

GREAT NORTHWEST ATHLETIC CONFERENCE

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Report 12D (Nov. 11, 2009)

Forty-Two Named to GNAC Volleyball Academic Team

SPOKANE – A total of 42 student-athletes have been named to the 2009 Great Northwest Athletic Conference Academic All-Conference volleyball team.

Alaska Fairbanks placed the most players on the academic team with eight. Northwest Nazarene had seven selections and Central Washington and Western Washington had six.

UAF's Jennifer Holland, a civil engineering sophomore from Sterling, Alaska, has the top GPA with a perfect 4.00 mark. Among seniors, Lisa Martini and Amy Herron, both from Western Oregon, have the best GPAs with 3.96 and 3.93 averages, respectively.

Eleven players – Alexa Sherman, Hannah Armstrong, Jessica Hill and Megan Thigpen, all from Alaska Fairbanks; Deidre Scheidt and Erin Norris of Central Washington; Cammy Dranginis of Northwest Nazarene, and Lisa Martini, Amy Herron, Laura Sakala and Danielle English, all from Western Oregon – were selected to the team for the third time. Fifteen other players were repeat selections from last year.

To be eligible for the academic team, student-athletes must have a minimum grade point average of 3.20 and be in at least their second year of competition at their university.

GNAC Volleyball Academic All-Conference Team

Stacie Meisner, Alaska Anchorage (Journalism & Public Communications, Sr., 3.66, Gering, NE)
Jackie Matthisen, Alaska Anchorage (Natural Sciences, So., 3.35, Anchorage, AK)
Jennifer Holland, Alaska Fairbanks (Civil Engineering, So., 4.00, Sterling, AK)
**Alexa Sherman, Alaska Fairbanks (Arts & Sciences, Sr., 3.80, Calabasas, CA)
*Erica Gage, Alaska Fairbanks (Psychology, Jr., 3.70, Palo Alto, CA)
**Hannah Armstrong, Alaska Fairbanks (Business, Sr., 3.60, Eagle River, AK)
**Jessica Hill, Alaska Fairbanks (Journalism, Sr., 3.60, Colorado Springs, CO)
Heather Lyons, Alaska Fairbanks (Sociology, Sr., 3.60, Anchorage, AK)
**Megan Thigpen, Alaska Fairbanks (Business Administration, Sr., 3.40, Spokane, WA)
*Melissa Refuerzo, Alaska Fairbanks (Business Administration, Jr., 3.30, Anchorage, AK)
**Deidre Scheidt, Central Washington (Math Education, Sr., 3.67, Milton, WA)
Meg Ryan, Central Washington (Undeclared, So., 3.48, Spokane, WA)
**Erin Norris, Central Washington (Biology, Sr., 3.36, Spokane, WA)
Meggie Graf, Central Washington (Physical Education, Sr., 3.33, Selah, WA)
Carlee Marble, Central Washington (Exercise Science, So., 3.33, La Conner, WA)
*Brandie Vea, Central Washington (Elementary Education, Jr., 3.30, Honolulu, HI)
*Hillary Morrison, MSU Billings (Biology, Sr., 3.61, Casper, WY)
*Devon Crotteau, MSU Billings (Biology, Sr., 3.56, Casper, WY)
*Jill Trabing, MSU Billings (Sociology, Sr., 3.42, Buffalo, WY)
*Jennifer Boe, MSU Billings (Business Marketing, Jr., 3.24, Casper, WY)
Kailey Trautmann, Northwest Nazarene, (Biology/Pre-Med, So., 3.85, Snohomish, WA)
*Amy Higginson, Northwest Nazarene (Biology/Pre-Med, Jr., 3.62, Longview, WA)
Kelsey Smith, Northwest Nazarene (Recreation & Sports Management, So., 3.55, Temecula, CA)
**Cammy Dranginis, Northwest Nazarene (Secondary Ed/Kinesiology, Sr., 3.53, Nampa, ID)
Haley Abbott, Northwest Nazarene (Biology/Pre-Med, So., 3.46, Kenmore, WA)
Lindsay Grant, Northwest Nazarene (Secondary Ed/Kinesiology, Sr., 3.34, Nampa, ID)
*Haley Hevern, Northwest Nazarene (Psychology, Jr., 3.31, Central Point, OR)
Paige Hoffman, Seattle Pacific (Business, So., 3.81, Encinitas, CA)
Lindsey Wodrich, Seattle Pacific (Family & Consumer Science, So., 3.66, Richland, WA)
*Kylie Johnson, Seattle Pacific (Biology/Pre-Physical Therapy, Jr., 3.29, Tucson, AZ)
Anna Herold, Seattle Pacific (Secondary Education, So., 3.28, Bothell, WA)

**Lisa Martini, Western Oregon (Exercise Science, Sr., 3.96, Philomath, OR)
**Amy Herron, Western Oregon (Exercise Science, Sr., 3.93, Spokane, WA)
**Danielle English, Western Oregon (Exercise Science, Sr., 3.56, Anchorage, AK)
**Laura Sakala, Western Oregon (Business, Sr., 3.46, Beaverton, OR)
*Jordan Burrows, Western Oregon (Nursing, Jr., 3.29, Lebanon, OR)
*Kathryn Mertens, MB, Western Washington (Biology/Anthropology, Jr., 3.89, Olympia, WA)
Emily Jepsen, MB, Western Washington (Physical Education/Business Economics, So., 3.79, Kennewick, WA)
*Jordyn Bailey, OH, Western Washington (Business Administration/International Business, Jr., 3.47, Wenatchee, WA)
*Allison Gotz, L, Western Washington (Psychology, Jr., 3.39, Bothell, WA)
*Megan Amundson, OH, Western Washington (Kinesiology/Health & Fitness, Jr., 3.37, Stanwood, WA)
Haleigh Adkins, DS, Western Washington (Elementary Education/Psychology, So., 3.31, Puyallup, WA)

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*Repeater **Two-time repeater (Sakala in 2006 & 2008)