

Information about Athletic Training Service for Athletic Teams visiting Western Oregon University

Athletic Training Room Facilities:

Main Athletic Training Room

- o Located: NPE Building Room 107
- o Phone: 503-838-8251
- o Fax: 503-838-8370

Football Athletic Training Room

- o Located: OPE Building, bottom floor
- o Phone: 503-838-8953

Sports Medicine Staff:

Team Physician (Orthopedic Surgeon): Dr. Richard Tobin

Kurtis Kidd - Head Athletic Trainer

- o Office Phone: 503-838-8343
- o Email: kiddk@wou.edu

Jennifer O'Sullivan - Assistant Athletic Trainer

- o Office Phone: 503-838-8251
- o Cell Phone: 503-480-5238
- o Email: osullivj@wou.edu

Kristen Monette: Graduate Assistant Athletic Trainer

Rachel Gillespie: Graduate Assistant Athletic Trainer

Other local medical contacts:

- o Student Health Center - Phone: 503-838-8313
- o Salem Urgent Care Center - Phone: 503-561-5554
- o Salem Hospital Emergency Room - Phone: 503-561-5373
- o West Valley Emergency Room (Dallas) - Phone - 503- 623-8301

Services Available in the Athletic Training Room:

- o Emergency care (AED, splints, crutches)
- o Injury evaluation
- o Injury rehabilitation
- o Taping/bracing
- o Various Modalities (ice, heat, etc.)
- o Wound Care
- o Hydration Supplies/Information
- o Nutritional/Supplement Advice
- o Referrals for other general medical conditions

Equitable Medical Care for Visiting Teams

Western Oregon University will provide equitable access to health care for all visiting teams. The following is Western Oregon Universities definition of 'equitable access to health care':

I. Competition:

A certified athletic trainer will be physically present during all Western Oregon University hosted competitions.

II. Pre-Competition:

A certified athletic will physically be present at the venue of all Western Oregon University hosted competitions at least 2 hours before the scheduled start time of the competition.

1. Teams traveling with a certified athletic trainer:

- a. Complete access to the Western Oregon University athletic training facility will be granted. Arrangements can be made if a separate visiting athletic training room is requested.

2. Teams traveling without a certified athletic trainer:

- a. Please have your certified athletic trainer give at least 24-hour advanced notice via email, or telephone of all requested pre-competition athletic training services.
- b. To avoid possible time conflicts please schedule your arrival time with the Western Oregon University certified athletic trainer.
 - i. As a general rule your arrival time does not require advance notice. However, if your team requires a large amount of time for pre-competition preparation it is recommended that you communicate with the host certified athletic trainer and schedule an arrival time.

III. Practice:

A certified athletic trainer will be physically present in the Western Oregon University athletic training facility during institution-declared hours of service. It is recommended that all visiting teams have knowledge of institution-declared hours of service before arrival on campus.

1. If a visiting certified athletic trainer requires access to the athletic training facility outside of institution-declared hours of service their request will be granted.
2. If a visiting team is traveling without the services of a certified athletic trainer and is having practice outside of the institution-declared hours of service, access to 1st aid supplies (ice, band-aids, ect.) will be granted to the visiting teams designated 1st aid responder.