



November 24, 2009

2009 AVCA ALL-REGION TEAMS ANNOUNCED FOR NCAA DIVISION II

Atlantic Region

Table with 4 columns: Name, School, Position, and Year. Includes Keysha Allison, Ludmila Amaral, Kellie Bartman, etc.

East Region

Table with 4 columns: Name, School, Position, and Year. Includes Chelsey Alpough, Agatha Baliddawa, Sarah Coscia, etc.

Region Freshman of the Year: Xuan Gao, Lock Haven, RS/Opp.

Honorable Mention: Nicole Andrusz (Clarion, MB, Jr.), Rhianon Brady (Clarion, DS/Lib., So.), Kara Cullen (Gannon, MB, So.), Haley Gribler (Lock Haven, OH, So.), Amanda Hall (Shepherd, MB, So.), Megan Osysko (Edinboro, S, So.)

Region Freshman of the Year: Keidy Candelaria, New Haven, OH

Honorable Mention: Molly Cindric (Merrimack, OH, Jr.), Alex Kearney (Bentley, OH, Sr.), Cassie Kraft (Bentley, DS/Lib., Sr.), Heather Ladao (New Haven, DS/Lib., So.), Elsa LeGrand (UMass-Lowell, OH, Sr.), Alyssa Pickert (Merrimack, DS/Lib., Jr.)

Central Region

Table with 4 columns: Name, School, Position, and Year. Includes Amanda Beekman, Megan Carlson, Gabe Curtis, etc.

Midwest Region

Table with 4 columns: Name, School, Position, and Year. Includes Lyndsay Callahan, Ashlee Crowder, Sydney Dow, etc.

Region Freshman of the Year: Mary Groth, Southwest Minnesota State, MB

Honorable Mention: Mary Groth (Southwest Minnesota State, MB, Fr.), Cassie Haag (Concordia-St. Paul, MB, Fr.), Laura Tvrdik (Minnesota State-Moorhead, RS/Opp., Jr.), Darcy Jennings-Calkins (Adams State, MB, Sr.), Cola Svec (Nebraska-Kearney, S, Jr.), Jen Walkowiak (Nebraska-Kearney, MB, Jr.)

Region Freshman of the Year: Britney Snider, Ashland, OH

Honorable Mention: Andrea Buxton (Saginaw Valley State, OH, So.), Sara de Buhr (Lewis, MB, Sr.), Weslie Gaff (Missouri, MB, So.), Sarha Gosselin (Wayne State [Mich.], OH, Sr.), Britney Snider (Ashland, MB, Sr.), Mandie Meyer (Northern Michigan, OH, Sr.)

South Region

Lydee Benoit	Eckerd College	OH	Sr.
Julia Borecka	Florida Southern College	RS/Opp.	Sr.
Emily Calderon-Reyes	Saint Leo University	OH	Jr.
Kaleigh Cunningham	University of Tampa	OH	Jr.
Patricia Gandolfo	University of West Florida	MB	Sr.
Alison Jacobs	University of North Alabama	S	Sr.
Kaitlin McKenna**	Saint Leo University	MB	Jr.
Michelle Noguera***	Saint Leo University	S	Sr.
Carly Perschnick	Nova Southeastern University	MB	Fr.
Valia Petrova**	Nova Southeastern University	S	Sr.
Lacy Redwine	Lynn University	DS/Lib.	Jr.
Sarah Roberts	University of North Alabama	MB	Jr.
Meghan Sherman	University of Tampa	S	Jr.
Melissa Vanderhall**	University of Tampa	OH	Jr.

Region Freshman of the Year: Carly Perschnick, Nova Southeastern, MB

Honorable Mention: Jordan Kent (West Alabama, MB, Sr.), Manuela Nesheva (Harding, OH, Sr.), Bruna Rocha (Saint Leo, OH, Jr.), Chelsea Wilhoite (West Florida, OH, Jr.), Bethany Wright (Henderson, DS/Lib., Sr.), Kathleen Yong (Nova Southeastern, DS/Lib., Jr.)

Southeast Region

Katie Beale	Flagler College	OH	Sr.
Lauren Billo	Wingate University	OH	Jr.
Justine Burkhardt	Flagler College	OH	Sr.
Stormi Gale**	Wingate University	MB	Jr.
Jessica Howard	Augusta State University	MB	Sr.
Whitney Justice	Lees-McRae College	MB	Jr.
Mai Zoua Lo	Catawba College	DS/Lib.	Sr.
Maggie Malone**	Wingate University	DS/Lib.	So.
Michele Remlinger	Armstrong Atlantic State Univ.	MB	Sr.
Luana Rocha	Lees-McRae College	DS/Lib.	Fr.
Kristin Standhardinger	Armstrong Atlantic State Univ.	S	Fr.
Kathrin Standhardinger	Armstrong Atlantic State Univ.	MB	Fr.
Meg Weathersby	Flagler College	MB	Fr.
Liz Willis**	Wingate University	S	So.

Region Freshman of the Year: Kristin Standhardinger, Armstrong Atlantic, S

Honorable Mention: Stephanie Cutter (Carson Newman, S, Sr.), Racey Bartley (Mount Olive, MB, Sr.), Melissa McCracken (Lander, OH, Jr.), Melissa Thomas (Limestone, OH, Sr.), Amanda Horenkamp (Lincoln Memorial, OH, Sr.), Shay Meeks (Catawba, OH, So.)

South Central Region

Pamela Cartagena****	Pittsburg State University	OH	Sr.
Rachel Fister	University of Central Missouri	DS/Lib.	Jr.
Kate Hampson	Washburn University	S	Sr.
Melissa Harper**	West Texas A&M University	MB	Sr.
Allie Huffman**	University of Central Missouri	OH	So.
Mollie Lacy	Washburn University	MB	So.
Brittney Miller	Emporia State University	RS/Opp.	Jr.
Caitlin Pankratz	University of Central Missouri	S	Sr.
Laura Prinsen**	West Texas A&M University	RS/Opp.	Sr.
Katie Rickwartz	West Texas A&M University	S	Sr.
Megan Sharpe	Truman State University	MB	Fr.
Arica Shepard***	Emporia State University	OH	Sr.
Corinne Stringer	Pittsburg State University	OH	So.
Ellen Thommes	University of Nebraska-Omaha	MB	Sr.

Region Freshman of the Year: Megan Sharpe, Truman State, MB

Honorable Mention: Lauren Flynn (Texas A&M-Commerce, DS/Lib., Sr.), Shawna Hines (Abilene Christian, MB, Jr.), Breanna Lewis (Washburn, RS/Opp., So.), Ting Liu (Emporia State, S, Jr.), Edie Weise (Incarnate Word, MB, Sr.), Cassie Wilson (Pittsburg State, DS/Lib., Jr.)

West Region

Roxanne Brunsting	Univ. of California San Diego	DS/Lib.	So.
Jane Chafeh	Cal. State Univ., San Bernardino	OH	Jr.
Elaine Chen	Univ. of California San Diego	S	Sr.
Devon Crotteau	Montana State Univ.-Billings	OH	Sr.
Sara Hoffman***	Cal. State Univ., San Bernardino	S	Sr.
Taylor Krenwinkle	Sonoma State University	DS/Lib.	So.
Samantha Middleborn	Cal. State Univ., San Bernardino	MB	So.
Keala Peterson	Sonoma State University	OH	So.
Sylvia Schmidt	Univ. of California San Diego	OH	Sr.
Calli Scott	University of Alaska Anchorage	S	Sr.
Fabiane Seben**	University of Hawai'i-Hilo	MB	Sr.
Katie Swenson	University of Hawai'i-Hilo	S	Jr.
Makenzie Snyder	California State Univ., Chico	OH	So.
Brandie Vea**	Central Washington University	DS/Lib.	Jr.

Region Freshman of the Year: Marlayna Geary, Western Washington, OH

Honorable Mention: Gabriela Bulawczyk (Cal State L.A., OH, Sr.), Marlayna Geary (Western Washington, OH, Fr.), Cortney Lundberg (Alaska Anchorage, MB, Jr.), Jackie Matthisen (Alaska Anchorage, OH, So.), Allyson Sather (Sonoma State, OH, Fr.), Sable Villaescusa (Chico State, S, Fr.)

* Denotes total number of years selected to AVCA All-Region Team