

GNAC Indoor Performance List

ICON KEY: NCAA DII Auto GNAC Auto GNAC Prov NCAA DII Prov

60m (Men)

		NCAA DII Auto 6.75		NCAA DII Prov 6.88		GNAC Auto 7.07		GNAC Prov 7.34	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Tilley, Alex	JR-3	Western Washington	6.91	UW Husky Classic	02/11/11	02/13/11		
2	Mack, Bryan	JR-3	Central Washington	6.94	WSU Open I	01/14/11	01/16/11		
3	Moore, Josh	SO-2	Western Oregon	6.97	UW Invitational	01/28/11	01/30/11		
4	Pangilinan, Mark	FR-1	Western Washington	7.04	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Alexander, Bobby	SO-2	Western Oregon	7.06	UW Husky Classic	02/11/11	02/13/11		
6	Boss, Andrew	SR-4	Simon Fraser	7.11	UW Indoor Preview	01/15/11	01/16/11		
7	Nicolas, Dennis	SR-4	Simon Fraser	7.12	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
8	Brown, Edd	SO-2	St. Martin's	7.13	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
9	Nichols, Kincaid	JR-3	Central Washington	7.14	WSU Open I	01/14/11	01/16/11		
10	Boyd, Dustin	SO-2	Western Oregon	7.15	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	McFadden, Donovan	FR-1	Western Oregon	7.15	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
12	Duncan, Dusty	FR-1	Seattle Pacific	7.25	Seattle Pacific Last Chance Meet	02/26/11	02/27/11		
13	Hogan, Anthony	SO-2	Central Washington	7.27	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
14	Bratten, Dustin	FR-1	Seattle Pacific	7.29	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
14	Colby, Cameron	SO-2	Northwest Nazarene	7.29	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
14	Mumba, Mica-el	SO-2	Simon Fraser	7.29	UW Invitational	01/28/11	01/30/11		
17	Henderson, Cody	FR-1	Northwest Nazarene	7.31	Boise State Team Challenge	02/11/11	02/13/11		
18	Hyde, Jake	SO-2	Western Oregon	7.35	UW Indoor Preview	01/15/11	01/16/11		
19	Smarrt, Casey	FR-1	MSU-Billings	7.36(55) @	Montana State Open	01/21/11	01/22/11		
19	Sepe, Derek	JR-3	Northwest Nazarene	7.36	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
21	Grounds, Micah	SR-4	Seattle Pacific	7.39	UW Indoor Open	02/13/11	02/14/11		
22	Gruger, Shane	SR-4	Western Washington	7.40	UW Invitational	01/28/11	01/30/11		
23	Harrison, Alex	SR-4	Western Washington	7.41	UW Indoor Preview	01/15/11	01/16/11		
24	Prevost, Adam	SO-2	MSU-Billings	7.42(55) @	Montana State Open	01/21/11	01/22/11		
24	McDonald, Sean	SO-2	Northwest Nazarene	7.42	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
26	Cho, James	JR-3	Central Washington	7.44	WSU Open I	01/14/11	01/16/11		
27	Polkow, Lewis	FR-1	MSU-Billings	7.46 @	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11		
28	Kilgore, Greyson	FR-1	Northwest Nazarene	7.48	2011 Bronco Invitational	01/22/11	01/23/11		
28	Loscutoff, Andy	SR-4	Western Oregon	7.48	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
30	Johnson, Nate	SO-2	Seattle Pacific	7.50	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
31	Swan, Jake	FR-1	MSU-Billings	7.51(55) @	Montana State Open	01/21/11	01/22/11		
31	Hill, Dan	SR-4	Northwest Nazarene	7.51	2011 Bronco Invitational	01/22/11	01/23/11		
33	Heidegger, Ben	JR-3	Northwest Nazarene	7.53	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
34	Harris, Darnell	JR-3	Central Washington	7.54	WSU Open I	01/14/11	01/16/11		
35	Stein, Shae	FR-1	MSU-Billings	7.55 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
36	Melo, Manny	FR-1	Central Washington	7.59	WSU Open I	01/14/11	01/16/11		
36	Roddewig, Brandon	SO-2	Central Washington	7.59	UW Indoor Open	02/13/11	02/14/11		
38	Greene, Tim	SR-4	Northwest Nazarene	7.60	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
39	Stralsner, Michael	FR-1	Western Washington	7.63	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
40	Venema, Andrew	FR-1	Central Washington	7.66	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
41	Beaty, Bryan	FR-1	Northwest Nazarene	7.76	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
42	Holland, Michael	FR-1	St. Martin's	7.77	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
43	Galahan, Drew	FR-1	MSU-Billings	7.79 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
44	Steingruber, Brock	FR-1	MSU-Billings	7.81 @	Mountain States Games	01/28/11	01/31/11		
45	Steiglitz, Tim	SO-2	Northwest Nazarene	7.88	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
46	Martinez, Branden		MSU-Billings	8.02 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
47	Montgomery, Stuart	SR-4	Northwest Nazarene	8.08	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
48	Wade, Mark	JR-3	Northwest Nazarene	8.31	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		

60m (Women)

		NCAA DII Auto 7.45		NCAA DII Prov 7.75		GNAC Auto 8.07		GNAC Prov 8.31	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Channell, Jane	SR-4	Simon Fraser	7.81	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
2	McClung, Madison	FR-1	Western Oregon	7.84	UW Indoor Open	02/13/11	02/14/11		
3	Mitchell, Kishia		Seattle Pacific	7.92	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
4	Wochnick, BryAnne	FR-1	Seattle Pacific	7.97	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Leonce, Christabel	JR-3	Northwest Nazarene	7.98	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Meusec, Lacey	SR-4	Western Oregon	7.98	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Zukowski, Megan	SR-4	Western Washington	7.98	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
8	Grammer, Melissa	SO-2	Northwest Nazarene	8.02	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
8	Sims, Crystal	SR-4	Seattle Pacific	8.02	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	Bjornsson, Tanya	SO-2	Western Washington	8.10	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
11	Campbell, Shanai	FR-1	Western Oregon	8.13	UW Indoor Open	02/13/11	02/14/11		
12	Abrahms, Andrea	JR-3	Simon Fraser	8.15	UW Invitational	01/28/11	01/30/11		
13	Halle, Erika	JR-3	MSU-Billings	8.17 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
14	Takayoshi, Sarah	SO-2	Central Washington	8.20	WSU Open I	01/14/11	01/16/11		
15	Genther, Chelsea	FR-1	Central Washington	8.22	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
15	Ramos, Alexis	FR-1	Central Washington	8.22	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
17	Quatier, Emily		Seattle Pacific	8.25	UW Indoor Preview	01/15/11	01/16/11		
18	Bailey, Mary	SO-2	Western Oregon	8.26	UW Indoor Preview	01/15/11	01/16/11		
19	Simons, Justine	JR-3	MSU-Billings	8.33 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
20	Yanney, Shandel	FR-1	Western Washington	8.36	UW Indoor Open	02/13/11	02/14/11		
21	Bond, Kandi	FR-1	MSU-Billings	8.37 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
21	Jewett, Jasmyne	SO-2	Northwest Nazarene	8.37	2011 Bronco Open	02/05/11	02/06/11		
21	Reid, Molly	JR-3	Northwest Nazarene	8.37	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
24	Pieren, Emily	SO-2	Western Oregon	8.41	UW Indoor Preview	01/15/11	01/16/11		
25	Gamer, Dani	FR-1	MSU-Billings	8.44 @	BHSU Rock N' Jock Invitational	02/10/11	02/11/11		
26	Broomfield, Robyn	FR-1	Simon Fraser	8.46	UW Indoor Preview	01/15/11	01/16/11		
27	Clarke, Brianna		Seattle Pacific	8.50	UW Indoor Open	02/13/11	02/14/11		
27	Weiks, Kaia	SO-2	St. Martin's	8.50	UW Indoor Open	02/13/11	02/14/11		
29	Case, Jessica	SO-2	Northwest Nazarene	8.63	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
30	Medina, Adaligza	FR-1	St. Martin's	8.67	UW Indoor Open	02/13/11	02/14/11		
31	Berry, Leah	FR-1	MSU-Billings	8.76 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
32	Weidmeier, Morgan	FR-1	Northwest Nazarene	8.92	Boise State Team Challenge	02/11/11	02/13/11		
33	Davis, Melanie	FR-1	Central Washington	9.01	UW Indoor Open	02/13/11	02/14/11		
34	Grandke-Bawab, Sabrina	FR-1	MSU-Billings	9.10 @	Black Hills St. Winter Classic	12/09/10	12/11/10		

200m (Men)

NCAA DII Auto 21.46

NCAA DII Prov 21.90

GNAC Auto 22.53

GNAC Prov 23.18

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Boss, Andrew	SR-4	Simon Fraser	21.84	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
2	Tilley, Alex	JR-3	Western Washington	22.30	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
3	Boyd, Dustin	SO-2	Western Oregon	22.34	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Curtis, Andrew	FR-1	Northwest Nazarene	22.37	Boise State Team Challenge	02/11/11	02/13/11
5	Kaino, Matt	SO-2	Western Oregon	22.51	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	Nichols, Kincaid	JR-3	Central Washington	22.51	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
7	Hope, Maurus	JR-3	Northwest Nazarene	22.53	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	Yakovich, Anthony	SO-2	Western Oregon	22.54 #	UW Invitational	01/28/11	01/30/11
9	Moore, Josh	SO-2	Western Oregon	22.58 #	UW Indoor Preview	01/15/11	01/16/11
10	Mack, Bryan	JR-3	Central Washington	22.76 #	WSU Open I	01/14/11	01/16/11
11	Duncan, Dusty	FR-1	Seattle Pacific	22.81 #	UW Indoor Open	02/13/11	02/14/11
12	Colby, Cameron	SO-2	Northwest Nazarene	23.22	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
13	Morrison, Scott	SO-2	Central Washington	23.48 #	Pilot Indoor	02/05/11	02/07/11
14	Brown, Edd	SO-2	St. Martin's	23.56	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
15	Mowery, Tim	SO-2	Western Oregon	23.58 #	UW Indoor Preview	01/15/11	01/16/11
15	Henderson, Cody	FR-1	Northwest Nazarene	23.58	2011 Bronco Open	02/05/11	02/06/11
17	Hill, Dan	SR-4	Northwest Nazarene	23.61	2011 Jackson's Invitational	01/28/11	01/30/11
18	Fremd, Kyle	SO-2	Central Washington	23.66 #	WSU Open I	01/14/11	01/16/11
19	Sepe, Derek	JR-3	Northwest Nazarene	23.70	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
20	Morales, Gabriel	JR-3	Western Washington	23.71 #	UW Indoor Preview	01/15/11	01/16/11
21	Polkow, Lewis	FR-1	MSU-Billings	23.73 #	Black Hills St. Winter Classic	12/09/10	12/11/10
22	Alexander, Colin	FR-1	Central Washington	23.76 #	UW Indoor Open	02/13/11	02/14/11
23	Prevost, Adam	SO-2	MSU-Billings	23.79	Montana State Open	01/21/11	01/22/11
24	Bratten, Dustin	FR-1	Seattle Pacific	23.86 #	UW Indoor Open	02/13/11	02/14/11
25	Grounds, Micah	SR-4	Seattle Pacific	23.91 #	UW Indoor Open	02/13/11	02/14/11
26	Hogan, Anthony	SO-2	Central Washington	24.17 #	WSU Open I	01/14/11	01/16/11
27	Dodge, Travis	JR-3	St. Martin's	24.18 #	UW Indoor Open	02/13/11	02/14/11
28	Harrison, Alex	SR-4	Western Washington	24.24 #	UW Indoor Preview	01/15/11	01/16/11
29	Grossaint, Cameron	SO-2	St. Martin's	24.36 #	UW Indoor Open	02/13/11	02/14/11
30	Stein, Shae	FR-1	MSU-Billings	24.43 #	Black Hills St. Winter Classic	12/09/10	12/11/10
31	Campbell, Brett	FR-1	Western Oregon	24.52 #	UW Indoor Preview	01/15/11	01/16/11
31	Smart, Casey	FR-1	MSU-Billings	24.52	Montana State Open	01/21/11	01/22/11
33	Greene, Tim	SR-4	Northwest Nazarene	24.54	2011 Bronco Invitational	01/22/11	01/23/11
34	Lannon, Marc	JR-3	Northwest Nazarene	24.58	2011 Bronco Open	02/05/11	02/06/11
35	Easterling, Reece	FR-1	MSU-Billings	24.74 #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
36	Hamman, John	FR-1	St. Martin's	24.91 #	UW Indoor Open	02/13/11	02/14/11
37	Werner, Jordan	SR-4	Western Oregon	24.96 #	UW Indoor Preview	01/15/11	01/16/11
38	Humble, Brandon	SO-2	Northwest Nazarene	25.17	2010 Boise Sate Jackson's Open	12/03/10	12/05/10

200m (Women)

NCAA DII Auto 24.22

NCAA DII Prov 25.20

GNAC Auto 25.75

GNAC Prov 26.97

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Channell, Jane	SR-4	Simon Fraser	25.57	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
2	McClung, Madison	FR-1	Western Oregon	25.66	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
3	Grammer, Melissa	SO-2	Northwest Nazarene	25.77	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Carter, Breanne	SR-4	Simon Fraser	25.88 #	UW Indoor Open	02/13/11	02/14/11
5	Leonce, Christabel	JR-3	Northwest Nazarene	25.93	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	Siler, Eleanor	JR-3	Western Washington	25.94 #	UW Husky Classic	02/11/11	02/13/11
7	Meusec, Lacey	SR-4	Western Oregon	25.99	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	Mitchell, Kishia	FR-1	Seattle Pacific	26.05 #	UW Invitational	01/28/11	01/30/11
9	Zukowski, Megan	SR-4	Western Washington	26.16	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
10	Pola, Lexi	SO-2	Western Oregon	26.17	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
11	Halle, Erika	JR-3	MSU-Billings	26.27 #	Black Hills St. Winter Classic	12/09/10	12/11/10
12	Sims, Crystal	SR-4	Seattle Pacific	26.36	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
13	Quatier, Emily	FR-1	Seattle Pacific	26.42 #	UW Husky Classic	02/11/11	02/13/11
14	Kathrein, Sarah	SO-2	Western Oregon	26.62	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
15	Wochnick, BryAnne	FR-1	Seattle Pacific	26.66	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
16	Worthen, Ali	Junior	Seattle Pacific	26.92 #	UW Indoor Open	02/13/11	02/14/11
16	Simons, Justine	JR-3	MSU-Billings	26.92 #	Black Hills St. Winter Classic	12/09/10	12/11/10
18	Bjornsson, Tanya	SO-2	Western Washington	26.94 #	UW Indoor Open	02/13/11	02/14/11
19	Valentine, Myisha	FR-1	Seattle Pacific	26.99 #	UW Indoor Open	02/13/11	02/14/11
20	Pieren, Emily	SO-2	Western Oregon	27.24 #	UW Indoor Open	02/13/11	02/14/11
21	Nobbs, Natalie	Junior	Seattle Pacific	27.30 #	UW Indoor Preview	01/15/11	01/16/11
21	Pitassi, Seanna	FR-1	Central Washington	27.30 #	UW Indoor Open	02/13/11	02/14/11
23	Rippy, Shanna	SO-2	Northwest Nazarene	27.32	2011 Jackson's Invitational	01/28/11	01/30/11
24	Coffey, Sydney	FR-1	Western Washington	27.36 #	UW Indoor Open	02/13/11	02/14/11
25	Yanney, Shandel	FR-1	Western Washington	27.48 #	UW Indoor Open	02/13/11	02/14/11
26	Brownell, Sarah	SR-4	Western Washington	27.51 #	UW Indoor Preview	01/15/11	01/16/11
27	Takayoshi, Sarah	SO-2	Central Washington	27.53 #	UW Indoor Open	02/13/11	02/14/11
28	Smith, Marie	FR-1	Northwest Nazarene	27.54	2011 Bronco Open	02/05/11	02/06/11
29	Ramos, Alexis	FR-1	Central Washington	27.57 #	WSU Open I	01/14/11	01/16/11
30	Genther, Chelsea	FR-1	Central Washington	27.61 #	UW Indoor Open	02/13/11	02/14/11
31	Weaver, Lisa	FR-1	Seattle Pacific	27.75 #	UW Indoor Open	02/13/11	02/14/11
32	Sjodin, Jasmin	SO-2	Simon Fraser	27.90 #	UW Indoor Preview	01/15/11	01/16/11
33	Campbell, Shanai	FR-1	Western Oregon	27.94 #	UW Indoor Open	02/13/11	02/14/11
34	Weidmeier, Morgan	FR-1	Northwest Nazarene	28.39	Boise State Team Challenge	02/11/11	02/13/11
35	Parrott, Kaitlyn	FR-1	Central Washington	28.55 #	Pilot Indoor	02/05/11	02/07/11
36	Crombeen, Charlotte	FR-1	Simon Fraser	28.59 #	UW Indoor Open	02/13/11	02/14/11
37	Forest, Danielle	FR-1	Northwest Nazarene	28.69	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
38	Berry, Leah	FR-1	MSU-Billings	28.70	Mountain States Games	01/28/11	01/31/11
39	Broomfield, Robyn	FR-1	Simon Fraser	28.82 #	UW Indoor Preview	01/15/11	01/16/11
40	Pridgen, Laura	SO-2	Northwest Nazarene	29.03	2011 Bronco Invitational	01/22/11	01/23/11
41	Bond, Kandi	FR-1	MSU-Billings	29.05	Montana State Open	01/21/11	01/22/11
42	Medina, Adaligza	FR-1	St. Martin's	29.09 #	UW Indoor Open	02/13/11	02/14/11
43	Case, Jessica	SO-2	Northwest Nazarene	29.10	2011 Bronco Open	02/05/11	02/06/11
44	Padrta, Chelsea	FR-1	Central Washington	29.22 #	WSU Open I	01/14/11	01/16/11
45	Leaf, Jenny	FR-1	Western Oregon	29.32 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
46	Berg, Siri	JR-3	Central Washington	29.37	2011 Bronco Open	02/05/11	02/06/11
47	Lane, Samantha	FR-1	Seattle Pacific	29.79 #	UW Indoor Open	02/13/11	02/14/11
48	Davis, Melanie	FR-1	Central Washington	30.39	2011 Bronco Open	02/05/11	02/06/11
49	McCarthy, Alexis	FR-1	MSU-Billings	30.87	Montana State Open	01/21/11	01/22/11
49	Hampton, Liz	SO-2	Central Washington	30.87 #	WSU Open I	01/14/11	01/16/11
51	Hintz, Justine	SO-2	Central Washington	30.95 #	WSU Open I	01/14/11	01/16/11
52	Grandke-Bawab, Sabrina	FR-1	MSU-Billings	31.39 #	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11
53	Garner, Dani	FR-1	MSU-Billings	31.87 #	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11
54	Koenes, Miranda	FR-1	MSU-Billings	32.52 #	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11

400m (Men)

NCAA DII Auto 47.50

NCAA DII Prov 48.85

GNAC Auto 50.25

GNAC Prov 51.48

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Boss, Andrew	SR-4	Simon Fraser	48.37 #	UW Husky Classic	02/11/11	02/13/11
2	Kaino, Matt	SO-2	Western Oregon	49.36 #	UW Indoor Preview	01/15/11	01/16/11
3	Morrison, Scott	SO-2	Central Washington	49.46	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Curtis, Andrew	FR-1	Northwest Nazarene	49.59	2011 Bronco Invitational	01/22/11	01/23/11
5	Yakovich, Anthony	SO-2	Western Oregon	50.24 #	UW Indoor Preview	01/15/11	01/16/11
6	Montrose, Brett	SO-2	Simon Fraser	50.34 #	UW Indoor Open	02/13/11	02/14/11
6	Hill, Dan	SR-4	Northwest Nazarene	50.34	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	Darling, Logan	SO-2	Western Washington	50.35	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
9	Duncan, Dusty	FR-1	Seattle Pacific	50.36 #	UW Invitational	01/28/11	01/30/11
10	Hope, Maurus	JR-3	Northwest Nazarene	50.37	2011 Bronco Open	02/05/11	02/06/11
11	Alexander, Colin		Central Washington	50.57 #	UW Indoor Open	02/13/11	02/14/11
12	David, Toby	SR-4	Western Washington	50.59 #	UW Husky Classic	02/11/11	02/13/11
13	Heidegger, Ben	JR-3	Northwest Nazarene	50.77	2011 Bronco Open	02/05/11	02/06/11
14	Gaines, Eric	FR-1	Western Oregon	50.79 #	UW Indoor Preview	01/15/11	01/16/11
15	Endresen, Ryan	SO-2	Seattle Pacific	51.35	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
16	Mossey, Logan	SO-2	MSU-Billings	51.67	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
17	Grudzinski, Levi	SO-2	Western Washington	51.75 #	UW Indoor Open	02/13/11	02/14/11
17	Grossaint, Cameron	SO-2	St. Martin's	51.75	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
19	Rhodes, Kody	FR-1	Western Oregon	51.76	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
20	Morales, Gabriel	JR-3	Western Washington	52.03 #	UW Indoor Open	02/13/11	02/14/11
21	Fremd, Kyle	SO-2	Central Washington	52.05 #	WSU Open I	01/14/11	01/16/11
22	Loscutoff, Andy	SR-4	Western Oregon	52.11 #	UW Indoor Preview	01/15/11	01/16/11
23	Mowery, Tim	SO-2	Western Oregon	52.56 #	UW Indoor Open	02/13/11	02/14/11
24	Villanueva, Phillip	SR-4	Western Washington	52.60 #	UW Indoor Open	02/13/11	02/14/11
25	Blomback, Ryan	SO-2	MSU-Billings	52.63 #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
26	Dodge, Travis	JR-3	St. Martin's	52.88 #	UW Indoor Open	02/13/11	02/14/11
27	Polkow, Lewis	FR-1	MSU-Billings	52.90	Mountain States Games	01/28/11	01/31/11
28	Iverson, Jake	FR-1	MSU-Billings	52.92 #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
29	Bratten, Dustin	FR-1	Seattle Pacific	53.10 #	UW Indoor Preview	01/15/11	01/16/11
30	Greene, Tim	SR-4	Northwest Nazarene	53.63	2011 Bronco Open	02/05/11	02/06/11
31	Galahan, Drew	FR-1	MSU-Billings	54.14 #	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11
32	Easterling, Reece	FR-1	MSU-Billings	54.45 #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
33	Wiedmer, Casey	FR-1	St. Martin's	54.95 #	UW Indoor Open	02/13/11	02/14/11
34	Humble, Brandon	SO-2	Northwest Nazarene	55.56	2010 Boise State Jackson's Open	12/03/10	12/05/10
35	Hamman, John	FR-1	St. Martin's	55.70 #	UW Indoor Open	02/13/11	02/14/11
36	Montgomery, Stuart	SR-4	Northwest Nazarene	56.67	2011 Bronco Open	02/05/11	02/06/11

400m (Women)

NCAA DII Auto 55.20 NCAA DII Prov 57.50 GNAC Auto 58.58 GNAC Prov 1:01.34

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Crofts, Helen	JR-3	Simon Fraser	55.90	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
2	Siler, Eleanor	JR-3	Western Washington	56.32 #	UW Husky Classic	02/11/11	02/13/11
3	Mitchell, Kishia		Seattle Pacific	57.38 #	UW Husky Classic	02/11/11	02/13/11
4	Quatier, Emily		Seattle Pacific	57.84	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	Carter, Breanne	SR-4	Simon Fraser	57.96	NAIA Indoor Track & Field Championships	03/03/11	03/08/11
6	Pola, Lexi	SO-2	Western Oregon	58.99	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
7	Wochnick, BryAnne	FR-1	Seattle Pacific	59.07 #	UW Invitational	01/28/11	01/30/11
8	Hayward, Annie	SR-4	Western Oregon	59.24	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
9	Rippy, Shanna	SO-2	Northwest Nazarene	59.44	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
10	Reid, Kaitlyn	SR-4	Western Oregon	59.50 #	UW Invitational	01/28/11	01/30/11
11	Ledtke, Valle	JR-3	Western Washington	59.54	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
12	Coffey, Sydney	FR-1	Western Washington	59.89	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
13	Valentine, Myisha		Seattle Pacific	1:00.07	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
14	Pitassi, Seanna	FR-1	Central Washington	1:00.34	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
15	Butcher, Meryl	JR-3	Western Oregon	1:00.40	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
16	Decker, Elisa	SR-4	Northwest Nazarene	1:00.58	2011 Bronco Invitational	01/22/11	01/23/11
17	Applebee, Annan	Senior	Western Oregon	1:00.75 #	UW Indoor Preview	01/15/11	01/16/11
18	Brownell, Sarah	SR-4	Western Washington	1:00.96 #	UW Indoor Preview	01/15/11	01/16/11
18	Halle, Erika	JR-3	MSU-Billings	1:00.96	Mountain States Games	01/28/11	01/31/11
20	O'Connell, Megan	SR-4	Western Washington	1:01.27 #	UW Husky Classic	02/11/11	02/13/11
21	Pike, Jennifer	Senior	Seattle Pacific	1:01.40 #	UW Indoor Preview	01/15/11	01/16/11
22	Parrott, Kaitlyn	FR-1	Central Washington	1:01.56 #	UW Indoor Open	02/13/11	02/14/11
23	Weaver, Lisa	FR-1	Seattle Pacific	1:01.65 #	UW Indoor Open	02/13/11	02/14/11
24	Nobbs, Natalie	Junior	Seattle Pacific	1:01.66 #	UW Indoor Open	02/13/11	02/14/11
25	Simons, Justine	JR-3	MSU-Billings	1:01.86	Mountain States Games	01/28/11	01/31/11
26	Schinnell, Annie	FR-1	Western Washington	1:02.68 #	UW Indoor Open	02/13/11	02/14/11
27	Nye, Athena	SO-2	Seattle Pacific	1:02.86 #	UW Indoor Open	02/13/11	02/14/11
28	Sjodin, Jasmin	SO-2	Simon Fraser	1:03.45 #	UW Indoor Preview	01/15/11	01/16/11
29	Viney, Kendra	SO-2	Simon Fraser	1:03.77 #	UW Indoor Open	02/13/11	02/14/11
30	Laveryson, Annie	SR-4	St. Martin's	1:03.89 #	UW Indoor Open	02/13/11	02/14/11
31	Pridgen, Laura	SO-2	Northwest Nazarene	1:04.13	Boise State Team Challenge	02/11/11	02/13/11
32	Pitt, Stacey	FR-1	MSU-Billings	1:05.32	Montana State Open	01/21/11	01/22/11
33	Forest, Danielle	FR-1	Northwest Nazarene	1:05.43	2011 Bronco Invitational	01/22/11	01/23/11
34	Padra, Chelsea	FR-1	Central Washington	1:06.32 #	WSU Open I	01/14/11	01/16/11
35	Lane, Samantha	FR-1	Seattle Pacific	1:07.10 #	UW Indoor Open	02/13/11	02/14/11
36	Hampton, Liz	SO-2	Central Washington	1:07.82 #	WSU Open I	01/14/11	01/16/11
37	Bond, Kandi	FR-1	MSU-Billings	1:11.80	Mountain States Games	01/28/11	01/31/11

800m (Men)

NCAA DII Auto 1:51.30 NCAA DII Prov 1:53.70 GNAC Auto 1:57.86 GNAC Prov 2:00.46

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Vugteveen, Travis	FR-1	Simon Fraser	1:53.08 #	UW Invitational	01/28/11	01/30/11
2	Larson, Kyle	JR-3	Western Oregon	1:53.93 #	UW Indoor Open	02/13/11	02/14/11
3	Seeley, Nathan	SO-2	Seattle Pacific	1:54.35	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Reed, Chris	SR-4	Western Oregon	1:54.47 #	UW Indoor Open	02/13/11	02/14/11
5	Massari, Zach	JR-3	Western Oregon	1:54.48 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
6	Kasler, Connor	SO-2	Western Oregon	1:54.55 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
7	Stark, Matt	JR-3	Northwest Nazarene	1:54.73	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	Chapman, Ryan	SO-2	Western Oregon	1:54.91 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
9	Reid, Adam	JR-3	Simon Fraser	1:56.04	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
10	Hopper, Dylan	FR-1	Western Washington	1:56.40 #	UW Indoor Open	02/13/11	02/14/11
11	Liu, Yubai	SR-4	Simon Fraser	1:57.37 #	UW Indoor Open	02/13/11	02/14/11
12	Patti, Joseph	SO-2	St. Martin's	1:57.93	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
13	Abraham, Nick	JR-3	Western Washington	1:57.98 #	UW Invitational	01/28/11	01/30/11
14	Shogren, Michael	FR-1	Western Oregon	1:58.19 #	UW Indoor Open	02/13/11	02/14/11
15	Robinson, Chase	FR-1	MSU-Billings	1:58.65 @	Mountain States Games	01/28/11	01/31/11
16	Blomback, Ryan	SO-2	MSU-Billings	1:58.68 @	Mountain States Games	01/28/11	01/31/11
17	Sleight, Nathanael	JR-3	Seattle Pacific	1:59.06 #	UW Invitational	01/28/11	01/30/11
18	Webb, Justin	SO-2	Northwest Nazarene	1:59.09	Boise State Team Challenge	02/11/11	02/13/11
19	Timpe, Braden	FR-1	Western Washington	2:00.01 #	UW Indoor Open	02/13/11	02/14/11
20	Potter, Brian	JR-3	MSU-Billings	2:00.19 @	Mountain States Games	01/28/11	01/31/11
21	Nima, Ashkon	FR-1	Western Washington	2:00.37 #	UW Indoor Open	02/13/11	02/14/11

22	Armstrong, Zach	FR-1	Central Washington	2:00.93	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
23	Howe, Nick	FR-1	Western Washington	2:01.05 #	UW Indoor Preview	01/15/11	01/16/11
24	Peters, Travis	SO-2	Western Washington	2:01.18 #	UW Indoor Open	02/13/11	02/14/11
25	Pare, Alexandre	FR-1	Simon Fraser	2:01.42 #	UW Indoor Open	02/13/11	02/14/11
26	Ngeno, Benard	JR-3	Northwest Nazarene	2:01.94	2011 Jackson's Invitational	01/28/11	01/30/11
27	Elliott, Josh	FR-1	Western Oregon	2:02.13 #	Pilot Indoor	02/05/11	02/07/11
28	Galahan, Drew	FR-1	MSU-Billings	2:02.29 @	Mountain States Games	01/28/11	01/31/11
29	Merioles, Josh	JR-3	Northwest Nazarene	2:02.81	Boise State Team Challenge	02/11/11	02/13/11
30	Iverson, Jake	FR-1	MSU-Billings	2:02.84 @ #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
31	Hetrick, Luke	JR-3	Northwest Nazarene	2:04.98	2011 Jackson's Invitational	01/28/11	01/30/11
32	Reynolds, Caleb	SR-4	Northwest Nazarene	2:05.10	Boise State Team Challenge	02/11/11	02/13/11
33	DeMoss, Devon	FR-1	St. Martin's	2:06.33 #	UW Indoor Preview	01/15/11	01/16/11
34	Bossier, Hunter	Freshman	MSU-Billings	2:08.19 @	Montana State Open	01/21/11	01/22/11
35	Mosse, Logan	SO-2	MSU-Billings	2:08.33 @ #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
36	Hutchinson, Travis	JR-3	MSU-Billings	2:08.86 @	Mountain States Games	01/28/11	01/31/11
37	Montgomery, Stuart	SR-4	Northwest Nazarene	2:10.51	Boise State Team Challenge	02/11/11	02/13/11

800m (Women)

NCAA DII Auto 2:10.72 NCAA DII Prov 2:16.00 GNAC Auto 2:17.31 GNAC Prov 2:23.08

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Crofts, Helen	JR-3	Simon Fraser	2:04.94	NAIA Indoor Track & Field Championships	03/03/11	03/08/11
2	Smith, Jessica	SR-4	Simon Fraser	2:10.33 #	UW Husky Classic	02/11/11	02/13/11
3	Kane, Brianna	SR-4	Simon Fraser	2:11.89 #	UW Husky Classic	02/11/11	02/13/11
4	Applebee, Annan	Senior	Western Oregon	2:12.55 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
5	Sawatzky, Sarah	FR-1	Simon Fraser	2:13.57	NAIA Indoor Track & Field Championships	03/03/11	03/08/11
6	Kane, Michaela	SO-2	Simon Fraser	2:13.76 #	UW Invitational	01/28/11	01/30/11
7	Butterworth, Lindsey	FR-1	Simon Fraser	2:14.07 #	UW Invitational	01/28/11	01/30/11
8	Johnson, Rachael	SR-4	Western Washington	2:15.23 #	UW Husky Classic	02/11/11	02/13/11
9	Brennan, Olivia	SR-4	Simon Fraser	2:15.26 #	UW Invitational	01/28/11	01/30/11
10	Vogt, Emma	JR-3	Simon Fraser	2:15.31 #	UW Husky Classic	02/11/11	02/13/11
11	Everetts, Janelle		Western Oregon	2:15.96 #	UW Invitational	01/28/11	01/30/11
12	Fricke, McKayla		Seattle Pacific	2:17.06 #	UW Husky Classic	02/11/11	02/13/11
13	Vogt, Abbey	FR-1	Simon Fraser	2:17.93 #	UW Husky Classic	02/11/11	02/13/11
14	Dell, Caitlin	FR-1	Simon Fraser	2:17.94 #	UW Indoor Open	02/13/11	02/14/11
15	Puga, Jaclyn	SR-4	Northwest Nazarene	2:18.20	2011 Bronco Invitational	01/22/11	01/23/11
16	Evans, Natalie	FR-1	Northwest Nazarene	2:18.24	2011 Bronco Invitational	01/22/11	01/23/11
17	O'Connell, Megan	SR-4	Western Washington	2:19.65 #	UW Indoor Open	02/13/11	02/14/11
18	Jackson, Sarah	JR-3	MSU-Billings	2:20.22 @ #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
19	Butcher, Meryl	JR-3	Western Oregon	2:21.26 #	UW Indoor Open	02/13/11	02/14/11
20	Leaf, Jenny	FR-1	Western Oregon	2:21.60	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
21	Harwood, Christine	SO-2	Northwest Nazarene	2:22.90	2011 Bronco Open	02/05/11	02/06/11
22	Kartes, Taylor	FR-1	Central Washington	2:22.95 #	UW Indoor Open	02/13/11	02/14/11
23	Carviel, Heather	FR-1	Simon Fraser	2:23.40 #	UW Indoor Preview	01/15/11	01/16/11
24	Skordahl, Zoe	JR-3	Western Oregon	2:23.59 #	UW Indoor Open	02/13/11	02/14/11
25	Pike, Jennifer	Senior	Seattle Pacific	2:26.16 #	UW Invitational	01/28/11	01/30/11
26	Owen, Karissa	SR-4	St. Martin's	2:26.29 #	UW Indoor Open	02/13/11	02/14/11
27	Mickelsen, Whitney	JR-3	MSU-Billings	2:26.67 @	Montana State Open	01/21/11	01/22/11
28	Brown, Kelsey	SO-2	Seattle Pacific	2:27.20 #	UW Indoor Open	02/13/11	02/14/11
29	Morgan, Connie	FR-1	Central Washington	2:27.43 #	UW Indoor Open	02/13/11	02/14/11
30	Lahman, Miranda	FR-1	Western Washington	2:27.52 #	UW Indoor Open	02/13/11	02/14/11
31	Layne, Chelsea	SO-2	Northwest Nazarene	2:28.82	2011 Bronco Open	02/05/11	02/06/11
32	Sims, Crystal	SR-4	Seattle Pacific	2:29.56 #	UW Invitational	01/28/11	01/30/11
33	Thiel, Katie	SR-4	MSU-Billings	2:30.20 @	Montana State Open	01/21/11	01/22/11
34	Wald, Shena	SR-4	MSU-Billings	2:30.63 @	Montana State Open	01/21/11	01/22/11
35	Ikeda, Haida	SO-2	Western Washington	2:31.86 #	UW Indoor Open	02/13/11	02/14/11
36	Nobbs, Natalie	Junior	Seattle Pacific	2:32.60	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
37	Bennett, Jill	JR-3	Northwest Nazarene	2:33.80	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
38	Tento, Missy	FR-1	Northwest Nazarene	2:34.19	Boise State Team Challenge	02/11/11	02/13/11
39	Swenson, Meagan	SO-2	Northwest Nazarene	2:35.97	2011 Jackson's Invitational	01/28/11	01/30/11
40	Barnett, Rachelle	SR-4	Simon Fraser	2:36.03	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
41	Clump, Keri	Freshman	MSU-Billings	2:37.28 @	Mountain States Games	01/28/11	01/31/11
42	Pridgen, Laura	SO-2	Northwest Nazarene	2:37.40	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
43	Smith, Marie	FR-1	Northwest Nazarene	2:38.99	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
44	Holton, Brooklyn	SO-2	Western Washington	2:41.16	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
45	Mosher, Ali	JR-3	Western Oregon	2:41.65	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
46	Gross, Katy		Seattle Pacific	2:42.90 #	UW Invitational	01/28/11	01/30/11
47	Sodders, Emelia	FR-1	Central Washington	2:44.16 #	UW Indoor Open	02/13/11	02/14/11
48	Ovdrick, Amanda	SO-2	Western Washington	2:44.81	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
49	Padrino, Jessica	SO-2	Simon Fraser	2:46.62 #	UW Invitational	01/28/11	01/30/11
50	Berg, Siri	JR-3	Central Washington	2:48.77	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

1 Mile (Men)

NCAA DII Auto 4:05.90 NCAA DII Prov 4:13.00 GNAC Auto 4:22.91 GNAC Prov 4:30.58

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Reed, Chris	SR-4	Western Oregon	4:09.39 #	UW Invitational	01/28/11	01/30/11
2	Larson, Kyle	JR-3	Western Oregon	4:10.57 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
3	Meis, Chad	SR-4	Seattle Pacific	4:12.37 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
4	Watson, Barak	SO-2	Northwest Nazarene	4:15.77	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	Brockerville, Ryan	SR-4	Simon Fraser	4:17.29	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	Reid, Adam	JR-3	Simon Fraser	4:18.24 #	UW Indoor Preview	01/15/11	01/16/11
7	Shogren, Michael	FR-1	Western Oregon	4:18.64 #	UW Indoor Preview	01/15/11	01/16/11
8	Hunt, Spencer	JR-3	St. Martin's	4:19.67 #	UW Indoor Open	02/13/11	02/14/11
9	Wakefield, Brett	SR-4	Simon Fraser	4:19.99 #	UW Indoor Open	02/13/11	02/14/11
10	Elliott, Josh	FR-1	Western Oregon	4:20.08 #	UW Indoor Preview	01/15/11	01/16/11
11	Sprinkle, Dan	JR-3	Western Oregon	4:20.55 #	Pilot Indoor	02/05/11	02/07/11
12	Young, James	SO-2	Simon Fraser	4:20.57 #	UW Indoor Open	02/13/11	02/14/11
13	Chapman, Ryan	SO-2	Western Oregon	4:21.08 #	Pilot Indoor	02/05/11	02/07/11
14	Dhanani, Samir	JR-3	Simon Fraser	4:21.09 #	UW Indoor Open	02/13/11	02/14/11
15	Fenley, Lukas	SO-2	Western Oregon	4:23.50 #	UW Indoor Open	02/13/11	02/14/11
16	Wahlenmaier, Jacob	SR-4	Seattle Pacific	4:24.78 #	UW Indoor Open	02/13/11	02/14/11
17	Abraham, Nick	JR-3	Western Washington	4:25.15 #	UW Indoor Preview	01/15/11	01/16/11
18	Bradford, Evan	FR-1	Seattle Pacific	4:25.75 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
19	Johnson, Kyle	JR-3	Western Washington	4:25.78 #	UW Indoor Open	02/13/11	02/14/11
20	Potter, Brian	JR-3	MSU-Billings	4:25.90 @ #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
21	Boyd, Tanner	SO-2	Western Washington	4:27.39 #	UW Indoor Preview	01/15/11	01/16/11
22	Baker, AJ	SO-2	Seattle Pacific	4:27.45 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
23	Eidsmoe, Ryan	FR-1	Central Washington	4:28.94 #	UW Indoor Open	02/13/11	02/14/11
24	Jackson, Chip	SO-2	Western Washington	4:29.03 #	UW Indoor Open	02/13/11	02/14/11
25	Robinson, Chase	FR-1	MSU-Billings	4:30.18 @ #	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
26	Patti, Joseph	SO-2	St. Martin's	4:30.44 #	UW Indoor Preview	01/15/11	01/16/11
27	Reiter, Joshua	FR-1	Western Washington	4:30.56 #	UW Indoor Open	02/13/11	02/14/11
28	Easter, Neil	JR-3	Northwest Nazarene	4:32.80	2011 Bronco Open	02/05/11	02/06/11
29	Hetrick, Luke	JR-3	Northwest Nazarene	4:34.60	Boise State Team Challenge	02/11/11	02/13/11
30	Jones, William	FR-1	Western Washington	4:37.72 #	UW Indoor Open	02/13/11	02/14/11

31	Baggenstos, Jesse	SO-2	Northwest Nazarene	4:39.34	2011 Bronco Invitational	01/22/11	01/23/11
32	Rankin, Matt	SO-2	Northwest Nazarene	4:43.74	2011 Jackson's Invitational	01/28/11	01/30/11
33	Santos, Manuel	SO-2	Central Washington	4:44.68 #	WSU Open I	01/14/11	01/16/11
34	Robinson, Trevor	FR-1	Western Washington	4:46.76 #	UW Indoor Open	02/13/11	02/14/11
35	York, Stephen	FR-1	Seattle Pacific	4:48.98 #	UW Indoor Open	02/13/11	02/14/11
36	Crystal, Alex	JR-3	Northwest Nazarene	5:01.32	2011 Jackson's Invitational	01/28/11	01/30/11
37	Hutchinson, Travis	JR-3	MSU-Billings	5:02.19 @ #	Black Hills St. Winter Classic	12/09/10	12/11/10
38	Stewart, Duane	JR-3	Western Washington	5:12.99 #	UW Indoor Open	02/13/11	02/14/11

1 Mile (Women)

NCAA DII Auto 4:51.20 NCAA DII Prov 5:02.00 GNAC Auto 5:07.45 GNAC Prov 5:26.65

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Crofts, Helen	JR-3	Simon Fraser	4:55.17 #	UW Invitational	01/28/11	01/30/11
2	Cutting, Allison	FR-1	Seattle Pacific	5:04.13 #	UW Indoor Open	02/13/11	02/14/11
3	Puga, Jaclyn	SR-4	Northwest Nazarene	5:04.27	2011 Bronco Open	02/05/11	02/06/11
4	Smith, Jessica	SR-4	Simon Fraser	5:04.83	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	Johnson, Rachael	SR-4	Western Washington	5:07.99 #	UW Indoor Preview	01/15/11	01/16/11
6	Minton, Jocelynn	JR-3	St. Martin's	5:09.15 #	UW Indoor Open	02/13/11	02/14/11
7	Breihof, Lauren	SR-4	Western Washington	5:10.09 #	UW Indoor Preview	01/15/11	01/16/11
8	Laabs-Johnson, Heidi	SO-2	Seattle Pacific	5:12.66 #	UW Indoor Open	02/13/11	02/14/11
9	Mickelsen, Whitney	JR-3	MSU-Billings	5:13.68 @	Mountain States Games	01/28/11	01/31/11
10	Carviel, Heather	FR-1	Simon Fraser	5:15.59 #	UW Invitational	01/28/11	01/30/11
11	Butterworth, Lindsey	FR-1	Simon Fraser	5:16.57 #	UW Indoor Preview	01/15/11	01/16/11
12	Everetts, Megan		Western Oregon	5:17.57 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
13	Barker, Madeleine	FR-1	Simon Fraser	5:19.20 #	UW Indoor Open	02/13/11	02/14/11
14	Thiel, Katie	SR-4	MSU-Billings	5:19.28 @	Montana State Open	01/21/11	01/22/11
15	Snawder, Erika	SR-4	Western Oregon	5:19.37 #	UW Indoor Open	02/13/11	02/14/11
16	Copeland, Erika	FR-1	St. Martin's	5:20.62 #	UW Indoor Open	02/13/11	02/14/11
17	Morrison, Tricia		Western Oregon	5:21.49 #	UW Indoor Open	02/13/11	02/14/11
18	Sawatzky, Sarah	FR-1	Simon Fraser	5:22.57 #	UW Indoor Preview	01/15/11	01/16/11
19	Wald, Shena	SR-4	MSU-Billings	5:26.63	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
20	Cecchi, KayAnna	JR-3	Western Oregon	5:28.07 #	UW Indoor Open	02/13/11	02/14/11
21	Friccker, McKayla		Seattle Pacific	5:29.41 #	UW Indoor Preview	01/15/11	01/16/11
22	Becker, Josie	FR-1	Seattle Pacific	5:31.34 #	UW Indoor Open	02/13/11	02/14/11
23	Allen, Kirsten	FR-1	Simon Fraser	5:35.19 #	UW Indoor Open	02/13/11	02/14/11
24	Mendoza, Adriana	JR-3	Central Washington	5:38.10 #	Pilot Indoor	02/05/11	02/07/11
25	Swenson, Meagan	SO-2	Northwest Nazarene	5:38.16	Boise State Team Challenge	02/11/11	02/13/11
26	Rendahl, Ashley	SR-4	Northwest Nazarene	5:38.73	2011 Bronco Invitational	01/22/11	01/23/11
27	Fairbanks, Kristi	SO-2	Western Washington	5:40.42 #	UW Indoor Open	02/13/11	02/14/11
28	Philbeck, Erin	FR-1	Western Washington	5:42.82 #	UW Indoor Open	02/13/11	02/14/11
29	Kref, Kelsey	JR-3	Central Washington	5:48.42 #	UW Indoor Open	02/13/11	02/14/11
30	Batchelor, April	FR-1	Western Oregon	5:49.60 #	UW Indoor Open	02/13/11	02/14/11
31	Valera, Amanda	JR-3	Central Washington	5:50.55 #	Pilot Indoor	02/05/11	02/07/11
32	Lawson, Danika	FR-1	St. Martin's	5:58.60 #	UW Indoor Open	02/13/11	02/14/11
33	Miller, Marie	FR-1	Northwest Nazarene	5:58.73	2011 Jackson's Invitational	01/28/11	01/30/11
34	Rice, Ashley	SO-2	Central Washington	6:00.58 #	UW Indoor Open	02/13/11	02/14/11
35	Hill, Sam	SO-2	Northwest Nazarene	6:02.01	2011 Bronco Open	02/05/11	02/06/11
36	Beesley, Danielle	JR-3	Northwest Nazarene	6:24.74	2011 Jackson's Invitational	01/28/11	01/30/11

3,000m (Men)

GNAC Auto 8:59.85 GNAC Prov 9:15.73

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Welling, Jordan	SR-4	Western Washington	8:18.23 #	UW Invitational	01/28/11	01/30/11
2	Brockerville, Ryan	SR-4	Simon Fraser	8:24.87 #	UW Husky Classic	02/11/11	02/13/11
3	Watson, Barak	SO-2	Northwest Nazarene	8:36.03	Boise State Team Challenge	02/11/11	02/13/11
4	Medhaug, Blake	SR-4	Western Washington	8:40.49 #	UW Invitational	01/28/11	01/30/11
5	Dhanani, Samir	JR-3	Simon Fraser	8:41.58 #	UW Husky Classic	02/11/11	02/13/11
6	Abraham, Nick	JR-3	Western Washington	8:44.25 #	UW Indoor Open	02/13/11	02/14/11
7	Elliott, Josh	FR-1	Western Oregon	8:45.22 #	UW Husky Classic	02/11/11	02/13/11
8	Brill, Eric	SR-4	Western Washington	8:45.23 #	UW Indoor Preview	01/15/11	01/16/11
9	Armstrong, Graham	SO-2	Western Washington	8:48.51 #	UW Indoor Open	02/13/11	02/14/11
10	Reedy, Tabor	FR-1	Western Washington	8:51.17 #	UW Indoor Preview	01/15/11	01/16/11
11	Karr, Justin	SR-4	Western Oregon	8:51.29 #	UW Indoor Preview	01/15/11	01/16/11
12	Snook, Brandon	SR-4	Western Oregon	8:51.34 #	UW Indoor Preview	01/15/11	01/16/11
13	Boyd, Tanner	SO-2	Western Washington	8:57.82 #	UW Indoor Open	02/13/11	02/14/11
14	Baggenstos, Jesse	SO-2	Northwest Nazarene	9:02.96	2011 Bronco Open	02/05/11	02/06/11
15	Harvey, Nicholas	SR-4	St. Martin's	9:04.87 #	UW Indoor Open	02/13/11	02/14/11
16	Peterson, Dylan	SO-2	Western Washington	9:05.26 #	UW Indoor Open	02/13/11	02/14/11
17	Schmidt, Otto	FR-1	Western Washington	9:06.63 #	UW Indoor Open	02/13/11	02/14/11
18	Santos, Manuel	SO-2	Central Washington	9:10.26 #	UW Indoor Open	02/13/11	02/14/11
19	Easter, Neil	JR-3	Northwest Nazarene	9:18.56	Boise State Team Challenge	02/11/11	02/13/11
20	Rankin, Matt	SO-2	Northwest Nazarene	9:21.24	Boise State Team Challenge	02/11/11	02/13/11
21	Croft, James	SO-2	Western Oregon	9:22.48 #	Pilot Indoor	02/05/11	02/07/11
22	Cortes, Javier	FR-1	Western Oregon	9:26.05 #	Pilot Indoor	02/05/11	02/07/11
23	Brand, Gavin	SO-2	Seattle Pacific	9:35.07 #	UW Indoor Preview	01/15/11	01/16/11
24	Bauer, Scott	SO-2	St. Martin's	9:47.06 #	UW Indoor Preview	01/15/11	01/16/11
25	Crystal, Alex	JR-3	Northwest Nazarene	9:54.57	2011 Bronco Open	02/05/11	02/06/11
26	Hutchinson, Travis	JR-3	MSU-Billings	10:05.28 @	Montana State Open	01/21/11	01/22/11

3,000m (Women)

GNAC Auto 10:45.30 GNAC Prov 11:19.12

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Breihof, Lauren	SR-4	Western Washington	10:08.12 #	UW Invitational	01/28/11	01/30/11
2	Mickelsen, Whitney	JR-3	MSU-Billings	10:31.03 @	Mountain States Games	01/28/11	01/31/11
3	Brisky, Sierra	JR-3	Western Washington	10:47.16 #	UW Indoor Open	02/13/11	02/14/11
4	Boyer, Jessica	JR-3	Western Washington	10:48.08 #	UW Indoor Preview	01/15/11	01/16/11
5	Webster, Kristyn	JR-3	Simon Fraser	10:48.50 #	UW Indoor Open	02/13/11	02/14/11
6	Rogers, Mary	SO-2	Western Washington	10:48.51 #	UW Indoor Open	02/13/11	02/14/11
7	Hartnett, Phoebe	JR-3	Western Washington	10:50.06 #	UW Indoor Open	02/13/11	02/14/11
8	Everetts, Megan		Western Oregon	10:52.53 #	UW Indoor Preview	01/15/11	01/16/11
9	Palibroda, Emily	SR-4	Simon Fraser	10:58.52 #	UW Invitational	01/28/11	01/30/11
10	Cecchi, KayAnna	JR-3	Western Oregon	11:02.76 #	Pilot Indoor	02/05/11	02/07/11
11	Doerksen, Kim	FR-1	Simon Fraser	11:03.24 #	UW Invitational	01/28/11	01/30/11
12	Gonzales, Bianca	SR-4	Simon Fraser	11:04.13 #	UW Indoor Open	02/13/11	02/14/11
13	Pecha, Kaitlynn	JR-3	St. Martin's	11:04.83 #	UW Indoor Preview	01/15/11	01/16/11
14	Mendoza, Adriana	JR-3	Central Washington	11:05.31 #	Pilot Indoor	02/05/11	02/07/11
15	Walton, Arielle	FR-1	Western Washington	11:06.79 #	UW Indoor Preview	01/15/11	01/16/11
16	Allen, Kirsten	FR-1	Simon Fraser	11:08.31 #	UW Indoor Open	02/13/11	02/14/11
17	Llapitan, Ashley	SO-2	St. Martin's	11:09.92 #	UW Indoor Open	02/13/11	02/14/11
18	Wilkins, Kayla	JR-3	Seattle Pacific	11:10.48 #	UW Indoor Open	02/13/11	02/14/11
19	Rendahl, Ashley	SR-4	Northwest Nazarene	11:12.78	Boise State Team Challenge	02/11/11	02/13/11
20	Owen, Mary	SO-2	MSU-Billings	11:15.11 @	Mountain States Games	01/28/11	01/31/11
21	Carrick, Krysta	SO-2	Seattle Pacific	11:26.75 #	UW Indoor Open	02/13/11	02/14/11

22	Megan, Knappe	FR-1	Seattle Pacific	11:37.64 #	UW Indoor Preview	01/15/11	01/16/11
23	Valera, Amanda	JR-3	Central Washington	11:54.31 #	Pilot Indoor	02/05/11	02/07/11
24	Lawson, Danika	FR-1	St. Martin's	11:59.35 #	Pilot Indoor	02/05/11	02/07/11
25	Swanson, Leah	FR-1	Seattle Pacific	12:03.93 #	UW Indoor Preview	01/15/11	01/16/11
26	Kreft, Kelsey	JR-3	Central Washington	12:09.96 #	Pilot Indoor	02/05/11	02/07/11
27	Gifford, Eva	FR-1	Simon Fraser	12:24.52 #	UW Indoor Preview	01/15/11	01/16/11
28	Rice, Ashley	SO-2	Central Washington	12:25.27 #	Pilot Indoor	02/05/11	02/07/11

5,000m (Men)

		NCAA DII Auto 14:07.10		NCAA DII Prov 14:45.00		GNAC Auto 15:31.59		GNAC Prov 15:58.46	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Welling, Jordan	SR-4	Western Washington	14:12.10 #	UW Husky Classic	02/11/11	02/13/11		
2	Medhaug, Blake	SR-4	Western Washington	15:02.17 #	UW Husky Classic	02/11/11	02/13/11		
3	Watson, Barak	SO-2	Northwest Nazarene	15:18.46	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
4	Snook, Brandon	SR-4	Western Oregon	15:34.52	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Brill, Eric	SR-4	Western Washington	15:39.26	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
6	Reedy, Tabor	FR-1	Western Washington	15:40.71	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
7	Elliott, Josh	FR-1	Western Oregon	15:40.83	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
8	Santos, Manuel	SO-2	Central Washington	15:43.88	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
9	Armstrong, Graham	SO-2	Western Washington	15:46.32	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	Boyd, Tanner	SO-2	Western Washington	15:49.97	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
11	Karr, Justin	SR-4	Western Oregon	15:52.36	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
12	Baggenstos, Jesse	SO-2	Northwest Nazarene	15:57.62	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
13	Peterson, Dylan	SO-2	Western Washington	16:14.05	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
14	Harvey, Nicholas	SR-4	St. Martin's	16:25.99	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
15	Bolt, Mark	Senior	MSU-Billings	17:13.52 @ #	Black Hills St. Winter Classic	12/09/10	12/11/10		

5,000m (Women)

		NCAA DII Auto 16:50.20		NCAA DII Prov 17:33.00		GNAC Auto 18:37.15		GNAC Prov 19:37.38	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Porter, Sarah	SR-4	Western Washington	16:12.68 #	UW Husky Classic	02/11/11	02/13/11		
2	Plunkett, Natty	JR-3	Seattle Pacific	17:37.24 #	UW Invitational	01/28/11	01/30/11		
3	Breihof, Lauren	SR-4	Western Washington	17:43.21 #	UW Husky Classic	02/11/11	02/13/11		
4	Wright, Amanda	JR-3	Western Oregon	18:12.80	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Puga, Jaclyn	SR-4	Northwest Nazarene	18:32.00	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
6	Mickelsen, Whitney	JR-3	MSU-Billings	18:38.74	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
7	Webster, Kristyn	JR-3	Simon Fraser	18:40.43	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
8	Doerkson, Kim	FR-1	Simon Fraser	18:58.55 #	UW Invitational	01/28/11	01/30/11		
9	Hartnett, Phoebe	JR-3	Western Washington	19:09.57	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	Owen, Mary	SO-2	MSU-Billings	19:20.38 @	Mountain States Games	01/28/11	01/31/11		
11	Boyer, Jessica	JR-3	Western Washington	19:26.30	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
12	Brisky, Sierra	JR-3	Western Washington	19:31.95	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
13	Cecchi, KayAnna	JR-3	Western Oregon	19:37.26	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
14	Pecha, Kaitlynn	JR-3	St. Martin's	19:46.72	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
15	Llapitan, Ashley	SO-2	St. Martin's	20:34.23	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		

60m H (Men)

		NCAA DII Auto 7.97		NCAA DII Prov 8.25		GNAC Auto 8.89		GNAC Prov 9.21	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Hogan, Anthony	SO-2	Central Washington	8.31	UW Indoor Open	02/13/11	02/14/11		
2	Werner, Jordan	SR-4	Western Oregon	8.56	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
3	Harrison, Alex	SR-4	Western Washington	8.60	UW Indoor Preview	01/15/11	01/16/11		
4	Hope, Maurus	JR-3	Northwest Nazarene	8.63	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Endresen, Ryan	SO-2	Seattle Pacific	8.64	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
6	Campbell, Brett	FR-1	Western Oregon	8.65	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
6	Loscutoff, Andy	SR-4	Western Oregon	8.65	UW Indoor Open	02/13/11	02/14/11		
8	Harris, Darnell	JR-3	Central Washington	8.70	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
9	Gray, Andrew	JR-3	Western Washington	8.72	UW Indoor Preview	01/15/11	01/16/11		
10	Easterling, Reece	FR-1	MSU-Billings	8.80 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
11	Roddewig, Brandon	SO-2	Central Washington	8.83	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
11	Venema, Andrew	FR-1	Central Washington	8.83	2011 Bronco Open	02/05/11	02/06/11		
13	Rhodes, Kody	FR-1	Western Oregon	8.86	UW Indoor Preview	01/15/11	01/16/11		
14	Skelton, Shawn	FR-1	MSU-Billings	9.02 @	Black Hills St. Winter Classic	12/09/10	12/11/10		
15	Johnson, Nate	SO-2	Seattle Pacific	9.03	UW Indoor Open	02/13/11	02/14/11		
16	McCurdy, Kevin	FR-1	Western Oregon	9.11	UW Indoor Open	02/13/11	02/14/11		
16	Schick, Karsten	FR-1	Western Washington	9.11	UW Indoor Open	02/13/11	02/14/11		
18	Steiglitz, Tim	SO-2	Northwest Nazarene	9.25	Boise State Team Challenge	02/11/11	02/13/11		
19	Straiser, Michael	FR-1	Western Washington	9.49	UW Indoor Open	02/13/11	02/14/11		
20	Heidegger, Ben	JR-3	Northwest Nazarene	9.60	2011 Bronco Invitational	01/22/11	01/23/11		
21	Gordon, Dylan	SO-2	Western Washington	9.63	Seattle Pacific Last Chance Meet	02/26/11	02/27/11		
22	Holland, Michael	FR-1	St. Martin's	9.72	UW Indoor Open	02/13/11	02/14/11		
23	Beaty, Bryan	FR-1	Northwest Nazarene	9.90	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
24	Greene, Tim	SR-4	Northwest Nazarene	9.92	Boise State Team Challenge	02/11/11	02/13/11		
25	Montgomery, Stuart	SR-4	Northwest Nazarene	9.97	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
26	Hunter, Scott	FR-1	Central Washington	10.00	WSU Open I	01/14/11	01/16/11		
27	Kilgore, Greyson	FR-1	Northwest Nazarene	10.55	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
28	Steingruber, Brock	FR-1	MSU-Billings	10.90	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
29	Wiedmer, Casey	FR-1	St. Martin's	10.97	UW Indoor Open	02/13/11	02/14/11		
30	Wade, Mark	JR-3	Northwest Nazarene	13.01	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		

60m H (Women)

		NCAA DII Auto 8.46		NCAA DII Prov 8.95		GNAC Auto 9.43		GNAC Prov 9.87	
RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
1	Bjornsson, Tanya	SO-2	Western Washington	8.98	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
2	Worthen, Ali	Junior	Seattle Pacific	9.05	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
3	Reid, Kaitlyn	SR-4	Western Oregon	9.09	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
4	Sims, Crystal	SR-4	Seattle Pacific	9.15	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Abrahms, Andrea	JR-3	Simon Fraser	9.17	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Schumacher, Terra	SR-4	Seattle Pacific	9.17	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
7	Smith, Marie	FR-1	Northwest Nazarene	9.25	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
8	Mosher, Ali	JR-3	Western Oregon	9.34	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
9	Vander Meulen, Janna	JR-3	Western Oregon	9.35	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	Gross, Katy		Seattle Pacific	9.37	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
11	Genther, Chelsea	FR-1	Central Washington	9.38	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
12	McDonald, Alexandra	SO-2	Western Washington	9.43	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
13	Pike, Jennifer	Senior	Seattle Pacific	9.51	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
14	Dodd, Amber	FR-1	Western Washington	9.55	UW Indoor Open	02/13/11	02/14/11		
15	Ramos, Alexis	FR-1	Central Washington	9.65	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
16	Bennett, Jill	JR-3	Northwest Nazarene	9.73	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
17	Holton, Brooklynn	SO-2	Western Washington	9.74	UW Indoor Open	02/13/11	02/14/11		
18	Pridgen, Laura	SO-2	Northwest Nazarene	9.76	2011 Bronco Open	02/05/11	02/06/11		

19	Nobbs, Natalie	Junior	Seattle Pacific	9.97	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
20	Crombeen, Charlotte	FR-1	Simon Fraser	10.02	UW Indoor Preview	01/15/11	01/16/11
21	Lotze, Katharine	SO-2	Central Washington	10.08	UW Invitational	01/28/11	01/30/11
22	Barnett, Rachelle	SR-4	Simon Fraser	10.11	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
23	Davis, Melanie	FR-1	Central Washington	10.36	UW Indoor Open	02/13/11	02/14/11
23	Scholter, Hannah	SO-2	St. Martin's	10.36	UW Indoor Open	02/13/11	02/14/11
25	Berg, Siri	JR-3	Central Washington	10.41	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
26	Garner, Dani	FR-1	MSU-Billings	10.42 @	Black Hills St. Winter Classic	12/09/10	12/11/10
26	Lewis, Kira	SO-2	Seattle Pacific	10.42	UW Indoor Open	02/13/11	02/14/11
28	Ciaccio, Amy	SR-4	Northwest Nazarene	10.47	2011 Bronco Open	02/05/11	02/06/11
29	Padriano, Jessica	SO-2	Simon Fraser	10.86	UW Invitational	01/28/11	01/30/11
30	Overdick, Amanda	SO-2	Western Washington	10.98	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
31	Hintz, Justine	SO-2	Central Washington	11.22	WSU Open I	01/14/11	01/16/11

4 x 400m Relay (Men)

NCAA DII Auto 3:12.10 NCAA DII Prov 3:18.50

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Western Oregon	3:20.16 #	UW Indoor Preview	01/15/11	01/16/11
2	Northwest Nazarene	3:20.23	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
3	Central Washington	3:23.02	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Western Washington	3:23.08 #	UW Invitational	01/28/11	01/30/11
5	Simon Fraser	3:23.39	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	Seattle Pacific	3:24.18 #	UW Invitational	01/28/11	01/30/11
7	MSU-Billings	3:29.07	Mountain States Games	01/28/11	01/31/11
8	St. Martin's	3:32.99	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

4 x 400m Relay (Women)

NCAA DII Auto 3:44.40 NCAA DII Prov 3:55.80

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Simon Fraser	3:51.72	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
2	Northwest Nazarene	3:56.01	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
3	Western Washington	3:56.13	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Western Oregon	3:58.40	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	Seattle Pacific	3:59.84	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	Central Washington	4:02.11	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
7	MSU-Billings	4:04.44	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	St. Martin's	4:27.19 #	UW Indoor Preview	01/15/11	01/16/11

4,000m Distance Medley (Men)

NCAA DII Auto 9:51.20 NCAA DII Prov 10:07.60

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Western Oregon	9:55.06 #	UW Husky Classic	02/11/11	02/13/11
2	Simon Fraser	10:02.86	NAIA Indoor Track & Field Championships	03/03/11	03/08/11
3	Western Washington	10:10.89	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Northwest Nazarene	10:18.42	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	MSU-Billings	10:21.96	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	St. Martin's	10:23.98	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
7	Seattle Pacific	10:38.84	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	Central Washington	10:40.26	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

4,000m Distance Medley (Women)

NCAA DII Auto 11:42.00 NCAA DII Prov 12:17.00

RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
1	Simon Fraser	11:44.83	NAIA Indoor Track & Field Championships	03/03/11	03/08/11
2	Western Washington	11:53.23	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
3	Northwest Nazarene	12:02.55	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Seattle Pacific	12:10.77 #	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
5	MSU-Billings	12:40.24	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	St. Martin's	12:45.45	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
7	Western Oregon	12:46.49	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
8	Central Washington	12:51.80	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

High Jump (Men)

NCAA DII Auto 2.15m NCAA DII Prov 2.04m GNAC Auto 1.93m GNAC Prov 1.76m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Boyes, Brennan	SO-2	Central Washington	6' 7"	2.01m	UW Invitational	01/28/11	01/30/11
1	Roddedwig, Brandon	SO-2	Central Washington	6' 7"	2.01m	WSU Open I	01/14/11	01/16/11
3	Schick, Karsten	FR-1	Western Washington	6' 5"	1.96m	UW Indoor Preview	01/15/11	01/16/11
4	Larson, Josh	JR-3	Western Washington	6' 4.75"	1.95m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
5	Steingrubler, Brock	FR-1	MSU-Billings	6' 2.75"	1.90m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	Brown, Ryan	SR-4	Western Washington	6' 2"	1.88m	UW Indoor Open	02/13/11	02/14/11
7	Beaty, Bryan	FR-1	Northwest Nazarene	6' 0.5"	1.84m	2011 Bronco Invitational	01/22/11	01/23/11
7	Johnson, Nate	SO-2	Seattle Pacific	6' 0.5"	1.84m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
9	Berkman, Elycc	FR-1	Western Oregon	6' 0"	1.83m	UW Indoor Open	02/13/11	02/14/11
9	Gaines, Eric	FR-1	Western Oregon	6' 0"	1.83m	UW Indoor Open	02/13/11	02/14/11
9	Sheriff, Tommy	SO-2	Central Washington	6' 0"	1.83m	UW Indoor Open	02/13/11	02/14/11
9	Venema, Andrew	FR-1	Central Washington	6' 0"	1.83m	UW Indoor Open	02/13/11	02/14/11
13	Massari, Zach	JR-3	Western Oregon	5' 10.75"	1.80m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
14	Hunter, Scott	FR-1	Central Washington	5' 8"	1.73m	UW Indoor Open	02/13/11	02/14/11
15	Loscutoff, Andy	SR-4	Western Oregon	5' 6.5"	1.69m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
16	Kilgore, Greyson	FR-1	Northwest Nazarene	5' 6"	1.68m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
17	Heidegger, Ben	JR-3	Northwest Nazarene	5' 5"	1.65m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
18	Greene, Tim	SR-4	Northwest Nazarene	5' 4.25"	1.63m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
19	Montgomery, Stuart	SR-4	Northwest Nazarene	5' 3"	1.60m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
20	Holland, Michael	FR-1	St. Martin's	5' 0.5"	1.54m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
20	Steiglitz, Tim	SO-2	Northwest Nazarene	5' 0.5"	1.54m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
22	Wade, Mark	JR-3	Northwest Nazarene	4' 9"	1.45m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

High Jump (Women)

NCAA DII Auto 1.75m NCAA DII Prov 1.67m GNAC Auto 1.61m GNAC Prov 1.46m

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Worthen, Ali	Junior	Seattle Pacific	5' 6"	1.68m	UW Indoor Preview	01/15/11	01/16/11
2	Pelchar, Katie	FR-1	Western Oregon	5' 5.25"	1.66m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
3	Gross, Katy		Seattle Pacific	5' 5"	1.65m	UW Invitational	01/28/11	01/30/11
4	Barnett, Rachelle	SR-4	Simon Fraser	5' 4.5"	1.64m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
4	Aanstad, Brittany	SR-4	Seattle Pacific	5' 4.25"	1.63m	UW Indoor Preview	01/15/11	01/16/11
5	Iworima, Diepinye	SR-4	Simon Fraser	5' 4.25"	1.63m	UW Husky Classic	02/11/11	02/13/11
7	Pitt, Stacey	FR-1	MSU-Billings	5' 2.5"	1.59m	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11

8	Overdick, Amanda	SO-2	Western Washington	5' 2.25"	1.58m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
9	Fricke, McKayla		Seattle Pacific	5' 1.25"	1.56m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
9	Napiontek, Shelby	FR-1	Central Washington	5' 1.25"	1.56m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
11	Bennett, Jill	JR-3	Northwest Nazarene	5' 1"	1.55m	2011 Bronco Open	02/05/11	02/06/11
12	Berry, Leah	FR-1	MSU-Billings	5' 0.5"	1.54m	Black Hills St. Winter Classic	12/09/10	12/11/10
13	Coffey, Sydney	FR-1	Western Washington	5' 0.25"	1.53m	UW Indoor Preview	01/15/11	01/16/11
13	Ramsey, Tara	FR-1	Western Washington	5' 0.25"	1.53m	UW Indoor Preview	01/15/11	01/16/11
13	Sims, Crystal	SR-4	Seattle Pacific	5' 0.25"	1.53m	UW Invitational	01/28/11	01/30/11
16	Berg, Siri	JR-3	Central Washington	4' 11.75"	1.52m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
16	Smith, Marie	FR-1	Northwest Nazarene	4' 11.75"	1.52m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
18	Jewett, Jasmyne	SO-2	Northwest Nazarene	4' 11.5"	1.51m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
18	Tri, Brittany	JR-3	Seattle Pacific	4' 11.5"	1.51m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
18	Warren, Arianna	FR-1	Seattle Pacific	4' 11.5"	1.51m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
18	Yoro, Taylor	FR-1	St. Martin's	4' 11.5"	1.51m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
22	Holton, Brooklyn	SO-2	Western Washington	4' 10.5"	1.49m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
22	Mosher, Ali	JR-3	Western Oregon	4' 10.5"	1.49m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
22	Pike, Jennifer	Senior	Seattle Pacific	4' 10.5"	1.49m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
25	Pridgen, Laura	SO-2	Northwest Nazarene	4' 9.5"	1.46m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
26	Nobbs, Natalie	Junior	Seattle Pacific	4' 8.25"	1.43m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
27	Padriano, Jessica	SO-2	Simon Fraser	4' 7.5"	1.41m	UW Invitational	01/28/11	01/30/11

Pole Vault (Men)

RANK	ATHLETE	YEAR	TEAM	NCAA DII Auto 5.13m		NCAA DII Prov 4.80m		GNAC Auto 4.51m		GNAC Prov 4.05m	
				ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED			
1	Brown, Ryan	SR-4	Western Washington	17' 5"	5.31m	UW Husky Classic	02/11/11	02/13/11			
2	Rosenberg, Cal	SO-2	Western Washington	15' 7.25"	4.76m	UW Indoor Preview	01/15/11	01/16/11			
3	Hunter, Scott	FR-1	Central Washington	15' 3.5"	4.66m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
4	Clendaniel, Tim	JR-3	Western Washington	15' 1.5"	4.61m	UW Indoor Preview	01/15/11	01/16/11			
5	Zoellick, Ray	SO-2	Seattle Pacific	14' 11"	4.55m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11			
6	Roddedwig, Brandon	SO-2	Central Washington	14' 9.5"	4.51m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
7	Hurbuse, Justin	FR-1	Western Washington	14' 1.75"	4.31m	UW Indoor Preview	01/15/11	01/16/11			
7	Komoto, Keenan	FR-1	Western Washington	14' 1.75"	4.31m	UW Indoor Preview	01/15/11	01/16/11			
7	Winters, Josh	SR-4	Western Washington	14' 1.75"	4.31m	UW Indoor Preview	01/15/11	01/16/11			
10	Martinez, Branden		MSU-Billings	13' 11.25"	4.25m	Mountain States Games	01/28/11	01/31/11			
11	Johnson, Nate	SO-2	Seattle Pacific	13' 7.75"	4.16m	UW Indoor Preview	01/15/11	01/16/11			
12	Lundy, Tim	SR-4	Western Oregon	13' 5.25"	4.10m	UW Indoor Open	02/13/11	02/14/11			
13	Steingruber, Brock	FR-1	MSU-Billings	12' 7.5"	3.85m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11			
14	Holland, Michael	FR-1	St. Martin's	11' 3.5"	3.44m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
15	Stralsler, Michael	FR-1	Western Washington	10' 11.5"	3.34m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
16	Heidegger, Ben	JR-3	Northwest Nazarene	9' 11.75"	3.04m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10			
16	Kilgore, Greyson	FR-1	Northwest Nazarene	9' 11.75"	3.04m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10			
16	Montgomery, Stuart	SR-4	Northwest Nazarene	9' 11.75"	3.04m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
16	Venema, Andrew	FR-1	Central Washington	9' 11.75"	3.04m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
20	Beaty, Bryan	FR-1	Northwest Nazarene	9' 3.75"	2.84m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
21	Steiglitz, Tim	SO-2	Northwest Nazarene	8' 0"	2.44m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
22	Greene, Tim	SR-4	Northwest Nazarene	7' 8.5"	2.35m	2011 Jackson's Invitational	01/28/11	01/30/11			
23	Wade, Mark	JR-3	Northwest Nazarene	7' 4.25"	2.24m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10			

Pole Vault (Women)

RANK	ATHLETE	YEAR	TEAM	NCAA DII Auto 3.96m		NCAA DII Prov 3.50m		GNAC Auto 3.36m		GNAC Prov 2.91m	
				ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED			
1	Peaslee, Melissa	SR-4	Seattle Pacific	12' 2.75"	3.73m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11			
2	Clark, Becca	FR-1	Central Washington	12' 0.5"	3.67m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
3	Schumacher, Terra	SR-4	Seattle Pacific	11' 7"	3.53m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11			
4	Davis, Kati		Central Washington	11' 6.5"	3.52m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
5	Barr, Chelsea	SO-2	Northwest Nazarene	11' 5.75"	3.50m	2011 Jackson's Invitational	01/28/11	01/30/11			
6	Anderson, Karis	SO-2	Western Washington	11' 1"	3.38m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11			
7	Pitt, Stacey	FR-1	MSU-Billings	10' 11.75"	3.35m	Montana State Open	01/21/11	01/22/11			
8	Aanstad, Brittany	SR-4	Seattle Pacific	10' 6.75"	3.22m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
8	Egger, Ashley	SR-4	Northwest Nazarene	10' 6.75"	3.22m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
8	Konzal, Amanda	JR-3	Northwest Nazarene	10' 6.75"	3.22m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
8	Larsen, Jamie	SO-2	Central Washington	10' 6.75"	3.22m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
12	Palmer, Brienna	FR-1	Western Washington	10' 0.75"	3.07m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
13	DiMarco, Diana	SR-4	Western Washington	9' 10.5"	3.01m	UW Indoor Preview	01/15/11	01/16/11			
13	Puckett, Amy Jo	FR-1	Western Washington	9' 10.5"	3.01m	UW Indoor Preview	01/15/11	01/16/11			
15	Hull, Samantha	Sophomore	St. Martin's	9' 7"	2.92m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
15	Swigart, Hannah	SO-2	Central Washington	9' 7"	2.92m	2011 Bronco Open	02/05/11	02/06/11			
17	Crowder, Emili	FR-1	MSU-Billings	9' 0.25"	2.75m	Montana State Open	01/21/11	01/22/11			
18	Howe, Elizabeth	FR-1	Western Washington	8' 11.75"	2.74m	UW Indoor Open	02/13/11	02/14/11			
18	Johnson, Jennifer	JR-3	St. Martin's	8' 11.75"	2.74m	UW Indoor Open	02/13/11	02/14/11			
20	Koens, Miranda	FR-1	MSU-Billings	8' 11.5"	2.73m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11			

Long Jump (Men)

RANK	ATHLETE	YEAR	TEAM	NCAA DII Auto 7.57m		NCAA DII Prov 7.10m		GNAC Auto 6.86m		GNAC Prov 6.30m	
				ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED			
1	Lane, Kyle	FR-1	Western Oregon	23' 4.5"	7.12m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
2	Hyde, Jake	SO-2	Western Oregon	23' 0.5"	7.02m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
3	Nicolas, Dennis	SR-4	Simon Fraser	22' 11.25"	6.99m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
4	Mack, Bryan	JR-3	Central Washington	22' 5.75"	6.85m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
5	Meio, Manny	FR-1	Central Washington	22' 5"	6.83m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
6	Moldanov, Sviatoslav	SR-4	Simon Fraser	21' 11.75"	6.70m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
7	Clendaniel, Tim	JR-3	Western Washington	21' 8.75"	6.62m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
8	Larlee, Stephen	FR-1	Northwest Nazarene	21' 0.75"	6.42m	2011 Jackson's Invitational	01/28/11	01/30/11			
9	Steingruber, Brock	FR-1	MSU-Billings	20' 10"	6.35m	Montana State Open	01/21/11	01/22/11			
10	Stein, Shae	FR-1	MSU-Billings	20' 8.5"	6.31m	Black Hills St. Winter Classic	12/09/10	12/11/10			
11	Gaines, Eric	FR-1	Western Oregon	20' 3.5"	6.18m	UW Indoor Open	02/13/11	02/14/11			
11	Koreyasu, Evan	JR-3	Western Washington	20' 3.5"	6.18m	UW Indoor Open	02/13/11	02/14/11			
13	Loscutoff, Andy	SR-4	Western Oregon	20' 1.5"	6.13m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11			
14	Satterwhite, Tim	SR-4	Western Washington	19' 9.5"	6.03m	UW Indoor Open	02/13/11	02/14/11			
15	Johnson, Nate	SO-2	Seattle Pacific	19' 8.25"	6.00m	UW Indoor Open	02/13/11	02/14/11			
16	Roddedwig, Brandon	SO-2	Central Washington	19' 7"	5.97m	WSU Open I	01/14/11	01/16/11			
17	Ou, Andrew	FR-1	Simon Fraser	19' 6.25"	5.95m	UW Invitational	01/28/11	01/30/11			
18	Beaty, Bryan	FR-1	Northwest Nazarene	19' 2.75"	5.86m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10			
18	Greene, Tim	SR-4	Northwest Nazarene	19' 2.75"	5.86m	Boise State Team Challenge	02/11/11	02/13/11			
20	Cho, James	JR-3	Central Washington	19' 2.5"	5.85m	WSU Open I	01/14/11	01/16/11			
20	Kilgore, Greyson	FR-1	Northwest Nazarene	19' 2.5"	5.85m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10			
22	Heidegger, Ben	JR-3	Northwest Nazarene	19' 1.25"	5.82m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10			
23	Harrison, Alex	SR-4	Western Washington	19' 0.5"	5.80m	UW Indoor Preview	01/15/11	01/16/11			
24	Stralsler, Michael	FR-1	Western Washington	18' 10"	5.74m	UW Indoor Open	02/13/11	02/14/11			
24	Tran, Daniel	FR-1	Western Washington	18' 10"	5.74m	UW Indoor Open	02/13/11	02/14/11			
26	Montgomery, Stuart	SR-4	Northwest Nazarene	18' 9.25"	5.72m	2011 Jackson's Invitational	01/28/11	01/30/11			
27	Galahan, Drew	FR-1	MSU-Billings	18' 8"	5.69m	Black Hills St. Winter Classic	12/09/10	12/11/10			
28	Venema, Andrew	FR-1	Central Washington	18' 6"	5.64m	2011 Bronco Open	02/05/11	02/06/11			

29	Gordon, Dylan	SO-2	Western Washington	18' 5.75"	5.63m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11
30	Morrison, Scott	SO-2	Central Washington	18' 3.75"	5.58m	WSU Open I	01/14/11	01/16/11
30	Schick, Karsten	FR-1	Western Washington	18' 3.75"	5.58m	UW Indoor Open	02/13/11	02/14/11
32	Brown, Edd	SO-2	St. Martin's	16' 7.75"	5.07m	UW Indoor Open	02/13/11	02/14/11
33	Holland, Michael	FR-1	St. Martin's	16' 5"	5.00m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
34	Wade, Mark	JR-3	Northwest Nazarene	16' 0.25"	4.88m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
35	Steiglitz, Tim	SO-2	Northwest Nazarene	15' 10.25"	4.83m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

Long Jump (Women)

		NCAA DII Auto 5.93m		NCAA DII Prov 5.55m		GNAC Auto 5.20m		GNAC Prov 4.96m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Bjornsson, Tanya	SO-2	Western Washington	18' 2.5"	5.55m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11	
1	Worthen, Ali	Junior	Seattle Pacific	18' 2.5"	5.55m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
3	Lworima, Diepiriye	SR-4	Simon Fraser	17' 10.25"	5.44m	UW Indoor Open	02/13/11	02/14/11	
4	Reid, Molly	JR-3	Northwest Nazarene	17' 7.5"	5.37m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
5	Rhode, Mercedes	FR-1	Simon Fraser	17' 7"	5.36m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
6	Jewett, Jasmyn	SO-2	Northwest Nazarene	17' 6.75"	5.35m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
7	Miranda, Trinna	SO-2	Seattle Pacific	17' 6"	5.33m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
8	Potter, Ashley	JR-3	Western Oregon	17' 4.25"	5.29m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
9	Aanstad, Brittany	SR-4	Seattle Pacific	17' 4"	5.28m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
10	Gross, Katy		Seattle Pacific	17' 2"	5.23m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
11	Crombeen, Charlotte	FR-1	Simon Fraser	17' 1.25"	5.21m	UW Indoor Preview	01/15/11	01/16/11	
12	Sims, Crystal	SR-4	Seattle Pacific	17' 0.75"	5.20m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
13	Barnett, Rachelle	SR-4	Simon Fraser	16' 10.75"	5.15m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
13	Coffey, Sydney	FR-1	Western Washington	16' 10.75"	5.15m	UW Indoor Open	02/13/11	02/14/11	
15	Nye, Athena	SO-2	Seattle Pacific	16' 10"	5.13m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
16	Pike, Jennifer	Senior	Seattle Pacific	16' 9.25"	5.11m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
17	Reff, Callie	SO-2	Western Washington	16' 7"	5.05m	UW Indoor Open	02/13/11	02/14/11	
18	Smith, Marie	FR-1	Northwest Nazarene	16' 6"	5.03m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10	
19	Nobbs, Natalie	Junior	Seattle Pacific	16' 3.75"	4.97m	UW Indoor Preview	01/15/11	01/16/11	
20	Bennett, Jill	JR-3	Northwest Nazarene	16' 2.5"	4.94m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10	
21	Broomfield, Robyn	FR-1	Simon Fraser	16' 1.75"	4.92m	UW Indoor Open	02/13/11	02/14/11	
22	Cook-Mackenzie, April	JR-3	Simon Fraser	16' 1"	4.90m	UW Indoor Open	02/13/11	02/14/11	
23	Halle, Erika	JR-3	MSU-Billings	15' 11.75"	4.87m	Black Hills St. Winter Classic	12/09/10	12/11/10	
23	Larlee, Annie	SR-4	Northwest Nazarene	15' 11.75"	4.87m	2011 Bronco Open	02/05/11	02/06/11	
25	Lotze, Katharine	SO-2	Central Washington	15' 11.5"	4.86m	UW Indoor Open	02/13/11	02/14/11	
26	Holton, Brooklyn	SO-2	Western Washington	15' 11"	4.85m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
27	Weiks, Kaila	SO-2	St. Martin's	15' 10.5"	4.84m	UW Indoor Open	02/13/11	02/14/11	
28	Bekkedahl, Maycee	SR-4	Northwest Nazarene	15' 10.25"	4.83m	2011 Bronco Open	02/05/11	02/06/11	
29	Meusec, Lacey	SR-4	Western Oregon	15' 9.75"	4.82m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
30	Lewis, Kira	SO-2	Seattle Pacific	15' 7"	4.75m	UW Indoor Preview	01/15/11	01/16/11	
31	McCarthy, Alexis	FR-1	MSU-Billings	15' 6"	4.72m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11	
31	Mosher, Ali	JR-3	Western Oregon	15' 6"	4.72m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
33	Padrinao, Jessica	SO-2	Simon Fraser	15' 5.5"	4.71m	UW Invitational	01/28/11	01/30/11	
33	Sackeyfio, Julianna	SO-2	St. Martin's	15' 5.5"	4.71m	UW Indoor Open	02/13/11	02/14/11	
35	Ramos, Alexis	FR-1	Central Washington	15' 2.25"	4.63m	2011 Bronco Open	02/05/11	02/06/11	
36	Overdick, Amanda	SO-2	Western Washington	15' 0.75"	4.59m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
37	Clark, Becca	FR-1	Central Washington	14' 11.5"	4.56m	2011 Bronco Open	02/05/11	02/06/11	
38	Berg, Siri	JR-3	Central Washington	14' 9.25"	4.50m	2011 Bronco Open	02/05/11	02/06/11	
39	Case, Jessica	SO-2	Northwest Nazarene	14' 5"	4.39m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10	
40	Yanney, Shandel	FR-1	Western Washington	14' 3.75"	4.36m	UW Indoor Open	02/13/11	02/14/11	
41	Scholter, Hannah	SO-2	St. Martin's	14' 1.75"	4.31m	UW Indoor Open	02/13/11	02/14/11	
42	Pridgen, Laura	SO-2	Northwest Nazarene	14' 1.25"	4.30m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
43	Davis, Melanie	FR-1	Central Washington	13' 9"	4.19m	UW Indoor Open	02/13/11	02/14/11	
44	Napiontek, Shelby	FR-1	Central Washington	13' 8.25"	4.17m	2011 Bronco Open	02/05/11	02/06/11	
45	Swigart, Hannah	SO-2	Central Washington	13' 7.75"	4.16m	2011 Bronco Open	02/05/11	02/06/11	

Triple Jump (Men)

		NCAA DII Auto 15.51m		NCAA DII Prov 14.40m		GNAC Auto 13.95m		GNAC Prov 12.43m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Mack, Bryan	JR-3	Central Washington	47' 4.5"	14.44m	2011 Bronco Open	02/05/11	02/06/11	
2	Clendaniel, Tim	JR-3	Western Washington	46' 11"	14.30m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
3	Larlee, Stephen	FR-1	Northwest Nazarene	46' 5.25"	14.15m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
4	Moldanov, Sviatoslav	SR-4	Simon Fraser	46' 0.75"	14.04m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
5	Melo, Manny	FR-1	Central Washington	45' 5.25"	13.85m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
6	Hely, Jake	SO-2	Western Oregon	45' 1.5"	13.75m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
7	Franklin, Zach	FR-1	Western Oregon	44' 1.5"	13.45m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
8	Cho, James	JR-3	Central Washington	43' 10"	13.36m	WSU Open I	01/14/11	01/16/11	
9	Satterwhite, Tim	SR-4	Western Washington	43' 1.75"	13.15m	UW Indoor Open	02/13/11	02/14/11	
10	Greene, Tim	SR-4	Northwest Nazarene	40' 5.5"	12.33m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
11	Tran, Daniel	FR-1	Western Washington	40' 4"	12.29m	UW Indoor Open	02/13/11	02/14/11	
12	Stein, Shae	FR-1	MSU-Billings	40' 1.25"	12.22m	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11	
13	Koreyasu, Evan	JR-3	Western Washington	39' 6.5"	12.05m	UW Indoor Open	02/13/11	02/14/11	
14	Steingruber, Brock	FR-1	MSU-Billings	38' 11"	11.86m	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11	

Triple Jump (Women)

		NCAA DII Auto 12.15m		NCAA DII Prov 11.50m		GNAC Auto 11.15m		GNAC Prov 10.07m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Lotze, Katharine	SO-2	Central Washington	38' 5"	11.71m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
2	Potter, Ashley	JR-3	Western Oregon	38' 3.25"	11.66m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
3	Jewett, Jasmyn	SO-2	Northwest Nazarene	37' 3.25"	11.36m	Boise State Team Challenge	02/11/11	02/13/11	
4	Nye, Athena	SO-2	Seattle Pacific	36' 3.5"	11.06m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
5	Reid, Molly	JR-3	Northwest Nazarene	35' 11.5"	10.96m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
6	Bekkedahl, Maycee	SR-4	Northwest Nazarene	35' 10.75"	10.94m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
7	Sackeyfio, Julianna	SO-2	St. Martin's	35' 8"	10.87m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
8	Miranda, Trinna	SO-2	Seattle Pacific	35' 7.25"	10.85m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
9	Berry, Leah	FR-1	MSU-Billings	35' 6.75"	10.84m	Montana State Open	01/21/11	01/22/11	
10	Larlee, Annie	SR-4	Northwest Nazarene	35' 6.5"	10.83m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10	
11	Nobbs, Natalie	Junior	Seattle Pacific	35' 1.25"	10.70m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
12	Holton, Brooklyn	SO-2	Western Washington	34' 2"	10.41m	UW Indoor Open	02/13/11	02/14/11	
13	McCarthy, Alexis	FR-1	MSU-Billings	33' 6"	10.21m	Black Hills St. Winter Classic	12/09/10	12/11/10	
13	Reff, Callie	SO-2	Western Washington	33' 6"	10.21m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
15	Weiks, Kaila	SO-2	St. Martin's	32' 10.5"	10.02m	UW Indoor Open	02/13/11	02/14/11	

Shot Put (Men)

		NCAA DII Auto 17.93m		NCAA DII Prov 15.90m		GNAC Auto 14.40m		GNAC Prov 13.52m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Slowey, Jason	SR-4	Western Oregon	52' 8"	16.05m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
2	Elder, Ben	SR-4	Western Washington	51' 10"	15.80m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11	
3	Miller, Grant	SR-4	Northwest Nazarene	50' 11.5"	15.53m	Boise State Team Challenge	02/11/11	02/13/11	
4	Fenters, Jordan	SR-4	Northwest Nazarene	49' 9.75"	15.18m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	

5	Gilbert, Jacob	SO-2	Western Washington	49' 8.5"	15.15m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
6	Rottrup, Tanner	SO-2	MSU-Billings	49' 3"	15.01m	Mountain States Games	01/28/11	01/31/11
7	Jensen, Mike	SO-2	Central Washington	49' 2.25"	14.99m	Pilot Indoor	02/05/11	02/07/11
8	Westlin, Nelson	SO-2	Western Washington	48' 9"	14.86m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
9	Potes, Jesse	SO-2	Central Washington	47' 11.75"	14.62m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
10	Hoffman, Michael	SR-4	Western Washington	47' 8.5"	14.54m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
11	Ramirez, Daniel	FR-1	Central Washington	43' 9.25"	13.34m	Pilot Indoor	02/05/11	02/07/11
12	Harrison, Alex	SR-4	Western Washington	43' 7.75"	13.30m	UW Indoor Preview	01/15/11	01/16/11
12	Schryvers, Matt	SR-4	Western Oregon	43' 7.75"	13.30m	Pilot Indoor	02/05/11	02/07/11
14	Jensen, Bryce	Junior	MSU-Billings	43' 7.25"	13.29m	Mountain States Games	01/28/11	01/31/11
15	Estrada, Diego	SR-4	Northwest Nazarene	43' 7"	13.28m	2011 Jackson's Invitational	01/28/11	01/30/11
16	Swan, Jake	FR-1	MSU-Billings	43' 3.25"	13.19m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11
17	Nichols, Tyler	JR-3	Western Washington	42' 1.5"	12.84m	UW Indoor Preview	01/15/11	01/16/11
18	Korb, Jesse	FR-1	Northwest Nazarene	41' 10"	12.75m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
19	Sheriff, Tommy	SO-2	Central Washington	41' 6.5"	12.66m	Pilot Indoor	02/05/11	02/07/11
20	Loscutoff, Andy	SR-4	Western Oregon	40' 1.5"	12.23m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
21	Knight, Andrew	SO-2	Western Washington	40' 0.5"	12.20m	UW Indoor Open	02/13/11	02/14/11
22	Cruise, Greg	FR-1	Western Oregon	39' 5.25"	12.02m	Pilot Indoor	02/05/11	02/07/11
23	White, Reid	FR-1	Northwest Nazarene	39' 4"	11.99m	2011 Jackson's Invitational	01/28/11	01/30/11
24	Rima, Kevin	FR-1	Northwest Nazarene	38' 0"	11.58m	2011 Bronco Invitational	01/22/11	01/23/11
25	Wade, Mark	JR-3	Northwest Nazarene	37' 11.25"	11.56m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
26	Kilgore, Greyson	FR-1	Northwest Nazarene	37' 8.5"	11.49m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
27	Beaty, Bryan	FR-1	Northwest Nazarene	37' 1.25"	11.31m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
28	Michaelson, Bryant	SR-4	Western Washington	35' 8.75"	10.89m	UW Indoor Open	02/13/11	02/14/11
29	Johnson, Nate	SO-2	Seattle Pacific	35' 6.75"	10.84m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
30	Galahan, Drew	FR-1	MSU-Billings	35' 5.75"	10.81m	Black Hills St. Winter Classic	12/09/10	12/11/10
31	Boone, Dylan	FR-1	St. Martin's	35' 4"	10.77m	UW Indoor Preview	01/15/11	01/16/11
32	Heidegger, Ben	JR-3	Northwest Nazarene	35' 2"	10.72m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10
33	Venema, Andrew	FR-1	Central Washington	34' 10.5"	10.63m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
34	Greene, Tim	SR-4	Northwest Nazarene	33' 10"	10.31m	2011 Bronco Open	02/05/11	02/06/11
35	Montgomery, Stuart	SR-4	Northwest Nazarene	32' 5.5"	9.89m	2011 Bronco Open	02/05/11	02/06/11
36	Rodewig, Brandon	SO-2	Central Washington	32' 2.25"	9.81m	2011 Bronco Open	02/05/11	02/06/11
37	Hunter, Scott	FR-1	Central Washington	29' 4.75"	8.96m	2011 Bronco Open	02/05/11	02/06/11
38	Holland, Michael	FR-1	St. Martin's	25' 4.5"	7.73m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
39	Steiglitz, Tim	SO-2	Northwest Nazarene	25' 2"	7.67m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
40	Stralser, Michael	FR-1	Western Washington	24' 5.75"	7.46m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11
41	Steingruber, Brock	FR-1	MSU-Billings	23' 11"	7.29m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11

Shot Put (Women)

		NCAA DII Auto 14.82m		NCAA DII Prov 13.40m		GNAC Auto 11.89m		GNAC Prov 11.02m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Self, Torrie	SR-4	Central Washington	45' 10"	13.97m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
2	Warrington, Joy	JR-3	Northwest Nazarene	44' 10.75"	13.68m	2011 Jackson's Invitational	01/28/11	01/30/11	
3	Afoa, Shaina	FR-1	Central Washington	44' 0.75"	13.43m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
4	Knispel, Anica	FR-1	MSU-Billings	42' 3.5"	12.89m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11	
5	Stueckle, Jordan	SR-4	Central Washington	42' 0.5"	12.81m	Pilot Indoor	02/05/11	02/07/11	
6	Kujala, Morgan	FR-1	MSU-Billings	41' 3.75"	12.59m	Mountain States Games	01/28/11	01/31/11	
7	Baumstark, Kaylee	Central Washington	40' 11.5"	12.48m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
8	Shute, Shayna	SR-4	Northwest Nazarene	40' 7.5"	12.38m	Boise State Team Challenge	02/11/11	02/13/11	
9	Richardson, Jade	FR-1	Simon Fraser	39' 1"	11.91m	UW Indoor Open	02/13/11	02/14/11	
10	Berg, Brook	SO-2	MSU-Billings	39' 0.5"	11.90m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
11	Dzhidzhishvili, Alla	FR-1	Northwest Nazarene	38' 3.25"	11.66m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
12	Thatcher, Elizabeth	FR-1	St. Martin's	38' 0.25"	11.59m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
13	Grandke-Bawab, Sabrina	FR-1	MSU-Billings	38' 0"	11.58m	Mountain States Games	01/28/11	01/31/11	
14	Clarke, Brianna	Seattle Pacific	36' 9"	11.20m	UW Indoor Open	02/13/11	02/14/11		
15	Halvorson, Alexi	SR-4	MSU-Billings	36' 4.25"	11.08m	Black Hills St. Winter Classic	12/09/10	12/11/10	
16	Smith, Marie	SR-4	Northwest Nazarene	36' 0.75"	10.99m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
17	Schranner, Shawnie	FR-1	MSU-Billings	35' 7.75"	10.86m	Mountain States Games	01/28/11	01/31/11	
18	Sims, Crystal	SR-4	Seattle Pacific	34' 10.25"	10.62m	UW Invitational	01/28/11	01/30/11	
19	Gross, Katy	Seattle Pacific	34' 4.25"	10.47m	UW Invitational	01/28/11	01/30/11		
20	Vanderloos, Kacie	SR-4	MSU-Billings	34' 2.25"	10.42m	Mountain States Games	01/28/11	01/31/11	
21	Pike, Jennifer	Senior	Seattle Pacific	33' 9.5"	10.30m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
22	Korn, Jacque	FR-1	Central Washington	33' 4.75"	10.18m	UW Indoor Open	02/13/11	02/14/11	
23	Barnett, Rachelle	SR-4	Simon Fraser	33' 4"	10.16m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
24	Inion, Cady	SO-2	MSU-Billings	33' 2"	10.11m	Black Hills St. Winter Classic	12/09/10	12/11/10	
25	Roe, Maggie	FR-1	Western Washington	32' 11.75"	10.05m	UW Indoor Preview	01/15/11	01/16/11	
26	Snell, Amanda	FR-1	MSU-Billings	32' 8.5"	9.97m	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11	
27	Kittelmann, Jamilea	FR-1	MSU-Billings	31' 5.75"	9.59m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11	
28	Black, Ayesha	FR-1	Western Oregon	30' 8.5"	9.36m	Pilot Indoor	02/05/11	02/07/11	
29	Bennett, Jill	JR-3	Northwest Nazarene	29' 9.5"	9.08m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
30	Berg, Siri	JR-3	Central Washington	29' 8.25"	9.05m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
31	Holton, Brooklyn	SO-2	Western Washington	29' 8"	9.04m	UW Invitational	01/28/11	01/30/11	
32	Tua, Telissa	SO-2	St. Martin's	29' 4.5"	8.95m	UW Indoor Open	02/13/11	02/14/11	
33	Davis, Melanie	FR-1	Central Washington	29' 3.75"	8.93m	2011 Bronco Open	02/05/11	02/06/11	
34	Pridgen, Laura	SO-2	Northwest Nazarene	29' 1.75"	8.88m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
35	Padrino, Jessica	SO-2	Simon Fraser	27' 7.5"	8.42m	UW Invitational	01/28/11	01/30/11	
36	Nobbs, Natalie	Junior	Seattle Pacific	26' 4.25"	8.03m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
37	Mosher, Ali	JR-3	Western Oregon	24' 7.25"	7.50m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
38	Overdick, Amanda	SO-2	Western Washington	24' 0.75"	7.33m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
39	Smith, Marie	FR-1	Northwest Nazarene	23' 5.5"	7.15m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10	

Weight Throw (Men)

		NCAA DII Auto 19.77m		NCAA DII Prov 17.50m		GNAC Auto 15.04m		GNAC Prov 12.41m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE	SUBMITTED
1	Miller, Grant	SR-4	Northwest Nazarene	58' 8"	17.88m	2011 Jackson's Invitational	01/28/11	01/30/11	
2	Hoffman, Michael	SR-4	Western Washington	57' 2"	17.42m	UW Invitational	01/28/11	01/30/11	
3	Schryvers, Matt	SR-4	Western Oregon	56' 7.25"	17.25m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
4	Slowey, Jason	SR-4	Western Oregon	54' 1"	16.48m	Pilot Indoor	02/05/11	02/07/11	
5	Fenters, Jordan	SR-4	Northwest Nazarene	52' 4.75"	15.97m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
6	Jensen, Mike	SO-2	Central Washington	51' 3.5"	15.63m	Pilot Indoor	02/05/11	02/07/11	
7	Michaelson, Bryant	SR-4	Western Washington	49' 1.5"	14.97m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
8	Elder, Ben	SR-4	Western Washington	48' 11.5"	14.92m	UW Husky Classic	02/11/11	02/13/11	
9	Martin, Billy	SO-2	Seattle Pacific	48' 7.5"	14.82m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
10	Ramirez, Daniel	FR-1	Central Washington	47' 4.25"	14.43m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
11	Sheriff, Tommy	SO-2	Central Washington	47' 3.75"	14.42m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
12	Williams, Elmer	SO-2	Northwest Nazarene	46' 4"	14.12m	2011 Jackson's Invitational	01/28/11	01/30/11	
13	Potes, Jesse	SO-2	Central Washington	45' 11.25"	14.00m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
14	Korb, Jesse	FR-1	Northwest Nazarene	45' 9.75"	13.96m	2010 Boise Sate Jackson's Open	12/03/10	12/05/10	
15	Nichols, Tyler	JR-3	Western Washington	45' 3.75"	13.81m	Seattle Pacific Last Chance Meet	02/26/11	02/27/11	
16	Estrada, Diego	SR-4	Northwest Nazarene	43' 10"	13.36m	2011 Bronco Invitational	01/22/11	01/23/11	
17	Gilbert, Jacob	SO-2	Western Washington	41' 7"	12.67m	UW Indoor Open	02/13/11	02/14/11	
18	Reavis, Kody	JR-3	Western Oregon	41' 1.5"	12.53m	UW Indoor Preview	01/15/11	01/16/11	
19	Mayberry, Colby	JR-3	Western Washington	40' 4.75"	12.31m	UW Indoor Open	02/13/11	02/14/11	
20	Grady, Travis	FR-1	St. Martin's	39' 11.25"	12.17m	UW Indoor Open	02/13/11	02/14/11	

21	White, Reid	FR-1	Northwest Nazarene	39' 4"	11.99m	Boise State Team Challenge	02/11/11	02/13/11
22	Knight, Andrew	SO-2	Western Washington	37' 5"	11.40m	UW Indoor Open	02/13/11	02/14/11
23	Cruise, Greg	FR-1	Western Oregon	36' 10.5"	11.24m	Pilot Indoor	02/05/11	02/07/11
24	Roberts, Cory	FR-1	St. Martin's	35' 10.5"	10.93m	UW Indoor Open	02/13/11	02/14/11
25	Jensen, Bryce	Junior	MSU-Billings	32' 8.25"	9.96m	Black Hills St. Winter Classic	12/09/10	12/11/10

Weight Throw (Women)

		NCAA DII Auto 18.43m		NCAA DII Prov 16.10m		GNAC Auto 13.24m		GNAC Prov 12.25m	
RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED	
1	Seif, Torrie	SR-4	Central Washington	54' 3.75"	16.55m	Pilot Indoor	02/05/11	02/07/11	
2	Stueckle, Jordan	SR-4	Central Washington	51' 3"	15.62m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
3	Knispel, Anica	FR-1	MSU-Billings	50' 1.25"	15.27m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
4	Shute, Shayna	SR-4	Northwest Nazarene	49' 11.25"	15.22m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
5	Warrington, Joy	JR-3	Northwest Nazarene	48' 7.5"	14.82m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
6	Baumstark, Kaylee		Central Washington	48' 2.75"	14.70m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
7	Wells, Lindsay	FR-1	Western Washington	48' 1.25"	14.66m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
8	Dranginis, Carly	SO-2	Northwest Nazarene	46' 6.25"	14.18m	2011 Bronco Open	02/05/11	02/06/11	
9	Hedrick, Alicia	SO-2	Northwest Nazarene	45' 11.75"	14.01m	GNAC Indoor Track & Field Championships	02/18/11	02/21/11	
10	Halvorson, Alexi	SR-4	MSU-Billings	44' 11.5"	13.70m	2011 Yellow Jacket Indoor Open	01/15/11	01/16/11	
11	Afoa, Shaina	FR-1	Central Washington	44' 6.25"	13.57m	Pilot Indoor	02/05/11	02/07/11	
12	Kittelmann, Jamilea	FR-1	MSU-Billings	42' 1.25"	12.83m	BHSU Rock N' Jock Invitational	02/10/11	02/11/11	
13	Schranner, Shawnie	FR-1	MSU-Billings	38' 5"	11.71m	Mountain States Games	01/28/11	01/31/11	
14	Korn, Jacque	FR-1	Central Washington	38' 2.25"	11.64m	UW Indoor Open	02/13/11	02/14/11	
15	Smith, Marie	SR-4	Northwest Nazarene	36' 6.75"	11.14m	2011 Jackson's Invitational	01/28/11	01/30/11	
16	Black, Ayesha	FR-1	Western Oregon	35' 8.75"	10.89m	UW Indoor Open	02/13/11	02/14/11	
17	Clarke, Brianna		Seattle Pacific	34' 8.25"	10.57m	UW Indoor Open	02/13/11	02/14/11	
18	Roe, Maggie	FR-1	Western Washington	29' 5.25"	8.97m	UW Indoor Open	02/13/11	02/14/11	
19	Vanderfoos, Kacie	SR-4	MSU-Billings	27' 0"	8.23m	Black Hills St. Winter Classic	12/09/10	12/11/10	

Heptathlon (Men)

		NCAA DII Auto 5192		NCAA DII Prov 4600		GNAC Auto 1		GNAC Prov 1	
RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED		
1	Johnson, Nate	SO-2	Seattle Pacific	4576	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
2	Loscutoff, Andy	SR-4	Western Oregon	4116	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
3	Venema, Andrew	FR-1	Central Washington	4047	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
4	Beaty, Bryan	FR-1	Northwest Nazarene	3927	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Kilgore, Greyson	FR-1	Northwest Nazarene	3904	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
6	Steingruber, Brock	FR-1	MSU-Billings	3832	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
7	Heidegger, Ben	JR-3	Northwest Nazarene	3680	2010 Boise Sate Jackson's Open	12/03/10	12/05/10		
8	Montgomery, Stuart	SR-4	Northwest Nazarene	3564	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
9	Holland, Michael	FR-1	St. Martin's	3449	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	Greene, Tim	SR-4	Northwest Nazarene	3437	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
11	Steigltz, Tim	SO-2	Northwest Nazarene	3128	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
12	Stralser, Michael	FR-1	Western Washington	2980	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
13	Wade, Mark	JR-3	Northwest Nazarene	2638	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		

Indoor Pentathlon (Women)

		NCAA DII Auto 3811		NCAA DII Prov 3300		GNAC Auto 1		GNAC Prov 1	
RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED		
1	Sims, Crystal	SR-4	Seattle Pacific	3364	UW Invitational	01/28/11	01/30/11		
2	Gross, Katy		Seattle Pacific	3297	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
3	Pike, Jennifer	Senior	Seattle Pacific	3288	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
4	Barnett, Rachelle	SR-4	Simon Fraser	3235	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
5	Bennett, Jill	JR-3	Northwest Nazarene	3044	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
6	Smith, Marie	FR-1	Northwest Nazarene	2934	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
7	Holton, Brooklyn	SO-2	Western Washington	2878	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
8	Mosher, Ali	JR-3	Western Oregon	2856	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
9	Nobbs, Natalie	Junior	Seattle Pacific	2851	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
10	Pridgen, Laura	SO-2	Northwest Nazarene	2757	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
11	Berg, Siri	JR-3	Central Washington	2615	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
12	Overdick, Amanda	SO-2	Western Washington	2578	GNAC Indoor Track & Field Championships	02/18/11	02/21/11		
13	Padrihao, Jessica	SO-2	Simon Fraser	2492	UW Invitational	01/28/11	01/30/11		