

# 2009-10 GNAC WOMEN'S BASKETBALL YEAR-IN-REVIEW

	Conference					Overall		Scoring			Rebounding			W-L Records		
	W	L	PF	PA	Mar.	W	L	PF	PA	Mar.	RF	RA	Mar.	H	A	N
Seattle Pacific	15	1	65.9	52.6	13.3	27	4	67.2	55.0	12.2	41.1	35.6	5.5	15-0	8-2	4-21
Western Washington	14	2	75.6	53.9	21.7	23	5	76.0	57.1	18.9	36.5	32.5	4.0	13-0	8-3	2-2
Alaska Anchorage	13	3	70.8	57.8	13.0	24	5	72.5	53.8	18.7	39.9	31.3	8.5	14-2	7-3	3-0
Northwest Nazarene	9	7	72.0	59.8	12.2	19	8	73.9	58.9	15.0	39.2	32.8	6.4	12-3	5-4	2-1
Saint Martin's	6	10	66.1	70.9	-4.8	12	15	66.2	67.6	-1.4	36.1	34.3	1.8	8-5	4-7	0-3
Western Oregon	6	10	63.7	64.5	-0.8	11	19	62.5	62.6	-0.03	33.9	35.6	-1.6	6-7	3-8	2-4
Montana State Billings	4	12	57.6	70.0	-12.4	11	16	62.3	66.7	-4.3	37.8	39.1	-1.3	8-6	3-9	0-1
Central Washington	4	12	58.1	71.6	-13.5	7	19	61.4	71.1	-9.7	34.7	40.9	-6.2	5-7	2-6	0-6
Alaska Fairbanks	1	15	53.9	82.4	-28.5	2	25	54.7	79.6	-24.9	36.4	44.8	-8.4	2-12	0-9	0-4

**NCAA WEST REGIONAL (March 12-15 at Seattle): Friday** - #6 Chico State 79, #3 Western Washington 68; #7 Humboldt State 76, #2 UC San Diego 72; #4 Alaska Anchorage 69, #5 Cal Poly Pomona 50; #1 Seattle Pacific 65, #8 Hawaii Pacific 52. **Saturday** - Chico State 86, Humboldt State 76; Seattle Pacific 52, Alaska Anchorage 48. **Monday** - Seattle Pacific 76, Chico State 68.

**NCAA ELITE EIGHT (March 23-26 at St. Joseph, Mo.): Tuesday** - Fort Lewis 68, Seattle Pacific 59.

**FINAL POLLS: WBCA ESPN USA Today WBCA Division II** - 7. Seattle Pacific, 16. Alaska Anchorage; 25. Western Washington, 41. Northwest Nazarene. **NCAA Division II West Region (Final)** - 1. UC San Diego, 2. Seattle Pacific, 3. Western Washington, 4. Alaska Anchorage, 5. Cal Poly Pomona, 6. Northwest Nazarene, 7. Chico State, 8. Grand Canyon, 9. Cal State Monterey Bay, 10. Hawaii Pacific. **Note:** Final rankings taken prior to final weekend and don't necessarily reflect seedings at regional tournament. **Note:** Final rankings taken prior to final weekend and do not necessarily reflect regional seedings.

## GNAC Statistical Champions

### All Games

**Individual:** Scoring - Amanda Dunbar, WWU, 17.4. FG PCT. - Hanna Johansson, UAA, 54.7. 3FG PCT. - Jamey Gelhar, SMU, 51.1. Three-point FGs - Amanda Dunbar, WWU, 3.25. FT PCT. - Sarah Zahler, WOU, 83.6. Rebounds - Kayla Ryan, MSUB, 8.93. Assists - Ashley Fennimore, WWU, 3.86. Steals - Daesha Henderson, SPU, 2.58. Blocked Shots - Shaina Afoa, CWU, 1.58.

**Team Offense:** Scoring - Western Washington 76.0. Scoring Margin - Alaska Anchorage 18.9. FG PCT. - Western Washington 47.9. 3FG PCT. - Saint Martin's 41.1. 3-FGs - Western Washington 7.21. FT PCT. - Saint Martin's 78.6. Rebounding - Alaska Anchorage 8.5. **Team Defense:** Scoring - Alaska Anchorage 53.8. FG PCT. - Seattle Pacific 34.1. 3FG PCT. - Seattle Pacific 30.5. Turnover Ratio - Alaska Anchorage 6.6. Steals - Alaska Anchorage 13.6. Blocks - Western Washington 4.4.

### Conference Games

**Individual:** Scoring - Amanda Dunbar 17.8. FG PCT. - Hanna Johansson, UAA, 56.5. 3FG PCT. - Jamey Gelhar, SMU, 52.7. Three-point FGs - Amanda Dunbar, WWU, 3.25. FT PCT. - Nikki Aden, UAA, 85.7. Rebounds - Jessica Summers, WWU, 9.00. Assists - Ashley Fennimore, WWU, 4.06. Steals - Daesha Henderson, SPU, 2.50. Blocked Shots - \*Krystal Robinson, WWU, 1.69.. (**\*Won 2006-07 statistical title**).

**Team Offense:** Scoring - Western Washington 75.6. Scoring Margin - Western Washington 21.7. FG PCT. - Western Washington 47.4. 3FG PCT. - Northwest Nazarene 41.8. 3-FGs - Western Washington 7.44. FT PCT. - Saint Martin's 80.0. Rebounding - Northwest Nazarene 6.9. **Team Defense:** Scoring - Seattle Pacific 52.6. FG PCT. - Seattle Pacific 34.0. 3FG PCT. - Western Washington 30.2. Turnover Ratio - Alaska Anchorage 7.1. Steals - Alaska Anchorage 13.3. Blocks - Western Washington 4.31.

## NCAA Division II National Statistical Leaders

**Team (Top 30):** Scoring - 23. Western Washington 76.0. Scoring Defense - 5. Alaska Anchorage 53.8; 14. Seattle Pacific 55.0; 29. Western Washington 57.1. Scoring Margin - 4. Alaska Anchorage 18.9; 5. Western Washington 18.7; 18. Northwest Nazarene 15.0; 27. Seattle Pacific 12.2. Field Goal PCT. - 2. Western Washington 47.9; 15. Northwest Nazarene 45.4. FG PCT. Defense - 11. Seattle Pacific 34.1. Free Throw PCT. - 5. Saint Martin's 78.6; 11. Western Washington 77.3; 13. Western Oregon 77.1; 25. Northwest Nazarene 75.9. Rebound Margin - 12. Alaska Anchorage 8.5; 21. Northwest Nazarene 6.4. Three-Point FGs - 26. Western Washington 7.2. Three-Point FG PCT. - 2. Saint Martin's 41.1; 3. Western Washington 40.6; 5. Northwest Nazarene 39.7. Assists - 13. Western Washington 17.6; 18. Seattle Pacific 17.3. Blocked Shots - 27. Western Washington 4.4. Steals - 8. Alaska Anchorage 13.6; 22. Northwest Nazarene 12.0; 29. Seattle Pacific 11.5. Turnover Margin - 6. Alaska Anchorage 6.62. Assist/TO Ratio - 29. Western Washington 1.00.

**Individual (Top 30):** Three-Point PCT. - 6. Amanda Dunbar, WWU, 46.7. Three-Pointers - 9. Amanda Dunbar, WWU, 3.3. Assist/Turnover Ratio - 29. Megan Pinsky, WWU, 1.89.

## Post-Season All-Star Teams

### Great Northwest Athletic Conference

First Team	Position	Height	Class	Hometown
+*Daesha Henderson, Seattle Pacific	G	5-8	Sr.	Snohomish, WA
Amanda Dunbar, Western Washington	G	5-9	Jr.	Marysville, WA
Lindsay Brady, Northwest Nazarene	G	5-8	Sr.	Boise, ID
Nicci Miller, Alaska Anchorage	F	5-10	Sr.	Denver, CO
*Katie Torland, Western Oregon	F	5-10	Sr.	Burns, OR
Jessica Summers, Western Washington	P	6-1	Sr.	Blaine, WA

\*Repeater +Unanimous

Second Team	Position	Height	Class	Hometown
Tamar Gruwell, Alaska Anchorage	G	5-8	Sr.	Fairfield, CA
Megan Hoisington, Seattle Pacific	F	5-11	Sr.	Bremerton, WA
Willow Cabe, Western Washington	F	6-1	Sr.	Elma, WA
Dara Zack, Saint Martin's	F	5-10	Jr.	Spokane, WA
Kayla Ryan, MSU Billings	C	6-1	Jr.	Big Timber, MT

**Honorable Mention** – Janee Olds, Northwest Nazarene (G, 5-8, Sr., Coos Bay, OR); Kristin Hein, Northwest Nazarene (F, 5-11, Sr., Tualatin, OR); Hanna Johansson, Alaska Anchorage (F, 6-2, So., Gothenburg, Sweden); Kelsie Gourdin, Alaska Anchorage (F, 5-10, Jr., Littleton, CO); Sophie Russell, Central Washington (W, 5-10, So., Lacey, WA).

**INDIVIDUAL AWARDS: Player-of-the-Year** - Daesha Henderson, Seattle Pacific. **Newcomer-of-the-Year** – Kelsie Gourdin, Alaska Anchorage, and Sarah McNamee, MSU Billings (G, 5-9, Jr., Miles City, MT). **Freshman-of-the-Year** – Heather Adams, Northwest Nazarene (G, 5-7, Fr., Boise, ID). **Coach-of-the-Year** – Julie van Beek, Seattle Pacific.

**GNAC ACADEMIC: Alaska Anchorage** - Tamar Gruwell (History, Sr., 3.91, Fairfield, CA); Hanna Johansson (Undeclared, So., 3.75, Gothenburg, Sweden); \*Nikki Aden (Journalism & PR, Jr., 3.60, Portland, OR – West Linn); +Sarah Herrin (Justice, Jr., 3.38, Nikiski, AK). **Central Washington** - Sara Bergner (Business & Psychology, Sr., 3.25, Bellingham, WA). **MSU Billings** - \*Kayla Ryan (Education, Jr., 3.93, Big Timber, MT); Kalli Stanhope (Psychology, So., 3.53, Glendive, MT); +Rachel Hansen (Biology, Sr., 3.48, Lolo, MT); Callie Kautzmann (Communications, So., 3.24, Nampa, ID). **Northwest Nazarene** - \*\*Lindsay Brady (Psychology, Sr., 3.66, Boise, ID). \*\*Brittney Roggenkamp, (Graphic Design, Sr., 3.61, LaCenter, WA); Julianne Bazzi (Social Work, So., 3.52, Silverton, OR); \*Kristin Hein (Elementary Education, Sr., 3.42, Tualatin, OR); Falissa Smith (Kinesiology, So., 3.38, Tigard, OR); Janee Olds (Social Science, Sr., 3.29, Coos Bay, OR). **Saint Martin's** - Kelsey Baker (Undeclared, So., 3.81, Spokane, WA); \*Dara Zack (Education, Jr., 3.93, Spokane, WA); Emily Lashua (Education, So., 3.97, Vancouver, WA); Danika Lawson (Business, Sr., 3.91, Edgewood, WA); \*\*Jamey Gelhar (Business, Sr., 3.53, Brush Prairie, WA); \*Roni Jo Mielke (Biology, Jr., 3.97, Harrington, WA); \*\*Megan Busch (Math, Sr., 3.41, Bellingham, WA); \*Katie Hawkins (English, Jr., 3.69, Yakima, WA); Megan Teade (Biology, So., 3.47, Colfax, WA). **Seattle Pacific** - Caitlyn Rohrbach (Psychology, Jr., 3.94, Edmonds, WA); \*Maddie Maloney, (Psychology, Jr., 3.80, Issaquah, WA); Sydney Benson (European Studies, Sr., 3.67, Snohomish); \*\*Daesha Henderson (Biology, Sr., 3.49, Snohomish, WA); Megan Hoisington (Biology, Sr., 3.21, Bremerton, WA). **Western Oregon** - \*Shayla Corder (Communications, Sr., 3.57, Roseburg, OR); Katie Torland (Exercise Science, Sr., 3.26, Burns, OR); AJ Hawk (Business, Sr., 3.39, Ontario, OR); Erika Wilson (Business, So., 3.65, Kirkland, WA). **Western Washington** - Megan Pinske (General Studies, Jr., 3.24, Coquitlam, BC). \*Repeater \*\*Two-time repeater

**DAKTRONICS NCAA WEST REGION: First Team** – Chelsea Carlisle, UC San Diego (Guard, 5-6, So., Agoura Hills, CA); Amanda Dunbar, Western Washington (Guard, 5-9, Jr., Marysville, WA); Brittney Taylor, Humboldt State (Center, 6-0, Sr., Playa del Rey, CA); Reyana Colson, Cal Poly Pomona (Guard, 5-6, Jr., Compton, CA); Samantha Murphy, Grand Canyon (Guard, 5-8, So., Phoenix, AZ). **Second Team** - Daesha Henderson, Seattle Pacific (Guard, 5-8, Sr., Snohomish, WA); Neka Mixon, CSU Dominguez Hills (Guard, 5-10, Jr., Long Beach, CA); Jessica Summers, Western Washington (Forward, 6-1, Sr., Blaine, WA); Nicci Miller, Alaska Anchorage (Forward, 5-10, Sr., Denver, CO); Dara Zack, Saint Martin's (Forward, 5-10, Jr., Spokane, WA).

**WBCA KODAK NCAA WEST REGION: First Team** - Chelsea Carlisle, UCSD (G, 5-7, So.); Reyana Colson, Cal Poly Pomona (G, 5-6, Jr.); Amanda Dunbar, Western Washington (G, 5-9, Jr.); Daesha Henderson, Seattle Pacific (G, 5-8, Sr.); Jessica Summers, Western Washington (G, 6-1, Sr.).

**NCAA WEST REGION ALL-TOURNAMENT (Mar. 12-15 at Seattle)** – Melissa Reich, Seattle Pacific (MVP); Daesha Henderson, Seattle Pacific; Natasha Smith, Chico State; Hanna Johansson, Alaska Anchorage; Andrea Bobic, Humboldt State.

**COSIDA ACADEMIC ALL-REGION: Kayla Ryan, MSUB (Education, Jr., 3.93, Big Timber, MT); Daesha Henderson, SPU (Biology, Sr., 3.49, Snohomish, WA). Second Team** - Grace Milliken, UAF (Biological Sciences, Jr., 4.00, Healy, AK); Caitlyn Rohrbach, SPU (Psychology, Jr., 3.94, Edmonds, WA).

**ALL-AMERICAN TEAMS: WBCA State Farm (Coaches): Honorable Mention** - Amanda Dunbar, Western Washington (G, 5-9, Jr.); Daesha Henderson, Seattle Pacific (G, 5-8, Sr.); Jessica Summers, Western Washington (G, 6-1, Sr.). **Division II Bulletin (Media): Third Team** - Daesha Henderson, Seattle Pacific (G, 5-8, Sr.). **Honorable Mention** - Amanda Dunbar, Western Washington (G, 5-9, Jr.); Jessica Summers, Western Washington (G, 6-1, Sr.). **Daktronics (SIDs):** No GNAC player was selected.