

GNAC Outdoor Performance List

ICON KEY: NCAA DII Prov GNAC Prov GNAC Auto NCAA DII Auto

100m (Men)

NCAA DII Auto 10.38

NCAA DII Prov 10.60

GNAC Auto 10.97

GNAC Prov 11.34

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Registe, David	SR-4	Alaska Anchorage	10.68	2011 Willamette Invitational	04/01/11	04/03/11
2	Boss, Andrew	SR-4	Simon Fraser	10.85	UW Ken Shannon Invitational	05/07/11	05/08/11
3	Tilley, Alex	JR-3	Western Washington	10.92	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
4	Pangilinan, Mark	FR-1	Western Washington	10.95	Puget Sound Shotwell Invitational	04/02/11	04/03/11
5	Boyd, Dustin	SO-2	Western Oregon	10.96	Beach Invitational	04/16/11	04/17/11
6	Morrison, Scott	SO-2	Central Washington	10.99	Puget Sound Shotwell Invitational	04/02/11	04/03/11
7	DeWolf, Austen	SO-2	Alaska Anchorage	11.03	UNLV Track Classic	03/04/11	03/06/11
8	Nicolas, Dennis	JR-3	Simon Fraser	11.06	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Grounds, Micah	SR-4	Seattle Pacific	11.09	CWU Spike Art Invitational	04/16/11	04/17/11
10	McFadden, Donovan	FR-1	Western Oregon	11.11	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Alexander, Bobby	SO-2	Western Oregon	11.14	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Allen, AJ	SO-2	Alaska Anchorage	11.14	Bryan Clay Invitational	04/15/11	04/16/11
11	Bratten, Dustin	FR-1	Seattle Pacific	11.14	Puget Sound Shotwell Invitational	04/02/11	04/03/11
14	Cho, James	JR-3	Central Washington	11.15	CWU Spike Art Invitational	04/16/11	04/17/11
15	Seel, Matt	SO-2	Central Washington	11.20	UW Ken Shannon Invitational	05/07/11	05/08/11
16	Brown, Edd	SO-2	St. Martin's	11.22	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
16	Kaino, Matt	SO-2	Western Oregon	11.22	John Knight Twilight	04/08/11	04/09/11
18	Henderson, Cody	FR-1	Northwest Nazarene	11.34	All Idaho Collegiate Cup	04/01/11	04/03/11
19	Colby, Cameron	JR-3	Northwest Nazarene	11.38	Idaho-Utah Borderclash	04/29/11	05/01/11
20	Caryl, Jason	SO-2	Central Washington	11.39	CWU Spike Art Invitational	04/16/11	04/17/11
21	Duncan, Dusty	FR-1	Seattle Pacific	11.40	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
22	Lee, Erik	FR-1	Central Washington	11.47	Puget Sound Shotwell Invitational	04/02/11	04/03/11
23	Lewis, Deshawn	JR-3	MSU-Billings	11.49 @	Montana Open	04/16/11	04/17/11
23	Prevost, Adam	SO-2	MSU-Billings	11.49 @	Montana State Tom Gage Classic	05/05/11	05/07/11
25	Hyde, Jake	SO-2	Western Oregon	11.53	Pacific Preview	03/12/11	03/13/11
25	Sepe, Derek	SR-4	Northwest Nazarene	11.53	Idaho-Utah Borderclash	04/29/11	05/01/11
27	Okazaki, Cory	FR-1	Western Washington	11.55	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
28	Polkow, Lewis	FR-1	MSU-Billings	11.60 @	Montana State Tom Gage Classic	05/05/11	05/07/11
28	Morales, Gabriel	SR-4	Western Washington	11.60	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
28	Villanueva, Phillip	SR-4	Western Washington	11.60	Cal State LA Twilight Open	04/14/11	04/15/11
31	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	11.63	Idaho-Utah Borderclash	04/29/11	05/01/11
32	Hunter, Scott	SO-2	Central Washington	11.64 HT	2011 PLU Invitational	03/12/11	03/16/11
32	Stein, Shae	FR-1	MSU-Billings	11.64 @	Montana Open	04/16/11	04/17/11
32	Clendaniel, Tim	JR-3	Western Washington	11.64	WWU Multis	04/07/11	04/09/11
35	Alexander, Colin	JR-3	Central Washington	11.65	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
36	Johnson, Nate	SO-2	Seattle Pacific	11.72	Cal Multis	03/23/11	03/25/11
37	Moldanov, Sviatoslav	JR-3	Simon Fraser	11.76	UBC Open	03/28/11	03/28/11
38	Fay, Russell	FR-1	Alaska Anchorage	11.77	2011 Willamette Invitational	04/01/11	04/03/11
38	Roddeiwig, Brandon	SO-2	Central Washington	11.77	CWU Spike Art Invitational	04/16/11	04/17/11
38	Stralser, Michael	FR-1	Western Washington	11.77	WWU Multis	04/07/11	04/09/11
41	Smarrt, Casey	FR-1	MSU-Billings	11.81 @	Montana Open	04/16/11	04/17/11
41	Melo, Manny	SO-2	Central Washington	11.81	CWU Spike Art Invitational	04/16/11	04/17/11
43	Gruzinski, Levi	SO-2	Western Washington	11.82	Club Northwest Spring Break Open	03/26/11	03/27/11
44	Demouchet, Christian	SR-4	Central Washington	11.84 HT	2011 PLU Invitational	03/12/11	03/16/11
44	Hogan, Anthony	SO-2	Central Washington	11.84 HT	2011 PLU Invitational	03/12/11	03/16/11
46	Venema, Andrew	SO-2	Central Washington	11.90	WWU Multis	04/07/11	04/09/11
47	Karnofski, Kyle	SO-2	St. Martin's	11.91	Puget Sound Shotwell Invitational	04/02/11	04/03/11
48	Greene, Tim	SR-4	Northwest Nazarene	11.93	Spokane Multi	04/12/11	04/14/11
49	Loscutoff, Andy	SR-4	Western Oregon	11.95	GNAC Combined Events Championships	05/02/11	05/04/11
50	Gaines, Eric	FR-1	Western Oregon	12.06	2011 Willamette Opener	03/05/11	03/06/11
51	Conard, Zach	JR-3	Simon Fraser	12.10	2011 Achilles Cup	04/27/11	04/29/11
52	Morgan, Wyatt	JR-3	Alaska Anchorage	12.11	Cal Multis	03/23/11	03/25/11
53	Holland, Michael	FR-1	St. Martin's	12.13	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
54	Hartwigsen, Derek	JR-3	Western Washington	12.17	WWU Multis	04/07/11	04/09/11
55	Wiedmer, Casey	FR-1	St. Martin's	12.21	Puget Sound Shotwell Invitational	04/02/11	04/03/11
56	Gordon, Dylan	SO-2	Western Washington	12.22	WWU Multis	04/07/11	04/09/11
57	Steinke, Thomas	SO-2	Central Washington	12.24	WWU Multis	04/07/11	04/09/11
58	Kamagata, Sakae	FR-1	Central Washington	12.26	CWU Spike Art Invitational	04/16/11	04/17/11
59	Grossaint, Cameron	SO-2	St. Martin's	12.29	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
60	Steingruber, Brock	FR-1	MSU-Billings	12.48 @	Montana Open Multis	04/14/11	04/16/11
61	Ou, Andrew	SO-2	Simon Fraser	12.53	UBC Open	03/26/11	03/28/11
62	Humble, Brandon	JR-3	Northwest Nazarene	12.54	Northwest Nazarene Invitational	04/23/11	04/24/11
63	Linhart, Dylan	FR-1	St. Martin's	12.66	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
64	Beaty, Bryan	FR-1	Northwest Nazarene	12.83	NNU Combined Events	03/11/11	03/13/11
65	Montgomery, Stuart	SR-4	Northwest Nazarene	13.01	GNAC Combined Events Championships	05/02/11	05/04/11

100m (Women)

NCAA DII Auto 11.56

NCAA DII Prov 12.05

GNAC Auto 12.43

GNAC Prov 12.81

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Mitchell, Kishia	FR-1	Seattle Pacific	12.10	CWU Spike Art Invitational	04/16/11	04/17/11
2	McClung, Madison	FR-1	Western Oregon	12.21	Beach Invitational	04/16/11	04/17/11
3	Sims, Crystal	SR-4	Seattle Pacific	12.36	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Genther, Chelsea	FR-1	Central Washington	12.40	CWU Spike Art Invitational	04/16/11	04/17/11
5	Zukowski, Megan	SR-4	Western Washington	12.45	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
6	Meusec, Lacey	SR-4	Western Oregon	12.48	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
7	Everett, Adrienna	SR-4	Alaska Anchorage	12.52	Oxy Invitational	05/07/11	05/08/11
8	Wochnick, BryAnne	SO-2	Seattle Pacific	12.59	CWU Spike Art Invitational	04/16/11	04/17/11
9	Quater, Emily	SO-2	Seattle Pacific	12.60	Puget Sound Shotwell Invitational	04/02/11	04/03/11
10	Leonce, Christabel	JR-3	Northwest Nazarene	12.62	Northwest Nazarene Invitational	04/23/11	04/24/11
11	Coffey, Sydney	FR-1	Western Washington	12.65	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
12	Grammer, Melissa	SO-2	Northwest Nazarene	12.67	Idaho-Utah Borderclash	04/29/11	05/01/11
12	Takayoshi, Sarah	SO-2	Central Washington	12.67	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
14	Bjomsson, Tanya	SO-2	Western Washington	12.71	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
15	Carter, Breanne	SR-4	Simon Fraser	12.73	Beach Invitational	04/16/11	04/17/11
16	Valentine, Myisha	JR-3	Seattle Pacific	12.75	CWU Spike Art Invitational	04/16/11	04/17/11
17	Kathrein, Sarah	SO-2	Western Oregon	12.79	Bryan Clay Invitational	04/15/11	04/16/11

200m (Men)

NCAA DII Auto 20.88

NCAA DII Prov 21.45

GNAC Auto 22.41

GNAC Prov 22.87

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Registe, David	SR-4	Alaska Anchorage	21.44	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
2	Boss, Andrew	SR-4	Simon Fraser	21.61	Bryan Clay Invitational	04/15/11	04/16/11
3	Curtis, Andrew	SO-2	Northwest Nazarene	21.82	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	DeWolf, Austen	SO-2	Alaska Anchorage	21.99	Northridge Invitational	03/12/11	03/13/11
5	Morrison, Scott	SO-2	Central Washington	22.05	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
6	Yakovich, Anthony	SO-2	Western Oregon	22.08	John Knight Twilight	04/08/11	04/09/11
7	Thomas, Tyler	FR-1	Western Oregon	22.12	John Knight Twilight	04/08/11	04/09/11
8	Boyd, Dustin	SO-2	Western Oregon	22.15	Bryan Clay Invitational	04/15/11	04/16/11
8	Kaino, Matt	SO-2	Western Oregon	22.15	Bryan Clay Invitational	04/15/11	04/16/11
10	Tilley, Alex	JR-3	Western Washington	22.30	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Moore, Josh	SO-2	Western Oregon	22.34	L&C Invitational	04/16/11	04/17/11
12	Grounds, Micah	SR-4	Seattle Pacific	22.66	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
13	Hewitt, Ethan	SO-2	Alaska Anchorage	22.70	2011 Willamette Invitational	04/01/11	04/03/11
14	Panglinan, Mark	FR-1	Western Washington	22.76	Puget Sound Shotwell Invitational	04/02/11	04/03/11
15	McFadden, Donavan	FR-1	Western Oregon	22.81	Pacific Twilight 2011	04/29/11	05/01/11
16	Fremd, Kyle	SO-2	Central Washington	22.85	CWU Spike Art Invitational	04/16/11	04/17/11
16	Sutton, Levi	SR-4	Alaska Anchorage	22.85	Northridge Invitational	03/12/11	03/13/11
18	Hyde, Jake	SO-2	Western Oregon	22.87	John Knight Twilight	04/08/11	04/09/11
19	Duncan, Dusty	FR-1	Seattle Pacific	22.90	L&C Spring Break Open	03/19/11	03/20/11
20	Montrose, Brett	JR-3	Simon Fraser	22.91	Bryan Clay Invitational	04/15/11	04/16/11
20	Seel, Matt	SO-2	Central Washington	22.91	WAR 4	04/09/11	04/10/11
22	Allen, AJ	SO-2	Alaska Anchorage	22.95	Bryan Clay Invitational	04/15/11	04/16/11
23	Henderson, Cody	FR-1	Northwest Nazarene	22.97	Idaho-Utah Borderclash	04/29/11	05/01/11
24	Bratten, Dustin	FR-1	Seattle Pacific	23.10	Puget Sound Shotwell Invitational	04/02/11	04/03/11
25	David, Toby	SR-4	Western Washington	23.12	Bryan Clay Invitational	04/15/11	04/16/11
26	Prevost, Adam	SO-2	MSU-Billings	23.17 @	Montana State Tom Gage Classic	05/05/11	05/07/11
27	Mowery, Tim	SO-2	Western Oregon	23.22	L&C Spring Break Open	03/19/11	03/20/11
28	Rhodes, Kody	FR-1	Western Oregon	23.29	Pacific Twilight 2011	04/29/11	05/01/11
29	Hill, Dan	SR-4	Northwest Nazarene	23.36	All Idaho Collegiate Cup	04/01/11	04/03/11
30	Colby, Cameron	JR-3	Northwest Nazarene	23.37	Idaho-Utah Borderclash	04/29/11	05/01/11
30	Heidegger, Ben	JR-3	Northwest Nazarene	23.37	Northwest Nazarene Open	03/11/11	03/13/11
32	Logue, Colin	SO-2	Western Washington	23.38	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
33	Lewis, Deshawn	JR-3	MSU-Billings	23.41 @	Montana Open	04/16/11	04/17/11
34	Alexander, Colin	JR-3	Central Washington	23.48	WAR 4	04/09/11	04/10/11
34	Grossaint, Cameron	SO-2	St. Martin's	23.48	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
36	Sepe, Derek	SR-4	Northwest Nazarene	23.52	All Idaho Collegiate Cup	04/01/11	04/03/11
37	Caryl, Jason	SO-2	Central Washington	23.56	CWU Spike Art Invitational	04/16/11	04/17/11
38	Campbell, Brett	FR-1	Western Oregon	23.60	2011 Willamette Opener	03/05/11	03/06/11
39	Morales, Gabriel	SR-4	Western Washington	23.63	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
40	Darling, Logan	SO-2	Western Washington	23.69	CWU Spike Art Invitational	04/16/11	04/17/11
41	Fay, Russell	FR-1	Alaska Anchorage	23.71	San Francisco State Distance Carnival	03/25/11	03/26/11
42	Armstrong, Zach	SO-2	Central Washington	23.74	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
42	Conard, Zach	JR-3	Simon Fraser	23.74	UBC Open	03/26/11	03/28/11
44	Stein, Shae	FR-1	MSU-Billings	23.77 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
45	Truax, Bradley	SO-2	Alaska Anchorage	23.87	2011 Willamette Invitational	04/01/11	04/03/11
46	Hamman, John	FR-1	St. Martin's	23.93	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
46	Hansen, Ryan	FR-1	Western Oregon	23.93	2011 Willamette Opener	03/05/11	03/06/11
48	Vugteveen, Travis	FR-1	Simon Fraser	24.13	UBC Open	03/26/11	03/28/11
49	Lyons, Sam	FR-1	Western Washington	24.14	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
50	Wilson, Travis	FR-1	Alaska Anchorage	24.21	San Francisco State Distance Carnival	03/25/11	03/26/11
51	Hopper, Dylan	FR-1	Western Washington	24.22	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
52	Demouchet, Christian	SR-4	Central Washington	24.24 HT	2011 PLU Invitational	03/12/11	03/16/11
52	Dodge, Travis	JR-3	St. Martin's	24.24	Puget Sound Shotwell Invitational	04/02/11	04/03/11
54	Smartt, Casey	FR-1	MSU-Billings	24.30 @	Montana Open	04/16/11	04/17/11
55	Hall, Keegan	FR-1	Western Washington	24.44	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
55	Power, Nathan	FR-1	Central Washington	24.44	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
57	Liu, Yubai	JR-3	Simon Fraser	24.48	UBC Open	03/26/11	03/28/11
58	Lannon, Marc	SR-4	Northwest Nazarene	24.54	All Idaho Collegiate Cup	04/01/11	04/03/11
59	Karnofski, Kyle	SO-2	St. Martin's	24.58	Puget Sound Shotwell Invitational	04/02/11	04/03/11
59	Meikle, Ethan	FR-1	Central Washington	24.58	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
61	Abraham, Nick	JR-3	Western Washington	24.75	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
62	Werner, Jordan	SR-4	Western Oregon	24.89	Pacific Preview	03/12/11	03/13/11
63	Humble, Brandon	JR-3	Northwest Nazarene	25.00	Idaho-Utah Borderclash	04/29/11	05/01/11
64	Nodine, Matt	FR-1	Central Washington	25.19	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
65	Eidsmoe, Ryan	JR-3	Central Washington	25.44	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
65	Pare, Alexandre	SO-2	Simon Fraser	25.44	UBC Open	03/26/11	03/28/11
67	Slaughter, Derek	SO-2	Western Washington	25.48	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
68	Roberson, Jesse	JR-3	Western Washington	25.66	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
69	Linhart, Dylan	FR-1	St. Martin's	25.68	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
70	Eidsmoe, Tyler	JR-3	Central Washington	26.03	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
71	Power, Scott	JR-3	Central Washington	26.38	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
72	Boyd, Tanner	SO-2	Western Washington	26.96	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
73	Minor, Nathan	FR-1	Central Washington	27.08	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
74	Peterson, Dylan	FR-1	Western Washington	27.36	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
75	Santos, Manuel	SO-2	Central Washington	27.45	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
76	Jackson, Chip	SO-2	Western Washington	27.75	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11

200m (Women)

NCAA DII Auto 23.83

NCAA DII Prov 24.65

GNAC Auto 25.77

GNAC Prov 26.65

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Sims, Crystal	SR-4	Seattle Pacific	25.09	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
2	Mitchell, Kishia	FR-1	Seattle Pacific	25.21	CWU Spike Art Invitational	04/16/11	04/17/11
3	Pola, Lexi	SO-2	Western Oregon	25.33	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	McClung, Madison	FR-1	Western Oregon	25.39	John Knight Twilight	04/08/11	04/09/11
5	Carter, Breanne	SR-4	Simon Fraser	25.45	Bryan Clay Invitational	04/15/11	04/16/11
6	Siler, Eleanor	JR-3	Western Washington	25.55	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
7	Meusec, Lacey	SR-4	Western Oregon	25.59	John Knight Twilight	04/08/11	04/09/11
8	Worthen, Ali	SO-2	Seattle Pacific	25.65	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
9	Wochnick, BryAnne	SO-2	Seattle Pacific	25.67	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
10	Simons, Justine	SR-4	MSU-Billings	25.74 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
11	Halle, Erika	SR-4	MSU-Billings	25.75 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
12	Quatier, Emily	SO-2	Seattle Pacific	25.77	CWU Spike Art Invitational	04/16/11	04/17/11
13	Leonce, Christabel	JR-3	Northwest Nazarene	25.90	EOU Open	04/16/11	04/19/11
14	Zukowski, Megan	SR-4	Western Washington	25.92	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
15	Valentine, Myisha	JR-3	Seattle Pacific	25.97	UW Ken Shannon Invitational	05/07/11	05/08/11
16	Grammer, Melissa	SO-2	Northwest Nazarene	25.99	Idaho-Utah Borderclash	04/29/11	05/01/11
17	Kathrein, Sarah	SO-2	Western Oregon	26.03	John Knight Twilight	04/08/11	04/09/11
18	Ledtke, Valle	SO-2	Western Washington	26.12	Oregon Twilight	05/06/11	05/07/11
19	Kane, Brianna	SR-4	Simon Fraser	26.15	2011 Achilles Cup	04/27/11	04/29/11
20	Rippy, Shanna	SO-2	Northwest Nazarene	26.16	Northwest Nazarene Invitational	04/23/11	04/24/11

21	Coffey, Sydney	FR-1	Western Washington	26.31	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/23/11
22	Plassi, Seanna	FR-1	Central Washington	26.33	Puget Sound Shotwell Invitational	04/02/11	04/03/11
23	Johnson, Kelsea	JR-3	Alaska Anchorage	26.34	Oxy Invitational	05/07/11	05/08/11
24	Takayoshi, Sarah	SO-2	Central Washington	26.35	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
25	Halfyard, Sasha	FR-1	Alaska Anchorage	26.37	2011 Willamette Invitational	04/01/11	04/03/11
26	Hayward, Annie	SR-4	Western Oregon	26.44	Bryan Clay Invitational	04/15/11	04/16/11
27	Gross, Katy	SO-2	Seattle Pacific	26.52	GNAC Combined Events Championships	05/02/11	05/04/11
28	Bjomsson, Tanya	SO-2	Western Washington	26.60	Puget Sound Shotwell Invitational	04/02/11	04/03/11
29	McDowell, Crystal	SO-2	Western Oregon	26.64	2011 Willamette Opener	03/05/11	03/06/11
30	Pieren, Emily	SO-2	Western Oregon	26.72	John Knight Twilight	04/08/11	04/09/11
31	Pike, Jennifer	SR-4	Seattle Pacific	26.73	Cal Multis	03/23/11	03/25/11
32	Smith, Marie	FR-1	Northwest Nazarene	26.79	GNAC Combined Events Championships	05/02/11	05/04/11
33	Yanney, Shandel	FR-1	Western Washington	26.80	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
34	Genther, Chelsea	FR-1	Central Washington	26.81	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
35	Holton, Brooklyn	SO-2	Western Washington	27.00	GNAC Combined Events Championships	05/02/11	05/04/11
36	Chong, Dianne	JR-3	Alaska Anchorage	27.01	GNAC Combined Events Championships	05/02/11	05/04/11
37	Schumacher, Terra	JR-3	Seattle Pacific	27.02	Puget Sound Shotwell Invitational	04/02/11	04/03/11
38	Sincraugh, Ashlee	FR-1	Central Washington	27.06	Puget Sound Shotwell Invitational	04/02/11	04/03/11
39	Bond, Kandi	FR-1	MSU-Billings	27.11 @	Montana State Tom Gage Classic	05/05/11	05/07/11
40	Ramos, Alexis	FR-1	Central Washington	27.18	CWU Spike Art Invitational	04/16/11	04/17/11
41	Schinnell, Annie	FR-1	Western Washington	27.27	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
42	Parrott, Kaitlyn	SO-2	Central Washington	27.29	Puget Sound Shotwell Invitational	04/02/11	04/03/11
43	Medina, Adaligza	FR-1	St. Martin's	27.43	Puget Sound Shotwell Invitational	04/02/11	04/03/11
44	Mosher, Ali	JR-3	Western Oregon	27.48	GNAC Combined Events Championships	05/02/11	05/04/11
44	Vogt, Emma	JR-3	Simon Fraser	27.48	UBC Open	03/26/11	03/28/11
46	Weaver, Lisa	FR-1	Seattle Pacific	27.57	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
47	Forest, Danielle	FR-1	Northwest Nazarene	27.64	Northwest Nazarene Invitational	04/23/11	04/24/11
48	Barnett, Rachelle	SR-4	Simon Fraser	27.66	GNAC Combined Events Championships	05/02/11	05/04/11
48	Sjodin, Jasmin	SO-2	Simon Fraser	27.66	UBC Open	03/26/11	03/28/11
50	Johnson, Rachael	SR-4	Western Washington	27.74	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
51	Bennett, Jill	JR-3	Northwest Nazarene	27.80	Spokane Multi	04/12/11	04/14/11
52	Kane, Michaela	JR-3	Simon Fraser	27.86	2011 Achilles Cup	04/27/11	04/29/11
53	Vogt, Abbey	FR-1	Simon Fraser	27.91	UBC Open	03/26/11	03/28/11
54	Churchwell, Teavera	FR-1	Central Washington	27.94 HT	CWU Spike Art Invitational	04/16/11	04/17/11
55	Viney, Kendra	SO-2	Simon Fraser	28.00	UBC Open	03/26/11	03/28/11
56	Glasgow, Savannah	SO-2	Western Washington	28.05	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
57	Weiks, Kaila	SO-2	St. Martin's	28.22	Puget Sound Shotwell Invitational	04/02/11	04/03/11
58	Weidmeier, Morgan	FR-1	Northwest Nazarene	28.23	Northwest Nazarene Invitational	04/23/11	04/24/11
59	Lahman, Miranda	FR-1	Western Washington	28.29	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
59	Pitt, Stacey	FR-1	MSU-Billings	28.29	GNAC Combined Events Championships	05/02/11	05/04/11
61	Berry, Leah	FR-1	MSU-Billings	28.39	GNAC Combined Events Championships	05/02/11	05/04/11
62	Brennan, Olivia	SR-4	Simon Fraser	28.43	UBC Open	03/26/11	03/28/11
63	Berg, Siri	JR-3	Central Washington	28.50	GNAC Combined Events Championships	05/02/11	05/04/11
64	Overdick, Amanda	SO-2	Western Washington	28.56	Puget Sound Quad	03/05/11	03/06/11
65	Crombeen, Charlotte	FR-1	Simon Fraser	28.59	2011 Achilles Cup	04/27/11	04/29/11
65	Pridgen, Laura	SO-2	Northwest Nazarene	28.59	GNAC Combined Events Championships	05/02/11	05/04/11
67	Padriano, Jessica	SO-2	Simon Fraser	28.73	GNAC Combined Events Championships	05/02/11	05/04/11
68	Murphy, Molly	FR-1	Western Oregon	28.74	Pacific Twilight 2011	04/29/11	05/01/11
69	Parker, Amanda	FR-1	Alaska Anchorage	28.80	2011 Willamette Invitational	04/01/11	04/03/11
70	Napiontek, Shelby	SO-2	Central Washington	28.91	WAR 4	04/09/11	04/10/11
71	Davis, Melanie	FR-1	Central Washington	29.18	GNAC Combined Events Championships	05/02/11	05/04/11
72	Watson, Cheri	SR-4	Western Washington	29.25	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
73	Ikeda, Haida	SO-2	Western Washington	29.35	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
74	Case, Jessica	SO-2	Northwest Nazarene	29.38	All Idaho Collegiate Cup	04/01/11	04/03/11
75	Holding, Rebecca	SO-2	Northwest Nazarene	29.53	Northwest Nazarene Open	03/11/11	03/13/11
76	Scholter, Hannah	SO-2	St. Martin's	29.66	Puget Sound Shotwell Invitational	04/02/11	04/03/11
77	Mendoza, Adriana	JR-3	Central Washington	30.50	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
78	Harris, Alice	FR-1	Northwest Nazarene	30.65	All Idaho Collegiate Cup	04/01/11	04/03/11
79	Sodders, Emelia	FR-1	Central Washington	31.41	Puget Sound Shotwell Invitational	04/02/11	04/03/11
80	Rice, Ashley	SO-2	Central Washington	32.66	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
81	Philbeck, Erin	FR-1	Western Washington	33.98	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11

400m (Men)

NCAA DII Auto 46.42

NCAA DII Prov 48.00

GNAC Auto 49.85

GNAC Prov 50.75

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Hewitt, Ethan	SO-2	Alaska Anchorage	47.51	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
2	Boss, Andrew	SR-4	Simon Fraser	48.21	Bryan Clay Invitational	04/15/11	04/16/11
3	Morrison, Scott	SO-2	Central Washington	48.38	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
4	Kaino, Matt	SO-2	Western Oregon	48.44	Oregon Preview	03/19/11	03/20/11
5	Curtis, Andrew	SO-2	Northwest Nazarene	48.86	Northwest Nazarene Invitational	04/23/11	04/24/11
6	Yakovich, Anthony	SO-2	Western Oregon	49.20	Bryan Clay Invitational	04/15/11	04/16/11
7	Duncan, Dusty	FR-1	Seattle Pacific	49.22	WAR 4	04/09/11	04/10/11
8	Montrose, Brett	JR-3	Simon Fraser	49.54	Beach Invitational	04/16/11	04/17/11
9	Alexander, Colin	JR-3	Central Washington	49.71	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
10	Thomas, Tyler	FR-1	Western Oregon	49.78	Pacific Twilight 2011	04/29/11	05/01/11
11	Sutton, Levi	SR-4	Alaska Anchorage	49.89	UNLV Track Classic	03/04/11	03/06/11
12	Tilley, Alex	JR-3	Western Washington	49.95	WWU Not-So-Twiite Track & Field Meet	04/23/11	04/25/11
13	David, Toby	SR-4	Western Washington	50.01	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
14	Seeley, Nathan	SO-2	Seattle Pacific	50.12	Puget Sound Quad	03/05/11	03/06/11
15	Fremd, Kyle	SO-2	Central Washington	50.14	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
16	Hill, Dan	SR-4	Northwest Nazarene	50.44	WAR 4	04/09/11	04/10/11
17	Mossey, Logan	SO-2	MSU-Billings	50.59 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
18	Moore, Josh	SO-2	Western Oregon	50.72	John Knight Twilight	04/08/11	04/09/11
19	Truax, Bradley	SO-2	Alaska Anchorage	50.77	Oxy Invitational	05/07/11	05/08/11
20	Heidegger, Ben	JR-3	Northwest Nazarene	50.86	Northwest Nazarene Open	03/11/11	03/13/11
21	Gaines, Eric	FR-1	Western Oregon	50.95	John Knight Twilight	04/08/11	04/09/11
22	Mowery, Tim	SO-2	Western Oregon	50.98	2011 Willamette Invitational	04/01/11	04/03/11
23	Logue, Colin	SO-2	Western Washington	51.16	UW Ken Shannon Invitational	05/07/11	05/08/11
24	Grossaint, Cameron	SO-2	St. Martin's	51.17	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
25	Hansen, Ryan	FR-1	Western Oregon	51.27	2011 Willamette Invitational	04/01/11	04/03/11
26	Kasler, Connor	SO-2	Western Oregon	51.29	Beach Invitational	04/16/11	04/17/11
27	Caryl, Jason	SO-2	Central Washington	51.31	GNAC Combined Events Championships	05/02/11	05/04/11
28	Loscutoff, Andy	SR-4	Western Oregon	51.35	GNAC Combined Events Championships	05/02/11	05/04/11
29	Endresen, Ryan	SO-2	Seattle Pacific	51.44 HT	2011 PLU Invitational	03/12/11	03/16/11
30	Hunter, Scott	SO-2	Central Washington	51.46	GNAC Combined Events Championships	05/02/11	05/04/11
31	Stark, Matt	SR-4	Northwest Nazarene	51.68	Northwest Nazarene Open	03/11/11	03/13/11
32	Seel, Matt	SO-2	Central Washington	51.81	WAR 4	04/09/11	04/10/11
33	Morgan, Wyatt	JR-3	Alaska Anchorage	51.87	GNAC Combined Events Championships	05/02/11	05/04/11
34	Iverson, Jake	FR-1	MSU-Billings	51.99	UNLV Track Classic	03/04/11	03/06/11
35	Hyde, Jake	SO-2	Western Oregon	52.15	GNAC Combined Events Championships	05/02/11	05/04/11
36	Greene, Tim	SR-4	Northwest Nazarene	52.18	Spokane Multi	04/12/11	04/14/11
37	Darling, Logan	SO-2	Western Washington	52.22	CWU Spike Art Invitational	04/16/11	04/17/11
38	Johnson, Nate	SO-2	Seattle Pacific	52.35	GNAC Combined Events Championships	05/02/11	05/04/11
39	Vugteveen, Travis	FR-1	Simon Fraser	52.70	UBC Open	03/26/11	03/28/11
40	Bratten, Dustin	FR-1	Seattle Pacific	52.84 HT	2011 PLU Invitational	03/12/11	03/16/11
41	Liu, Yubai	JR-3	Simon Fraser	53.04	UBC Open	03/26/11	03/28/11

42	Reid, Adam	FR-3	Simon Fraser	53.08	UBC Open	03/26/11	03/28/11
43	Schick, Karsten	FR-1	Western Washington	53.12	Puget Sound Shotwell Invitational	04/02/11	04/03/11
44	Grounds, Micah	SR-4	Seattle Pacific	53.27	Club Northwest Spring Break Open	03/26/11	03/27/11
45	Wilson, Travis	FR-1	Alaska Anchorage	53.31	San Francisco State Distance Carnival	03/25/11	03/26/11
46	Venema, Andrew	SO-2	Central Washington	53.38	GNAC Combined Events Championships	05/02/11	05/04/11
47	DeMoss, Devon	FR-1	St. Martin's	53.40	Puget Sound Shotwell Invitational	04/02/11	04/03/11
48	Conard, Zach	JR-3	Simon Fraser	53.66	UBC Open	03/26/11	03/28/11
49	Stralsler, Michael	FR-1	Western Washington	53.67	GNAC Combined Events Championships	05/02/11	05/04/11
50	Kilgore, Greyson	SO-2	Northwest Nazarene	53.73	All Idaho Collegiate Cup	04/01/11	04/03/11
51	Lara, Ryan	JR-3	Central Washington	53.84 HT	2011 PLU Invitational	03/12/11	03/16/11
52	Steingruber, Brock	FR-1	MSU-Billings	53.97	GNAC Combined Events Championships	05/02/11	05/04/11
53	Dodge, Travis	JR-3	St. Martin's	54.25	Puget Sound Shotwell Invitational	04/02/11	04/03/11
54	Roddewig, Brandon	SO-2	Central Washington	54.40	GNAC Combined Events Championships	05/02/11	05/04/11
55	Steinke, Thomas	SO-2	Central Washington	54.63	GNAC Combined Events Championships	05/02/11	05/04/11
56	Webb, Justin	JR-3	Northwest Nazarene	54.64	Northwest Nazarene Open	03/11/11	03/13/11
57	Clendaniel, Tim	JR-3	Western Washington	54.75	GNAC Combined Events Championships	05/02/11	05/04/11
58	Montgomery, Stuart	SR-4	Northwest Nazarene	54.94	GNAC Combined Events Championships	05/02/11	05/04/11
59	Hamman, John	FR-1	St. Martin's	55.23	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
60	Howe, Nick	FR-1	Western Washington	55.62	CWU Spike Arit Invitational	04/16/11	04/17/11
61	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	55.78	NUU Combined Events	03/11/11	03/13/11
62	Young, James	JR-3	Simon Fraser	55.81	UBC Open	03/26/11	03/28/11
63	Lannon, Marc	SR-4	Northwest Nazarene	56.19	All Idaho Collegiate Cup	04/01/11	04/03/11
64	Humble, Brandon	JR-3	Northwest Nazarene	56.21	Idaho-Utah Borderclash	04/29/11	05/01/11
65	Linhart, Dylan	FR-1	St. Martin's	56.44	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
66	Skelton, Shawn	FR-1	MSU-Billings	56.50 @	Montana AI Manuel Invitational	04/01/11	04/03/11
67	Hartwigsen, Derek	JR-3	Western Washington	57.29	GNAC Combined Events Championships	05/02/11	05/04/11
68	Gordon, Dylan	SO-2	Western Washington	58.77	WVU Multis	04/07/11	04/09/11
69	Bealy, Bryan	FR-1	Northwest Nazarene	59.58	NUU Combined Events	03/11/11	03/13/11

400m (Women)

NCAA DII Auto 54.68 NCAA DII Prov 56.30 GNAC Auto 59.01 GNAC Prov 1:00.78

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Crofts, Helen	JR-3	Simon Fraser	55.25	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
2	Siler, Eleanor	JR-3	Western Washington	56.34	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
3	Pola, Lexi	SO-2	Western Oregon	56.53	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Kane, Brianna	SR-4	Simon Fraser	56.76	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
5	Quatier, Emily	SO-2	Seattle Pacific	56.96	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Hayward, Annie	SR-4	Western Oregon	57.13	Mt. Hood Track & Field Festival	05/07/11	05/08/11
7	Carter, Breanne	SR-4	Simon Fraser	57.25	Beach Invitational	04/16/11	04/17/11
8	Mitchell, Kishia	FR-1	Seattle Pacific	57.37	WAR 4	04/09/11	04/10/11
9	Rippy, Shanna	SO-2	Northwest Nazarene	57.54	Northwest Nazarene Invitational	04/23/11	04/24/11
10	Wochnick, BryAnne	SO-2	Seattle Pacific	57.74	WAR 4	04/09/11	04/10/11
11	Everetts, Janelle	SO-2	Western Oregon	57.76	Beach Invitational	04/16/11	04/17/11
11	Smith, Jessica	SR-4	Simon Fraser	57.76	SFU Emilie Mondor Spring Open	04/02/11	04/03/11
13	Ledtke, Valle	SO-2	Western Washington	58.17	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
14	Valentine, Myisha	JR-3	Seattle Pacific	58.29	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
15	Bick, Susan	FR-1	Alaska Anchorage	58.88	2011 Willamette Invitational	04/01/11	04/03/11
16	Applebee, Annan	JR-3	Western Oregon	59.21	Beach Invitational	04/16/11	04/17/11
17	Sincraugh, Ashlee	FR-1	Central Washington	59.39	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
18	Coffey, Sydney	FR-1	Western Washington	59.40	Bryan Clay Invitational	04/15/11	04/16/11
19	O'Connell, Megan	SR-4	Western Washington	59.81	Bryan Clay Invitational	04/15/11	04/16/11
20	Pitassi, Seanna	FR-1	Central Washington	59.85	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
21	Halfyard, Sasha	FR-1	Alaska Anchorage	59.90	Northridge Invitational	03/12/11	03/13/11
22	Parrott, Kaitlyn	SO-2	Central Washington	1:00.83	Puget Sound Shotwell Invitational	04/02/11	04/03/11
23	McDowell, Crystal	SO-2	Western Oregon	1:01.00	2011 Willamette Opener	03/05/11	03/06/11
24	Weaver, Lisa	FR-1	Seattle Pacific	1:01.03	UW Ken Shannon Invitational	05/07/11	05/08/11
25	Butterworth, Lindsey	FR-1	Simon Fraser	1:01.15	2011 Achilles Cup	04/27/11	04/29/11
26	Butcher, Meryl	JR-3	Western Oregon	1:01.25	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
27	Johnson, Rachael	SR-4	Western Washington	1:01.27	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
28	Evans, Natalie	FR-1	Northwest Nazarene	1:01.41	Northwest Nazarene Open	03/11/11	03/13/11
29	Vogt, Emma	JR-3	Simon Fraser	1:01.42	UBC Open	03/26/11	03/28/11
30	Fricker, McKayla	FR-1	Seattle Pacific	1:01.43	Puget Sound Shotwell Invitational	04/02/11	04/03/11
31	Harwood, Christine	SO-2	Northwest Nazarene	1:01.55	Northwest Nazarene Open	03/11/11	03/13/11
32	Schinnell, Annie	FR-1	Western Washington	1:01.59	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
33	Glasgow, Savannah	SO-2	Western Washington	1:01.81	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
34	Decker, Elisa	SR-4	Northwest Nazarene	1:01.86	Northwest Nazarene Invitational	04/23/11	04/24/11
35	Brennan, Olivia	SR-4	Simon Fraser	1:02.29	UBC Open	03/26/11	03/28/11
36	Vogt, Abbey	FR-1	Simon Fraser	1:02.89	UBC Open	03/26/11	03/28/11
37	Forest, Danielle	FR-1	Northwest Nazarene	1:02.93	Northwest Nazarene Invitational	04/23/11	04/24/11
38	Brown, Kelsey	JR-3	Seattle Pacific	1:02.98	Puget Sound Quad	03/05/11	03/06/11
39	Laweryson, Annie	SR-4	St. Martin's	1:04.10	Puget Sound Shotwell Invitational	04/02/11	04/03/11
40	Weidmeier, Morgan	FR-1	Northwest Nazarene	1:04.45	Northwest Nazarene Invitational	04/23/11	04/24/11
41	Viney, Kendra	SO-2	Simon Fraser	1:04.77	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
42	Churchwell, Teamera	FR-1	Central Washington	1:04.99	CWU Spike Arit Invitational	04/16/11	04/17/11
43	Lahman, Miranda	FR-1	Western Washington	1:05.13	Club Northwest Spring Break Open	03/26/11	03/27/11
44	Holding, Rebecca	SO-2	Northwest Nazarene	1:06.05	All Idaho Collegiate Cup	04/01/11	04/03/11
45	Layne, Chelsea	SO-2	Northwest Nazarene	1:06.85	Northwest Nazarene Open	03/11/11	03/13/11
46	Grammer, Melissa	SO-2	Northwest Nazarene	1:08.53	EOU Blue & Gold Meet	03/18/11	03/19/11
47	Pridgen, Laura	SO-2	Northwest Nazarene	1:11.74	EOU Blue & Gold Meet	03/18/11	03/19/11

800m (Men)

NCAA DII Auto 1:49.90 NCAA DII Prov 1:52.55 GNAC Auto 1:54.52 GNAC Prov 1:57.40

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Kasler, Connor	SO-2	Western Oregon	1:51.74	Oregon Twilight	05/06/11	05/07/11
2	Brockerville, Ryan	JR-3	Simon Fraser	1:51.87	UW Ken Shannon Invitational	05/07/11	05/08/11
3	Kangogo, Alfred	JR-3	Alaska Anchorage	1:52.12	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Vugteveen, Travis	FR-1	Simon Fraser	1:52.76	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
5	Stark, Matt	SR-4	Northwest Nazarene	1:53.03	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Hansen, Ryan	FR-1	Western Oregon	1:53.06	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
7	Seeley, Nathan	SO-2	Seattle Pacific	1:53.17	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Massari, Zach	JR-3	Western Oregon	1:53.40	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Abraham, Nick	JR-3	Western Washington	1:53.49	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
10	Larson, Kyle	SR-4	Western Oregon	1:53.55	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Reid, Adam	JR-3	Simon Fraser	1:53.87	Bryan Clay Invitational	04/15/11	04/16/11
12	Hopper, Dylan	FR-1	Western Washington	1:53.95	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
13	Kiefer, Billy	FR-1	Alaska Anchorage	1:54.29	Oxy Invitational	05/07/11	05/08/11
14	Sutton, Levi	SR-4	Alaska Anchorage	1:54.44	San Francisco State Distance Carnival	03/25/11	03/26/11
15	Liu, Yubai	JR-3	Simon Fraser	1:54.63	UW Ken Shannon Invitational	05/07/11	05/08/11
16	Power, Nathan	FR-1	Central Washington	1:54.76	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
17	Patti, Joseph	SO-2	St. Martin's	1:54.91	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
18	Robinson, Chase	FR-1	MSU-Billings	1:55.68	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
19	Hill, Thomas	JR-3	Alaska Anchorage	1:55.75	Northridge Invitational	03/12/11	03/13/11
20	Timpe, Braden	FR-1	Western Washington	1:55.76	UW Ken Shannon Invitational	05/07/11	05/08/11
21	DeMoss, Devon	FR-1	St. Martin's	1:56.02	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11

22	Vanderby, Tyson	JR-3	MSU-Billings	1:56.68 @	Montana State Tom Gage Classic	05/05/11	05/07/11
23	Duncan, Dusty	FR-1	Seattle Pacific	1:56.79	Puget Sound Quad	03/05/11	03/06/11
24	Mossey, Logan	SO-2	MSU-Billings	1:56.87 @	Montana State Tom Gage Classic	05/05/11	05/07/11
25	Blomback, Ryan	SO-2	MSU-Billings	1:57.06	Northwest Nazarene Invitational	04/23/11	04/24/11
26	Fenley, Lukas	JR-3	Western Oregon	1:57.07	2011 Willamette Invitational	04/01/11	04/03/11
27	Galahan, Drew	FR-1	MSU-Billings	1:57.27 @	Montana State Tom Gage Classic	05/05/11	05/07/11
28	Iverson, Jake	FR-1	MSU-Billings	1:57.32 @	Montana State Tom Gage Classic	05/05/11	05/07/11
29	Webb, Justin	JR-3	Northwest Nazarene	1:57.88	EOU Open	04/16/11	04/19/11
30	Watson, Barak	JR-3	Northwest Nazarene	1:58.00	Northwest Nazarene Invitational	04/23/11	04/24/11
31	Swanson, Jon	SO-2	Central Washington	1:58.09	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
32	Armstrong, Zach	SO-2	Central Washington	1:58.10	UW Ken Shannon Invitational	05/07/11	05/08/11
33	Nima, Ashkon	FR-1	Western Washington	1:58.47	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
34	Ngeno, Benard	SR-4	Northwest Nazarene	1:58.63	Northwest Nazarene Invitational	04/23/11	04/24/11
34	Sleight, Nathanael	JR-3	Seattle Pacific	1:58.63	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
36	Bradford, Evan	FR-1	Seattle Pacific	1:58.69	UW Ken Shannon Invitational	05/07/11	05/08/11
37	Welling, Jordan	SR-4	Western Washington	1:58.74	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
38	Lyons, Sam	FR-1	Western Washington	1:58.80	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
39	Eidsmoe, Ryan	JR-3	Central Washington	1:58.86	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
40	Truax, Bradley	SO-2	Alaska Anchorage	1:58.92	Beach Invitational	04/16/11	04/17/11
41	Montrose, Brett	JR-3	Simon Fraser	1:59.06	UW Ken Shannon Invitational	05/07/11	05/08/11
42	Medhaug, Blake	SR-4	Western Washington	1:59.22	Puget Sound Quad	03/05/11	03/06/11
43	Young, James	JR-3	Simon Fraser	1:59.23	UBC Open	03/26/11	03/28/11
44	Hall, Keegan	FR-1	Western Washington	1:59.31	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
45	Van Santen, Kyle	JR-3	St. Martin's	1:59.44	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
46	Chelimo, Micah	SO-2	Alaska Anchorage	1:59.48	UNLV Track Classic	03/04/11	03/06/11
47	Croft, James	SO-2	Western Oregon	1:59.82	Mt. Hood Track & Field Festival	05/07/11	05/08/11
48	Baker, AJ	SO-2	Seattle Pacific	1:59.84	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
49	Chapman, Ryan	SO-2	Western Oregon	1:59.97	2011 Willamette Invitational	04/01/11	04/03/11
50	Hunt, Spencer	JR-3	St. Martin's	2:00.02	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
51	Shogren, Michael	FR-1	Western Oregon	2:00.20	2011 Willamette Opener	03/05/11	03/06/11
52	Potter, Brian	JR-3	MSU-Billings	2:00.56	UNLV Track Classic	03/04/11	03/06/11
53	Grimes, Bennett	SR-4	Western Washington	2:00.61	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
54	Jackson, Chip	SO-2	Western Washington	2:00.72	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
55	Morrison, Scott	SO-2	Central Washington	2:01.45	Puget Sound Shotwell Invitational	04/02/11	04/03/11
56	Howe, Nick	FR-1	Western Washington	2:01.63	Puget Sound Quad	03/05/11	03/06/11
57	Conard, Zach	JR-3	Simon Fraser	2:01.66	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
58	Hill, Dan	SR-4	Northwest Nazarene	2:01.89	EOU Open	04/16/11	04/19/11
59	Pare, Alexandre	SO-2	Simon Fraser	2:02.13	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
60	Merioles, Josh	SR-4	Northwest Nazarene	2:02.30	Whitworth Buc Scoring Invite	03/24/11	03/27/11
61	Boyd, Tanner	SO-2	Western Washington	2:02.63	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
62	Yilma, Yonatan	SO-2	Alaska Anchorage	2:03.12	UNLV Track Classic	03/04/11	03/06/11
63	Fremd, Kyle	SO-2	Central Washington	2:03.82	Puget Sound Shotwell Invitational	04/02/11	04/03/11
64	Meikle, Ethan	FR-1	Central Washington	2:04.03	Puget Sound Shotwell Invitational	04/02/11	04/03/11
65	Villanueva, Philip	SR-4	Western Washington	2:04.05	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
66	Wahlenmaier, Jacob	SR-4	Seattle Pacific	2:04.44 HT	2011 PLU Invitational	03/12/11	03/16/11
67	Reiter, Joshua	FR-1	Western Washington	2:04.50	Puget Sound Quad	03/05/11	03/06/11
68	Roberson, Jesse	JR-3	Western Washington	2:05.18	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
69	Hutchinson, Travis	JR-3	MSU-Billings	2:05.28 @	Montana State Tom Gage Classic	05/05/11	05/07/11
70	Johnson, Kyle	JR-3	Western Washington	2:05.29	CWU Spike Arlt Invitational	04/16/11	04/17/11
71	Reynolds, Caleb	SR-4	Northwest Nazarene	2:06.38	Northwest Nazarene Invitational	04/23/11	04/24/11
72	Santos, Manuel	SO-2	Central Washington	2:06.39	WAR 4	04/09/11	04/10/11
73	Brill, Eric	JR-3	Western Washington	2:06.63	Puget Sound Quad	03/05/11	03/06/11
74	Eidsmoe, Tyler	JR-3	Central Washington	2:07.11	Puget Sound Shotwell Invitational	04/02/11	04/03/11
75	Sweeney, Dylan	FR-1	Western Washington	2:07.20	UW Ken Shannon Invitational	05/07/11	05/08/11
76	Peters, Travis	SO-2	Western Washington	2:07.28	Puget Sound Shotwell Invitational	04/02/11	04/03/11
77	Nodine, Matt	FR-1	Central Washington	2:08.41	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
78	Minor, Nathan	FR-1	Central Washington	2:08.58	WAR 4	04/09/11	04/10/11
79	York, Stephen	FR-1	Seattle Pacific	2:08.84 HT	2011 PLU Invitational	03/12/11	03/16/11
80	Slaughter, Derek	SO-2	Western Washington	2:09.34	Puget Sound Quad	03/05/11	03/06/11
81	Garrett, Brad	SO-2	Western Washington	2:10.22	Puget Sound Shotwell Invitational	04/02/11	04/03/11
82	Peterson, Dylan	FR-1	Western Washington	2:15.94	CWU Spike Arlt Invitational	04/16/11	04/17/11
83	Hendricks, Alexander	FR-1	St. Martin's	2:17.82	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
84	Robinson, Trevor	FR-1	Western Washington	2:19.95	CWU Spike Arlt Invitational	04/16/11	04/17/11

800m (Women)

NCAA DII Auto 2:09.61

NCAA DII Prov 2:14.00

GNAC Auto 2:16.13

GNAC Prov 2:21.37

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Crofts, Helen	JR-3	Simon Fraser	2:02.12	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
2	Smith, Jessica	SR-4	Simon Fraser	2:04.34	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
3	Kane, Brianna	SR-4	Simon Fraser	2:07.67	Payton Jordan Cardinal Invitational	05/01/11	05/02/11
4	Bick, Susan	FR-1	Alaska Anchorage	2:10.69	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
5	Sawatzky, Sarah	FR-1	Simon Fraser	2:11.09	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
6	Applebee, Annan	JR-3	Western Oregon	2:11.21	Mt. Hood Track & Field Festival	05/07/11	05/08/11
7	Johnson, Rachael	SR-4	Western Washington	2:11.45	Oregon Twilight	05/06/11	05/07/11
8	Kane, Michaela	JR-3	Simon Fraser	2:11.47	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
9	O'Guinn, Ivy	FR-1	Alaska Anchorage	2:11.74	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
10	Everetts, Janelle	SO-2	Western Oregon	2:12.05	Pacific Twilight 2011	04/29/11	05/01/11
11	Butterworth, Lindsey	FR-1	Simon Fraser	2:12.13	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
12	Minton, Joscelyn	SO-2	St. Martin's	2:14.60	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
13	Brennan, Olivia	SR-4	Simon Fraser	2:15.32	Beach Invitational	04/16/11	04/17/11
14	Vogt, Emma	JR-3	Simon Fraser	2:16.38	Bryan Clay Invitational	04/15/11	04/16/11
15	Jackson, Sarah	SR-4	MSU-Billings	2:17.17	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
16	Morgan, Connie	FR-1	Central Washington	2:17.48	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
17	Watson, Cheri	SR-4	Western Washington	2:17.87	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
18	Snawder, Erika	SR-4	Western Oregon	2:17.95	Beach Invitational	04/16/11	04/17/11
19	Evans, Natalie	FR-1	Northwest Nazarene	2:18.20	EOU Open	04/16/11	04/19/11
20	Everetts, Megan	SO-2	Western Oregon	2:18.25	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
21	Hayward, Annie	SR-4	Western Oregon	2:18.53	Pacific Twilight 2011	04/29/11	05/01/11
22	Fricker, McKayla	FR-1	Seattle Pacific	2:18.90	Oregon Preview	03/19/11	03/20/11
23	O'Connell, Megan	SR-4	Western Washington	2:19.20	Cal State LA Twilight Open	04/14/11	04/15/11
24	Vogt, Abbey	FR-1	Simon Fraser	2:19.24	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
25	Bohman, Emma	SR-4	Alaska Anchorage	2:19.71	Northridge Invitational	03/12/11	03/13/11
26	Leaf, Jenny	FR-1	Western Oregon	2:19.85	2011 Willamette Opener	03/05/11	03/06/11
27	Dell, Caitlin	FR-1	Simon Fraser	2:19.88	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
28	Krehlik, Katie	SO-2	Alaska Anchorage	2:20.49	2011 Willamette Invitational	04/01/11	04/03/11
29	Kartes, Taylor	FR-1	Central Washington	2:21.93	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
30	Butcher, Meryl	JR-3	Western Oregon	2:22.02	Pacific Twilight 2011	04/29/11	05/01/11
31	Pike, Jennifer	SR-4	Seattle Pacific	2:22.51	Puget Sound Quad	03/05/11	03/06/11
32	Wochnick, BryAnne	SO-2	Seattle Pacific	2:22.54	Puget Sound Quad	03/05/11	03/06/11
33	Sims, Crystal	SR-4	Seattle Pacific	2:22.92	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
33	Skordahl, Zoe	JR-3	Western Oregon	2:22.92	San Francisco State Distance Carnival	03/25/11	03/26/11
35	Brown, Kelsey	JR-3	Seattle Pacific	2:22.98	Oregon Preview	03/19/11	03/20/11
36	Lahman, Miranda	FR-1	Western Washington	2:23.04	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
37	Copeland, Erika	FR-1	St. Martin's	2:24.43	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
38	Worthen, Ali	SO-2	Seattle Pacific	2:24.52	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
39	Mitchell, Kishia	FR-1	Seattle Pacific	2:24.58	Puget Sound Quad	03/05/11	03/06/11

40	Keino, Ruth	SO-2	Alaska Anchorage	2:25.04	UNLV Track Classic	03/04/11	03/06/11
41	Laveryson, Annie	SR-4	St. Martin's	2:26.29	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
42	Kipng'eno, Miriam	JR-3	Alaska Anchorage	2:26.44	UNLV Track Classic	03/04/11	03/06/11
43	Quatier, Emily	SO-2	Seattle Pacific	2:26.62	Puget Sound Quad	03/05/11	03/06/11
44	Harwood, Christine	SO-2	Northwest Nazarene	2:27.18	Northwest Nazarene Invitational	04/23/11	04/24/11
45	Lende, Stoli	FR-1	Alaska Anchorage	2:27.74	Northridge Invitational	03/12/11	03/13/11
46	Hepher, Renae	FR-1	MSU-Billings	2:27.80 @	Montana Open	04/16/11	04/17/11
47	Thiel, Katie	SR-4	MSU-Billings	2:27.87 @	Montana State Tom Gage Classic	05/05/11	05/07/11
48	Layne, Chelsea	SO-2	Northwest Nazarene	2:27.99	Whitworth Buc Scoring Invite	03/24/11	03/27/11
49	Wright, Amanda	JR-3	Western Oregon	2:28.03	2011 Willamette Opener	03/05/11	03/06/11
50	Ikeda, Haida	SO-2	Western Washington	2:28.34	Puget Sound Shotwell Invitational	04/02/11	04/03/11
51	Wald, Shena	SR-4	MSU-Billings	2:28.47 @	Montana State Tom Gage Classic	05/05/11	05/07/11
52	Owen, Karissa	SR-4	St. Martin's	2:28.48	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
53	Rippy, Shanna	SO-2	Northwest Nazarene	2:28.69	EOU Open	04/16/11	04/19/11
54	Carviel, Heather	FR-1	Simon Fraser	2:28.71	SFU Emilie Mondor Spring Open	04/02/11	04/03/11
55	Batchelor, April	FR-1	Western Oregon	2:28.76	2011 Willamette Opener	03/05/11	03/06/11
56	Ujifusa, Maria	SO-2	Western Washington	2:29.33	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
57	Lende, JJ	SO-2	Alaska Anchorage	2:29.66	UNLV Track Classic	03/04/11	03/06/11
58	West, Alex	SR-4	Alaska Anchorage	2:30.51	2011 Willamette Invitational	04/01/11	04/03/11
59	Lee, Amanda	FR-1	Western Oregon	2:30.99	2011 Willamette Opener	03/05/11	03/06/11
60	Mendoza, Adriana	JR-3	Central Washington	2:32.19	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
61	Mosher, Ali	JR-3	Western Oregon	2:32.52	GNAC Combined Events Championships	05/02/11	05/04/11
62	Barnett, Rachelle	SR-4	Simon Fraser	2:32.81	Mt SAC Relays/California Invitational Multi-Events	04/13/11	04/16/11
63	Carrick, Krysta	JR-3	Seattle Pacific	2:33.23	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
64	Tento, Missy	FR-1	Northwest Nazarene	2:33.24	Idaho-Utah Borderclash	04/29/11	05/01/11
65	Johnson, Kelsea	JR-3	Alaska Anchorage	2:33.35	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
65	Keegan, Shoshana	JR-3	Alaska Anchorage	2:33.35	UNLV Track Classic	03/04/11	03/06/11
67	Berry, Leah	FR-1	MSU-Billings	2:33.60	GNAC Combined Events Championships	05/02/11	05/04/11
68	Laabs-Johnson, Heidi	JR-3	Seattle Pacific	2:33.72	Puget Sound Quad	03/05/11	03/06/11
69	Fairbanks, Kristi	SO-2	Western Washington	2:34.10	Puget Sound Shotwell Invitational	04/02/11	04/03/11
70	Smith, Marie	FR-1	Northwest Nazarene	2:34.53	GNAC Combined Events Championships	05/02/11	05/04/11
71	Hartnett, Phoebe	JR-3	Western Washington	2:34.64	CWU Spike Art Invitational	04/16/11	04/17/11
72	Bennett, Jill	JR-3	Northwest Nazarene	2:36.88	Spokane Multi	04/12/11	04/14/11
73	Chepkoech, Mary	FR-1	Alaska Anchorage	2:37.00	UNLV Track Classic	03/04/11	03/06/11
74	Gross, Katy	SO-2	Seattle Pacific	2:37.20	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
75	Miller, Kendra	JR-3	Western Washington	2:38.40	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
76	Cruze, Rose	FR-1	Central Washington	2:39.83	WAR 4	04/09/11	04/10/11
77	Philbeck, Erin	FR-1	Western Washington	2:41.46	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
78	Miller, Marie	FR-1	Northwest Nazarene	2:41.75	All Idaho Collegiate Cup	04/01/11	04/03/11
79	Rice, Ashley	SO-2	Central Washington	2:41.96	WAR 4	04/09/11	04/10/11
80	Holton, Brooklyn	SO-2	Western Washington	2:43.52	GNAC Combined Events Championships	05/02/11	05/04/11
81	Pitt, Stacey	FR-1	MSU-Billings	2:44.09 @	Montana Open Multis	04/14/11	04/16/11
82	Sodders, Emelia	FR-1	Central Washington	2:44.20	WAR 4	04/09/11	04/10/11
83	Berg, Siri	JR-3	Central Washington	2:46.07	WWU Multis	04/07/11	04/09/11
84	Padrinao, Jessica	SO-2	Simon Fraser	2:47.15	GNAC Combined Events Championships	05/02/11	05/04/11
85	Parker, Amanda	FR-1	Alaska Anchorage	2:48.27	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
86	Pridgen, Laura	SO-2	Northwest Nazarene	2:52.35	GNAC Combined Events Championships	05/02/11	05/04/11
87	Chong, Dianne	JR-3	Alaska Anchorage	2:56.68	GNAC Combined Events Championships	05/02/11	05/04/11
88	Davis, Melanie	FR-1	Central Washington	3:03.23	GNAC Combined Events Championships	05/02/11	05/04/11

1,500m (Men)

NCAA DII Auto 3:45.50 NCAA DII Prov 3:52.50 GNAC Auto 3:55.57 GNAC Prov 4:02.55

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Kangogo, Alfred	JR-3	Alaska Anchorage	3:44.67	Oxy Invitational	05/07/11	05/08/11
2	Chelimo, Micah	SO-2	Alaska Anchorage	3:47.66	Oxy Invitational	05/07/11	05/08/11
3	Reed, Chris	SR-4	Western Oregon	3:50.47	John Knight Twilight	04/08/11	04/09/11
4	Larson, Kyle	SR-4	Western Oregon	3:52.14	Oregon Twilight	05/06/11	05/07/11
5	Brockerville, Ryan	JR-3	Simon Fraser	3:52.79	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Stark, Matt	SR-4	Northwest Nazarene	3:53.01	Northwest Nazarene Invitational	04/23/11	04/24/11
7	Welling, Jordan	SR-4	Western Washington	3:54.53	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
8	Watson, Barak	JR-3	Northwest Nazarene	3:54.83	Northwest Nazarene Invitational	04/23/11	04/24/11
9	Kasler, Connor	SO-2	Western Oregon	3:55.17	John Knight Twilight	04/08/11	04/09/11
10	Hill, Thomas	JR-3	Alaska Anchorage	3:55.83	2011 Willamette Invitational	04/01/11	04/03/11
11	Chapman, Ryan	SO-2	Western Oregon	3:55.91	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Snook, Brandon	SR-4	Western Oregon	3:56.03	John Knight Twilight	04/08/11	04/09/11
13	Vugteveen, Travis	FR-1	Simon Fraser	3:56.37	UW Ken Shannon Invitational	05/07/11	05/08/11
14	Grimes, Bennett	SR-4	Western Washington	3:57.31	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
15	Bradford, Evan	FR-1	Seattle Pacific	3:57.50	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
16	Van Santen, Kyle	JR-3	St. Martin's	3:57.57	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
17	Reid, Adam	JR-3	Simon Fraser	3:57.70	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
18	Hunt, Spencer	JR-3	St. Martin's	3:57.72	2011 Willamette Invitational	04/01/11	04/03/11
19	Massari, Zach	JR-3	Western Oregon	3:58.03	Pacific Twilight 2011	04/29/11	05/01/11
20	Abraham, Nick	JR-3	Western Washington	3:58.11	Oregon Twilight	05/06/11	05/07/11
21	Webb, Justin	JR-3	Northwest Nazarene	3:58.27	Northwest Nazarene Invitational	04/23/11	04/24/11
22	Medhaug, Blake	SR-4	Western Washington	3:58.49	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
23	Wakefield, Brett	SR-4	Simon Fraser	3:58.68	UW Ken Shannon Invitational	05/07/11	05/08/11
24	Shogren, Michael	FR-1	Western Oregon	3:58.81	Pacific Twilight 2011	04/29/11	05/01/11
25	Potter, Brian	JR-3	MSU-Billings	3:59.38 @	Montana State Tom Gage Classic	05/05/11	05/07/11
26	Fenley, Lukas	JR-3	Western Oregon	3:59.73	John Knight Twilight	04/08/11	04/09/11
27	Jackson, Chip	SO-2	Western Washington	4:00.71	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
28	Baker, AJ	SO-2	Seattle Pacific	4:00.72	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
29	Patti, Joseph	SO-2	St. Martin's	4:01.44 HT	2011 PLU Invitational	03/12/11	03/16/11
30	Boyd, Tanner	SO-2	Western Washington	4:02.15	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
31	Hopper, Dylan	FR-1	Western Washington	4:02.49	Puget Sound Shotwell Invitational	04/02/11	04/03/11
32	Wahlenmaier, Jacob	SR-4	Seattle Pacific	4:02.91	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
33	Robinson, Chase	FR-1	MSU-Billings	4:03.15 @	Montana Al Manuel Invitational	04/01/11	04/03/11
34	Seeley, Nathan	SO-2	Seattle Pacific	4:03.84 HT	2011 PLU Invitational	03/12/11	03/16/11
35	Yilma, Yonatan	SO-2	Alaska Anchorage	4:04.52	Bryan Clay Invitational	04/15/11	04/16/11
36	Garrett, Brad	SO-2	Western Washington	4:05.18	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
37	Young, James	JR-3	Simon Fraser	4:05.22	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
38	Brill, Eric	JR-3	Western Washington	4:07.08	UW Ken Shannon Invitational	05/07/11	05/08/11
39	Croft, James	SO-2	Western Oregon	4:08.51	2011 Willamette Invitational	04/01/11	04/03/11
40	Beagley, Brady	FR-1	Western Oregon	4:08.62	2011 Willamette Invitational	04/01/11	04/03/11
41	Power, Nathan	FR-1	Central Washington	4:09.05	Club Northwest Spring Break Open	03/26/11	03/27/11
42	Sleight, Nathanael	JR-3	Seattle Pacific	4:09.46	Puget Sound Quad	03/05/11	03/06/11
43	Reiter, Joshua	FR-1	Western Washington	4:10.09	Puget Sound Shotwell Invitational	04/02/11	04/03/11
44	Peterson, Dylan	FR-1	Western Washington	4:10.56	UW Ken Shannon Invitational	05/07/11	05/08/11
45	Eidsmoe, Ryan	JR-3	Central Washington	4:11.00	Puget Sound Shotwell Invitational	04/02/11	04/03/11
46	Timpe, Braden	FR-1	Western Washington	4:11.24	CWU Spike Art Invitational	04/16/11	04/17/11
47	Parisien, Jacob	FR-1	Alaska Anchorage	4:11.68	UNLV Track Classic	03/04/11	03/06/11
48	Swanson, Jon	SO-2	Central Washington	4:12.89	WAR 4	04/09/11	04/10/11
49	Harrison, Will	SO-2	Seattle Pacific	4:13.34	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
50	Minor, Nathan	FR-1	Central Washington	4:13.80	UW Ken Shannon Invitational	05/07/11	05/08/11
51	Schmidt, Otto	FR-1	Western Washington	4:13.85	UW Ken Shannon Invitational	05/07/11	05/08/11
52	Canfield, Taylor	JR-3	MSU-Billings	4:14.03 @	Montana State Tom Gage Classic	05/05/11	05/07/11
53	Ngeno, Benard	SR-4	Northwest Nazarene	4:14.19	Whitworth Buc Scoring Invite	03/24/11	03/27/11

54	Armstrong, Graham	SO-2	Western Washington	4:16.11	Puget Sound Shotwell Invitational	04/02/11	04/03/11
55	Merioles, Josh	SR-4	Northwest Nazarene	4:16.31	All Idaho Collegiate Cup	04/01/11	04/03/11
56	Baggenstos, Jesse	SO-2	Northwest Nazarene	4:17.00	Northwest Nazarene Open	03/11/11	03/13/11
57	Dhanani, Samir	SR-4	Simon Fraser	4:17.85	2011 Achilles Cup	04/27/11	04/29/11
58	Slaughter, Derek	SO-2	Western Washington	4:18.04	Puget Sound Quad	03/05/11	03/06/11
59	Hetrick, Luke	SR-4	Northwest Nazarene	4:18.38	Idaho-Utah Borderclash	04/29/11	05/01/11
60	Johnson, Kyle	JR-3	Western Washington	4:18.48	CWU Spike Arit Invitational	04/16/11	04/17/11
60	Vanderby, Tyson	JR-3	MSU-Billings	4:18.48	UNLV Track Classic	03/04/11	03/06/11
62	Rankin, Matt	JR-3	Northwest Nazarene	4:19.10	All Idaho Collegiate Cup	04/01/11	04/03/11
63	Eidsmoe, Tyler	JR-3	Central Washington	4:19.50	Puget Sound Shotwell Invitational	04/02/11	04/03/11
64	Nodine, Matt	FR-1	Central Washington	4:20.34	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
65	Hutchinson, Travis	JR-3	MSU-Billings	4:20.59 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
66	Easter, Neil	JR-3	Northwest Nazarene	4:21.22	Northwest Nazarene Open	03/11/11	03/13/11
67	Armstrong, Zach	SO-2	Central Washington	4:21.26	WAR 4	04/09/11	04/10/11
68	Howe, Nick	FR-1	Western Washington	4:22.04 HT	2011 PLU Invitational	03/12/11	03/16/11
69	York, Stephen	FR-1	Seattle Pacific	4:22.87	Puget Sound Quad	03/05/11	03/06/11
70	Robinson, Trevor	FR-1	Western Washington	4:23.17	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
71	Sweeney, Dylan	FR-1	Western Washington	4:23.64	UW Ken Shannon Invitational	05/07/11	05/08/11
72	Roberson, Jesse	JR-3	Western Washington	4:25.73	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
73	Fuhrmeister, Marc	FR-1	Western Washington	4:28.21	CWU Spike Arit Invitational	04/16/11	04/17/11
74	Cortes, Javier	FR-1	Western Oregon	4:28.78	Pacific Preview	03/12/11	03/13/11
75	Reynolds, Caleb	SR-4	Northwest Nazarene	4:29.91	All Idaho Collegiate Cup	04/01/11	04/03/11
76	Brand, Gavin	SO-2	Seattle Pacific	4:33.05	L&C Spring Break Open	03/19/11	03/20/11
77	Morgan, Wyatt	JR-3	Alaska Anchorage	4:33.75	GNAC Combined Events Championships	05/02/11	05/04/11
78	Crystal, Alex	JR-3	Northwest Nazarene	4:34.65	All Idaho Collegiate Cup	04/01/11	04/03/11
79	Gaines, Eric	FR-1	Western Oregon	4:34.95	GNAC Combined Events Championships	05/02/11	05/04/11
80	Edell, Matt	FR-1	Seattle Pacific	4:36.70	L&C Spring Break Open	03/19/11	03/20/11
80	Loscutoff, Andy	SR-4	Western Oregon	4:36.70	Pacific Preview	03/12/11	03/13/11
82	Suazo, Jacob	JR-3	St. Martin's	4:38.59	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
83	Montgomery, Stuart	SR-4	Northwest Nazarene	4:42.17	GNAC Combined Events Championships	05/02/11	05/04/11
84	Caryl, Jason	SO-2	Central Washington	4:43.02	GNAC Combined Events Championships	05/02/11	05/04/11
85	Greene, Tim	SR-4	Northwest Nazarene	4:44.50	Spokane Multi	04/12/11	04/14/11
86	Steingruber, Brock	FR-1	MSU-Billings	4:50.61 @	Montana Open Multis	04/14/11	04/16/11
87	Johnson, Nate	SO-2	Seattle Pacific	4:51.79	GNAC Combined Events Championships	05/02/11	05/04/11
88	Rodewig, Brandon	SO-2	Central Washington	5:00.10	WVU Multis	04/07/11	04/09/11
89	Hunter, Scott	SO-2	Central Washington	5:01.50	GNAC Combined Events Championships	05/02/11	05/04/11
90	Steinke, Thomas	SO-2	Central Washington	5:11.53	WVU Multis	04/07/11	04/09/11
91	Hyde, Jake	SO-2	Western Oregon	5:14.62	Pacific Preview	03/12/11	03/13/11
92	Beaty, Bryan	FR-1	Northwest Nazarene	5:14.65	NUU Combined Events	03/11/11	03/13/11
93	Venema, Andrew	SO-2	Central Washington	5:15.39	GNAC Combined Events Championships	05/02/11	05/04/11
94	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	5:16.28	NUU Combined Events	03/11/11	03/13/11
95	Clendaniel, Tim	JR-3	Western Washington	5:19.45	GNAC Combined Events Championships	05/02/11	05/04/11
96	Hartwigsen, Derek	JR-3	Western Washington	5:27.38	WVU Multis	04/07/11	04/09/11
97	Stralsler, Michael	FR-1	Western Washington	5:28.06	GNAC Combined Events Championships	05/02/11	05/04/11
98	Gordon, Dylan	SO-2	Western Washington	5:39.12	WVU Multis	04/07/11	04/09/11

1,500m (Women)

NCAA DII Auto 4:27.50

NCAA DII Prov 4:36.00

GNAC Auto 4:35.48

GNAC Prov 5:02.06

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Crofts, Helen	JR-3	Simon Fraser	4:20.83	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
2	Smith, Jessica	SR-4	Simon Fraser	4:24.58	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
3	Porter, Sarah	SR-4	Western Washington	4:30.32	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Kipng'eno, Miriam	JR-3	Alaska Anchorage	4:30.36	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
5	Butterworth, Lindsey	FR-1	Simon Fraser	4:31.46	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
6	O'Guinn, Ivy	FR-1	Alaska Anchorage	4:31.86	Oxy Invitational	05/07/11	05/08/11
7	Keino, Ruth	SO-2	Alaska Anchorage	4:34.31	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Puga, Jaclyn	SR-4	Northwest Nazarene	4:35.28	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Bick, Susan	FR-1	Alaska Anchorage	4:36.02	2011 Willamette Invitational	04/01/11	04/03/11
10	Minton, Joscelyn	SO-2	St. Martin's	4:36.15	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Snawder, Erika	SR-4	Western Oregon	4:38.53	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Bohman, Emma	SR-4	Alaska Anchorage	4:39.01	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
13	Johnson, Rachael	SR-4	Western Washington	4:40.88	Club Northwest Spring Break Open	03/26/11	03/27/11
13	Krehlik, Katie	SO-2	Alaska Anchorage	4:40.88	2011 Willamette Invitational	04/01/11	04/03/11
15	Cutting, Allison	SO-2	Seattle Pacific	4:41.48	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
16	Applebee, Annan	JR-3	Western Oregon	4:41.52	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
17	Evans, Natalie	FR-1	Northwest Nazarene	4:42.68	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
18	Laweryson, Annie	SR-4	St. Martin's	4:46.92	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
19	Everetts, Janelle	SO-2	Western Oregon	4:48.77	Pacific Preview	03/12/11	03/13/11
20	Thiel, Katie	SR-4	MSU-Billings	4:49.04 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
21	Breihof, Lauren	SR-4	Western Washington	4:49.71	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
22	Copeland, Erika	FR-1	St. Martin's	4:50.57	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
23	Keegan, Shoshana	JR-3	Alaska Anchorage	4:51.90	Bryan Clay Invitational	04/15/11	04/16/11
24	Wright, Amanda	JR-3	Western Oregon	4:52.31	John Knight Twilight	04/08/11	04/09/11
25	Swenson, Meagan	SO-2	Northwest Nazarene	4:53.28	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
26	Leaf, Jenny	FR-1	Western Oregon	4:53.55	Mt. Hood Track & Field Festival	05/07/11	05/08/11
27	Wald, Shena	SR-4	MSU-Billings	4:54.29	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
28	Laabs-Johnson, Heidi	JR-3	Seattle Pacific	4:55.10	Oregon Preview	03/19/11	03/20/11
29	Harwood, Christine	SO-2	Northwest Nazarene	4:55.74	Northwest Nazarene Invitational	04/23/11	04/24/11
30	Morrison, Tricia	JR-3	Western Oregon	4:56.63	2011 Willamette Opener	03/05/11	03/06/11
31	Boyer, Jessica	SR-4	Western Washington	4:56.79	UW Ken Shannon Invitational	05/07/11	05/08/11
32	Lende, Stoli	FR-1	Alaska Anchorage	4:57.04	Bryan Clay Invitational	04/15/11	04/16/11
33	Allen, Kirsten	FR-1	Simon Fraser	4:58.04	UW Ken Shannon Invitational	05/07/11	05/08/11
34	Plunkett, Natty	SR-4	Seattle Pacific	5:00.13	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
35	Rogers, Mary	SO-2	Western Washington	5:00.18	CWU Spike Arit Invitational	04/16/11	04/17/11
36	Fairbanks, Kristi	SO-2	Western Washington	5:00.36	Puget Sound Shotwell Invitational	04/02/11	04/03/11
37	Ujifusa, Maria	SO-2	Western Washington	5:00.81	Club Northwest Spring Break Open	03/26/11	03/27/11
38	Lende, JJ	SO-2	Alaska Anchorage	5:01.12	UNLV Track Classic	03/04/11	03/06/11
39	Becker, Josie	SO-2	Seattle Pacific	5:01.47	Club Northwest Spring Break Open	03/26/11	03/27/11
40	Carviel, Heather	FR-1	Simon Fraser	5:01.69	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
41	Webster, Kristyn	JR-3	Simon Fraser	5:02.20	UBC Open	03/26/11	03/28/11
42	Skordahl, Zoe	JR-3	Western Oregon	5:03.00	Beach Invitational	04/16/11	04/17/11
43	Kartes, Taylor	FR-1	Central Washington	5:04.46	Puget Sound Shotwell Invitational	04/02/11	04/03/11
44	Wilkins, Kayla	SR-4	Seattle Pacific	5:04.87	UW Ken Shannon Invitational	05/07/11	05/08/11
45	Ikeda, Haida	SO-2	Western Washington	5:05.59	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
46	Hartnett, Phoebe	JR-3	Western Washington	5:06.22	CWU Spike Arit Invitational	04/16/11	04/17/11
47	Brisky, Sierra	JR-3	Western Washington	5:06.25	WVU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
48	Lahman, Miranda	FR-1	Western Washington	5:07.25	Puget Sound Quad	03/05/11	03/06/11
49	Chepkoech, Mary	FR-1	Alaska Anchorage	5:07.26	UNLV Track Classic	03/04/11	03/06/11
50	Philbeck, Erin	FR-1	Western Washington	5:08.83	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
51	Morgan, Connie	FR-1	Central Washington	5:10.58	Puget Sound Shotwell Invitational	04/02/11	04/03/11
52	Mendoza, Adriana	JR-3	Central Washington	5:10.90	WAR 4	04/09/11	04/10/11
53	Walton, Arielle	FR-1	Western Washington	5:10.91	Puget Sound Quad	03/05/11	03/06/11
54	Layne, Chelsea	SO-2	Northwest Nazarene	5:11.48	Northwest Nazarene Invitational	04/23/11	04/24/11
55	Carrick, Krysta	JR-3	Seattle Pacific	5:12.14	Puget Sound Shotwell Invitational	04/02/11	04/03/11
56	Cecchi, KayAnna	JR-3	Western Oregon	5:12.61	Pacific Preview	03/12/11	03/13/11
57	Brown, Kelsey	JR-3	Seattle Pacific	5:13.20	Puget Sound Shotwell Invitational	04/02/11	04/03/11

58	Doerksen, Kim	SO-2	Simon Fraser	5:15.98	UBC Open	03/26/11	03/28/11
59	Miller, Marie	FR-1	Northwest Nazarene	5:18.13	Northwest Nazarene Invitational	04/23/11	04/24/11
60	Gonzales, Bianca	JR-3	Simon Fraser	5:18.70	SFU Emilie Mondor Spring Open	04/02/11	04/03/11
61	Bock, Melanie	FR-1	MSU-Billings	5:19.18	@ BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
62	Rendahl, Ashley	SR-4	Northwest Nazarene	5:23.12	Idaho-Utah Borderclash	04/29/11	05/01/11
63	Miller, Kendra	JR-3	Western Washington	5:28.19	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
64	Rice, Ashley	SO-2	Central Washington	5:34.31	WAR 4	04/09/11	04/10/11
65	Megan, Knappe	SO-2	Seattle Pacific	5:40.63	UW Ken Shannon Invitational	05/07/11	05/08/11
66	Beesley, Danielle	JR-3	Northwest Nazarene	5:44.65	Northwest Nazarene Invitational	04/23/11	04/24/11
67	Hill, Sam	SO-2	Northwest Nazarene	5:45.68	Whitworth Buc Scoring Invite	03/24/11	03/27/11
68	Sodders, Emelia	FR-1	Central Washington	5:56.36	CWU Spike Arit Invitational	04/16/11	04/17/11
69	Agis, Carelia	SO-2	St. Martin's	6:23.55	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11

5,000m (Men)

		NCAA DII Auto 14:00.00		NCAA DII Prov 14:35.00		GNAC Auto 14:50.37		GNAC Prov 15:34.51	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Welling, Jordan	SR-4	Western Washington	14:10.43	Stanford Invitational	03/25/11	03/27/11		
2	Grimes, Bennett	SR-4	Western Washington	14:17.12	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
3	Reed, Chris	SR-4	Western Oregon	14:21.14	Stanford Invitational	03/25/11	03/27/11		
4	Cheilimo, Micah	SO-2	Alaska Anchorage	14:29.41	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
5	Van Santen, Kyle	JR-3	St. Martin's	14:36.11	2011 Willamette Invitational	04/01/11	04/03/11		
6	Kangogo, Alfred	JR-3	Alaska Anchorage	14:40.79	2011 Willamette Invitational	04/01/11	04/03/11		
7	Watson, Barak	JR-3	Northwest Nazarene	14:45.12	WAR 4	04/09/11	04/10/11		
8	Parisien, Jacob	FR-1	Alaska Anchorage	14:57.78	San Francisco State Distance Carnival	03/25/11	03/26/11		
9	Jackson, Chip	SO-2	Western Washington	15:06.84	HT 2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
10	Yilma, Yonatan	SO-2	Alaska Anchorage	15:12.04	San Francisco State Distance Carnival	03/25/11	03/26/11		
11	Medhaug, Blake	SR-4	Western Washington	15:13.75	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
12	Karr, Justin	SR-4	Western Oregon	15:18.28	Pacific Twilight 2011	04/29/11	05/01/11		
13	Shogren, Michael	FR-1	Western Oregon	15:18.51	2011 Willamette Invitational	04/01/11	04/03/11		
14	Boyd, Tanner	SO-2	Western Washington	15:21.78	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
15	Brill, Eric	JR-3	Western Washington	15:23.68	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
16	Santos, Manuel	SO-2	Central Washington	15:25.16	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
17	Peterson, Dylan	FR-1	Western Washington	15:33.49	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
18	Baggenstos, Jesse	SO-2	Northwest Nazarene	15:34.16	EOU Open	04/16/11	04/19/11		
19	Fenley, Lukas	JR-3	Western Oregon	15:42.24	Pacific Twilight 2011	04/29/11	05/01/11		
20	Beagley, Brady	FR-1	Western Oregon	15:45.43	Mt. Hood Track & Field Festival	05/07/11	05/08/11		
21	Harvey, Nicholas	SR-4	St. Martin's	15:46.64	HT 2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
22	Schmidt, Otto	FR-1	Western Washington	15:48.02	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
23	Minor, Nathan	FR-1	Central Washington	15:52.44	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
24	Harrison, Will	SO-2	Seattle Pacific	15:55.87	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
25	Garrett, Brad	SO-2	Western Washington	16:01.06	UW Ken Shannon Invitational	05/07/11	05/08/11		
26	Power, Scott	JR-3	Central Washington	16:05.83	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
27	Fuhrmeister, Marc	FR-1	Western Washington	16:10.07	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
28	Johnson, Kyle	JR-3	Western Washington	16:10.20	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
29	Rowlett, Nathan	SO-2	Western Oregon	16:19.26	John Knight Twilight	04/08/11	04/09/11		
30	Hamilton, Daniel	JR-3	Seattle Pacific	16:19.79	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
31	Bauer, Scott	SO-2	St. Martin's	16:20.34	HT 2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
32	Robinson, Trevor	FR-1	Western Washington	16:20.54	HT 2011 PLU Invitational	03/12/11	03/16/11		
33	Eidsmoe, Tyler	JR-3	Central Washington	16:25.01	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
34	Hetrick, Luke	SR-4	Northwest Nazarene	16:26.57	EOU Open	04/16/11	04/19/11		
35	Cortes, Javier	FR-1	Western Oregon	16:34.83	John Knight Twilight	04/08/11	04/09/11		
36	Eidsmoe, Ryan	JR-3	Central Washington	16:35.82	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
37	Armstrong, Graham	SO-2	Western Washington	16:42.58	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
38	Sweeney, Dylan	FR-1	Western Washington	16:42.74	HT 2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
39	Canfield, Taylor	JR-3	MSU-Billings	16:44.71	Northwest Nazarene Invitational	04/23/11	04/24/11		
40	Swanson, Jon	SO-2	Central Washington	16:58.84	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
41	Brand, Gavin	SO-2	Seattle Pacific	17:03.94	HT 2011 PLU Invitational	03/12/11	03/16/11		
42	Nodine, Matt	FR-1	Central Washington	17:08.93	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
43	Edell, Matt	FR-1	Seattle Pacific	17:24.05	UW Ken Shannon Invitational	05/07/11	05/08/11		
44	Stewart, Duane	JR-3	Western Washington	17:58.04	HT 2011 PLU Invitational	03/12/11	03/16/11		
45	Hutchinson, Travis	JR-3	MSU-Billings	18:05.97	UNLV Track Classic	03/04/11	03/06/11		

5,000m (Women)

		NCAA DII Auto 16:39.30		NCAA DII Prov 17:20.00		GNAC Auto 18:25.47		GNAC Prov 19:23.26	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Porter, Sarah	SR-4	Western Washington	15:57.02	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
2	Kipng'eno, Miriam	JR-3	Alaska Anchorage	16:36.66	Stanford Invitational	03/25/11	03/27/11		
3	Keino, Ruth	SO-2	Alaska Anchorage	16:38.24	Stanford Invitational	03/25/11	03/27/11		
4	Keegan, Shoshana	JR-3	Alaska Anchorage	17:26.52	Beach Invitational	04/16/11	04/17/11		
5	Breihof, Lauren	SR-4	Western Washington	17:32.01	Stanford Invitational	03/25/11	03/27/11		
6	Plunkett, Natty	SR-4	Seattle Pacific	17:43.53	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11		
7	Snawder, Erika	SR-4	Western Oregon	18:05.25	John Knight Twilight	04/08/11	04/09/11		
8	Wright, Amanda	JR-3	Western Oregon	18:15.24	San Francisco State Distance Carnival	03/25/11	03/26/11		
9	Mendoza, Adriana	JR-3	Central Washington	18:19.05	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
10	Laabs-Johnson, Heidi	JR-3	Seattle Pacific	18:27.54	WAR 4	04/09/11	04/10/11		
11	Fairbanks, Kristi	SO-2	Western Washington	18:30.74	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
12	Lende, Stoli	FR-1	Alaska Anchorage	18:31.51	Oxy Distance Carnival	03/11/11	03/12/11		
13	Hartnett, Phoebe	JR-3	Western Washington	18:32.59	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
14	Zeidler, Robin	SO-2	Seattle Pacific	18:33.53	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
15	Cutting, Allison	SO-2	Seattle Pacific	18:37.16	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
16	Lende, JJ	SO-2	Alaska Anchorage	18:42.81	Oxy Distance Carnival	03/11/11	03/12/11		
17	Morrison, Tricia	JR-3	Western Oregon	18:43.96	Pacific Twilight 2011	04/29/11	05/01/11		
18	Brisky, Sierra	JR-3	Western Washington	18:44.65	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
19	Rogers, Mary	SO-2	Western Washington	18:52.34	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
20	Pecha, Kaitlynn	JR-3	St. Martin's	18:53.94	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
21	Cecchi, KayAnna	JR-3	Western Oregon	19:01.05	Pacific Twilight 2011	04/29/11	05/01/11		
22	Rendahl, Ashley	SR-4	Northwest Nazarene	19:05.27	WAR 4	04/09/11	04/10/11		
23	Thiel, Katie	SR-4	MSU-Billings	19:05.92	@ Montana Open	04/16/11	04/17/11		
24	Philbeck, Erin	FR-1	Western Washington	19:06.63	UW Ken Shannon Invitational	05/07/11	05/08/11		
25	Ujifusa, Maria	SO-2	Western Washington	19:07.14	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
26	Doerksen, Kim	SO-2	Simon Fraser	19:17.63	SFU Emilie Mondor Spring Open	04/02/11	04/03/11		
27	Boyer, Jessica	SR-4	Western Washington	19:22.10	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		
28	Morgan, Connie	FR-1	Central Washington	19:24.34	Saint Martin's Track & Field Invitational	04/30/11	05/02/11		
29	Allen, Kirsten	FR-1	Simon Fraser	19:28.45	SFU Emilie Mondor Spring Open	04/02/11	04/03/11		
30	Hedges, Kendra	SO-2	Western Washington	19:45.99	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
31	Webster, Kristyn	JR-3	Simon Fraser	19:46.49	SFU Emilie Mondor Spring Open	04/02/11	04/03/11		
32	Palibroda, Emily	SR-4	Simon Fraser	19:52.89	SFU Emilie Mondor Spring Open	04/02/11	04/03/11		
33	Llapitan, Ashley	SO-2	St. Martin's	19:56.36	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
34	Walton, Arielle	FR-1	Western Washington	20:01.11	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
35	Valera, Amanda	JR-3	Central Washington	20:22.94	HT 2011 PLU Invitational	03/12/11	03/16/11		
36	Hummer, Sophie	FR-1	Central Washington	20:34.70	WAR 4	04/09/11	04/10/11		
37	Hill, Sam	SO-2	Northwest Nazarene	20:46.64	EOU Open	04/16/11	04/19/11		
38	Rice, Ashley	SO-2	Central Washington	20:56.04	HT 2011 PLU Invitational	03/12/11	03/16/11		
39	Bales, Berlyn	SO-2	Central Washington	21:01.18	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11		

40	Cruze, Rose	FR-1	Central Washington	21:08.16	WAR 4	04/09/11	04/10/11
41	Sodders, Emelia	FR-1	Central Washington	21:26.46	Dusty Lane Open	03/19/11	03/21/11
42	Zazuła, Adriana	FR-1	Central Washington	21:38.85	WAR 4	04/09/11	04/10/11

10,000m (Men)

		NCAA DII Auto 29:24.60		NCAA DII Prov 30:40.00		GNAC Auto 32:14.30		GNAC Prov 33:17.22	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Reed, Chris	SR-4	Western Oregon	29:44.77	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
2	Grimes, Bennett	SR-4	Western Washington	29:54.94	Stanford Invitational	03/25/11	03/27/11		
3	Welling, Jordan	SR-4	Western Washington	29:56.65	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
4	Van Santen, Kyle	JR-3	St. Martin's	30:55.15	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
5	Medhaug, Blake	SR-4	Western Washington	31:17.63	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
6	Yilma, Yonatan	SO-2	Alaska Anchorage	31:34.34	2011 Willamette Invitational	04/01/11	04/03/11		
7	Santos, Manuel	SO-2	Central Washington	31:41.94	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
8	Baggenstos, Jesse	SO-2	Northwest Nazarene	31:42.75	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
9	Karr, Justin	SR-4	Western Oregon	31:42.93	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
10	Jackson, Chip	SO-2	Western Washington	32:28.94	Puget Sound Quad	03/05/11	03/06/11		
11	Boyd, Tanner	SO-2	Western Washington	32:31.60	Puget Sound Quad	03/05/11	03/06/11		
12	Schmidt, Otto	FR-1	Western Washington	33:03.35	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
13	Harrison, Will	SO-2	Seattle Pacific	33:13.64	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
14	Fuhrmeister, Marc	FR-1	Western Washington	33:13.74 HT	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
15	Fenley, Lukas	JR-3	Western Oregon	33:25.37	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
16	Harvey, Nicholas	SR-4	St. Martin's	33:42.54 HT	CWU Spike Arlt Invitational	04/16/11	04/17/11		
17	Minor, Nathan	FR-1	Central Washington	33:56.21	2011 PLU Invitational	03/12/11	03/16/11		
18	Bauer, Scott	SO-2	St. Martin's	34:28.57	2011 PLU Invitational	03/12/11	03/16/11		
19	Brand, Gavin	SO-2	Seattle Pacific	37:40.24 HT	CWU Spike Arlt Invitational	04/16/11	04/17/11		
20	Edell, Matt	FR-1	Seattle Pacific	38:09.84 HT	CWU Spike Arlt Invitational	04/16/11	04/17/11		

10,000m (Women)

		NCAA DII Prov 36:40.00		GNAC Auto 38:50.27		GNAC Prov 42:14.71			
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Porter, Sarah	SR-4	Western Washington	33:17.39	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11		
2	Keino, Ruth	SO-2	Alaska Anchorage	34:30.53	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11		
3	Breihof, Lauren	SR-4	Western Washington	36:15.12	53rd Annual Mt. SAC Relays	04/14/11	04/17/11		
4	Plunkett, Natty	SR-4	Seattle Pacific	36:42.08	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
5	Keegan, Shoshana	JR-3	Alaska Anchorage	37:03.19	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
6	Brisky, Sierra	JR-3	Western Washington	37:34.64	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
7	Krehlik, Katie	SO-2	Alaska Anchorage	38:31.56	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
8	Wright, Amanda	JR-3	Western Oregon	38:46.05	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
9	Hartnett, Phoebe	JR-3	Western Washington	38:54.61	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
10	Cecchi, KayAnna	JR-3	Western Oregon	39:34.18	John Knight Twilight	04/08/11	04/09/11		
11	Doerksen, Kim	SO-2	Simon Fraser	39:37.14 HT	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
12	Hedges, Kendra	SO-2	Western Washington	39:47.97	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
13	Lende, JJ	SO-2	Alaska Anchorage	39:50.95	2011 Willamette Invitational	04/01/11	04/03/11		
14	Rendahl, Ashley	SR-4	Northwest Nazarene	40:31.89	Northwest Nazarene Invitational	04/23/11	04/24/11		
15	Valera, Amanda	JR-3	Central Washington	42:59.71	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
16	Lapitan, Ashley	SO-2	St. Martin's	43:50.14 HT	CWU Spike Arlt Invitational	04/16/11	04/17/11		

110m H (Men)

		NCAA DII Auto 14.09		NCAA DII Prov 14.65		GNAC Auto 15.67		GNAC Prov 17.84	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Hogan, Anthony	SO-2	Central Washington	14.85	Stanford Invitational	03/25/11	03/27/11		
2	Okazaki, Cory	FR-1	Western Washington	15.20	CWU Spike Arlt Invitational	04/16/11	04/17/11		
3	Werner, Jordan	SR-4	Western Oregon	15.26	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
4	Venema, Andrew	SO-2	Central Washington	15.33	CWU Spike Arlt Invitational	04/16/11	04/17/11		
5	Campbell, Brett	FR-1	Western Oregon	15.35	Pacific Twilight 2011	04/29/11	05/01/11		
6	Hope, Maurus	SR-4	Northwest Nazarene	15.43	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
7	Harris, Darnell	SO-2	Central Washington	15.48	Puget Sound Shotwell Invitational	04/02/11	04/03/11		
8	Rhodes, Kody	FR-1	Western Oregon	15.48	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
9	Loscutoff, Andy	SR-4	Western Oregon	15.50	GNAC Combined Events Championships	05/02/11	05/04/11		
10	Johnson, Nate	SO-2	Seattle Pacific	15.60	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
11	Rodewig, Brandon	SO-2	Central Washington	15.73	CWU Spike Arlt Invitational	04/16/11	04/17/11		
12	Wilson, Travis	FR-1	Alaska Anchorage	15.85	2011 Willamette Invitational	04/01/11	04/03/11		
13	Schick, Karsten	FR-1	Western Washington	15.86	UW Ken Shannon Invitational	05/07/11	05/08/11		
14	McCurdy, Kevin	FR-1	Western Oregon	16.05	2011 Willamette Invitational	04/01/11	04/03/11		
15	Easterling, Reece	FR-1	MSU-Billings	16.06 @	Montana State Tom Gage Classic	05/05/11	05/07/11		
16	Gray, Andrew	JR-3	Western Washington	16.18	UW Ken Shannon Invitational	05/07/11	05/08/11		
17	Morgan, Wyatt	JR-3	Alaska Anchorage	16.18	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
18	Cleandaniel, Tim	JR-3	Western Washington	16.35	GNAC Combined Events Championships	05/02/11	05/04/11		
19	Steinke, Thomas	SO-2	Central Washington	16.41	GNAC Combined Events Championships	05/02/11	05/04/11		
20	Stralser, Michael	FR-1	Western Washington	16.44	GNAC Combined Events Championships	05/02/11	05/04/11		
21	Fay, Russell	FR-1	Alaska Anchorage	16.59	Beach Invitational	04/16/11	04/17/11		
22	Caryl, Jason	SO-2	Central Washington	16.64	GNAC Combined Events Championships	05/02/11	05/04/11		
23	Hyde, Jake	SO-2	Western Oregon	16.69	GNAC Combined Events Championships	05/02/11	05/04/11		
24	Steiglitz, Tim	JR-3	Northwest Nazarene	16.70	All Idaho Collegiate Cup	04/01/11	04/03/11		
25	Holland, Michael	FR-1	St. Martin's	16.73	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11		
26	Gaines, Eric	FR-1	Western Oregon	17.03	GNAC Combined Events Championships	05/02/11	05/04/11		
27	Skelton, Shawn	FR-1	MSU-Billings	17.13 @	Montana Open	04/16/11	04/17/11		
28	Hunter, Scott	SO-2	Central Washington	17.41	GNAC Combined Events Championships	05/02/11	05/04/11		
29	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	17.55	NNU Combined Events	03/11/11	03/13/11		
30	Gordon, Dylan	SO-2	Western Washington	17.61	Puget Sound Quad	03/05/11	03/06/11		
31	Hartwigsen, Derek	JR-3	Western Washington	17.74	WWU Multis	04/07/11	04/09/11		
32	Wiedmer, Casey	FR-1	St. Martin's	18.20	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11		
33	Beaty, Bryan	FR-1	Northwest Nazarene	18.25	NNU Combined Events	03/11/11	03/13/11		
34	Greene, Tim	SR-4	Northwest Nazarene	18.27	GNAC Combined Events Championships	05/02/11	05/04/11		
35	Montgomery, Stuart	SR-4	Northwest Nazarene	18.35	GNAC Combined Events Championships	05/02/11	05/04/11		
36	Steingruber, Brock	FR-1	MSU-Billings	19.12	GNAC Combined Events Championships	05/02/11	05/04/11		

400m H (Men)

		NCAA DII Auto 51.74		NCAA DII Prov 53.90		GNAC Auto 55.83		GNAC Prov 57.45	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Ward, Shaun	JR-3	Alaska Anchorage	52.23	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
2	Hope, Maurus	SR-4	Northwest Nazarene	53.69	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
3	Endresen, Ryan	SO-2	Seattle Pacific	53.78	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
4	Villanueva, Phillip	SR-4	Western Washington	54.76	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
5	Loscutoff, Andy	SR-4	Western Oregon	54.82	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
6	Rhodes, Kody	FR-1	Western Oregon	54.86	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
7	McCurdy, Kevin	FR-1	Western Oregon	54.98	Mt. Hood Track & Field Festival	05/07/11	05/08/11		
8	Morales, Gabriel	SR-4	Western Washington	56.00	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		
9	Darling, Logan	SO-2	Western Washington	56.04 HT	Club Northwest Spring Break Open	03/26/11	03/27/11		
10	Polkow, Lewis	FR-1	MSU-Billings	56.36	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11		

11	Alexander, Colin	JR-3	Central Washington	56.68	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
12	Wilson, Travis	FR-1	Alaska Anchorage	56.84	Beach Invitational	04/16/11	04/17/11
13	Morgan, Wyatt	JR-3	Alaska Anchorage	57.02	Oxy Invitational	05/07/11	05/08/11
14	Okazaki, Cory	FR-1	Western Washington	57.15	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
15	Schick, Karsten	FR-1	Western Washington	57.41	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
16	Grudzinski, Levi	SO-2	Western Washington	57.73	Puget Sound Quad	03/05/11	03/06/11
17	Easterling, Reece	FR-1	MSU-Billings	58.37 @	Montana Open	04/16/11	04/17/11
18	Kilgore, Greyson	SO-2	Northwest Nazarene	58.78	Idaho-Utah Borderclash	04/29/11	05/01/11
19	Campbell, Brett	FR-1	Western Oregon	59.06	Pacific Twilight 2011	04/29/11	05/01/11
19	Harris, Darnell	SO-2	Central Washington	59.06	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
21	Armstrong, Zach	SO-2	Central Washington	59.55	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
22	Skelton, Shawn	FR-1	MSU-Billings	59.74 @	Montana Open	04/16/11	04/17/11
23	Wiedmer, Casey	FR-1	St. Martin's	59.89	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
24	Lara, Ryan	JR-3	Central Washington	59.95	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
25	Venema, Andrew	SO-2	Central Washington	59.96	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
26	Montgomery, Stuart	SR-4	Northwest Nazarene	1:00.42	Idaho-Utah Borderclash	04/29/11	05/01/11
27	Greene, Tim	SR-4	Northwest Nazarene	1:00.52	Northwest Nazarene Invitational	04/23/11	04/24/11
28	Holland, Michael	FR-1	St. Martin's	1:00.74	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
29	Cho, James	JR-3	Central Washington	1:03.24	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
29	Steinke, Thomas	SO-2	Central Washington	1:03.24	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
31	Lannon, Marc	SR-4	Northwest Nazarene	1:04.02	Idaho-Utah Borderclash	04/29/11	05/01/11

400m H (Women)

NCAA DII Auto 59.80 NCAA DII Prov 1:03.00 GNAC Auto 1:05.28 GNAC Prov 1:08.11

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Lloyd, Haleigh	FR-1	Alaska Anchorage	1:00.96	Northridge Invitational	03/12/11	03/13/11
2	Everett, Adrienna	SR-4	Alaska Anchorage	1:02.29	Oxy Invitational	05/07/11	05/08/11
3	Reid, Kaitlyn	SR-4	Western Oregon	1:02.53	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
4	Mosher, Ali	JR-3	Western Oregon	1:03.82	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
5	Pike, Jennifer	SR-4	Seattle Pacific	1:04.17	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Nobbs, Natalie	JR-3	Seattle Pacific	1:05.41	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
7	O'Connell, Megan	SR-4	Western Washington	1:05.58	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	McDonald, Alexandra	SO-2	Western Washington	1:05.88	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
9	Vander Meulen, Janna	JR-3	Western Oregon	1:06.27	Pacific Twilight 2011	04/29/11	05/01/11
10	Dodd, Amber	FR-1	Western Washington	1:06.35	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Larlee, Annie	SR-4	Northwest Nazarene	1:06.60	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Lahman, Miranda	FR-1	Western Washington	1:07.68	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
13	Smith, Marie	FR-1	Northwest Nazarene	1:07.88	All Idaho Collegiate Cup	04/01/11	04/03/11
14	Ciaccio, Amy	SR-4	Northwest Nazarene	1:09.34	All Idaho Collegiate Cup	04/01/11	04/03/11
15	Hampton, Liz	SO-2	Central Washington	1:09.36	UW Ken Shannon Invitational	05/07/11	05/08/11
16	Lewis, Kira	JR-3	Seattle Pacific	1:09.54 HT	2011 PLU Invitational	03/12/11	03/16/11
17	Pridgen, Laura	SO-2	Northwest Nazarene	1:10.48	All Idaho Collegiate Cup	04/01/11	04/03/11
18	Padra, Chelsea	FR-1	Central Washington	1:10.65	WAR 4	04/09/11	04/10/11
19	Bjornsson, Tanya	SO-2	Western Washington	1:10.79	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
20	Genther, Chelsea	FR-1	Central Washington	1:11.13	Club Northwest Spring Break Open	03/26/11	03/27/11
21	Hintz, Justine	FR-1	Central Washington	1:11.54	WAR 4	04/09/11	04/10/11
22	Holding, Rebecca	SO-2	Northwest Nazarene	1:12.61	Northwest Nazarene Invitational	04/23/11	04/24/11
23	Garner, Dani	FR-1	MSU-Billings	1:13.79	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
24	Ramirez, Maria	SO-2	Northwest Nazarene	1:14.96	All Idaho Collegiate Cup	04/01/11	04/03/11
25	Berg, Siri	JR-3	Central Washington	1:16.04	Club Northwest Spring Break Open	03/26/11	03/27/11

3,000m Steeple (Men)

NCAA DII Auto 8:56.00 NCAA DII Prov 9:20.00 GNAC Auto 9:37.38 GNAC Prov 10:02.45

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Brockerville, Ryan	JR-3	Simon Fraser	8:49.39	Payton Jordan Cardinal Invitational	05/01/11	05/02/11
2	Chelimo, Micah	SO-2	Alaska Anchorage	8:52.41	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
3	Snook, Brandon	SR-4	Western Oregon	9:11.11	Oregon Twilight	05/06/11	05/07/11
4	Chapman, Ryan	SO-2	Western Oregon	9:12.74	Oregon Twilight	05/06/11	05/07/11
5	Baker, AJ	SO-2	Seattle Pacific	9:12.98	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Kangogo, Alfred	JR-3	Alaska Anchorage	9:13.11	Stanford Invitational	03/25/11	03/27/11
7	Watson, Barak	JR-3	Northwest Nazarene	9:13.61	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Sprinkle, Dan	JR-3	Western Oregon	9:14.40	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Brill, Eric	JR-3	Western Washington	9:29.19	53rd Annual Mt. SAC Relays	04/14/11	04/17/11
10	Beagley, Brady	FR-1	Western Oregon	9:33.82	John Knight Twilight	04/08/11	04/09/11
11	Hetrick, Luke	SR-4	Northwest Nazarene	9:38.44	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Peterson, Dylan	FR-1	Western Washington	9:39.74	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
13	Reiter, Joshua	FR-1	Western Washington	9:41.10	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
14	Johnson, Kyle	JR-3	Western Washington	9:44.66	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
15	Power, Scott	JR-3	Central Washington	9:52.34	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
16	Canfield, Taylor	JR-3	MSU-Billings	10:00.49 @	Montana Open	04/16/11	04/17/11
17	Easter, Neil	JR-3	Northwest Nazarene	10:04.10	Northwest Nazarene Invitational	04/23/11	04/24/11
18	Rankin, Matt	JR-3	Northwest Nazarene	10:20.13	Whitworth Buc Scoring Invite	03/24/11	03/27/11
19	Slaughter, Derek	SO-2	Western Washington	10:23.63	UW Ken Shannon Invitational	05/07/11	05/08/11
20	Baggenstos, Jesse	SO-2	Northwest Nazarene	10:24.14 HT	Idaho-Utah Borderclash	04/29/11	05/01/11
21	Nodine, Matt	FR-1	Central Washington	10:28.06	UW Ken Shannon Invitational	05/07/11	05/08/11
22	Crystal, Alex	JR-3	Northwest Nazarene	10:34.64 HT	EOU Open	04/16/11	04/19/11

3,000m Steeple (Women)

NCAA DII Auto 10:30.00 NCAA DII Prov 11:10.00 GNAC Auto 11:49.10 GNAC Prov 12:37.14

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Puga, Jaclyn	SR-4	Northwest Nazarene	10:45.41	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
2	Bohman, Emma	SR-4	Alaska Anchorage	11:03.67	San Francisco State Distance Carnival	03/25/11	03/26/11
3	Mendoza, Adriana	JR-3	Central Washington	11:18.42	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Hartnett, Phoebe	JR-3	Western Washington	11:25.95	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
5	Swenson, Meagan	SO-2	Northwest Nazarene	11:35.78	WAR 4	04/09/11	04/10/11
6	Fairbanks, Kristi	SO-2	Western Washington	11:36.38	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
7	Everetts, Megan	SO-2	Western Oregon	11:44.30	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Boyer, Jessica	SR-4	Western Washington	11:50.87	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Carrick, Krysta	JR-3	Seattle Pacific	11:53.11	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
10	Wilkins, Kayla	SR-4	Seattle Pacific	11:56.37	2011 PLU Invitational	03/12/11	03/16/11
11	Becker, Josie	SO-2	Seattle Pacific	12:05.29	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Morrison, Tricia	JR-3	Western Oregon	12:06.92	San Francisco State Distance Carnival	03/25/11	03/26/11
13	Chepkoech, Mary	FR-1	Alaska Anchorage	12:09.61	2011 Willamette Invitational	04/01/11	04/03/11
14	Lawson, Danika	FR-1	St. Martin's	12:10.90	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
15	Palibroda, Emily	SR-4	Simon Fraser	12:17.09	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
16	Rice, Ashley	SO-2	Central Washington	12:29.22	UW Ken Shannon Invitational	05/07/11	05/08/11
17	Gonzales, Bianca	JR-3	Simon Fraser	12:35.49	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
18	Lahman, Miranda	FR-1	Western Washington	12:57.35	2011 PLU Invitational	03/12/11	03/16/11

4 x 100m Relay (Men)

NCAA DII Auto 40.19 NCAA DII Prov 41.35

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Alaska Anchorage	41.91	2011 Willamette Invitational	04/01/11	04/03/11
2	Central Washington	42.38	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
3	Western Oregon	42.40	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Seattle Pacific	42.78	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
5	Western Washington	42.83	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Northwest Nazarene	42.84	Northwest Nazarene Open	03/11/11	03/13/11
7	Simon Fraser	43.12	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	MSU-Billings	43.49 @	Montana State Tom Gage Classic	05/05/11	05/07/11
9	St. Martin's	44.94	Saint Martin's Track & Field Invitational	04/30/11	05/02/11

4 x 100m Relay (Women)

NCAA DII Auto 45.81 NCAA DII Prov 47.40

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Seattle Pacific	47.23	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
2	Western Oregon	47.72	John Knight Twilight	04/08/11	04/09/11
3	Western Washington	48.22	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Central Washington	48.29	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
5	Alaska Anchorage	48.54	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Northwest Nazarene	48.68	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
7	Simon Fraser	49.71	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	MSU-Billings	49.86 @	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
9	St. Martin's	52.89	Puget Sound Shotwell Invitational	04/02/11	04/03/11

4 x 400m Relay (Men)

NCAA DII Auto 3:09.10 NCAA DII Prov 3:15.00

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Alaska Anchorage	3:14.74	Beach Invitational	04/16/11	04/17/11
2	Northwest Nazarene	3:17.45	WAR 4	04/09/11	04/10/11
3	Western Oregon	3:17.76	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
4	Central Washington	3:19.32	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
5	Western Washington	3:20.07	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Simon Fraser	3:23.04	2011 Achilles Cup	04/27/11	04/29/11
7	MSU-Billings	3:23.46	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Seattle Pacific	3:25.34	Puget Sound Quad	03/05/11	03/06/11
9	St. Martin's	3:31.25	Saint Martin's Track & Field Invitational	04/30/11	05/02/11

4 x 400m Relay (Women)

NCAA DII Auto 3:41.80 NCAA DII Prov 3:50.00

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Simon Fraser	3:42.05	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
2	Alaska Anchorage	3:50.28	Oxy Invitational	05/07/11	05/08/11
3	Seattle Pacific	3:50.64	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
4	Western Oregon	3:51.07	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
5	Western Washington	3:53.71	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Northwest Nazarene	3:59.15	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
7	Central Washington	4:01.84	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	MSU-Billings	4:02.55	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	St. Martin's	4:17.97	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11

High Jump (Men)

NCAA DII Auto 2.17m NCAA DII Prov 2.05m GNAC Auto 1.93m GNAC Prov 1.83m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Boyes, Brennan	SO-2 Central Washington	6' 8"	2.03m	WAR 4	04/09/11	04/10/11
2	Meyers, Lewis	SO-2 Central Washington	6' 7"	2.01m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
3	Roddewig, Brandon	SO-2 Central Washington	6' 5"	1.96m	WWU Multis	04/07/11	04/09/11
4	Sheriff, Tommy	JR-3 Central Washington	6' 4.75"	1.95m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
5	Larson, Josh	SR-4 Western Washington	6' 2"	1.88m	Puget Sound Quad	03/05/11	03/06/11
5	Meikle, Ethan	FR-1 Central Washington	6' 2"	1.88m	CWU Spike Art Invitational	04/16/11	04/17/11
5	Mendenhall, Gabe	FR-1 Western Oregon	6' 2"	1.88m	2011 Willamette Opener	03/05/11	03/06/11
8	Berkman, Elycc	FR-1 Western Oregon	6' 1.25"	1.86m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Chick, Karsten	FR-1 Western Washington	6' 1.25"	1.86m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
10	Morrison, Scott	SO-2 Central Washington	6' 0.75"	1.85m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
11	Caryl, Jason	SO-2 Central Washington	6' 0.5"	1.84m	WWU Multis	04/07/11	04/09/11
11	Gaines, Eric	FR-1 Western Oregon	6' 0.5"	1.84m	GNAC Combined Events Championships	05/02/11	05/04/11
11	Venema, Andrew	SO-2 Central Washington	6' 0.5"	1.84m	GNAC Combined Events Championships	05/02/11	05/04/11
14	Beaty, Bryan	FR-1 Northwest Nazarene	6' 0"	1.83m	Northwest Nazarene Invitational	04/23/11	04/24/11
15	McFadden, Donovan	FR-1 Western Oregon	5' 11.5"	1.82m	San Francisco State Distance Carnival	03/25/11	03/26/11
16	Brown, Ryan	SR-4 Western Washington	5' 11.25"	1.81m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
16	Hunter, Scott	SO-2 Central Washington	5' 11.25"	1.81m	WWU Multis	04/07/11	04/09/11
18	Alexander, Colin	JR-3 Central Washington	5' 10.75"	1.80m	UW Ken Shannon Invitational	05/07/11	05/08/11
18	Liggins, Rob	FR-1 Western Oregon	5' 10.75"	1.80m	Pacific Preview	03/12/11	03/13/11
20	Johnson, Nate	SO-2 Seattle Pacific	5' 10"	1.78m	GNAC Combined Events Championships	05/02/11	05/04/11
20	Loscutoff, Andy	SR-4 Western Oregon	5' 10"	1.78m	GNAC Combined Events Championships	05/02/11	05/04/11
22	Hyde, Jake	SO-2 Western Oregon	5' 9.25"	1.76m	Pacific Preview	03/12/11	03/13/11
23	Steingruber, Brock	FR-1 MSU-Billings	5' 8.5"	1.74m	Montana Open Multis	04/14/11	04/16/11
24	Steinke, Thomas	SO-2 Central Washington	5' 8"	1.73m	Dusty Lane Open	03/19/11	03/21/11
25	Clendaniel, Tim	JR-3 Western Washington	5' 7.75"	1.72m	WWU Multis	04/07/11	04/09/11
26	Green, Jeremy	FR-1 St. Martin's	5' 7"	1.70m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
26	Moldanov, Sviatoslav	JR-3 Simon Fraser	5' 7"	1.70m	2011 Achilles Cup	04/27/11	04/29/11
26	Zwiefelhofer, Eric	SR-4 Northwest Nazarene	5' 7"	1.70m	NNU Combined Events	03/11/11	03/13/11
29	Morgan, Wyatt	JR-3 Alaska Anchorage	5' 6.5"	1.69m	GNAC Combined Events Championships	05/02/11	05/04/11
29	Stralser, Michael	FR-1 Western Washington	5' 6.5"	1.69m	GNAC Combined Events Championships	05/02/11	05/04/11
31	Hartwigsen, Derek	JR-3 Western Washington	5' 5.25"	1.66m	WWU Multis	04/07/11	04/09/11
32	Karnofski, Kyle	SO-2 St. Martin's	5' 5"	1.65m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
33	Kamagata, Sakae	FR-1 Central Washington	5' 4.25"	1.63m	CWU Spike Art Invitational	04/16/11	04/17/11
34	Montgomery, Stuart	SR-4 Northwest Nazarene	5' 3"	1.60m	GNAC Combined Events Championships	05/02/11	05/04/11
35	Greene, Tim	SR-4 Northwest Nazarene	5' 1.75"	1.57m	GNAC Combined Events Championships	05/02/11	05/04/11
36	Gordon, Dylan	SO-2 Western Washington	4' 9"	1.45m	WWU Multis	04/07/11	04/09/11

High Jump (Women)

NCAA DII Auto 1.75m NCAA DII Prov 1.68m GNAC Auto 1.61m GNAC Prov 1.53m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Barnett, Rachelle	SR-4 Simon Fraser	5' 7"	1.70m	NAIA Outdoor Track & Field Championship	05/26/11	05/31/11
1	Worthen, Ali	SO-2 Seattle Pacific	5' 7"	1.70m	Mt SAC Relays/California Invitational Multi-Events	04/13/11	04/16/11
3	Gross, Katy	SO-2 Seattle Pacific	5' 5.75"	1.67m	Oregon Preview	03/19/11	03/20/11
4	Pitt, Stacey	FR-1 MSU-Billings	5' 5.25"	1.66m	Northwest Nazarene Invitational	04/23/11	04/24/11
5	Pelchar, Katie	FR-1 Western Oregon	5' 5"	1.65m	Mt. Hood Track & Field Festival	05/07/11	05/08/11
6	Aanstad, Brittany	JR-3 Seattle Pacific	5' 3.75"	1.62m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11

7	Iworima, Diepiriye	SR-4	Simon Fraser	5' 3"	1.60m	SFU Emilie Mondor Spring Open	04/02/11	04/03/11
8	Overdick, Amanda	SO-2	Western Washington	5' 2.5"	1.59m	Puget Sound Shotwell Invitational	04/02/11	04/03/11
9	Johnson, Kelsea	JR-3	Alaska Anchorage	5' 2.25"	1.58m	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
9	Sims, Crystal	SR-4	Seattle Pacific	5' 2.25"	1.58m	Mt SAC Relays/California Invitational Multi-Events	04/13/11	04/16/11
11	Yoro, Taylor	FR-1	St. Martin's	5' 1"	1.55m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
12	Tri, Brittany	SR-4	Seattle Pacific	5' 0.5"	1.54m	Puget Sound Shotwell Invitational	04/02/11	04/03/11
13	Berg, Siri	JR-3	Central Washington	5' 0.25"	1.53m	WWU Multis	04/07/11	04/09/11
13	Berry, Leah	FR-1	MSU-Billings	5' 0.25"	1.53m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
13	Holton, Brooklyn	SO-2	Western Washington	5' 0.25"	1.53m	WWU Multis	04/07/11	04/09/11
13	Jewett, Jasmy	SO-2	Northwest Nazarene	5' 0.25"	1.53m	Idaho-Utah Borderclash	04/29/11	05/01/11
13	Napiontek, Shelby	SO-2	Central Washington	5' 0.25"	1.53m	CWU Spike Art Invitational	04/16/11	04/17/11
13	Ramsey, Tara	FR-1	Western Washington	5' 0.25"	1.53m	CWU Spike Art Invitational	04/16/11	04/17/11
19	Bennett, Jill	JR-3	Northwest Nazarene	4' 11.75"	1.52m	Spokane Multi	04/12/11	04/14/11
19	Chong, Dianne	JR-3	Alaska Anchorage	4' 11.75"	1.52m	GNAC Combined Events Championships	05/02/11	05/04/11
19	Pike, Jennifer	SR-4	Seattle Pacific	4' 11.75"	1.52m	GNAC Combined Events Championships	05/02/11	05/04/11
19	Smith, Marie	FR-1	Northwest Nazarene	4' 11.75"	1.52m	GNAC Combined Events Championships	05/02/11	05/04/11
23	Coffey, Sydney	FR-1	Western Washington	4' 11"	1.50m	Bryan Clay Invitational	04/15/11	04/16/11
23	Padrinao, Jessica	SO-2	Simon Fraser	4' 11"	1.50m	UBC Open	03/26/11	03/28/11
23	Warren, Arianna	SO-2	Seattle Pacific	4' 11"	1.50m	UW Ken Shannon Invitational	05/07/11	05/08/11
26	Mosher, Ali	JR-3	Western Oregon	4' 10.5"	1.49m	Pacific Preview	03/12/11	03/13/11
26	Pridgen, Laura	SO-2	Northwest Nazarene	4' 10.5"	1.49m	GNAC Combined Events Championships	05/02/11	05/04/11
28	Bekkedahl, Maycee	SR-4	Northwest Nazarene	4' 10.25"	1.48m	Northwest Nazarene Invitational	04/23/11	04/24/11
28	DeCosta, Cymbree	SO-2	St. Martin's	4' 10.25"	1.48m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
30	Murphy, Molly	FR-1	Western Oregon	4' 9"	1.45m	John Knight Twilight	04/08/11	04/09/11
31	Skordahl, Zoe	JR-3	Western Oregon	4' 8.25"	1.43m	2011 Willamette Invitational	04/01/11	04/03/11
31	Smith, Marie	SR-4	Northwest Nazarene	4' 8.25"	1.43m	EOU Open	04/16/11	04/19/11
33	Davis, Melanie	FR-1	Central Washington	4' 6"	1.37m	GNAC Combined Events Championships	05/02/11	05/04/11
34	Scholter, Hannah	SO-2	St. Martin's	4' 5"	1.35m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
35	Parker, Amanda	FR-1	Alaska Anchorage	4' 4"	1.32m	San Francisco State Distance Carnival	03/25/11	03/26/11

Pole Vault (Men)

NCAA DII Auto 5.13m NCAA DII Prov 4.85m GNAC Auto 4.31m GNAC Prov 4.10m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Brown, Ryan	SR-4 Western Washington	17' 2.75"	5.25m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
2	Lundy, Tim	SR-4 Western Oregon	15' 5"	4.70m	Pacific Twilight 2011	04/29/11	05/01/11
3	Rosenberg, Cal	SO-2 Western Washington	14' 11"	4.55m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Hunter, Scott	SO-2 Central Washington	14' 9"	4.50m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
4	Komoto, Keenan	FR-1 Western Washington	14' 9"	4.50m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
6	Roddedwig, Brandon	SO-2 Central Washington	14' 7.25"	4.45m	GNAC Combined Events Championships	05/02/11	05/04/11
7	Winters, Josh	SR-4 Western Washington	14' 5.25"	4.40m	Puget Sound Quad	03/05/11	03/06/11
7	Zoellick, Ray	JR-3 Seattle Pacific	14' 5.25"	4.40m	Club Northwest Spring Break Open	03/26/11	03/27/11
9	Guidon, Thomas	SO-2 Western Washington	14' 3.25"	4.35m	CWU Spike Art Invitational	04/16/11	04/17/11
9	Johnson, Nate	SO-2 Seattle Pacific	14' 3.25"	4.35m	GNAC Combined Events Championships	05/02/11	05/04/11
11	Martinez, Brandon	SR-4 MSU-Billings	14' 1.25"	4.30m	Montana State Tom Gage Classic	05/05/11	05/07/11
12	Cleandaniel, Tim	JR-3 Western Washington	13' 11.25"	4.25m	GNAC Combined Events Championships	05/02/11	05/04/11
12	Will, Tyler	FR-1 Western Washington	13' 11.25"	4.25m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
14	Steinke, Thomas	SO-2 Central Washington	13' 9.25"	4.20m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
15	Millson, Michael	SR-4 Western Washington	13' 8.25"	4.17m	UW Ken Shannon Invitational	05/07/11	05/08/11
16	VandenBos, Christopher	FR-1 Western Washington	13' 5.25"	4.10m	Club Northwest Spring Break Open	03/26/11	03/27/11
16	Zwiefelhofer, Eric	SR-4 Northwest Nazarene	13' 5.25"	4.10m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
18	Hurtubise, Justin	FR-1 Western Washington	13' 3.5"	4.05m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
18	Morgan, Wyatt	JR-3 Alaska Anchorage	13' 3.5"	4.05m	GNAC Combined Events Championships	05/02/11	05/04/11
20	Steingruber, Brock	FR-1 MSU-Billings	12' 9.5"	3.90m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
21	Caryl, Jason	SO-2 Central Washington	12' 7.5"	3.85m	GNAC Combined Events Championships	05/02/11	05/04/11
21	Loscutoff, Andy	SR-4 Western Oregon	12' 7.5"	3.85m	GNAC Combined Events Championships	05/02/11	05/04/11
23	Straiser, Michael	FR-1 Western Washington	12' 3.5"	3.75m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
24	Venema, Andrew	SO-2 Central Washington	11' 7.75"	3.55m	WWU Multis	04/07/11	04/09/11
25	Holland, Michael	FR-1 St. Martin's	11' 5.75"	3.50m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
26	Hartwigen, Derek	JR-3 Western Washington	11' 3.75"	3.45m	GNAC Combined Events Championships	05/02/11	05/04/11
27	Gaines, Eric	FR-1 Western Oregon	10' 11.75"	3.35m	GNAC Combined Events Championships	05/02/11	05/04/11
27	Gordon, Dylan	SO-2 Western Washington	10' 11.75"	3.35m	WWU Multis	04/07/11	04/09/11
29	Montgomery, Stuart	SR-4 Northwest Nazarene	10' 8"	3.25m	GNAC Combined Events Championships	05/02/11	05/04/11
30	Hyde, Jake	SO-2 Western Oregon	10' 0"	3.05m	GNAC Combined Events Championships	05/02/11	05/04/11
31	Greene, Tim	SR-4 Northwest Nazarene	8' 6.25"	2.60m	NNU Combined Events	03/11/11	03/13/11

Pole Vault (Women)

NCAA DII Auto 3.95m NCAA DII Prov 3.60m GNAC Auto 3.30m GNAC Prov 2.91m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Peaslee, Melissa	SR-4 Seattle Pacific	12' 6.75"	3.83m	UW Ken Shannon Invitational	05/07/11	05/08/11
2	Davis, Kati	JR-3 Central Washington	12' 2.75"	3.73m	UW Ken Shannon Invitational	05/07/11	05/08/11
2	Schumacher, Terra	JR-3 Seattle Pacific	12' 2.75"	3.73m	UW Ken Shannon Invitational	05/07/11	05/08/11
4	Anderson, Karis	SO-2 Western Washington	12' 0.5"	3.67m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
5	Clark, Becca	FR-1 Central Washington	11' 10.75"	3.63m	UW Ken Shannon Invitational	05/07/11	05/08/11
6	Winlow, Loreah	SO-2 Western Washington	11' 3"	3.43m	UW Ken Shannon Invitational	05/07/11	05/08/11
7	Pitt, Stacey	FR-1 MSU-Billings	11' 1.75"	3.40m	Montana State Tom Gage Classic	05/05/11	05/07/11
8	Howe, Elizabeth	FR-1 Western Washington	11' 0.25"	3.36m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
9	Hull, Samantha	SO-2 St. Martin's	10' 8"	3.25m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
10	Larsen, Jamie	SO-2 Central Washington	10' 7"	3.23m	UW Ken Shannon Invitational	05/07/11	05/08/11
10	Palmer, Brienna	FR-1 Western Washington	10' 7"	3.23m	UW Ken Shannon Invitational	05/07/11	05/08/11
12	Konzal, Amanda	JR-3 Northwest Nazarene	10' 6.25"	3.21m	Northwest Nazarene Invitational	04/23/11	04/24/11
13	Egger, Ashley	SR-4 Northwest Nazarene	10' 6"	3.20m	EOU Open	04/16/11	04/19/11
13	Swigart, Hannah	SO-2 Central Washington	10' 6"	3.20m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
15	Koenes, Miranda	FR-1 MSU-Billings	10' 4"	3.15m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
16	Puckett, Amy Jo	FR-1 Western Washington	9' 11.25"	3.03m	UW Ken Shannon Invitational	05/07/11	05/08/11
17	DiMarco, Diana	SR-4 Western Washington	9' 8"	2.95m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
17	Johnson, Jennifer	JR-3 St. Martin's	9' 8"	2.95m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
17	Thomas, Tiffany	JR-3 MSU-Billings	9' 8"	2.95m	Montana Open	04/16/11	04/17/11
20	Crowder, Emili	SO-2 MSU-Billings	9' 2.25"	2.80m	Montana Open	04/16/11	04/17/11
21	Kermode, Danielle	JR-3 Western Oregon	9' 0.25"	2.75m	Mt. Hood Track & Field Festival	05/07/11	05/08/11

Long Jump (Men)

NCAA DII Auto 7.54m NCAA DII Prov 7.15m GNAC Auto 6.51m GNAC Prov 6.21m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Registe, David	SR-4 Alaska Anchorage	25' 10.75"	7.89m	UNLV Track Classic	03/04/11	03/06/11
2	Lane, Kyle	FR-1 Western Oregon	23' 0"	7.01m	Beach Invitational	04/16/11	04/17/11
3	Hyde, Jake	SO-2 Western Oregon	22' 7.75"	6.90m	Bryan Clay Invitational	04/15/11	04/16/11
4	Stein, Shae	FR-1 MSU-Billings	22' 5"	6.83m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
5	Melo, Manny	SO-2 Central Washington	22' 3.75"	6.80m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Nicolas, Dennis	JR-3 Simon Fraser	22' 3.5"	6.79m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
7	Moldanov, Sviatoslav	JR-3 Simon Fraser	22' 1"	6.73m	UBC Open	03/26/11	03/28/11
8	Bennett, Devin	FR-1 Central Washington	21' 11.75"	6.70m	CWU Spike Art Invitational	04/16/11	04/17/11
9	Caryl, Jason	SO-2 Central Washington	21' 10.25"	6.66m	GNAC Combined Events Championships	05/02/11	05/04/11
10	Kamagata, Sakae	FR-1 Central Washington	21' 9"	6.63m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11

11	Mukai, Micky	SO-2	Western Washington	21' 8.25"	6.61m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Cho, James	JR-3	Central Washington	21' 7.25"	6.58m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
13	Clendaniel, Tim	JR-3	Western Washington	21' 4.75"	6.52m	GNAC Combined Events Championships	05/02/11	05/04/11
13	Gaines, Eric	FR-1	Western Oregon	21' 4.75"	6.52m	GNAC Combined Events Championships	05/02/11	05/04/11
15	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	21' 0.75"	6.42m	WAR 4	04/09/11	04/10/11
16	Hunter, Scott	SO-2	Central Washington	20' 11.75"	6.39m	GNAC Combined Events Championships	05/02/11	05/04/11
17	Roddewig, Brandon	SO-2	Central Washington	20' 11.25"	6.38m	GNAC Combined Events Championships	05/02/11	05/04/11
18	Koreyas, Evan	JR-3	Western Washington	20' 10.5"	6.36m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
19	Enderesen, Ryan	SO-2	Seattle Pacific	20' 8.5"	6.31m	Puget Sound Shotwell Invitational	04/02/11	04/03/11
20	Meyers, Lewis	SO-2	Central Washington	20' 7.75"	6.29m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
21	Freed, Andrew	SO-2	Alaska Anchorage	20' 7.25"	6.28m	UNLV Track Classic	03/04/11	03/06/11
22	Tran, Daniel	FR-1	Western Washington	20' 5.25"	6.23m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
23	Alexander, Colin	JR-3	Central Washington	20' 4.5"	6.21m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
24	Johnson, Nate	SO-2	Seattle Pacific	20' 4.25"	6.20m	GNAC Combined Events Championships	05/02/11	05/04/11
24	Loscutoff, Andy	SR-4	Western Oregon	20' 4.25"	6.20m	GNAC Combined Events Championships	05/02/11	05/04/11
24	Lundy, Tim	FR-4	Western Oregon	20' 4.25"	6.20m	Mt. Hood Track & Field Festival	05/07/11	05/08/11
27	Lee, Erik	FR-1	Central Washington	20' 1.75"	6.14m	UW Ken Shannon Invitational	05/07/11	05/08/11
27	Millson, Michael	SR-4	Western Washington	20' 1.75"	6.14m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
29	Larlee, Stephen	SO-2	Northwest Nazarene	20' 1.5"	6.13m	All Idaho Collegiate Cup	04/01/11	04/03/11
30	Steinke, Thomas	SO-2	Central Washington	20' 1"	6.12m	GNAC Combined Events Championships	05/02/11	05/04/11
30	Venema, Andrew	SO-2	Central Washington	20' 1"	6.12m	WWU Multis	04/07/11	04/09/11
32	Ou, Andrew	SO-2	Simon Fraser	20' 0.25"	6.10m	UBC Open	03/26/11	03/28/11
32	Steingruber, Brock	FR-1	MSU-Billings	20' 0.25"	6.10m	GNAC Combined Events Championships	05/02/11	05/04/11
34	Boyes, Brennan	SO-2	Central Washington	19' 11.5"	6.08m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
35	Rosenberg, Cal	SO-2	Western Washington	19' 9.75"	6.04m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
36	Schick, Karsten	FR-1	Western Washington	19' 9"	6.02m	CWU Spike Art Invitational	04/16/11	04/17/11
37	Lewis, Deshawn	JR-3	MSU-Billings	19' 8"	5.99m	Montana State Tom Gage Classic	05/05/11	05/07/11
38	Greene, Tim	SR-4	Northwest Nazarene	19' 7.5"	5.98m	UNLV Combined Events	03/11/11	03/13/11
39	Franklin, Zach	FR-1	Western Oregon	19' 4.75"	5.91m	Pacific Preview	03/12/11	03/13/11
40	Montgomery, Stuart	SR-4	Northwest Nazarene	19' 3.25"	5.87m	GNAC Combined Events Championships	05/02/11	05/04/11
41	Hartwigsen, Derek	JR-3	Western Washington	19' 2.75"	5.86m	GNAC Combined Events Championships	05/02/11	05/04/11
42	Berkman, Elyccc	FR-1	Western Oregon	19' 2.5"	5.85m	L&C Invitational	04/16/11	04/17/11
43	Stralser, Michael	FR-1	Western Washington	18' 11.25"	5.77m	GNAC Combined Events Championships	05/02/11	05/04/11
44	Karnofski, Kyle	SO-2	St. Martin's	18' 8.5"	5.70m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
45	Morgan, Wyatt	JR-3	Alaska Anchorage	18' 6"	5.64m	GNAC Combined Events Championships	05/02/11	05/04/11
46	Gordon, Dylan	SO-2	Western Washington	18' 3.25"	5.57m	WWU Multis	04/07/11	04/09/11
47	Beaty, Bryan	FR-1	Northwest Nazarene	18' 3"	5.56m	UNLV Combined Events	03/11/11	03/13/11
48	Oh, Andrew	FR-1	Simon Fraser	18' 2.5"	5.55m	UW Ken Shannon Invitational	05/07/11	05/08/11
49	Holland, Michael	FR-1	St. Martin's	15' 5"	4.70m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
50	Allen, AJ	SO-2	Alaska Anchorage	14' 7.25"	4.45m	UNLV Track Classic	03/04/11	03/06/11

Long Jump (Women)

		NCAA DII Auto 6.01m		NCAA DII Prov 5.65m		GNAC Auto 5.34m		GNAC Prov 5.02m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Worthen, Ali	SO-2	Seattle Pacific	19' 7.5"	5.98m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
2	Iworima, Diepiriye	SR-4	Simon Fraser	19' 2.5"	5.85m	Bryan Clay Invitational	04/15/11	04/16/11	
3	Miranda, Trinna	JR-3	Seattle Pacific	18' 6"	5.64m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
4	Cook-Mackenzie, April	SR-4	Simon Fraser	18' 5.75"	5.63m	Bryan Clay Invitational	04/15/11	04/16/11	
5	Gross, Katy	SO-2	Seattle Pacific	18' 2.5"	5.55m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
6	Chong, Dianne	JR-3	Alaska Anchorage	18' 0.5"	5.50m	GNAC Combined Events Championships	05/02/11	05/04/11	
7	Reid, Molly	JR-3	Northwest Nazarene	18' 0.25"	5.49m	Idaho-Utah Borderclash	04/29/11	05/01/11	
8	Sims, Crystal	SR-4	Seattle Pacific	17' 10.25"	5.44m	WAR 4	04/09/11	04/10/11	
9	Bjornsson, Tanya	SO-2	Western Washington	17' 8"	5.38m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
10	Rhode, Mercedes	FR-1	Simon Fraser	17' 7"	5.36m	Beach Invitational	04/16/11	04/17/11	
11	Smith, Marie	FR-1	Northwest Nazarene	17' 6.75"	5.35m	Idaho-Utah Borderclash	04/29/11	05/01/11	
12	Loize, Katharine	SO-2	Central Washington	17' 6"	5.33m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
13	Jewett, Jasmyrn	SO-2	Northwest Nazarene	17' 5.5"	5.32m	Idaho-Utah Borderclash	04/29/11	05/01/11	
14	Crombeen, Charlotte	FR-1	Simon Fraser	17' 5.25"	5.31m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
15	Johnson, Kelsea	JR-3	Alaska Anchorage	17' 4.75"	5.30m	Oxy Invitational	05/07/11	05/08/11	
16	Potter, Ashley	JR-3	Western Oregon	17' 4.25"	5.29m	John Knight Twilight	04/08/11	04/09/11	
17	Barnett, Rachelle	SR-4	Simon Fraser	17' 3.5"	5.27m	Beach Invitational	04/16/11	04/17/11	
17	Holton, Brooklyn	SO-2	Western Washington	17' 3.5"	5.27m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
19	Aanstad, Brittany	JR-3	Seattle Pacific	17' 2"	5.23m	CWU Spike Art Invitational	04/16/11	04/17/11	
20	Meussc, Lacey	SR-4	Western Oregon	17' 0.75"	5.20m	John Knight Twilight	04/08/11	04/09/11	
21	Bekkedahl, Maycee	SR-4	Northwest Nazarene	16' 11.5"	5.17m	EOU Blue & Gold Meet	03/18/11	03/19/11	
22	Bennett, Jill	JR-3	Northwest Nazarene	16' 9.75"	5.12m	GNAC Combined Events Championships	05/02/11	05/04/11	
22	Reff, Callie	SO-2	Western Washington	16' 9.75"	5.12m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
24	Broomfield, Robyn	FR-1	Simon Fraser	16' 8"	5.08m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
25	Smith, Marie	SR-4	Northwest Nazarene	16' 7.25"	5.06m	EOU Open	04/16/11	04/19/11	
26	Nobbs, Natalie	JR-3	Seattle Pacific	16' 7"	5.05m	WAR 4	04/09/11	04/10/11	
27	Coffey, Sydney	FR-1	Western Washington	16' 5.75"	5.02m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
28	Larlee, Annie	SR-4	Northwest Nazarene	16' 5.25"	5.01m	Northwest Nazarene Invitational	04/23/11	04/24/11	
28	Weiks, Kaila	SO-2	St. Martin's	16' 5.25"	5.01m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
30	Pike, Jennifer	SR-4	Seattle Pacific	16' 5"	5.00m	GNAC Combined Events Championships	05/02/11	05/04/11	
30	Vonax, Laura	SR-4	Northwest Nazarene	16' 5"	5.00m	Idaho-Utah Borderclash	04/29/11	05/01/11	
32	Yanney, Shandel	FR-1	Western Washington	16' 3.75"	4.97m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
33	Berry, Leah	FR-1	MSU-Billings	15' 10.5"	4.84m	Northwest Nazarene Invitational	04/23/11	04/24/11	
34	Case, Jessica	SO-2	Northwest Nazarene	15' 9"	4.80m	Whitworth Buc Scoring Invite	03/24/11	03/27/11	
35	Padrinao, Jessica	SO-2	Simon Fraser	15' 8.75"	4.79m	GNAC Combined Events Championships	05/02/11	05/04/11	
35	Sackeyfo, Julianna	SO-2	St. Martin's	15' 8.75"	4.79m	Puget Sound Shotwell Invitational	04/02/11	04/03/11	
37	Mosher, Ali	JR-3	Western Oregon	15' 6.75"	4.74m	Pacific Twilight 2011	04/29/11	05/01/11	
38	Overdick, Amanda	SO-2	Western Washington	15' 5"	4.70m	Puget Sound Shotwell Invitational	04/02/11	04/03/11	
38	Pelchar, Katie	FR-1	Western Oregon	15' 5"	4.70m	2011 Willamette Invitational	04/01/11	04/03/11	
40	Murphy, Molly	FR-1	Western Oregon	15' 2"	4.62m	John Knight Twilight	04/08/11	04/09/11	
41	Davis, Melanie	FR-1	Central Washington	15' 0.5"	4.58m	GNAC Combined Events Championships	05/02/11	05/04/11	
42	Berg, Siri	JR-3	Central Washington	15' 0"	4.57m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
43	Pitt, Stacey	FR-1	MSU-Billings	14' 6"	4.42m	GNAC Combined Events Championships	05/02/11	05/04/11	
44	Parker, Amanda	FR-1	Alaska Anchorage	14' 5.25"	4.40m	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11	
45	Scholter, Hannah	SO-2	St. Martin's	14' 2.25"	4.32m	Puget Sound Shotwell Invitational	04/02/11	04/03/11	
46	Pridgen, Laura	SO-2	Northwest Nazarene	13' 9.5"	4.20m	GNAC Combined Events Championships	05/02/11	05/04/11	

Triple Jump (Men)

		NCAA DII Auto 15.64m		NCAA DII Prov 14.50m		GNAC Auto 13.73m		GNAC Prov 12.87m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Clendaniel, Tim	JR-3	Western Washington	48' 0.75"	14.65m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
2	Larlee, Stephen	SO-2	Northwest Nazarene	47' 2.5"	14.39m	All Idaho Collegiate Cup	04/01/11	04/03/11	
3	Cho, James	JR-3	Central Washington	46' 2.5"	14.08m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
4	Melo, Manny	SO-2	Central Washington	45' 11.75"	14.01m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
4	Moldanov, Sviatoslav	JR-3	Simon Fraser	45' 11.75"	14.01m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
6	Hyde, Jake	SO-2	Western Oregon	45' 1.5"	13.75m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
7	Kamagata, Sakae	FR-1	Central Washington	45' 0.5"	13.73m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
8	Lane, Kyle	FR-1	Western Oregon	45' 0.25"	13.72m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
9	Bennett, Devin	FR-1	Central Washington	44' 9.75"	13.66m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
10	Mukai, Micky	SO-2	Western Washington	43' 3.75"	13.20m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	

11	Freed, Andrew	SO-2	Alaska Anchorage	42' 2.25"	12.86m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Greene, Tim	SR-4	Northwest Nazarene	41' 9.75"	12.74m	EOU Blue & Gold Meet	03/12/11	03/19/11
13	Koreyasu, Evan	JR-3	Western Washington	41' 7"	12.67m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
14	Tran, Daniel	FR-1	Western Washington	41' 6.5"	12.66m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
15	Franklin, Zach	FR-1	Western Oregon	41' 6"	12.65m	Pacific Preview	03/12/11	03/13/11
16	Meyers, Lewis	SO-2	Central Washington	40' 6.75"	12.36m	CWU Spike Arlt Invitational	04/16/11	04/17/11
17	Mendenhall, Gabe	FR-1	Western Oregon	40' 0.5"	12.20m	L&C Invitational	04/16/11	04/17/11
18	Lewis, Deshawn	JR-3	MSU-Billings	39' 6.5"	12.05m	Montana Open	04/16/11	04/17/11
19	Stein, Shae	FR-1	MSU-Billings	38' 11.75"	11.88m	Montana Open	04/16/11	04/17/11
20	Montgomery, Stuart	SR-4	Northwest Nazarene	38' 8.75"	11.80m	Whitworth Buc Scoring Invite	03/24/11	03/27/11
21	Lannon, Marc	SR-4	Northwest Nazarene	34' 11.25"	10.65m	Northwest Nazarene Invitational	04/23/11	04/24/11

Triple Jump (Women)

		NCAA DII Auto 12.41m		NCAA DII Prov 11.65m		GNAC Auto 11.31m		GNAC Prov 10.57m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Potter, Ashley	JR-3	Western Oregon	39' 4"	11.99m	Bryan Clay Invitational	04/15/11	04/16/11	
2	Jewett, Jasmyn	SO-2	Northwest Nazarene	39' 1"	11.91m	Idaho-Utah Borderclash	04/29/11	05/01/11	
3	Loize, Katharine	SO-2	Central Washington	38' 8.75"	11.80m	CWU Spike Arlt Invitational	04/16/11	04/17/11	
4	Chong, Dianne	JR-3	Alaska Anchorage	37' 10.75"	11.55m	Oxy Invitational	05/07/11	05/08/11	
5	Miranda, Trinna	JR-3	Seattle Pacific	37' 9.25"	11.51m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
6	Bekkedahl, Maycee	SR-4	Northwest Nazarene	37' 7.75"	11.47m	Idaho-Utah Borderclash	04/29/11	05/01/11	
7	Reid, Molly	JR-3	Northwest Nazarene	37' 3"	11.35m	Idaho-Utah Borderclash	04/29/11	05/01/11	
7	Worthen, Ali	SO-2	Seattle Pacific	37' 3"	11.35m	UW Ken Shannon Invitational	05/07/11	05/08/11	
9	Crombeen, Charlotte	FR-1	Simon Fraser	36' 8.25"	11.18m	Payton Jordan Cardinal Invitational	05/01/11	05/02/11	
10	Vonax, Laura	SR-4	Northwest Nazarene	36' 7.5"	11.16m	Idaho-Utah Borderclash	04/29/11	05/01/11	
11	Sackeyfo, Julianna	SO-2	St. Martin's	36' 5"	11.10m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
12	Iworima, Dieprijye	SR-4	Simon Fraser	36' 4.75"	11.09m	Payton Jordan Cardinal Invitational	05/01/11	05/02/11	
13	Larlee, Annie	SR-4	Northwest Nazarene	36' 2.75"	11.04m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
14	Nye, Athena	JR-3	Seattle Pacific	35' 5.25"	10.80m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
14	Yanney, Shandel	FR-1	Western Washington	35' 5.25"	10.80m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
16	Bennett, Jill	JR-3	Northwest Nazarene	35' 4"	10.77m	Idaho-Utah Borderclash	04/29/11	05/01/11	
17	Aanstad, Brittany	JR-3	Seattle Pacific	35' 1"	10.69m	WAR 4	04/09/11	04/10/11	
18	Reff, Callie	SO-2	Western Washington	34' 2"	10.41m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
19	Weiks, Kala	SO-2	St. Martin's	33' 11.25"	10.34m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
20	Berry, Leah	FR-1	MSU-Billings	33' 8"	10.26m	Montana AI Manuel Invitational	04/01/11	04/03/11	
21	Pelchar, Katie	FR-1	Western Oregon	33' 4.75"	10.18m	Pacific Preview	03/12/11	03/13/11	
22	Pola, Lexi	SO-2	Western Oregon	33' 0.25"	10.06m	John Knight Twilight	04/08/11	04/09/11	
23	Ciacio, Amy	SR-4	Northwest Nazarene	32' 10.5"	10.02m	Northwest Nazarene Invitational	04/23/11	04/24/11	
24	Coffey, Sydney	FR-1	Western Washington	32' 7.5"	9.94m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
25	Warren, Arianna	SO-2	Seattle Pacific	32' 4.25"	9.86m	WAR 4	04/09/11	04/10/11	

Shot Put (Men)

		NCAA DII Auto 17.79m		NCAA DII Prov 16.10m		GNAC Auto 14.30m		GNAC Prov 13.05m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Slowey, Jason	SR-4	Western Oregon	55' 2"	16.81m	Bryan Clay Invitational	04/15/11	04/16/11	
2	Jensen, Mike	SO-2	Central Washington	51' 11.25"	15.83m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
3	Elder, Ben	SR-4	Western Washington	51' 4.5"	15.66m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
4	Miller, Grant	SR-4	Northwest Nazarene	50' 7.5"	15.43m	Northwest Nazarene Invitational	04/23/11	04/24/11	
5	Rottrup, Tanner	SO-2	MSU-Billings	49' 5.5"	15.07m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
6	Westlin, Nelson	SO-2	Western Washington	48' 8.75"	14.85m	Bryan Clay Invitational	04/15/11	04/16/11	
7	Gilbert, Jacob	SO-2	Western Washington	48' 7.5"	14.82m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
8	Ramirez, Daniel	SR-4	Central Washington	48' 3.5"	14.72m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
9	Hoffman, Michael	SR-4	Western Washington	46' 6.25"	14.18m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
10	Korb, Jesse	SO-2	Northwest Nazarene	46' 4.25"	14.13m	Northwest Nazarene Open	03/11/11	03/13/11	
11	Holmstrom, Eric	FR-1	Central Washington	44' 8"	13.61m	WAR 4	04/09/11	04/10/11	
12	Swan, Jake	FR-1	MSU-Billings	44' 4"	13.51m	Montana State Tom Gage Classic	05/05/11	05/07/11	
13	Knight, Andrew	SO-2	Western Washington	44' 3.5"	13.50m	CWU Spike Arlt Invitational	04/16/11	04/17/11	
14	Jensen, Bryce	SR-4	MSU-Billings	43' 10"	13.36m	Montana Open	04/16/11	04/17/11	
15	Allen, Ian	FR-1	Central Washington	43' 6"	13.26m	CWU Spike Arlt Invitational	04/16/11	04/17/11	
16	Holland, Gabe	FR-1	Alaska Anchorage	42' 11.5"	13.09m	Bryan Clay Invitational	04/15/11	04/16/11	
17	Estrada, Diego	SR-4	Northwest Nazarene	42' 9.75"	13.05m	Idaho-Utah Borderclash	04/29/11	05/01/11	
18	White, Reid	SO-2	Northwest Nazarene	42' 2.25"	12.86m	Northwest Nazarene Invitational	04/23/11	04/24/11	
19	Cruise, Greg	FR-1	Western Oregon	42' 0"	12.80m	2011 Willamette Opener	03/05/11	03/06/11	
20	Chue, Samuel	FR-1	Western Washington	41' 8.75"	12.72m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
21	Rima, Kevin	SO-2	Northwest Nazarene	41' 5.25"	12.63m	EOU Open	04/16/11	04/19/11	
22	Nichols, Tyler	JR-3	Western Washington	41' 3.25"	12.58m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
23	Hyde, Jake	SO-2	Western Oregon	40' 11.5"	12.48m	GNAC Combined Events Championships	05/02/11	05/04/11	
24	Loscutoff, Andy	SR-4	Western Oregon	40' 0"	12.19m	John Knight Twilight	04/08/11	04/09/11	
24	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	40' 0"	12.19m	All Idaho Collegiate Cup	04/01/11	04/03/11	
26	Arenas, Francisco	Junior	Western Oregon	39' 8.75"	12.11m	John Knight Twilight	04/08/11	04/09/11	
27	Kitgore, Greyson	SO-2	Northwest Nazarene	39' 2.5"	11.95m	Northwest Nazarene Open	03/11/11	03/13/11	
28	Boone, Dylan	FR-1	St. Martin's	38' 9.75"	11.83m	Puget Sound Shotwell Invitational	04/02/11	04/03/11	
29	Hartwigsen, Derek	JR-3	Western Washington	38' 0.75"	11.60m	WWU Multis	04/07/11	04/09/11	
30	Melo, Manny	SO-2	Central Washington	37' 9.5"	11.52m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
31	Caryl, Jason	SO-2	Central Washington	37' 0.5"	11.29m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
32	Sheriff, Tommy	JR-3	Central Washington	36' 11"	11.25m	2011 PLU Invitational	03/12/11	03/16/11	
33	Greene, Tim	SR-4	Northwest Nazarene	36' 7.5"	11.16m	GNAC Combined Events Championships	05/02/11	05/04/11	
34	Johnson, Nate	SO-2	Seattle Pacific	35' 7.75"	10.86m	GNAC Combined Events Championships	05/02/11	05/04/11	
35	Venema, Andrew	SO-2	Central Washington	35' 6.75"	10.84m	WWU Multis	04/07/11	04/09/11	
36	Montgomery, Stuart	SR-4	Northwest Nazarene	35' 4"	10.77m	GNAC Combined Events Championships	05/02/11	05/04/11	
37	Wade, Mark	SR-4	Northwest Nazarene	35' 2.5"	10.73m	EOU Open	04/16/11	04/19/11	
38	Beaty, Bryan	FR-1	Northwest Nazarene	34' 10.25"	10.62m	NNU Combined Events	03/11/11	03/13/11	
39	Cleandaniel, Tim	JR-3	Western Washington	34' 8.5"	10.58m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
40	Roddewig, Brandon	SO-2	Central Washington	34' 7.5"	10.55m	GNAC Combined Events Championships	05/02/11	05/04/11	
41	Steinke, Thomas	SO-2	Central Washington	33' 11.25"	10.34m	GNAC Combined Events Championships	05/02/11	05/04/11	
42	Gaines, Eric	FR-1	Western Oregon	33' 3.25"	10.14m	GNAC Combined Events Championships	05/02/11	05/04/11	
43	Coles, Ben	JR-3	Simon Fraser	32' 6.25"	9.91m	2011 Achilles Cup	04/27/11	04/29/11	
44	Morgan, Wyatt	JR-3	Alaska Anchorage	30' 6.25"	9.30m	GNAC Combined Events Championships	05/02/11	05/04/11	
45	Straiser, Michael	FR-1	Western Washington	30' 4.75"	9.26m	GNAC Combined Events Championships	05/02/11	05/04/11	
46	Gordon, Dylan	SO-2	Western Washington	30' 0.75"	9.16m	WWU Multis	04/07/11	04/09/11	
47	Hunter, Scott	SO-2	Central Washington	29' 6.5"	9.00m	GNAC Combined Events Championships	05/02/11	05/04/11	
48	Steingruber, Brock	FR-1	MSU-Billings	26' 4.5"	8.04m	GNAC Combined Events Championships	05/02/11	05/04/11	
49	Holland, Michael	FR-1	St. Martin's	25' 6.25"	7.78m	2011 PLU Invitational	03/12/11	03/16/11	
50	Pare, Alexandre	SO-2	Simon Fraser	22' 6.25"	6.86m	2011 Achilles Cup	04/27/11	04/29/11	

Shot Put (Women)

		NCAA DII Auto 14.74m		NCAA DII Prov 13.40m		GNAC Auto 12.24m		GNAC Prov 11.00m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Krispel, Anica	FR-1	MSU-Billings	46' 0.75"	14.04m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
2	Warrington, Joy	JR-3	Northwest Nazarene	44' 11"	13.69m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
3	Afoa, Shaina	SR-4	Central Washington	44' 4.25"	13.52m	UW Ken Shannon Invitational	05/07/11	05/08/11	
4	Self, Torrie	SR-4	Central Washington	43' 3.25"	13.19m	Puget Sound Shotwell Invitational	04/02/11	04/03/11	

5	Baumstark, Kaylee	SO-2 Central Washington	41' 3"	12.57m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
6	Stueckle, Jordan	SR-4 Central Washington	41' 1.5"	12.53m	CWU Spike Arlt Invitational	04/16/11	04/17/11
7	Shute, Shayna	SR-4 Northwest Nazarene	39' 8.5"	12.10m	WAR 4	04/09/11	04/10/11
8	Berg, Brook	JR-3 MSU-Billings	39' 8"	12.09m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
9	Sims, Crystal	SR-4 Seattle Pacific	39' 7"	12.06m	GNAC Combined Events Championships	05/02/11	05/04/11
10	Kujala, Morgan	FR-1 MSU-Billings	39' 1.75"	11.93m	Northwest Nazarene Invitational	04/23/11	04/24/11
11	Richardson, Jade	FR-1 Simon Fraser	38' 6"	11.73m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
12	Martinez, Annie	FR-1 Central Washington	37' 6.75"	11.45m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
13	Gross, Katy	SO-2 Seattle Pacific	37' 6"	11.43m	GNAC Combined Events Championships	05/02/11	05/04/11
14	Dzidzhyshesvil, Alla	SO-2 Northwest Nazarene	37' 2.25"	11.33m	Northwest Nazarene Invitational	04/23/11	04/24/11
15	Grandke-Bawab, Sabrina	FR-1 MSU-Billings	36' 7.75"	11.17m	UNLV Track Classic	03/04/11	03/06/11
16	Thatcher, Elizabeth	FR-1 St. Martin's	36' 7.5"	11.16m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
17	Smith, Marie	SR-4 Northwest Nazarene	36' 6.25"	11.13m	Whitworth Buc Scoring Invite	03/24/11	03/27/11
18	Clark, Kelsey	SR-4 MSU-Billings	35' 10.5"	10.93m	UNLV Track Classic	03/04/11	03/06/11
19	Hedrick, Alicia	SO-2 Northwest Nazarene	35' 4.5"	10.78m	Idaho-Utah Borderclash	04/29/11	05/01/11
20	Halvorson, Alexi	SR-4 MSU-Billings	34' 9.75"	10.61m	UNLV Track Classic	03/04/11	03/06/11
21	Vanderloos, Kacie	SR-4 MSU-Billings	34' 5"	10.49m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
22	Barnett, Rachelle	SR-4 Simon Fraser	34' 3"	10.44m	WWU Multis	04/07/11	04/09/11
23	Clarke, Brianna	FR-1 Seattle Pacific	34' 2.75"	10.43m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
24	Irion, Cady	JR-3 MSU-Billings	34' 0.25"	10.37m	UNLV Track Classic	03/04/11	03/06/11
25	Kittelmann, Jamilea	SO-2 MSU-Billings	33' 10.25"	10.32m	Montana Open	04/16/11	04/17/11
26	Johnson, Kelsea	JR-3 Alaska Anchorage	33' 6.75"	10.23m	GNAC Combined Events Championships	05/02/11	05/04/11
27	Schraner, Shawnie	FR-1 MSU-Billings	33' 5.25"	10.19m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11
28	Roe, Maggie	FR-1 Western Washington	33' 4.75"	10.18m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
29	Worthen, Ali	SO-2 Seattle Pacific	33' 3.75"	10.15m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
30	Snell, Amanda	FR-1 MSU-Billings	33' 0.25"	10.06m	UNLV Track Classic	03/04/11	03/06/11
31	Black, Ayesha	FR-1 Western Oregon	32' 9"	9.98m	Mt. Hood Track & Field Festival	05/07/11	05/08/11
32	Davis, Melanie	FR-1 Central Washington	32' 5"	9.88m	CWU Spike Arlt Invitational	04/16/11	04/17/11
33	Stuart, Michelle	SO-2 Simon Fraser	31' 6"	9.60m	2011 Achilles Cup	04/27/11	04/29/11
33	Tua, Teiissa	SO-2 St. Martin's	31' 6"	9.60m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
35	Pike, Jennifer	SR-4 Seattle Pacific	31' 1.25"	9.48m	GNAC Combined Events Championships	05/02/11	05/04/11
36	Gaines, Ashleigh	FR-1 Alaska Anchorage	30' 7"	9.32m	2011 Willamette Invitational	04/01/11	04/03/11
37	Johansen, Gaynor	FR-1 Alaska Anchorage	30' 3.5"	9.23m	Northridge Invitational	03/12/11	03/13/11
38	Bennett, Jill	JR-3 Northwest Nazarene	30' 3"	9.22m	Spokane Multi	04/12/11	04/14/11
39	Larson, Jennifer	FR-1 Western Oregon	30' 2.75"	9.21m	Mt. Hood Track & Field Festival	05/07/11	05/08/11
40	Berg, Siri	JR-3 Central Washington	29' 11.5"	9.13m	GNAC Combined Events Championships	05/02/11	05/04/11
41	Padinao, Jessica	SO-2 Simon Fraser	29' 7.5"	9.03m	GNAC Combined Events Championships	05/02/11	05/04/11
42	Korn, Jacque	FR-1 Central Washington	28' 10.25"	8.79m	2011 PLU Invitational	03/12/11	03/16/11
43	Smith, Marie	FR-1 Northwest Nazarene	28' 8.25"	8.74m	GNAC Combined Events Championships	05/02/11	05/04/11
44	Pridgen, Laura	SO-2 Northwest Nazarene	28' 0.25"	8.54m	GNAC Combined Events Championships	05/02/11	05/04/11
45	Holton, Brooklyn	SO-2 Western Washington	27' 11"	8.51m	GNAC Combined Events Championships	05/02/11	05/04/11
46	Chong, Dianne	JR-3 Alaska Anchorage	27' 8.75"	8.45m	GNAC Combined Events Championships	05/02/11	05/04/11
47	Mosher, Ali	JR-3 Western Oregon	26' 4.5"	8.04m	GNAC Combined Events Championships	05/02/11	05/04/11
48	Parker, Amanda	FR-1 Alaska Anchorage	25' 11"	7.90m	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
48	Pitt, Stacey	FR-1 MSU-Billings	25' 11"	7.90m	GNAC Combined Events Championships	05/02/11	05/04/11
50	Scholter, Hannah	SO-2 St. Martin's	24' 2.5"	7.38m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
51	Berry, Leah	FR-1 MSU-Billings	23' 10"	7.26m	GNAC Combined Events Championships	05/02/11	05/04/11

Discus Throw (Men)

NCAA DII Auto 54.37m NCAA DII Prov 49.50m GNAC Auto 44.80m GNAC Prov 40.86m

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Slowey, Jason	SR-4	Western Oregon	168' 8"	51.41m	Oregon Twilight	05/06/11	05/07/11
2	Elder, Ben	SR-4	Western Washington	167' 1"	50.92m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
3	Hoffman, Michael	SR-4	Western Washington	162' 10"	49.64m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
4	Holland, Gabe	FR-1	Alaska Anchorage	162' 0"	49.39m	Northridge Invitational	03/12/11	03/13/11
5	Rima, Kevin	SO-2	Northwest Nazarene	160' 2"	48.83m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Cruise, Greg	FR-1	Western Oregon	156' 9"	47.78m	Oregon Relays presented by Oregon Community Credit Union	04/22/11	04/24/11
7	Miller, Grant	SR-4	Northwest Nazarene	155' 4"	47.35m	WAR 4	04/09/11	04/10/11
8	Westlin, Nelson	SO-2	Western Washington	152' 10"	46.59m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Boone, Dylan	FR-1	St. Martin's	144' 10"	44.15m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
10	Ramirez, Daniel	SR-4	Central Washington	144' 7"	44.08m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
11	Gilbert, Jacob	SO-2	Western Washington	144' 7"	44.06m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
12	Chue, Samuel	FR-1	Western Washington	143' 1"	43.62m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
12	Jensen, Mike	SO-2	Central Washington	143' 1"	43.62m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
14	Holmstrom, Eric	FR-1	Central Washington	142' 1"	43.32m	2011 PLU Invitational	03/12/11	03/16/11
15	Korb, Jesse	SO-2	Northwest Nazarene	139' 0"	42.37m	All Idaho Collegiate Cup	04/01/11	04/03/11
16	White, Reid	SO-2	Northwest Nazarene	132' 4"	40.35m	Idaho-Utah Borderclash	04/29/11	05/01/11
17	Oursland, Paul	FR-1	Central Washington	132' 2"	40.28m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
18	Williams, Elmer	JR-3	Northwest Nazarene	131' 1"	39.96m	Northwest Nazarene Invitational	04/23/11	04/24/11
19	Allen, Ian	FR-1	Central Washington	130' 8"	39.82m	CWU Spike Arlt Invitational	04/16/11	04/17/11
20	Johnson, Nate	SO-2	Seattle Pacific	125' 1"	38.12m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
21	Estrada, Diego	SR-4	Northwest Nazarene	122' 2"	37.24m	Idaho-Utah Borderclash	04/29/11	05/01/11
22	Rottrup, Tanner	SO-2	MSU-Billings	122' 0"	37.20m	Montana State Tom Gage Classic	05/05/11	05/07/11
23	Nichols, Tyler	JR-3	Western Washington	121' 0"	36.89m	UW Ken Shannon Invitational	05/07/11	05/08/11
24	Mayberry, Colby	JR-3	Western Washington	119' 11"	36.55m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
25	Kilgore, Greyson	SO-2	Northwest Nazarene	110' 5"	33.67m	Northwest Nazarene Open	03/11/11	03/13/11
26	Clendaniel, Tim	JR-3	Western Washington	109' 7"	33.40m	GNAC Combined Events Championships	05/02/11	05/04/11
27	Hyde, Jake	SO-2	Western Oregon	109' 0"	33.22m	GNAC Combined Events Championships	05/02/11	05/04/11
28	Loscutoff, Andy	SR-4	Western Oregon	108' 11"	33.20m	Pacific Preview	03/12/11	03/13/11
29	Jensen, Bryce	Junior	MSU-Billings	108' 10"	33.17m	UNLV Track Classic	03/04/11	03/06/11
30	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	108' 8"	33.13m	NUU Combined Events	03/11/11	03/13/11
31	Hartwigen, Derek	JR-3	Western Washington	104' 8"	31.91m	GNAC Combined Events Championships	05/02/11	05/04/11
32	Venema, Andrew	SO-2	Central Washington	104' 4"	31.80m	WWU Multis	04/07/11	04/09/11
33	Roddedig, Brandon	SO-2	Central Washington	103' 2"	31.44m	GNAC Combined Events Championships	05/02/11	05/04/11
34	Caryl, Jason	SO-2	Central Washington	101' 5"	30.91m	GNAC Combined Events Championships	05/02/11	05/04/11
35	Beaty, Bryan	FR-1	Northwest Nazarene	101' 4"	30.88m	NUU Combined Events	03/11/11	03/13/11
36	Wade, Mark	SR-4	Northwest Nazarene	100' 5"	30.60m	Northwest Nazarene Open	03/11/11	03/13/11
37	Stralser, Michael	FR-1	Western Washington	96' 11"	29.55m	WWU Multis	04/07/11	04/09/11
38	Gaines, Eric	FR-1	Western Oregon	96' 9"	29.50m	GNAC Combined Events Championships	05/02/11	05/04/11
39	Hunter, Scott	SO-2	Central Washington	92' 1"	28.07m	WWU Multis	04/07/11	04/09/11
40	Knight, Andrew	SO-2	Western Washington	91' 4"	27.83m	Club Northwest Spring Break Open	03/26/11	03/27/11
41	Greene, Tim	SR-4	Northwest Nazarene	90' 8"	27.65m	Northwest Nazarene Invitational	04/23/11	04/24/11
42	Morgan, Wyatt	JR-3	Alaska Anchorage	87' 0"	26.52m	GNAC Combined Events Championships	05/02/11	05/04/11
43	Montgomery, Stuart	SR-4	Northwest Nazarene	85' 10"	26.16m	GNAC Combined Events Championships	05/02/11	05/04/11
44	Steinke, Thomas	SO-2	Central Washington	82' 6"	25.15m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11

Discus Throw (Women)

		NCAA DII Auto 48.18m		NCAA DII Prov 43.00m		GNAC Auto 39.87m		GNAC Prov 36.06m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Richardson, Jade	FR-1	Simon Fraser	152' 8"	46.53m	Payton Jordan Cardinal Invitational	05/01/11	05/02/11	
2	Self, Torrie	SR-4	Central Washington	144' 3"	43.96m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
3	Thatcher, Elizabeth	FR-1	St. Martin's	142' 8"	43.48m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
4	Afoa, Shaina	SR-4	Central Washington	136' 8"	41.67m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
5	Halvorson, Alexi	SR-4	MSU-Billings	134' 6"	41.01m	Montana Open	04/16/11	04/17/11	
6	Warrington, Joy	JR-3	Northwest Nazarene	134' 6"	40.99m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
7	Baumstark, Kaylee	SO-2	Central Washington	130' 3"	39.70m	CWU Spike Arit Invitational	04/16/11	04/17/11	
8	Snell, Amanda	FR-1	MSU-Billings	127' 3"	38.80m	UNLV Track Classic	03/04/11	03/06/11	
9	Knispel, Anica	FR-1	MSU-Billings	127' 1"	38.75m	Northwest Nazarene Invitational	04/23/11	04/24/11	
10	Dranginis, Carly	SO-2	Northwest Nazarene	126' 11"	38.69m	WAR 4	04/09/11	04/10/11	
11	Roe, Maggie	FR-1	Western Washington	124' 4"	37.90m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
12	Shute, Shayna	SR-4	Northwest Nazarene	124' 1"	37.83m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
13	Kittelmann, Jamilea	SO-2	MSU-Billings	121' 3"	36.95m	BHSU Yellow Jacket Outdoor Invitational	04/28/11	04/29/11	
14	Stueckle, Jordan	SR-4	Central Washington	119' 7"	36.44m	CWU Spike Arit Invitational	04/16/11	04/17/11	
15	Smith, Marie	SR-4	Northwest Nazarene	118' 11"	36.26m	Northwest Nazarene Open	03/11/11	03/13/11	
16	Dzhidzhivshvili, Alla	SO-2	Northwest Nazarene	118' 9"	36.19m	Whitworth Buc Scoring Invite	03/24/11	03/27/11	
17	Hedrick, Alicia	SO-2	Northwest Nazarene	116' 7"	35.53m	Idaho-Utah Borderclash	04/29/11	05/01/11	
18	Kujala, Morgan	FR-1	MSU-Billings	113' 8"	34.64m	Montana AI Manuel Invitational	04/01/11	04/03/11	
19	Schranner, Shawnie	FR-1	MSU-Billings	102' 8"	31.30m	UNLV Track Classic	03/04/11	03/06/11	
20	Johansen, Gaynor	FR-1	Alaska Anchorage	96' 8"	29.46m	UNLV Track Classic	03/04/11	03/06/11	
21	Korn, Jacque	FR-1	Central Washington	96' 6"	29.41m	UW Ken Shannon Invitational	05/07/11	05/08/11	
22	Gaines, Ashleigh	FR-1	Alaska Anchorage	95' 10"	29.20m	UNLV Track Classic	03/04/11	03/06/11	
23	Davis, Melanie	FR-1	Central Washington	94' 11"	28.93m	CWU Spike Arit Invitational	04/16/11	04/17/11	
24	Black, Ayesha	FR-1	Western Oregon	87' 10"	26.77m	L&C Invitational	04/16/11	04/17/11	
25	Shacklett, Kelsy	FR-1	Northwest Nazarene	72' 3"	22.03m	Northwest Nazarene Invitational	04/23/11	04/24/11	
26	Wells, Lindsay	FR-1	Western Washington	65' 1"	19.84m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	

Hammer Throw (Men)

		NCAA DII Auto 62.29m		NCAA DII Prov 55.50m		GNAC Auto 48.57m		GNAC Prov 41.33m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Hoffman, Michael	SR-4	Western Washington	206' 3"	62.87m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
2	Miller, Grant	SR-4	Northwest Nazarene	176' 8"	53.86m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
3	Jensen, Mike	SO-2	Central Washington	170' 6"	51.97m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
4	Slowey, Jason	SR-4	Western Oregon	167' 11"	51.18m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
5	Sheriff, Tommy	JR-3	Central Washington	163' 3"	49.76m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
6	Elder, Ben	SR-4	Western Washington	159' 2"	48.52m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
7	Nichols, Tyler	JR-3	Western Washington	157' 8"	48.06m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
8	Holland, Gabe	FR-1	Alaska Anchorage	153' 4"	46.75m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
9	Williams, Elmer	JR-3	Northwest Nazarene	149' 0"	45.43m	Idaho-Utah Borderclash	04/29/11	05/01/11	
10	Korb, Jesse	SO-2	Northwest Nazarene	148' 7"	45.30m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
11	Ramirez, Daniel	SR-4	Central Washington	148' 0"	45.11m	2011 PLU Invitational	03/12/11	03/16/11	
12	Oursland, Paul	FR-1	Central Washington	146' 10"	44.76m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
13	Estrada, Diego	SR-4	Northwest Nazarene	145' 4"	44.30m	Northwest Nazarene Invitational	04/23/11	04/24/11	
14	Martin, Billy	SO-2	Seattle Pacific	142' 7"	43.45m	Puget Sound Quad	03/05/11	03/06/11	
15	Reavis, Kody	SR-4	Western Oregon	140' 9"	42.91m	2011 Willamette Invitational	04/01/11	04/03/11	
16	White, Reid	SO-2	Northwest Nazarene	137' 1"	41.78m	Northwest Nazarene Invitational	04/23/11	04/24/11	
17	Arenas, Francisco	JR-3	Western Oregon	132' 4"	40.34m	Pacific Twilight 2011	04/29/11	05/01/11	
18	Mayberry, Colby	JR-3	Western Washington	130' 1"	39.66m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
19	Gilbert, Jacob	SO-2	Western Washington	129' 7"	39.49m	Puget Sound Quad	03/05/11	03/06/11	
20	Allen, Ian	FR-1	Central Washington	129' 1"	39.35m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
21	Knight, Andrew	SO-2	Western Washington	128' 0"	39.01m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
22	Kee, Tatsuya	JR-3	Western Washington	123' 9"	37.72m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11	
23	Grady, Travis	FR-1	St. Martin's	121' 4"	36.98m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11	
24	Holmstrom, Eric	FR-1	Central Washington	120' 8"	36.78m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
25	Chue, Samuel	FR-1	Western Washington	111' 6"	34.00m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
26	Roberts, Cory	FR-1	St. Martin's	101' 8"	31.00m	2011 PLU Invitational	03/12/11	03/16/11	
27	Westlin, Nelson	SO-2	Western Washington	100' 0"	30.48m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	
28	Player, Anthony	SO-2	St. Martin's	97' 7"	29.75m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	

Hammer Throw (Women)

		NCAA DII Auto 55.65m		NCAA DII Prov 49.50m		GNAC Auto 44.79m		GNAC Prov 39.36m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Self, Torrie	SR-4	Central Washington	182' 4"	55.58m	Puget Sound Shotwell Invitational	04/02/11	04/03/11	
2	Wells, Lindsay	FR-1	Western Washington	164' 0"	50.00m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
3	Dranginis, Carly	SO-2	Northwest Nazarene	159' 6"	48.62m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
4	Shute, Shayna	SR-4	Northwest Nazarene	156' 9"	47.78m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
5	Stueckle, Jordan	SR-4	Central Washington	154' 3"	47.01m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
6	Warrington, Joy	JR-3	Northwest Nazarene	153' 5"	46.77m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
7	Knispel, Anica	FR-1	MSU-Billings	147' 8"	45.02m	Montana Open	04/16/11	04/17/11	
8	Hedrick, Alicia	SO-2	Northwest Nazarene	141' 0"	42.99m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
9	Baumstark, Kaylee	SO-2	Central Washington	137' 11"	42.05m	CWU Spike Arit Invitational	04/16/11	04/17/11	
10	Korn, Jacque	FR-1	Central Washington	132' 10"	40.49m	CWU Spike Arit Invitational	04/16/11	04/17/11	
11	Halvorson, Alexi	SR-4	MSU-Billings	128' 0"	39.01m	Montana Open	04/16/11	04/17/11	
12	Afoa, Shaina	SR-4	Central Washington	123' 3"	37.58m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
13	Clarke, Brianna	FR-1	Seattle Pacific	121' 7"	37.05m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
14	Dzhidzhivshvili, Alla	SO-2	Northwest Nazarene	113' 11"	34.72m	Idaho-Utah Borderclash	04/29/11	05/01/11	
15	Smith, Marie	SR-4	Northwest Nazarene	111' 8"	34.05m	All Idaho Collegiate Cup	04/01/11	04/03/11	
16	Black, Ayesha	FR-1	Western Oregon	104' 8"	31.90m	L&C Invitational	04/16/11	04/17/11	
17	Larson, Jennifer	FR-1	Western Oregon	97' 10"	29.81m	Pacific Twilight 2011	04/29/11	05/01/11	
18	Martinez, Annie	FR-1	Central Washington	97' 7"	29.74m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11	
19	Shacklett, Kelsy	FR-1	Northwest Nazarene	97' 6"	29.73m	Whitworth Buc Scoring Invite	03/24/11	03/27/11	
20	Roe, Maggie	FR-1	Western Washington	89' 11"	27.40m	Puget Sound Quad	03/05/11	03/06/11	
21	Tua, Teiissa	SO-2	St. Martin's	89' 6"	27.29m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11	

Javelin (Men)

		NCAA DII Auto 64.97m		NCAA DII Prov 59.00m		GNAC Auto 55.94m		GNAC Prov 50.08m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Crook, Will	SO-2	Western Oregon	205' 0"	62.49m	Pacific Twilight 2011	04/29/11	05/01/11	
2	Harrison, Alex	SR-4	Western Washington	196' 1"	59.76m	Puget Sound Quad	03/05/11	03/06/11	
3	Reavis, Kody	SR-4	Western Oregon	190' 1"	57.94m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
4	Martin, Billy	SO-2	Seattle Pacific	189' 2"	57.67m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
5	Denwin, Jace	SR-4	Seattle Pacific	187' 7"	57.19m	WAR 4	04/09/11	04/10/11	
6	Zwiefelhofer, Eric	SR-4	Northwest Nazarene	182' 10"	55.72m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
7	Mitchell, Chris	SO-2	Western Washington	182' 4"	55.57m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11	
8	Mayberry, Colby	JR-3	Western Washington	181' 11"	55.46m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11	

9	Sheriff, Tommy	JR-3	Central Washington	176' 7"	53.83m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
10	Melo, Manny	SO-2	Central Washington	175' 3"	53.41m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
11	Steingruber, Brock	FR-1	MSU-Billings	172' 3"	52.50m	Montana State Tom Gage Classic	05/05/11	05/07/11
12	Player, Anthony	SO-2	St. Martin's	170' 11"	52.10m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
13	Coles, Ben	JR-3	Simon Fraser	170' 10"	52.07m	SFU Emile Mondor Spring Open	04/02/11	04/03/11
14	Nicola, Jacob	JR-3	Western Oregon	170' 7"	51.99m	Pacific Twilight 2011	04/29/11	05/01/11
15	DeKock, Ben	JR-3	Western Washington	169' 7"	51.68m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
16	Johnson, Nate	SO-2	Seattle Pacific	168' 2"	51.27m	CWU Spike Art Invitational	04/16/11	04/17/11
17	Roddewig, Brandon	SO-2	Central Washington	165' 7"	50.47m	Dusty Lane Open	03/19/11	03/21/11
18	Steinke, Thomas	SO-2	Central Washington	163' 8"	49.88m	CWU Spike Art Invitational	04/16/11	04/17/11
19	Oursland, Paul	FR-1	Central Washington	162' 8"	49.59m	2011 PLU Invitational	03/12/11	03/16/11
20	Lane, Kyle	FR-1	Western Oregon	157' 9"	48.08m	Pacific Twilight 2011	04/29/11	05/01/11
21	Caryl, Jason	SO-2	Central Washington	156' 11"	47.83m	WWU Multis	04/07/11	04/09/11
22	Miller, Grant	SR-4	Northwest Nazarene	154' 9"	47.17m	Northwest Nazarene Open	03/11/11	03/13/11
23	Loscutoff, Andy	SR-4	Western Oregon	152' 7"	46.50m	John Knight Twilight	04/08/11	04/09/11
24	Hartwigsen, Derek	JR-3	Western Washington	152' 6"	46.48m	WWU Multis	04/07/11	04/09/11
25	Swan, Jake	FR-1	MSU-Billings	145' 4"	44.29m	UNLV Track Classic	03/04/11	03/06/11
26	Okazaki, Cory	FR-1	Western Washington	144' 7"	44.06m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
27	Hyde, Jake	SO-2	Western Oregon	143' 8"	43.78m	Pacific Preview	03/12/11	03/13/11
28	Jones, Josh	SR-4	Northwest Nazarene	143' 1"	43.61m	EOU Open	04/16/11	04/19/11
29	Wade, Mark	SR-4	Northwest Nazarene	135' 7"	41.32m	Northwest Nazarene Open	03/11/11	03/13/11
30	Gaines, Eric	FR-1	Western Oregon	132' 10"	40.50m	GNAC Combined Events Championships	05/02/11	05/04/11
31	Clendaniel, Tim	JR-3	Western Washington	131' 2"	39.97m	GNAC Combined Events Championships	05/02/11	05/04/11
32	Greene, Tim	SR-4	Northwest Nazarene	129' 4"	39.42m	EOU Blue & Gold Meet	03/18/11	03/19/11
33	Montgomery, Stuart	SR-4	Northwest Nazarene	125' 6"	38.26m	NNU Combined Events	03/11/11	03/13/11
34	Stralser, Michael	FR-1	Western Washington	124' 6"	37.96m	GNAC Combined Events Championships	05/02/11	05/04/11
35	Morgan, Wyatt	JR-3	Alaska Anchorage	118' 6"	36.12m	GNAC Combined Events Championships	05/02/11	05/04/11
36	Hunter, Scott	SO-2	Central Washington	117' 5"	35.80m	GNAC Combined Events Championships	05/02/11	05/04/11
37	Roberts, Cory	FR-1	St. Martin's	110' 8"	33.73m	Puget Sound Peyton Scoring Meet	03/26/11	03/27/11
38	Venema, Andrew	SO-2	Central Washington	103' 9"	31.62m	WWU Multis	04/07/11	04/09/11
39	Beaty, Bryan	FR-1	Northwest Nazarene	103' 3"	31.48m	NNU Combined Events	03/11/11	03/13/11
40	Gordon, Dylan	SO-2	Western Washington	101' 8"	30.99m	WWU Multis	04/07/11	04/09/11
41	Dhanani, Samir	SR-4	Simon Fraser	63' 9"	19.44m	2011 Achilles Cup	04/27/11	04/29/11

Javelin (Women)

NCAA DII Auto 45.66m NCAA DII Prov 40.00m GNAC Auto 42.14m GNAC Prov 36.21m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
1	Gruszecki, Monika	SR-4 Western Washington	163' 6"	49.85m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
2	Aanstad, Brittany	JR-3 Seattle Pacific	159' 4"	48.58m	UW Ken Shannon Invitational	05/07/11	05/08/11
3	Schumaker, Amanda	SO-2 Western Oregon	147' 7"	44.99m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
4	Andrews, Carly	JR-3 Seattle Pacific	144' 9"	44.12m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
5	Hull, Samantha	SO-2 St. Martin's	135' 10"	41.41m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
6	Stuart, Michelle	SO-2 Simon Fraser	133' 0"	40.53m	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
7	Mosher, Justine	FR-1 Western Oregon	131' 3"	40.00m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Church, Seabre	FR-1 Western Oregon	131' 0"	39.94m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
9	Gross, Katy	SO-2 Seattle Pacific	129' 7"	39.50m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
10	Tri, Brittany	SR-4 Seattle Pacific	127' 6"	38.86m	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
11	Pike, Jennifer	SR-4 Seattle Pacific	122' 10"	37.43m	Puget Sound Quad	03/05/11	03/06/11
12	Baumstark, Kaylee	SO-2 Central Washington	117' 6"	35.81m	Dusty Lane Open	03/19/11	03/21/11
13	Johnson, Kelsea	JR-3 Alaska Anchorage	115' 7"	35.22m	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
14	Vonaxr, Laura	SR-4 Northwest Nazarene	113' 6"	34.59m	Northwest Nazarene Invitational	04/23/11	04/24/11
15	Vermulm, Danae	FR-1 Seattle Pacific	112' 1"	34.17m	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
16	Korn, Jacque	FR-1 Central Washington	111' 10"	34.08m	UW Ken Shannon Invitational	05/07/11	05/08/11
17	Scholler, Hannah	SO-2 St. Martin's	105' 10"	32.26m	Saint Martin's Track & Field Invitational	04/30/11	05/02/11
18	Larson, Jennifer	FR-1 Western Oregon	105' 3"	32.08m	John Knight Twilight	04/08/11	04/09/11
19	Chong, Dianne	JR-3 Alaska Anchorage	104' 7"	31.87m	UNLV Track Classic	03/04/11	03/06/11
20	Worthen, Ali	SO-2 Seattle Pacific	102' 4"	31.20m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
21	Martinez, Annie	FR-1 Central Washington	100' 1"	30.51m	UW Ken Shannon Invitational	05/07/11	05/08/11
22	Sims, Crystal	SR-4 Seattle Pacific	99' 0"	30.17m	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
23	Bennett, Jill	JR-3 Northwest Nazarene	98' 11"	30.15m	GNAC Combined Events Championships	05/02/11	05/04/11
24	Berg, Siri	JR-3 Central Washington	97' 9"	29.80m	2011 PLU Invitational	03/12/11	03/16/11
25	Barnett, Rachelle	SR-4 Simon Fraser	97' 8"	29.76m	Mt SAC Relays/California Invitational Multi-Events	04/13/11	04/16/11
26	Holton, Brooklyn	SO-2 Western Washington	95' 8"	29.16m	Puget Sound Shotwell Invitational	04/02/11	04/03/11
27	Berry, Leah	FR-1 MSU-Billings	87' 4"	26.63m	GNAC Combined Events Championships	05/02/11	05/04/11
28	Davis, Melanie	FR-1 Central Washington	86' 1"	26.23m	GNAC Combined Events Championships	05/02/11	05/04/11
29	Pitt, Stacey	FR-1 MSU-Billings	81' 7"	24.86m	Montana Open Multis	04/14/11	04/16/11
30	Irion, Cady	JR-3 MSU-Billings	81' 0"	24.69m	UNLV Track Classic	03/04/11	03/06/11
31	Parker, Amanda	FR-1 Alaska Anchorage	80' 4"	24.49m	Northridge Invitational	03/12/11	03/13/11
32	Smith, Marie	FR-1 Northwest Nazarene	79' 7"	24.25m	GNAC Combined Events Championships	05/02/11	05/04/11
33	Pridgen, Laura	SO-2 Northwest Nazarene	74' 0"	22.55m	GNAC Combined Events Championships	05/02/11	05/04/11
34	Swigart, Hannah	SO-2 Central Washington	72' 10"	22.19m	CWU Spike Art Invitational	04/16/11	04/17/11
35	Padrino, Jessica	SO-2 Simon Fraser	70' 0"	21.34m	GNAC Combined Events Championships	05/02/11	05/04/11
36	Napiontek, Shelby	SO-2 Central Washington	67' 7"	20.60m	CWU Spike Art Invitational	04/16/11	04/17/11
37	Mosher, Ali	JR-3 Western Oregon	66' 10"	20.38m	GNAC Combined Events Championships	05/02/11	05/04/11
38	Overdick, Amanda	SO-2 Western Washington	65' 0"	19.82m	Puget Sound Quad	03/05/11	03/06/11

Decathlon (Men)

NCAA DII Auto 6994 NCAA DII Prov 6300 GNAC Auto 5718 GNAC Prov 4775

RANK	ATHLETE	YEAR TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED
1	Johnson, Nate	SO-2 Seattle Pacific	6373	GNAC Combined Events Championships	05/02/11	05/04/11
2	Caryl, Jason	SO-2 Central Washington	6234	GNAC Combined Events Championships	05/02/11	05/04/11
3	Roddewig, Brandon	SO-2 Central Washington	6225	GNAC Combined Events Championships	05/02/11	05/04/11
4	Loscutoff, Andy	SR-4 Western Oregon	6224	GNAC Combined Events Championships	05/02/11	05/04/11
5	Gaines, Eric	FR-1 Western Oregon	5892	GNAC Combined Events Championships	05/02/11	05/04/11
6	Clendaniel, Tim	JR-3 Western Washington	5805	GNAC Combined Events Championships	05/02/11	05/04/11
7	Hunter, Scott	SO-2 Central Washington	5728	GNAC Combined Events Championships	05/02/11	05/04/11
8	Zwiefelhofer, Eric	SR-4 Northwest Nazarene	5715	NNU Combined Events	03/11/11	03/13/11
9	Hyde, Jake	SO-2 Western Oregon	5661	GNAC Combined Events Championships	05/02/11	05/04/11
10	Morgan, Wyatt	JR-3 Alaska Anchorage	5573	GNAC Combined Events Championships	05/02/11	05/04/11
11	Venema, Andrew	SO-2 Central Washington	5547	WWU Multis	04/07/11	04/09/11
12	Steinke, Thomas	SO-2 Central Washington	5477	GNAC Combined Events Championships	05/02/11	05/04/11
13	Stralser, Michael	FR-1 Western Washington	5241	GNAC Combined Events Championships	05/02/11	05/04/11
14	Greene, Tim	SR-4 Northwest Nazarene	5066	GNAC Combined Events Championships	05/02/11	05/04/11
15	Steingruber, Brock	FR-1 MSU-Billings	5050	Montana Open Multis	04/14/11	04/16/11
16	Montgomery, Stuart	SR-4 Northwest Nazarene	4985	GNAC Combined Events Championships	05/02/11	05/04/11
17	Hartwigsen, Derek	JR-3 Western Washington	4966	WWU Multis	04/07/11	04/09/11
18	Beaty, Bryan	FR-1 Northwest Nazarene	4366	NNU Combined Events	03/11/11	03/13/11
19	Gordon, Dylan	SO-2 Western Washington	4172	WWU Multis	04/07/11	04/09/11

200m H (Women)

NCAA DII Auto 13.65

NCAA DII Prov 14.45

GNAC Auto 15.19

GNAC Prov 15.79

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Worthen, Ali	SO-2	Seattle Pacific	14.42	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
2	Bjomsson, Tanya	SO-2	Western Washington	14.51	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
3	Lloyd, Haleigh	FR-1	Alaska Anchorage	14.54	2011 Willamette Invitational	04/01/11	04/03/11
4	Everett, Adrienna	SR-4	Alaska Anchorage	14.58	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
5	Genther, Chelsea	FR-1	Central Washington	14.67	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
6	Schumacher, Terra	JR-3	Seattle Pacific	14.70	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
7	Sims, Crystal	SR-4	Seattle Pacific	14.71	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
8	Abrahms, Andrea	JR-3	Simon Fraser	14.80	Beach Invitational	04/16/11	04/17/11
9	Vander Meulen, Janna	JR-3	Western Oregon	14.82	John Knight Twilight	04/08/11	04/09/11
10	Reid, Kaitlyn	SR-4	Western Oregon	14.88	John Knight Twilight	04/08/11	04/09/11
11	Smith, Marie	FR-1	Northwest Nazarene	14.91	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
12	Gross, Katy	SO-2	Seattle Pacific	14.94	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
13	Pike, Jennifer	SR-4	Seattle Pacific	15.17	CWU Spike Arit Invitational	04/16/11	04/17/11
14	McDonald, Alexandra	SO-2	Western Washington	15.37	2011 Ralph Vernacchia Team Track & Field Meet	04/07/11	04/09/11
15	Mosher, Ali	JR-3	Western Oregon	15.40	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
16	Johnson, Kelsea	JR-3	Alaska Anchorage	15.57	GNAC Outdoor Track & Field Championships	05/13/11	05/15/11
17	Bennett, Jill	JR-3	Northwest Nazarene	15.77	Idaho-Utah Borderclash	04/29/11	05/01/11
18	Lotze, Katharine	SO-2	Central Washington	16.05	WAR 4	04/09/11	04/10/11
19	Dodd, Amber	FR-1	Western Washington	16.06	WWU Not-So-Twilight Track & Field Meet	04/23/11	04/25/11
20	Holton, Brooklyn	SO-2	Western Washington	16.18	WWU Multis	04/07/11	04/09/11
21	Ramos, Alexis	FR-1	Central Washington	16.41	UW Ken Shannon Invitational	05/07/11	05/08/11
22	Pridgen, Laura	SO-2	Northwest Nazarene	16.42	Idaho-Utah Borderclash	04/29/11	05/01/11
23	Davis, Melanie	FR-1	Central Washington	16.73	CWU Spike Arit Invitational	04/16/11	04/17/11
24	Chong, Dianne	JR-3	Alaska Anchorage	16.89	Bryan Clay Invitational	04/15/11	04/16/11
25	Berry, Leah	FR-1	MSU-Billings	17.13	@ Montana Open Multis	04/14/11	04/16/11
26	Scholter, Hannah	SO-2	St. Martin's	17.30	Puget Sound Shotwell Invitational	04/02/11	04/03/11
27	Berg, Siri	JR-3	Central Washington	17.39	CWU Spike Arit Invitational	04/16/11	04/17/11
28	Barnett, Rachelle	SR-4	Simon Fraser	17.69	WWU Multis	04/07/11	04/09/11
29	Pitt, Stacey	FR-1	MSU-Billings	17.90	@ Montana Open Multis	04/14/11	04/16/11
30	Garner, Dani	FR-1	MSU-Billings	18.03	UNLV Track Classic	03/04/11	03/06/11
31	Overdick, Amanda	SO-2	Western Washington	18.63	Club Northwest Spring Break Open	03/26/11	03/27/11
32	Parker, Amanda	FR-1	Alaska Anchorage	18.75	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
33	Padrinao, Jessica	SO-2	Simon Fraser	18.83	WWU Multis	04/07/11	04/09/11
34	Murphy, Molly	FR-1	Western Oregon	18.87	Mt. Hood Track & Field Festival	05/07/11	05/08/11

Heptathlon (Women)

NCAA DII Auto 5100

NCAA DII Prov 4400

GNAC Auto 4348

GNAC Prov 3328

RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED
1	Worthen, Ali	SO-2	Seattle Pacific	5044	2011 NCAA Division II Outdoor Track & Field Championships	05/26/11	05/30/11
2	Sims, Crystal	SR-4	Seattle Pacific	4933	Mt SAC Relays/California Invitational Multi-Events	04/13/11	04/16/11
3	Gross, Katy	SO-2	Seattle Pacific	4799	GNAC Combined Events Championships	05/02/11	05/04/11
4	Pike, Jennifer	SR-4	Seattle Pacific	4535	GNAC Combined Events Championships	05/02/11	05/04/11
5	Johnson, Kelsea	JR-3	Alaska Anchorage	4491	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11
6	Smith, Marie	FR-1	Northwest Nazarene	4263	GNAC Combined Events Championships	05/02/11	05/04/11
7	Barnett, Rachelle	SR-4	Simon Fraser	4193	GNAC Combined Events Championships	05/02/11	05/04/11
8	Bennett, Jill	JR-3	Northwest Nazarene	4117	Spokane Multi	04/12/11	04/14/11
9	Chong, Dianne	JR-3	Alaska Anchorage	3954	GNAC Combined Events Championships	05/02/11	05/04/11
10	Mosher, Ali	JR-3	Western Oregon	3723	GNAC Combined Events Championships	05/02/11	05/04/11
11	Berry, Leah	FR-1	MSU-Billings	3699	GNAC Combined Events Championships	05/02/11	05/04/11
12	Holton, Brooklyn	SO-2	Western Washington	3641	GNAC Combined Events Championships	05/02/11	05/04/11
13	Berg, Siri	JR-3	Central Washington	3433	GNAC Combined Events Championships	05/02/11	05/04/11
14	Pitt, Stacey	FR-1	MSU-Billings	3396	Montana Open Multis	04/14/11	04/16/11
15	Padrinao, Jessica	SO-2	Simon Fraser	3335	GNAC Combined Events Championships	05/02/11	05/04/11
16	Pridgen, Laura	SO-2	Northwest Nazarene	3256	GNAC Combined Events Championships	05/02/11	05/04/11
17	Davis, Melanie	FR-1	Central Washington	3244	GNAC Combined Events Championships	05/02/11	05/04/11
18	Parker, Amanda	FR-1	Alaska Anchorage	2898	UNLV Sheila Tarr-Smith Multi Events	03/09/11	03/10/11