittney Kroon, SPU (NNU, 1-29)
2004-05	9	Brittney Kroon, SPU (UAA, 3-5)
2005-06	11	Brittney Kroon, SPU (UAA, 1-28)
2006-07	6	Krystal Robinson, WWU (UAA, 2-8)
2007-08	8	Rebecca Kielpinski, UAA (SPU, 2-7)
2008-09	5	Shantell Marquis, MSUB (NNU, 1-7)

#### Turnovers

2001-02	10	Jessica White, NNU (CWU, 12-6)
2002-03	12	Kristin Connolly, SU (NNU, 1-18)
2003-04	12	Kamie Jo Massey, UAA (SMC, 1-10)
2004-05	15	Kara Gonzalez, NNU (CWU, 1-15)
2005-06	12	Kelsey Larsen, UAA (SU, 1-21)
2006-07	11	Mia Seagraves, UAF (Seattle, 2-8)
2007-08	10	Kari Reabold, UAF (SMU, 1-19)
2008-09	10	Caitlin Hamsley, UAF (UAA, 2-4)

#### TEAM OFFENSE

##### Points

2001-02	113	Western Oregon (Alaska Anchorage, 12-6)
2002-03	102	Seattle Pacific (Western Washington, 2-22)
2003-04	101	Northwest Nazarene (Central Washington, 1-31)
2004-05	99	Seattle Pacific (Alaska Fairbanks, 12-4)
2005-06	97	Saint Martin's (Alaska Fairbanks, 1-21)
2006-07	98	Western Washington (Alaska Fairbanks, 2-10)
2007-08	107	Northwest Nazarene (Central Washington, 1-17)
2008-09	97	Northwest Nazarene (Alaska Fairbanks, 2-19)
	97	Seattle Pacific (Alaska Fairbanks, 2-21)

##### Field Goals

2001-02	47	Western Oregon (Alaska Anchorage, 12-6)
2002-03	39	Western Washington (Humboldt State, 1-9)
2003-04	43	Seattle Pacific (Northwest Nazarene, 1-29)
2004-05	38	Seattle Pacific (Alaska Fairbanks, 12-4)
2005-06	40	Western Washington (Alaska Fairbanks, 1-12)
2006-07	35	Seattle Pacific (Saint Martin's, 1-13)
	35	Seattle (Central Washington, 3-1)
2007-08	42	Northwest Nazarene (Central Washington, 1-17)
2008-09	39	Northwest Nazarene (Alaska Fairbanks, 2-19)

##### Field Goal Attempts

2001-02	84	Saint Martin's (Northwest Nazarene, 1-12)
2002-03	80	Northwest Nazarene (Seattle Pacific, 1-9)
2003-04	82	Central Washington (Humboldt State, 1-24)
2004-05	83	Central Washington (Western Oregon, 1-6)
2005-06	78	Western Washington (Alaska Fairbanks, 1-12)
2006-07	75	Northwest Nazarene (Western Oregon, 2-8)
2007-08	81	Western Oregon (MSU Billings, 3-1)
2008-09	80	Northwest Nazarene (Alaska Fairbanks, 2-19)

##### FG Percentage

2001-02	61.8	Western Washington, 34-55 (Northwest Nazarene, 1-17)
2002-03	59.3	Seattle Pacific, 32-54 (Seattle, 2-20)
2003-04	63.2	Seattle Pacific, 43-68 (Northwest Nazarene, 1-29)
2004-05	58.7	Seattle Pacific, 37-63 (Western Oregon, 2-3)
2005-06	60.9	Western Washington, 28-46 (Saint Martin's, 1-28)
2006-07	60.4	Western Washington, 32-53 (Saint Martin's, 1-4)
2007-08	60.9	Northwest Nazarene, 42-69 (Central Washington, 1-17)
2008-09	59.0	Seattle Pacific, 36-61 (MSU Billings, 1-10)

##### Three-Point FGs

2001-02	13	Central Washington (Humboldt State, 2-23)
2002-03	11	Saint Martin's (Alaska Anchorage, 1-25)
	11	Central Washington (Humboldt State, 3-6)
2003-04	12	Seattle (Humboldt State, 1-31)
2004-05	13	Saint Martin's (Alaska Fairbanks, 2-26)
2005-06	15	Western Washington (Humboldt State, 1-7)
	15	Western Washington (Humboldt State, 2-2)
2006-07	14	Alaska Anchorage (Saint Martin's, 2-3)
2007-08	14	Montana State Billings (Alaska Anchorage, 1-3)
2008-09	15	Montana State Billings (Alaska Fairbanks, 3-5)

##### Three-Point Attempts

2001-02	26	Seattle (Humboldt State, 1-12)
	26	Central Washington (Humboldt State, 2-23)
	26	Seattle (Alaska Anchorage, 3-2)

2002-03	33	Central Washington (Western Oregon, 3-8)
2003-04	28	Alaska Fairbanks (Humboldt State, 12-6)
	28	Seattle Pacific (Humboldt State, 1-22)
	28	Alaska Fairbanks (Alaska Anchorage, 1-31)
2004-05	31	Central Washington (Western Oregon, 1-6)
2005-06	33	Western Washington (Humboldt State, 2-2)
2006-07	36	Alaska Anchorage (Saint Martin's, 3-1)
2007-08	30	Western Oregon (MSU Billings, 3-1)
2008-09	33	Montana State Billings (Alaska Fairbanks, 3-5)

### Three-Point Percentage (min. 10 att.)

2001-02	58.8	Saint Martin's, 10-17 (Alaska Anchorage, 1-3)
2002-03	61.5	Western Washington, 8-13 (Alaska Fairbanks, 3-8)
2003-04	66.7	Alaska Anchorage, 8-12 (Western Washington, 1-24)
2004-05	83.3	Western Washington, 10-12 (Central Washington, 2-24)
2005-06	64.3	Humboldt State, 9-14 (Western Washington, 1-7)
2006-07	61.9	Seattle, 13-21 (Alaska Fairbanks, 1-13)
2007-08	78.6	Alaska Anchorage, 11-14 (Seattle Pacific, 2-7)
2008-09	69.2	Western Washington, 9-13 (Saint Martin's, 3-7)

### Free Throws

2001-02	35	Seattle Pacific (Western Oregon, 2-23)
2002-03	32	Northwest Nazarene (Central Washington, 1-11)
2003-04	31	Northwest Nazarene (Western Washington, 3-6)
2004-05	37	Western Washington (Seattle, 12-4)
	37	Humboldt State (Western Washington, 2-12)
2005-06	36	Western Washington (Seattle, 2-25)
2006-07	29	Northwest Nazarene (Alaska Fairbanks, 2-22)
	29	Saint Martin's (Northwest Nazarene, 2-10)
2007-08	32	Western Oregon (Seattle, 2-28)
2008-09	35	Western Oregon (Saint Martin's, 1-22)

### Free Throw Attempts

2001-02	44	Seattle Pacific (Western Oregon, 2-23)
2002-03	42	Northwest Nazarene (Central Washington, 1-11)
2003-04	40	Northwest Nazarene (Seattle, 12-6)
2004-05	50	Western Washington (Seattle, 12-4)
2005-06	46	Western Washington (Seattle, 2-25)
2006-07	41	Alaska Fairbanks (Alaska Anchorage, 1-27)
2007-08	43	Western Oregon (MSU Billings, 3-1)
2008-09	39	Western Oregon (Saint Martin's, 1-22)

### Most FTs Made, no misses

2001-02	16	Alaska Fairbanks (Central Washington, 2-16)
2002-03	16	Saint Martin's (Alaska Anchorage, 1-25)
2003-04	11	Seattle (Western Oregon, 2-28)
2004-05	18	Humboldt State (Western Washington, 1-13)
2005-06	3	Seattle (Seattle Pacific, 1-7)
2006-07		No qualifiers
2007-08	12	Western Oregon (Western Washington, 1-24)
2008-09	16	Western Washington (MSU Billings, 1-24)

### Highest FT Percentage (at least 1 miss)

2001-02	94.4	Northwest Nazarene, 17-18 (Western Washington, 12-20)
2002-03	94.4	Saint Martin's, 17-18 (Central Washington, 1-9)
	94.4	Northwest Nazarene, 17-18 (Alaska Anchorage, 1-23)
2003-04	96.0	Western Washington, 24-25 (Central Washington, 2-5)
2004-05	94.1	Seattle, 16-17 (Western Oregon, 1-13)
2005-06	95.2	Saint Martin's, 20-21 (Humboldt State, 1-14)
2006-07	93.3	Seattle Pacific, 14-15 (Western Oregon, 2-22)
2007-08	95.8	Northwest Nazarene, 23-24 (MSU Billings, 1-26)
2008-09	92.0	Saint Martin's, 23-25 (WWU, 2-7; NNU, 2-14)

### Offensive Rebounds

2001-02	24	Northwest Nazarene (Alaska Anchorage, 2-7)
2002-03	24	Northwest Nazarene (Seattle, 1-18)
2003-04	26	Central Washington (Humboldt State, 1-24)
	26	Northwest Nazarene (Saint Martin's, 1-24)
2004-05	29	Central Washington (Western Oregon, 1-6)
2005-06	25	Seattle (Alaska Fairbanks, 1-19)

2006-07	27	Seattle (Western Oregon, 1-4)
2007-08	24	Seattle (Alaska Fairbanks, 1-3)
2008-09	25	Northwest Nazarene (Alaska Fairbanks, 2-19)

### Rebounds

2001-02	58	Northwest Nazarene (Saint Martin's, 1-12)
2002-03	62	Seattle Pacific (Northwest Nazarene, 1-9)
2003-04	55	Central Washington (Humboldt State, 1-24)
2004-05	58	Alaska Fairbanks (Northwest Nazarene, 1-29)
2005-06	55	Northwest Nazarene (Central Washington, 3-2)
	55	Seattle Pacific (Central Washington, 3-4)
2006-07	56	Western Washington (Western Oregon, 2-15)
2007-08	62	Western Oregon (MSU Billings, 3-1)
2008-09	63	Northwest Nazarene (Alaska Fairbanks, 2-19)

### Assists

2001-02	36	Western Oregon (Alaska Anchorage, 12-6)
2002-03	32	Western Washington (Humboldt State, 1-9)
2003-04	32	Seattle Pacific (Northwest Nazarene, 1-29)
2004-05	30	Seattle Pacific (Western Oregon, 2-3)
2005-06	30	Seattle Pacific (Northwest Nazarene, 1-14)
2006-07	31	Seattle Pacific (Saint Martin's, 1-13)
2007-08	27	Seattle Pacific (MSU Billings, 1-24)
2008-09	32	Seattle Pacific (Alaska Fairbanks, 2-21)

### Steals

2001-02	18	Western Oregon (Seattle, 1-10)
	18	Western Washington (Alaska Anchorage, 1-26)
2002-03	20	Seattle Pacific (Saint Martin's, 1-11)
2003-04	16	Seattle Pacific (Seattle, 1-10)
	16	Seattle Pacific (Western Oregon, 1-24)
2004-05	20	Saint Martin's (Western Oregon, 12-2)
2005-06	22	Seattle (Saint Martin's, 12-29)
2006-07	22	Seattle Pacific (Western Oregon, 2-22)
2007-08	19	Saint Martin's (MSU Billings, 2-28)
2008-09	22	Alaska Anchorage (MSU Billings, 3-7)

### Blocked Shots

2001-02	10	Northwest Nazarene (Saint Martin's, 1-12)
2002-03	11	Seattle Pacific (Saint Martin's, 1-11)
2003-04	13	Seattle Pacific (Northwest Nazarene, 1-29)
2004-05	13	Seattle Pacific (Alaska Anchorage, 3-5)
2005-06	12	Seattle Pacific (Alaska Anchorage, 1-28)
2006-07	10	Western Washington (Western Oregon, 2-15)
2007-08	11	Seattle Pacific (Central Washington, 2-14)
2008-09	10	Western Washington (Seattle Pacific, 1-8)
	10	Western Washington (Alaska Fairbanks, 2-26)

### Fewest Turnovers

2001-02	6	Saint Martin's (Alaska Fairbanks, 2-7)
2002-03	10	Humboldt State (Alaska Fairbanks, 1-16)
2003-04	9	Saint Martin's (Seattle, 3-6)
2004-05	6	Central Washington (Western Oregon, 1-6)
2005-06	7	Central Washington (Alaska Fairbanks, 2-9)
2006-07	5	Western Washington (Alaska Anchorage, 1-13)
2007-08	8	Saint Martin's (MSU Billings, 2-28)
	8	Seattle (Alaska Anchorage, 3-6)
2008-09	5	Alaska Fairbanks (MSU Billings, 3-5)

### Fewest Fouls

2001-02	8	Alaska Fairbanks (Alaska Anchorage, 2-23)
2002-03	9	Western Oregon (Western Washington, 2-6)
	9	Alaska Fairbanks (Western Oregon, 2-13)
	9	Western Oregon (Northwest Nazarene, 2-27)
2003-04	11	Four with
2004-05	7	Western Oregon (Saint Martin's, 12-2)
	7	Seattle Pacific (Western Washington, 1-27)
2005-06	7	Seattle Pacific (Seattle, 1-7)
	7	Seattle Pacific (Western Oregon, 2-16)
2006-07	8	Saint Martin's (Seattle Pacific, 1-13)

	8	Saint Martin's (Alaska Anchorage, 2-3)
2007-08	8	Seattle Pacific (Seattle, 2-21)
2008-09	5	Alaska Fairbanks (Northwest Nazarene, 2-19)

## TEAM DEFENSE

### Points

2001-02	32	Western Oregon (Northwest Nazarene, 1-26)
2002-03	27	Saint Martin's (Western Oregon, 1-30)
2003-04	40	Seattle Pacific (Alaska Anchorage, 1-17)
	40	Seattle Pacific (Western Oregon, 1-24)
	40	Alaska Anchorage (Humboldt State, 3-6)
2004-05	33	Alaska Fairbanks (Alaska Anchorage, 2-12)
2005-06	32	Central Washington (Western Oregon, 2-2)
2006-07	38	Alaska Anchorage (Seattle, 2-10)
2007-08	37	Saint Martin's (Western Washington, 1-26)
2008-09	32	Western Washington (Alaska Fairbanks, 2-26)

### Field Goals

2001-02	12	Alaska Fairbanks (Seattle, 1-26)
	12	Western Oregon (Northwest Nazarene, 1-26)
2002-03	12	Saint Martin's (Western Oregon, 1-30)
	12	Seattle Pacific (Seattle, 2-20)
2003-04	10	Seattle Pacific (Humboldt State, 2-21)
2004-05	9	Western Washington (Northwest Nazarene, 2-19)
2005-06	10	Seattle (Alaska Anchorage, 1-21)
2006-07	11	Western Washington (Western Oregon, 2-15)
2007-08	12	Alaska Anchorage (Saint Martin's, 2-16)
2008-09	12	Alaska Anchorage (Central Washington, 2-26)
	12	Western Washington (Saint Martin's, 3-7)

### Field Goal Attempts

2001-02	42	Seattle (Humboldt State, 2-14)
	42	Western Washington (Alaska Fairbanks, 3-2)
2002-03	38	Alaska Anchorage (Western Oregon, 1-16)
2003-04	37	Seattle Pacific (Western Oregon, 1-24)
2004-05	37	Alaska Fairbanks (Seattle, 1-8)
	37	Alaska Fairbanks (Alaska Anchorage, 2-12)
2005-06	33	Seattle (Alaska Anchorage, 1-21)
2006-07	37	Seattle (Alaska Anchorage, 1-11)
2007-08	40	Alaska Anchorage (Saint Martin's, 2-16)
2008-09	39	Alaska Anchorage (Western Oregon, 1-10)

### FG Percentage

2001-02	21.8	Western Oregon, 12-55 (Northwest Nazarene, 1-26)
2002-03	22.4	Seattle Pacific, 15-67 (Saint Martin's, 1-11)
2003-04	19.6	Seattle Pacific, 10-51 (Humboldt State, 2-21)
2004-05	18.0	Western Washington, 9-50 (Northwest Nazarene, 2-19)
2005-06	20.0	Seattle Pacific, 14-70 (Seattle, 2-2)
2006-07	17.5	Western Washington, 11-63 (Western Oregon, 2-15)
2007-08	23.3	Alaska Anchorage, 14-60 (Alaska Fairbanks, 1-26)
2008-09	18.8	Western Washington, 13-69 (Alaska Fairbanks, 2-26)

### Three-Point Attempts

2001-02	2	Seattle (Western Oregon, 2-16)
2002-03	4	Central Washington (Western Washington, 1-25)
2003-04	5	Central Washington (Humboldt State, 1-24)
2004-05	4	Central Washington (Northwest Nazarene, 1-15)
2005-06	3	Seattle (Northwest Nazarene, 2-4)
2006-07	4	Northwest Nazarene (UC San Diego, 11-18)
2007-08	5	Three with
2008-09	7	Alaska Anchorage (Western Oregon, 1-10)

### Three-Point Percentage (min. 10 att.)

2001-02	6.3	Alaska Fairbanks, 1-16 (Saint Martin's, 1-5)
2002-03	0.0	Saint Martin's, 0-10 (Western Oregon, 1-30)
2003-04	8.3	Central Washington, 1-12 (Western Washington, 2-5)
2004-05	6.3	Alaska Anchorage, 1-16 (Saint Martin's, 2-24)
2005-06	0.0	Seattle, 0-10 (Alaska Fairbanks, 1-19)
2006-07	4.8	Alaska Anchorage, 1-21 (Central Washington, 1-18)

2007-08	4.5	Seattle, 1-22 (Western Oregon, 2-28)
2008-09	5.6	Northwest Nazarene, 1-18 (Alaska Anchorage, 2-21)

### Free Throws

2001-02	4	Central Washington (Western Oregon, 1-19)
	4	Saint Martin's (Western Oregon, 3-2)
2002-03	2	Humboldt State (Saint Martin's, 2-1)
	2	Alaska Fairbanks (Alaska Anchorage, 2-8)
2003-04	2	Northwest Nazarene (Seattle Pacific, 1-29)
2004-05	2	Saint Martin's (Seattle, 2-19)
2005-06	0	Seattle Pacific (Western Oregon, 1-21)
2006-07	2	Alaska Anchorage (Western Washington, 2-8)
2007-08	1	Seattle Pacific (Central Washington, 2-14)
2008-09	2	Seattle Pacific (Central Washington, 1-17)

### Free Throw Attempts

2001-02	7	Four with
2002-03	6	Saint Martin's (Western Washington, 2-17)
2003-04	6	Saint Martin's (Alaska Anchorage, 2-5)
2004-05	4	Saint Martin's (Alaska Anchorage, 1-29)
	4	Saint Martin's (Seattle, 2-19)
	4	Saint Martin's (Western Oregon, 3-5)
2005-06	0	Seattle Pacific (Western Oregon, 1-21)
2006-07	5	Central Washington (Alaska Anchorage, 1-18)
	5	Alaska Anchorage (Western Washington, 2-8)
2007-08	2	Seattle Pacific (Central Washington, 2-14)
2008-09	5	Seattle Pacific (Central Washington, 1-17)

### Lowest FT Percentage (min. 15 att.)

2001-02	33.3	Saint Martin's, 7-21 (Alaska Anchorage, 2-9)
2002-03	36.8	Western Washington, 7-19 (Western Oregon, 2-6)
2003-04	51.7	Alaska Anchorage, 15-29 (Western Washington, 2-19)
2004-05	33.3	Northwest Nazarene, 7-21 (Alaska Anchorage, 1-27)
2005-06	42.9	Seattle, 9-21 (Alaska Anchorage, 2-16)
2006-07	43.8	Alaska Anchorage, 7-16 (Western Oregon, 2-1)
2007-08	38.1	Saint Martin's, 8-21 (Western Washington, 1-26)
2008-09	46.7	Alaska Anchorage, 7-15 (Alaska Fairbanks, 2-4)

### Rebounds

2001-02	22	Seattle Pacific (Alaska Anchorage, 1-10)
	22	Northwest Nazarene (Saint Martin's, 2-14)
2002-03	22	Western Washington (Central Washington, 1-25)
2003-04	20	Western Washington (Western Oregon, 2-26)
2004-05	18	Western Washington (Alaska Anchorage, 2-3)
2005-06	19	Western Washington (Alaska Anchorage, 1-14)
2006-07	23	Western Washington (Seattle, 1-6)
2007-08	18	Northwest Nazarene (MSU Billings, 1-26)
2008-09	18	Alaska Anchorage (Western Oregon, 1-29)

### Assists

2001-02	2	Alaska Fairbanks (Saint Martin's, 1-5)
2002-03	5	Saint Martin's (Western Oregon, 1-30)
	5	Seattle Pacific (Seattle, 2-20)
2003-04	4	Seattle Pacific (Seattle, 2-5)
2004-05	3	Western Washington (Seattle, 3-5)
2005-06	3	Seattle (Saint Martin's, 12-29)
2006-07	3	Seattle (Northwest Nazarene, 1-20)
	3	Seattle (Alaska Fairbanks, 2-8)
2007-08	2	Alaska Anchorage (Alaska Fairbanks, 1-26)
2008-09	4	Central Washington (Alaska Fairbanks, 2-28)
	4	Western Washington (Saint Martin's, 3-7)

### Steals

2001-02	2	Northwest Nazarene (Seattle, 2-23)
2002-03	2	Humboldt State (Alaska Anchorage, 1-18)
2003-04	1	Seattle Pacific (Alaska Fairbanks, 1-15)
2004-05	1	Saint Martin's (Alaska Fairbanks, 1-27)
	1	Humboldt State (Western Washington, 2-12)
2005-06	1	Humboldt State (Alaska Anchorage, 3-4)
2006-07	1	Western Washington (Alaska Anchorage, 2-8)

2007-08 0 MSU Billings (Central Washington, 1-10)  
2008-09 2 Five with

**Most Turnovers By Opponent**

2001-02 34 Western Oregon (Alaska Anchorage, 12-6)  
2002-03 34 Northwest Nazarene (Seattle, 1-18)  
2003-04 32 Seattle (Humboldt State, 2-26)  
2004-05 31 Northwest Nazarene (Humboldt State, 12-2)  
31 Saint Martin's (Western Oregon, 12-2)  
31 Central Washington (Northwest Nazarene, 1-15)  
2005-06 31 Seattle (Saint Martin's, 12-29)  
31 Seattle (Alaska Anchorage, 1-21)  
31 Seattle (Western Washington, 1-26)  
2006-07 33 Western Washington (Northwest Nazarene, 1-18)  
2007-08 30 Three with  
2008-09 35 Alaska Anchorage (MSU Billings, 3-7)

**Most Fouls By Opponent**

2001-02 32 Seattle Pacific (Western Oregon, 2-23)  
2002-03 31 Seattle (Northwest Nazarene, 1-18)  
2003-04 32 Northwest Nazarene (Seattle, 12-6)  
2004-05 33 Humboldt State (Western Washington, 2-12)  
2005-06 33 Western Washington (Seattle, 2-25)  
2006-07 31 Alaska Fairbanks (Alaska Anchorage, 1-27)  
2007-08 29 Western Oregon (Seattle, 2-28)  
2008-09 28 Saint Martin's (Western Washington, 3-7)