

# GNAC PERFORMANCES AT NATIONAL MEETS

## TEAM SCORES

Team	O-Men	I-Men	O-Women	I-Women
<b>Alaska Anchorage</b>				
2006			33 <sup>rd</sup> , 6	
2007			40 <sup>th</sup> , 5	
2008	19 <sup>th</sup> , 11		55 <sup>th</sup> , 2	
2009	14 <sup>th</sup> , 19			
2010	14 <sup>th</sup> , 17			
2011	19 <sup>th</sup> , 14		55 <sup>th</sup> , 2	
<b>Central Washington</b>				
2001	48 <sup>th</sup> , 2		36 <sup>th</sup> , 7	
2002			49 <sup>th</sup> , 1	
2004	49 <sup>th</sup> , 3		51 <sup>st</sup> , 2	26 <sup>th</sup> , 6
2005	25 <sup>th</sup> , 8			29 <sup>th</sup> , 5
2006	27 <sup>th</sup> , 10	24 <sup>th</sup> , 6	26 <sup>th</sup> , 8	
2007	52 <sup>nd</sup> , 1	29 <sup>th</sup> , 4	30 <sup>th</sup> , 9	
2008	42 <sup>nd</sup> , 4			
2009				16 <sup>th</sup> , 10
2010	57 <sup>th</sup> , 1			
2011			59 <sup>th</sup> , 1 ½	40 <sup>th</sup> , 3
<b>Humboldt State</b>				
2002	44 <sup>th</sup> , 3		40 <sup>th</sup> , 5	
2006	50 <sup>th</sup> , 1		54 <sup>th</sup> , 2	
<b>Montana St. Billings</b>				
None				
<b>Northwest Nazarene</b>				
2001 (NAIA)			NA, 1	
2002 (NAIA)	39 <sup>th</sup> , 8			
2006				44 <sup>th</sup> , ½
2007			51 <sup>st</sup> , 3	
2008			22 <sup>nd</sup> , 12	37 <sup>th</sup> , 1
2009	16 <sup>th</sup> , 14		24 <sup>th</sup> , 11	13 <sup>th</sup> , 11
<b>Saint Martin's</b>				
2005	50 <sup>th</sup> , 1	38 <sup>th</sup> , 1		
2006		24 <sup>th</sup> , 6		
2008	52 <sup>nd</sup> , 2			
<b>Seattle Pacific</b>				
2001			9 <sup>th</sup> , 27	
2002	51 <sup>st</sup> , 1		19 <sup>th</sup> , 17	37 <sup>th</sup> , 1
2003			16 <sup>th</sup> , 14	17 <sup>th</sup> , 9 ½
2004	32 <sup>nd</sup> , 6		32 <sup>nd</sup> , 8	
2005	15 <sup>th</sup> , 15		13 <sup>th</sup> , 20	8 <sup>th</sup> , 25
2006	27 <sup>th</sup> , 10		26 <sup>th</sup> , 8	38 <sup>th</sup> , 3
2007		40 <sup>th</sup> , 1	7 <sup>th</sup> , 32	7 <sup>th</sup> , 20
2008			11 <sup>th</sup> , 22	9 <sup>th</sup> , 33
2009			11 <sup>th</sup> , 20	6 <sup>th</sup> , 35
2010			17 <sup>th</sup> , 16	7 <sup>th</sup> , 26
2011			15 <sup>th</sup> , 17	
<b>Seattle</b>				
2004			35 <sup>th</sup> , 5	
2005			49 <sup>th</sup> , 3	
<b>Simon Fraser</b>				
2011 (NAIA)	28 <sup>th</sup> , 10	51 <sup>st</sup> , 1	4 <sup>th</sup> , 59	2 <sup>nd</sup> , 58
<b>Western Oregon</b>				
2001	52 <sup>nd</sup> , 1		30 <sup>th</sup> , 9	
2002	44 <sup>th</sup> , 3	38 <sup>th</sup> , 1	34 <sup>th</sup> , 6	
2003	22 <sup>nd</sup> , 10		12 <sup>th</sup> , 15	
2004	29 <sup>th</sup> , 8		40 <sup>th</sup> , 4	17 <sup>th</sup> , 8
2005			27 <sup>th</sup> , 11	
2006			38 <sup>th</sup> , 5	
2007	42 <sup>nd</sup> , 4			
2008			49 <sup>th</sup> , 3	
2009			41 <sup>st</sup> , 4	
2010			35 <sup>th</sup> , 7	
2011	58 <sup>th</sup> , 1	38 <sup>th</sup> , 3	60 <sup>th</sup> , 1	
<b>Western Washington</b>				
2002			45 <sup>th</sup> , 4	
2003			33 <sup>rd</sup> , 8	
2004			60 <sup>th</sup> , ½	32 <sup>nd</sup> , 4
2006		32 <sup>nd</sup> , 3	49 <sup>th</sup> , 3	
2007	37 <sup>th</sup> , 5	17 <sup>th</sup> , 8	24 <sup>th</sup> , 10	
2008	47 <sup>th</sup> , 3		21 <sup>st</sup> , 13	
2009		28 <sup>th</sup> , 4	17 <sup>th</sup> , 14	9 <sup>th</sup> , 20
2010	18 <sup>th</sup> , 14	14 <sup>th</sup> , 10	18 <sup>th</sup> , 14	14 <sup>th</sup> , 12
2011	28 <sup>th</sup> , 10	21 <sup>st</sup> , 12	6 <sup>th</sup> , 29 ½	31 <sup>st</sup> , 6

## NCAA OUTDOOR ALL-AMERICANS

Men	Year	Event	Place
David Registe, UAA	2008	Long Jump	1 <sup>st</sup> , 24-8 ½
Ryan Brown, WWU	2010	Pole Vault	1 <sup>st</sup> , 17-8 ½
Ryan Brown, WWU	2011	Pole Vault	1 <sup>st</sup> , 17-1 ¾
Pro Escobedo, WOU	2003	Hammer	1 <sup>st</sup> , 206-4
Chris Randolph, SPU	2005	Decathlon	1 <sup>st</sup> , 7309
Chris Randolph, SPU	2006	Decathlon	1 <sup>st</sup> , 7872
David Registe, UAA	2009	Long Jump	2 <sup>nd</sup> , 25-11 ½
Demetrius Preston, UAA	2010	Long Jump	2 <sup>nd</sup> , 25-3 ¼
Isaiah Haines, WOU	2004	Discus	2 <sup>nd</sup> , 173-11
Josh Heidegger, NNU	2009	Javelin	2 <sup>nd</sup> , 223-2
Alfred Kangogo, UAA	2011	1500	3 <sup>rd</sup> , 3:57.25
Dallas Beaty, NNU	2009	400 Hurdles	3 <sup>rd</sup> , 52.05
Cameron Neel, CWU	2006	Discus	3 <sup>rd</sup> , 175-5
Chris Randolph, SPU	2004	Decathlon	3 <sup>rd</sup> , 7030
Paul Mach, SPU	2005	800	4 <sup>th</sup> , 1:51.70
Anthony Tomsich, WWU	2007	1500	4 <sup>th</sup> , 3:48.72
Marko Cheseto, UAA	2009	5,000	4 <sup>th</sup> , 14:25.82
David Registe, UAA	2011	Long Jump	4 <sup>th</sup> , 24-11 ¼
Cameron Neel, CWU	2005	Shot Put	4 <sup>th</sup> , 57-10 ¼
Zeb Udell, WOU	2007	Pole Vault	5 <sup>th</sup> , 16-2 ¾
Alex Harrison, WWU	2010	Javelin	5 <sup>th</sup> , 200-9
Cameron Neel, CWU	2006	Shot Put	5 <sup>th</sup> , 56-4
Tytler Fischer, CWU	2008	Discus	5 <sup>th</sup> , 173-10
Mike Pankiewicz, CWU	2005	800	6 <sup>th</sup> , 1:52.36
Keith Lemay, WWU	2008	800	6 <sup>th</sup> , 1:51.62
Jason Walker, HSU	2002	Steeplechase	6 <sup>th</sup> , 9:33.78
Micah Chelimo, UAA	2011	Steeplechase	6 <sup>th</sup> , 8:56.74
Marko Cheseto, UAA	2010	5,000	6 <sup>th</sup> , 14:15.12

Marko Cheseto, UAA	2010	10,000	6 <sup>th</sup> , 30:36.40
Shaun Ward, UAA	2009	400 Hurdles	6 <sup>th</sup> , 52.87
Erik Lanigan, CWU	2001	High Jump	6 <sup>th</sup> , 6-8 ¼
Jamil Wynn, WOU	2002	Long Jump	6 <sup>th</sup> , 25-2 ¾
Justin Lawrence, CWU	2004	Triple Jump	6 <sup>th</sup> , 49-9 ¾
Micah Chelimo, UAA	2010	Steeplechase	7 <sup>th</sup> , 8:59.23
Marko Cheseto, UAA	2009	10,000	7 <sup>th</sup> , 30:28.81
Sam Washington, SMU	2008	Shot Put	7 <sup>th</sup> , 54-10
Mike Hinshaw, WOU	2001	100	8 <sup>th</sup> , 10.50
Cory Pena, UAA	2009	800	8 <sup>th</sup> , 1:52.26
Nathanael Castle, SPU	2002	1500	8 <sup>th</sup> , 3:53.82
Nathan Carlson, SMU	2005	1500	8 <sup>th</sup> , 3:50.18
Alfred Kangogo, UAA	2010	1500	8 <sup>th</sup> , 3:49.65
Jasper Peach, HSU	2006	Steeplechase	8 <sup>th</sup> , 9:27.45
David Kiplagat, UAA	2008	Steeplechase	8 <sup>th</sup> , 9:14.79
Evan Ruud, CWU	2007	Hammer	8 <sup>th</sup> , 185-0
Tyler Fischer, CWU	2010	Hammer	8 <sup>th</sup> , 193-2
Will Crook, WOU	2011	Javelin	8 <sup>th</sup> , 196-3

**MOST ALL-AMERICANS:** 4 – Marko Cheseto, UAA. 3 – Chris Randolph, SPU; Cameron Neel, CWU; David Registe, UAA.

#### Women

Year	Event	Place
Ashley Puga, NNU	2009 800	1 <sup>st</sup> , 2:07.24
Jessica Pixler, SPU	2007 1500	1 <sup>st</sup> , 4:22.23
Jessica Pixler, SPU	2009 1500	1 <sup>st</sup> , 4:16.75
Jessica Pixler, SPU	2010 1500	1 <sup>st</sup> , 4:15.43
Sarah Porter, WWU	2011 10,000	1 <sup>st</sup> , 33:17.39
Teona Perkins, SPU	2007 High Jump	1 <sup>st</sup> , 5-10
Monika Gruszecki, WWU	2007 Javelin	1 <sup>st</sup> , 145-8
Monika Gruszecki, WWU	2011 Javelin	1 <sup>st</sup> , 163-6
Jessica Pixler, SPU	2007 800	2 <sup>nd</sup> , 2:07.90
Jane Larson, SPU	2008 3000	2 <sup>nd</sup> , 9:41.20
Sarah Porter, WWU	2011 5000	2 <sup>nd</sup> , 16:23.08
Sarah Porter, WWU	2010 10,000	2 <sup>nd</sup> , 34:49.60
Holly Conrad, WOU	2001 Javelin	2 <sup>nd</sup> , 151-5
Stephanie Huffman, SPU	2002 Javelin	2 <sup>nd</sup> , 149-9
Katie McMeel, CWU	2006 Javelin	2 <sup>nd</sup> , 160-4
Monika Gruszecki, WWU	2008 Javelin	2 <sup>nd</sup> , 152-3
Brittany Aanstad, SPU	2011 Javelin	2 <sup>nd</sup> , 151-1
Danielle Ayers-Stamper, SPU	2003 Heptathlon	2 <sup>nd</sup> , 5120
Danielle Ayers-Stamper, SPU	2005 Heptathlon	2 <sup>nd</sup> , 5606
Sarah Kraybill, SPU	2003 800	3 <sup>rd</sup> , 2:08.41
Ashley Puga, NNU	2008 800	3 <sup>rd</sup> , 2:10.23
Ashley Puga, NNU	2008 1500	3 <sup>rd</sup> , 4:30.07
Ashlee Vincent, WWU	2003 5000	3 <sup>rd</sup> , 16:59.08
Sarah Porter, WWU	2010 5000	3 <sup>rd</sup> , 16:23.52
Stephanie Huffman, SPU	2001 Javelin	3 <sup>rd</sup> , 149-10
Lauren VerMulm, SPU	2008 Javelin	3 <sup>rd</sup> , 150-4
Jeeni Schantin, SPU	2009 Javelin	3 <sup>rd</sup> , 153-11
Carly Andrews, SPU	2011 Javelin	3 <sup>rd</sup> , 144-9
Jennifer Dunkin, WOU	2003 Hammer	3 <sup>rd</sup> , 184-3
Stephanie Huffman, SPU	2002 Heptathlon	3 <sup>rd</sup> , 5389
Mary Pearce, UAA	2007 400	4 <sup>th</sup> , 53.56
Rachel Ross, SPU	2001 1500	4 <sup>th</sup> , 4:35.91
Sarah Forrey, CWU	2001 3000	4 <sup>th</sup> , 10:02.14
Katie Hummel, CWU	2007 3000	4 <sup>th</sup> , 9:56.24
Kelly Fullerton, SU	2004 Steeplechase	4 <sup>th</sup> , 10:45.35
Monica Smith, WOU	2005 100 Hurdles	4 <sup>th</sup> , 14.34
Heidi Dimmitt, WWU	2008 400 Hurdles	4 <sup>th</sup> , 1:00.52
Monica Smith, WOU	2003 High Jump	4 <sup>th</sup> , 5-7
Katie Droz, HSU	2001 Javelin	4 <sup>th</sup> , 146-5

Lauren VerMulm, SPU	2005 Javelin	4 <sup>th</sup> , 144-10
Jeeni Schantin, SPU	2008 Javelin	4 <sup>th</sup> , 145-9
Brittany Aanstad, SPU	2010 Javelin	4 <sup>th</sup> , 145-8
Stephanie Huffman, SPU	2001 Heptathlon	4 <sup>th</sup> , 4898
Danielle Ayers-Stamper, SPU	2004 Heptathlon	4 <sup>th</sup> , 4955
Bridget Johnson, WOU	2006 Heptathlon	4 <sup>th</sup> , 5080
Mary Pearce, UAA	2006 400	5 <sup>th</sup> , 54.20
Ellie Siler, WWU	2009 400	5 <sup>th</sup> , 55.46
Rachel Ross, SPU	2001 800	5 <sup>th</sup> , 2:13.90
Annan Applebee, WOU	2009 800	5 <sup>th</sup> , 2:13.01
Jane Larson, SPU	2009 1500	5 <sup>th</sup> , 4:32.45
Sarah Porter, WWU	2009 10,000	5 <sup>th</sup> , 36:02.72
Heidi Dimmitt, WWU	2009 400 Hurdles	5 <sup>th</sup> , 1:00.83
Allyson Studer, SPU	2001 Pole Vault	5 <sup>th</sup> , 11-9 ¾
Danielle Juarez, WWU	2002 Pole Vault	5 <sup>th</sup> , 11-10
Amy Harris, SPU	2005 Pole Vault	5 <sup>th</sup> , 12-2
Stacy Hopkins, WWU	2003 Javelin	5 <sup>th</sup> , 146-7
Lauren VerMulm, SPU	2006 Javelin	5 <sup>th</sup> , 153-2
Brittany Bekins, SPU	2007 Javelin	5 <sup>th</sup> , 138-1
Carolanne Powers, WOU	2010 Javelin	5 <sup>th</sup> , 144-9
Kristin Hepler, WOU	2003 Hammer	5 <sup>th</sup> , 177-0
Jaci Cederberg, WOU	2004 Hammer	5 <sup>th</sup> , 176-6
Ashley Puga, NNU	2006 800	6 <sup>th</sup> , 4:32.22
Karen Summers, SPU	2001 400 Hurdles	6 <sup>th</sup> , 1:01.40
Kelly Fullerton, SU	2005 Steeplechase	6 <sup>th</sup> , 10:53.07
Jessica Harper, WOU	2008 Steeplechase	6 <sup>th</sup> , 10:44.22
Monica Smith, WOU	2005 High Jump	6 <sup>th</sup> , 5-8 ½
Clara Cook, WWU	2006 High Jump	6 <sup>th</sup> , 5-7
Holly Conrad, WOU	2002 Javelin	6 <sup>th</sup> , 136-5
Sara Johnson, SPU	2004 Javelin	6 <sup>th</sup> , 145-3
Katie McMeel, CWU	2007 Javelin	6 <sup>th</sup> , 138-1
Amanda Schumaker, WOU	2010 Javelin	6 <sup>th</sup> , 144-5
Bridget Johnson, WOU	2005 Heptathlon	6 <sup>th</sup> , 5073
Kelsey Cooley, SPU	2006 Heptathlon	6 <sup>th</sup> , 4930
Ali Worthen, SPU	2011 Heptathlon	6 <sup>th</sup> , 5044
Terran Legard, CWU	2004 400	7 <sup>th</sup> , 54.86
Amy Forrey, CWU	2001 5000	7 <sup>th</sup> , 17:17.41
Mandy Kaempf, UAA	2006 5000	7 <sup>th</sup> , 18:06.75
Sarah Porter, WWU	2009 5000	7 <sup>th</sup> , 17:02.19
Suzie Strickler, SPU	2008 Steeplechase	7 <sup>th</sup> , 10:45.54
Danielle Ayers-Stamper, SPU	2005 100 Hurdles	7 <sup>th</sup> , 14.39
Ally Studer, SPU	2002 Pole Vault	7 <sup>th</sup> , 11-10
Kati Davis, CWU	2011 Pole Vault	7 <sup>th</sup> , 12-0 ½
Karis Anderson, WWU	2011 Pole Vault	7 <sup>th</sup> , 12-0 ½
Kim Brady, UAA	2008 Triple Jump	7 <sup>th</sup> , 39-2 ¾
Jennifer Dunkin, WOU	2002 Hammer	7 <sup>th</sup> , 168-5
Audrey Oswald, HSU	2006 Hammer	7 <sup>th</sup> , 172-6
Dionna Anderson, SPU	2002 Shot Put	7 <sup>th</sup> , 46-3 ¼
Lisa Anderberg, SPU	2008 800	8 <sup>th</sup> , 2:12.65
Lisa Anderberg, SPU	2010 800	8 <sup>th</sup> , 2:10.37
Susan Bick, UAA	2011 1500	8 <sup>th</sup> , 2:17.21
Alicen Maier, CWU	2002 1500	8 <sup>th</sup> , 4:36.63
Ashley Puga, NNU	2009 1500	8 <sup>th</sup> , 4:35.45
Ruth Keino, UAA	2011 10,000	8 <sup>th</sup> , 34:30.53
Jill Salmon, WOU	2002 Steeplechase	8 <sup>th</sup> , 11:27.49
Danielle Juarez, WWU	2004 Pole Vault	8 <sup>th</sup> , 11-7 ¾
Kellie Kathman, WOU	2001 Javelin	8 <sup>th</sup> , 137-4
Amanda Schumaker, WOU	2011 Javelin	8 <sup>th</sup> , 137-10
Krissy Tandle, CWU	2007 Shot Put	8 <sup>th</sup> , 46-1 ½
Kelsey Cooley, SPU	2005 Heptathlon	8 <sup>th</sup> , 4926
Linda Blake, SPU	2008 Heptathlon	8 <sup>th</sup> , 4746

**MOST ALL-AMERICANS:** 6 – Sarah Porter, WWU. 5 – Ashley Puga, NNU. 4 – Stephanie Huffman, SPU; Danielle Ayers-Stamper, SPU; Jessica Pixler, SPU. 3 – Lauren VerMulm, SPU; Monica Smith, WOU; Monika Gruszecki, WWU.

## NCAA INDOOR ALL-AMERICANS

Men	Year	Event	Place
Ryan Brown, WWU	2010	Pole Vault	1 <sup>st</sup> , 16-11
Ryan Brown, WWU	2011	Pole Vault	1 <sup>st</sup> , 17-2 ¾
Western Washington	2007	Dist. Medley	2 <sup>nd</sup> , 9:55.00
Andy Prentice, SMU	2006	800	3 <sup>rd</sup> , 1:52.66
Cameron Neel, CWU	2006	Shot Put	3 <sup>rd</sup> , 56-1
Tyler Thornbrue, WWU	2006	Pole Vault	4 <sup>th</sup> , 15-6 ¼
Zeke Van Patten, WOU	2009	800	5 <sup>th</sup> , 1:53.71
Cameron Neel, CWU	2007	Shot Put	5 <sup>th</sup> , 55-7 ½
Western Oregon	2011	DMR	6 <sup>th</sup> , 10:06.48
Jordan Welling, WWU	2011	5000	7 <sup>th</sup> , 14:58.85
Mike Hinshaw, WOU	2002	60	8 <sup>th</sup> , 6.85
Andy Prentice, SMU	2005	800	8 <sup>th</sup> , 1:53.09
Eddie Strickler, SPU	2007	800	8 <sup>th</sup> , 1:52.52

**DMR RELAY MEMBERS: 2007** – WWU (Sam Brancheau, Adam Neff, Erik Bies, Anthony Tomsich). **2011** – WOU (Kyle Larson, Matt Kano, Connor Kasler, Chris Reed).

**MOST ALL-AMERICANS:** 2 – Cameron Neel, CWU; Andy Prentice, SMU; Ryan Brown, WWU.

Women	Year	Event	Place
Ashley Puga, NNU	2009	800	1 <sup>st</sup> , 2:07.63
Jessica Pixler, SPU	2007	Mile	1 <sup>st</sup> , 4:42.42
Jessica Pixler, SPU	2008	Mile	1 <sup>st</sup> , 4:47.79
Jessica Pixler, SPU	2009	Mile	1 <sup>st</sup> , 4:43.69
Jessica Pixler, SPU	2010	Mile	1 <sup>st</sup> , 4:46.42
Jessica Pixler, SPU	2009	5000	1 <sup>st</sup> , 16:22.64
Seattle Pacific	2010	Distance Med.	1 <sup>st</sup> , 11:29.88
Danielle Ayers-Stamper, SPU	2005	High Jump	1 <sup>st</sup> , 5-8
Emily Warman, WWU	2009	Triple Jump	1 <sup>st</sup> , 39-3
Krissy Tandle, CWU	2009	Shot Put	1 <sup>st</sup> , 48-9 ½
Jane Larson, SPU	2008	Mile	2 <sup>nd</sup> , 4:51.74
Jane Larson, SPU	2009	Mile	2 <sup>nd</sup> , 4:48.87
Karen Dickson, SPU	2005	5000	2 <sup>nd</sup> , 16:34.72
Kristin Hepler, WOU	2004	Weight Throw	2 <sup>nd</sup> , 58-2 ½
Jessica Pixler, SPU	2008	800	3 <sup>rd</sup> , 2:12.60
Alicen Maier, CWU	2003	Mile	3 <sup>rd</sup> , 4:49.85
Jane Larson, SPU	2010	Mile	3 <sup>rd</sup> , 4:50.74
Sarah Porter, WWU	2011	5000	3 <sup>rd</sup> , 16:44.04
Seattle Pacific	2008	Dist. Medley	3 <sup>rd</sup> , 11:45.88
Terran Legard, CWU	2005	400	4 <sup>th</sup> , 55.54
Sarah Kraybill, SPU	2003	800	4 <sup>th</sup> , 2:09.53
Sarah Porter, WWU	2010	5000	4 <sup>th</sup> , 17:26.05
Western Washington	2010	4x400 Relay	4 <sup>th</sup> , 3:48.67
Danielle Ayers-Stamper, SPU	2005	Long Jump	4 <sup>th</sup> , 19-5 ½
Teona Perkins, SPU	2007	High Jump	4 <sup>th</sup> , 5-8
Ali Worthen, SPU	2009	High Jump	4 <sup>th</sup> , 5-7 ¼
Ally Studer, SPU	2003	Pole Vault	4 <sup>th</sup> , 11-11 ¾
Christy Miller, WWU	2009	Pole Vault	4 <sup>th</sup> , 12-5 ½
Karin Rohde, SPU	2007	Mile	5 <sup>th</sup> , 4:54.38
Teona Golding, SPU	2008	High Jump	5 <sup>th</sup> , 5-7
Danielle Juarez, WWU	2004	Pole Vault	5 <sup>th</sup> , 12-0
Sarah Porter, WWU	2009	5000	6 <sup>th</sup> , 17:00.14

Teona Perkins, SPU	2006	High Jump	6 <sup>th</sup> , 5-7 ¾
Becca Clark, CWU	2011	Pole Vault	6 <sup>th</sup> , 11-7
Rachael Johnson, WWU	2009	800	7 <sup>th</sup> , 2:11.82
Jane Larson, SPU	2009	5000	7 <sup>th</sup> , 17:04.01
Seattle Pacific	2005	Dist. Medley	7 <sup>th</sup> , 11:47.46
Western Washington	2010	Dist. Medley	7 <sup>th</sup> , 12:02.32
Ashley Puga, NNU	2008	Mile	8 <sup>th</sup> , 4:58.09
Seattle Pacific	2007	Dist. Medley	8 <sup>th</sup> , 12:04.77
Northwest Nazarene	2009	Dist. Medley	8 <sup>th</sup> , 11:59.29
Emily Peterson, NNU	2006	High Jump	8 <sup>th</sup> , 5-5 ¼
Dionna Anderson, SPU	2002	Shot Put	8 <sup>th</sup> , 44-5 ¼

**DMR RELAY MEMBERS: 2005** – SPU (Karin Rohde, Kinyatta Leonhardt, Josie Lavin, Karen Dickson). **2007** – SPU (Karin Rohde, Jessica Hinton, Jennifer Marsh, Jessica Pixler). **2008** – SPU (Jane Larson, Melissa Peaslee, Lisa Anderberg, Karin Rohde). **2009** – NNU (Jaclyn Puga, Jamie Beaty, Elisa Decker, Ashley Puga). **2010** – SPU (Jane Larson, Jennifer Pike, Lisa Anderberg, Jessica Pixler); WWU (Courtney Olsen, Megan O'Connell, Rachael Johnson, Sarah Porter).

**4x400 RELAY MEMBERS: 2010** – WWU (Eleanor Siler, Michelle Howe, Megan O'Connell, Sarah Brownell).

**MOST ALL-AMERICANS:** 8 – Jessica Pixler, SPU. 6 – Jane Larson, SPU. 4 – Karin Rohde, SPU; Sarah Porter, WWU. 3 – Teona Perkins Golding, SPU; Ashley Puga, NNU.

## NAIA OUTDOOR ALL-AMERICANS

Men	Year	Event	Place
Ryan Brockerville, SFU	2011	Steeplechase	1 <sup>st</sup> , 8:51.78
James Thomas Jr., NNU	2002	Javelin	3 <sup>rd</sup> , 212-3
Caleb Tubei, NNU	2002	5000	7 <sup>th</sup> , 14:59.17

Women	Year	Event	Place
Helen Crofts, SFU	2011	800	1 <sup>st</sup> , 2:02.12
Jessica Smith, SFU	2011	1500	1 <sup>st</sup> , 4:24.58
Simon Fraser	2011	4x800 Relay	1 <sup>st</sup> , 8:41.76
Brianna Kane, SFU	2011	800	2 <sup>nd</sup> , 2:08.67
Simon Fraser	2011	4x400 Relay	2 <sup>nd</sup> , 3:42.05
Lindsey Butterworth, SFU	2011	1500	4 <sup>th</sup> , 4:31.46
Rachelle Barnett, SFU	2011	High Jump	4 <sup>th</sup> , 5-7
Sara Sawatzky, SFU	2011	800	6 <sup>th</sup> , 2:11.09
Liseth Lorelli-Qualls, NNU	2001	Marathon	8 <sup>th</sup> , 3:15.54

**4x400 RELAY MEMBERS: 2011** – SFU (Brianna Kane, Michaela Kane, Jessica Smith, Helen Crofts).

**4x800 RELAY MEMBERS: 2011** – SFU (Brianna Kane, Lindsey Butterworth, Helen Crofts, Jessica Smith).

**MOST ALL-AMERICANS:** 3 – Brianna Kane, SFU; Jessica Smith, SFU; Helen Crofts, SFU.

## NAIA INDOOR ALL-AMERICANS

Men	Year	Event	Place
Simon Fraser	2011	DMR	6 <sup>th</sup> , 10:02.86

**DMR RELAY MEMBERS: 2011** – SFU (Adam Reid, Brett Montrose, Travis Vugteveen, Ryan Brockerville).

Women	Year	Event	Place
Brianna Kane, SFU	2011	600	1 <sup>st</sup> , 1:32.80
Helen Crofts, SFU	2011	800	1 <sup>st</sup> , 2:04.94
Simon Fraser	2011	4x800	1 <sup>st</sup> , 8:57.35
Simon Fraser	2011	DMR	1 <sup>st</sup> , 11:44.83

Jessica Smith, SFU	2011	1000	1 <sup>st</sup> , 2:51.33
Lindsey Butterworth, SFU	2011	1000	3 <sup>rd</sup> , 2:54.17
Sarah Sawatzky, SFU	2011	800	5 <sup>th</sup> , 2:13.57

**DMR RELAY MEMBERS: 2011** – SFU (Jessica Smith, Breanne Carter, Brianna Kane, Helen Crofts).

**4x800 RELAY MEMBERS: 2011** – SFU (Brianna Kane, Olivia Brennan, Jessica Smith, Helen Crofts).

**MOST ALL-AMERICANS: 3** – Brianna Kane, SFU; Jessica Smith, SFU; Helen Crofts, SFU.

## YEARLY NCAA NATIONAL OUTDOOR RESULTS

### 2001 (May 24-26 at San Angelo, TX)

**MEN: Team Scores** – 1. St. Augustine's 80, 2. Abilene Christian 59, 3. UC Davis 51 ½, 4. Central Missouri 42, 5. Angelo State 40, 48. Central Washington 2, 52. Western Oregon 1. **Thursday:** 100 - Mike Hinshaw, WOU, 10<sup>th</sup> in prelims, 10.57, 8<sup>th</sup> in semis, 10.70; Ryan Brown, WOU, 27<sup>th</sup> in prelims, 11.32. Steeplechase – Jason Walker, HSU, 11<sup>th</sup> in prelims, 9:12.58. **Friday:** Steeplechase – 9. Jason Walker, HSU, 9:15.13. High Jump – 6. Erik Lanigan, CWU, 6-8 ¼; 11. Nathan Lindeman, WWU, 6-6 ¼. **Saturday:** Javelin – 15. Travis Huntsinger, WWU, 54.36 – 178-4. 100 – 8. Mike Hinshaw, WOU, 10.50.

**WOMEN: Team Scores** - 1. St. Augustine's 80, 2. Western State, Colo., 59, 3. Lewis 47, 4. Abilene Christian 45 ½, 5. UC Davis 42, 9. Seattle Pacific 27, 30. Western Oregon 9, 36. Central Washington 7, 40. Humboldt State 5. **Thursday:** 400 - Cyrena Bell, SPU, 14<sup>th</sup> in prelims, 57.90. 1500 - Rachel Ross, SPU, 4<sup>th</sup> in prelims, 4:39.97. 400 Hurdles – Karen Summers, SPU, 6<sup>th</sup> in prelims, 61.13; Cassie Moorhouse, WOU, 21<sup>st</sup> in prelims, 65.81. **Friday:** Heptathlon – 4. Stephanie Huffman, SPU, 4898 (Day 1, 100 Hurdles – 15.21; High Jump, 1.66 – 5-5 ¼; Shot Put, 10.79 – 35-5; 200, 26.89. Day 2, Long Jump, 5.36 – 17-7; Javelin, 41.68 – 136-9; 800, 2:36.27). 100 Hurdles – Kate Herber, WWU, 10<sup>th</sup> in prelims, 14.74. 3000 – 4. Sarah Forrey, CWU, 10:02.14. 800 – Rachel Ross, 2<sup>nd</sup> in prelims, 2:08.52; Sarah Kraybill, SPU, 20<sup>th</sup> in prelims, 2:16.81. Pole Vault – 5. Allyson Studer, SPU, 3.60 – 11-9 ¾; 9. Danielle Juarez, WWU, 3.60 – 11-9 ¾. 5000 – Amy Forrey, CWU, 4<sup>th</sup> in prelims, 17:50.99; Sarah Forrey, CWU, 14<sup>th</sup> in prelims, 18:11.66. 4x400 Prelims – Seattle Pacific (Cyrena Bell, Rachel Ross, Sarah Kraybill, Karen Summers), 13<sup>th</sup> in prelims, 3:54.77. **Saturday:** 1500 – 4. Rachel Ross, SPU, 4:35.91. 800 – 5. Rachel Ross, SPU, 2:13.90. 5000 – 7. Amy Forrey, CWU, 17:17.41. 400 Hurdles – 6. Karen Summers, SPU, 61.40. Javelin – 2. Holly Conrad, WOU, 46.16 - 151-5; 3. Stephanie Huffman, SPU, 45.66 - 149-10; 4. Katie Droz, HSU, 44.62 - 146-5; 8. Kellie Kathman, WOU, 41.86 - 137-4.

### 2002 (May 23-25 at Edwardsville, Ill.)

**MEN: Team Scores** - 44. Humboldt State and Western Oregon 3; 51. Seattle Pacific 1. **Thursday:** 1500 - Heat 1, 5. Nathan Carlson, SMC, 3:53.60 (advances); 6. Nathanael Castle, SPU, 3:53.66 (advances). 10,000 - 10. Sean Rivers, UAA, 31:45.21. Steeplechase - Heat 2, 3. Jason Walker, HSU, 9:33.21 (advances). Long Jump - 6. Jamil Wynn, WOU, 7.69 - 25-2 ¾. Hammer - 15. Dave Margraf, HSU, 49.38 - 162-0. **Friday:** 200 - Heat 1, Mike Hinshaw, WOU, 21.11. Steeplechase - 6. Jason Walker, HSU, 9:33.78. 5000 - Heat 1, 6. Sean Rivers, UAA, 15:22.01; 9. Jason Walker, HSU, 16:19.42. Pole Vault - 11. Justin Miller, HSU, 4.83 - 15-10. **Saturday:** 1500 - 8. Nathanael Castle, SPU, 3:53.82; 10. Nathan Carlson, SMC, 3:58.33.

**WOMEN: Team Scores** - 19. Seattle Pacific 17; 34. Western Oregon 6; 45. Western Washington 4; 49. Central Washington 1. **Thursday:** 1500 - Heat 2, 3. Alicen Maier, CWU, 4:36.24 (advances). 3000 - Heat 2, 7. Ashlee Vincent, WWU, 10:41.08. 10,000 - 15. Dolores Bergmann, HSU, 40:37.43. 400 Hurdles - Heat 3, 5. Jawsa Harder, SPU, 62.87. Steeplechase - Heat 1, 3. Jill Salmon, WOU, 11:24.77 (advances). Hammer - 7. Jennifer Dunkin, WOU, 51.34 - 168-5. **Friday:** Heptathlon - 3. Stephanie Huffman, SPU, 5389 (Day 1, 100 Hurdles, 14.81; High Jump, 1.70 - 5-7; Shot Put, 11.05 - 36-3; 200, 25.66. Day 2, Long Jump, 5.99 - 19-8; Javelin, 42.05 - 137-11; 800, 2:30.30); 11. Leah Wiest, SPU, 4795 (Day 1, 100 Hurdles, 15.51; High Jump, 1.43 - 4-8 ¼; Shot Put, 10.97 - 36-0; 200, 25.19. Day 2, Long Jump, 5.58 - 18-3 1/2; Javelin, 30.39 - 99-8; 800, 2:21.21); Laura Widman, SPU, did not finish (Day 1, 100 Hurdles, 15.45; High Jump, 1.55 - 5-1; Shot Put, 12.92 - 42-4 ¾; 200 - 26.02. Day 2, DNF). 800 - Heat 1, 6. Sarah Kraybill, SPU, 2:18.84; Heat 2, 4. Rachel Ross, SPU, 2:13.39. Steeplechase - 8. Jill Salmon, WOU, 11:27.49. Triple Jump - 14. Shelley Comstock, WOU, 11.58 - 38-0. **Saturday:** 1500 - 8. Alicen Maier, CWU, 4:36.63. Pole Vault - 5. Danielle Juarez, WWU, 3.71 - 12-2; 7. Ally Studer, SPU, 3.61 - 11-10. Shot Put - 7. Dionna Anderson, SPU, 14.10 - 46-3 ¼, Javelin - 2. Stephanie Huffman, SPU, 45.64 - 149-9; 6. Holly Conrad, WOU, 41.59 - 136-5; 9. Karie Pruett, CWU, 40.85 - 134-0; 11. Kate Droz, HSU, 39.58 - 129-10.

### 2003 (May 22-24 at Edwardsville, Ill.)

**MEN: Team Scores** – 22. Western Oregon 10. **Thursday:** 100 - 20. Mike Hinshaw, WOU, 11.28. Hammer - 1. Pro Escobedo, WOU, 62.89 - 206-4. Steeplechase - 18. Zach Dwello, NNU, 9:44.92. 10,000 - 17. Zach Boteilho, WWU, 37:27.92. **Friday:** Triple Jump - 9. Justin Lawrence, CWU, 14.88 - 48-10. Discus - 9. Isaiah Haines, WOU, 49.69 - 163-0. 200 - 18. Isaac Frederick, WOU, 21.78.

**WOMEN: Team Scores** – 13. Western Oregon 15; 16. Seattle Pacific 14; 33. Western Washington 8. **Thursday:** Hammer - 3. Jennifer Dunkin, WOU, 56.16 - 184-3; 5. Kristin Hepler, WOU, 53.94 - 177-0; 9. Jaci Cederberg, WOU, 50.64 - 166-2. 3000 - 13. Katie Gosnell, HSU, 10:06.50. 10,000 - 13. Stacy Edwards, UAA, 37:27.92; 17. Dolores Bergmann, HSU, 38:07.09. **Friday:** Heptathlon - 2. Danielle Ayers-Stamper, SPU, 5120 (Day 1, 100 Hurdles - 14.69; High Jump - 1.63 - 5-4 1/2; Shot Put - 11.76 - 38-7; 200 - 26.63. Day, 2, Long Jump - 5.44 - 17-10 1/4; Javelin - 39.16 - 128-6; 800 - 2:26.01); 12. Laura Widman, SPU, 4702 (Day 1, 100 Hurdles - 15.91; High Jump - 1.57 - 5-1 3/4; Shot Put - 11.68 - 38-4; 200 - 27.06. Day 2, Long Jump - 5.50 - 18-0 1/2; Javelin - 34.14 - 112-0; 800 - 2:31.52). Pole Vault - 10. Allie Studer, SPU, 3.50 - 11-5 3/4. **Saturday:** Javelin - 5. Stacy Hopkins, WWU, 44.69 - 146-7; 10. Holly Conrad, WOU, 42.21 - 138-6. Steeplechase - 9. Kelly Fullerton, SU, 10:51.69 (11:05.19). 1500 - 12. Josie Lavin, SPU, 4:46.62 (4:35.52). High Jump - 4. Monica Smith, WOU, 1.70 - 5-7. 800 - 3. Sarah Kraybill, SPU, 2:08.41 (2:10.25). 5000 - 3. Ashlee Vincent, WWU, 16:59.08; 14. Katie Gosnell, HSU, 17:26.72.

## 2004 (May 27-29 at Walnut, CA)

**MEN: Team Scores** - 1. Abilene Christian 75; 29. Western Oregon 8; 32. Seattle Pacific 6; 49. Central Washington 3. **Thursday:** Steeplechase - Nate Normandin, UAA, 9:18.25 (12<sup>th</sup> in prelims). **Friday:** Decathlon - 3. Chris Randolph, SPU, 7030 (Day 1, 100 - 11.45; Long Jump - 6.61 - 21-8 1/4; Shot - 11.06 - 36-3 1/2; High Jump - 2.01 - 6-7; 400 - 50.85. Day 2, 110 Highs - 15.58; Discus - 40.32 - 132-3; Pole Vault - 4.10 - 13-5 1/4; Javelin - 40.38 - 165-3; 1500 - 4:34.51). Discus - 2. Isaiah Haines, WOU, 53.02 - 173-11. **Saturday:** Steeplechase - 11. Norm Normandin, UAA, 9:39.09. Triple Jump - 6. Justin Lawrence, CWU, 15.18 - 49-9 3/4.

**WOMEN: Team Scores** - 1. Lincoln 85; 32. Seattle Pacific 8; 35. Seattle 5; 40. Western Oregon 4; 51. Central Washington 2; 60. Western Washington 1/2. **Thursday:** 1500 - 20. Kari Konrad, WOU, 4:52.94. 400 - Terran Legard, CWU, 55.71 (7<sup>th</sup> in prelims). Hammer - 5. Jaci Cederberg, WOU, 53.81 - 176-6; 10. Kristin Hepler, WOU, 51.49 - 168-11. Steeplechase - Kelly Fullerton, SU, 11:01.18 (5<sup>th</sup> in prelims). 10,000 - 12. Karen Dickson, SPU, 36:45.46. **Friday:** Heptathlon - 4. Danielle Ayers-Stamper, SPU, 4955 (Day 1, 100 Hurdles - 14.56; High Jump - 1.68 - 5-6; Shot - 10.58 - 34-8 1/2; 200 - 27.16. Day 2, Long Jump - 5.39 - 17-8 1/4; Javelin - 34.08 - 111-10; 800 - 2:26.58); 13. Bridget Johnson, WOU, 4527 (Day 1, 100 Hurdles - 16.10; High Jump - 1.59 - 5-2 1/2; Shot - 10.01 - 32-10 1/4; 200 - 26.53. Day 2, Long Jump - 4.91 - 16-1 1/2; Javelin - 38.37 - 125-11; 800 - 2:33.58). 800 - 11. Jennifer Marsh, SPU, 2:12.41. Pole Vault - 8. Danielle Juarez, WWU, 11-7 3/4. **Saturday:** Javelin - 6. Sara Johnson, SPU, 44.27 - 145-3; 12. Stacey Hopkins, WWU, 42.27 - 138-8; 17. Nini Callan, WOU, 38.99 - 127-11. Steeplechase - 4. Kelly Fullerton 10:45.35. 400 - 7. Terran Legard, CWU, 54.86.

## 2005 (May 26-28 at Abilene, Tex.)

**MEN: Team Scores** - 1. Abilene Christian 109; 15. Seattle Pacific 15; 25. Central Washington 8; 50. Saint Martin's 1. **Thursday:** 1500 - Nathan Carlson, SMC, 3:55.45 (8<sup>th</sup> in prelims). Discus - 11. Cameron Neel, CWU, 50-54 - 165-10; 15. Jacob Galloway, CWU, 48.40 - 158-9. Steeplechase - Ethan Barrons, WOU, 9:26.56 (7<sup>th</sup> in prelims). **Friday:** Decathlon - 1. Chris Randolph, SPU, 7309 (Day 1, 100 - 11.30; Long Jump - 6.81 - 22-4 1/4; Shot Put - 11.42 - 37-5 3/4; High Jump - 1.96 - 6-5; 400 - 49.82. Day 2, 110 Hurdles - 15.53; Discus - 42.11 - 138-2; Pole Vault - 4.35 - 14-5 1/4; Javelin - 52.68 - 172-10; 1500 - 4:29.88). Shot Put - 4. Cameron Neel, CWU, 17.63 - 57-10 1/4. 800 - Paul Mach, SPU, 1:51.07 (3<sup>rd</sup> in prelims); Mike Pankiewicz, CWU, 1:52.65 (9<sup>th</sup> in prelims). **Saturday:** Steeplechase - 9. Ethan Barrons, WOU, 9:23.74. 1500 - 8. Nathan Carlson, SMC, 3:50.18. 800 - 4. Paul Mach, SPU, 1:51.70; 6. Mike Pankiewicz, CWU, 1:52.36.

**WOMEN: Team Scores** - 1. Lincoln 108; 13. Seattle Pacific 20; 27. Western Oregon 11; 49. Seattle 3. **Thursday:** Discus - 14. Jessica Telleria, WWU, 41.74 - 136-11; 17. Jessica Houston, UAA, 33.13 - 108-8. Long Jump - 11. Katy Kociemba, WOU, 5.58 - 18-3 3/4. 1500 - Kari Konrad, WOU, 4:53.16 (16<sup>th</sup> in prelims). Steeplechase - Kelly Fullerton, SU, 11:03.97 (8<sup>th</sup> in prelims). 10,000 - 15. Stacy Edwards, UAA, 39:52.78. **Friday:** Heptathlon - 2. Danielle Ayers-Stamper, SPU, 5606 (Day 1, 100 Hurdles - 13.70; High Jump - 1.75 - 5-8 3/4; Shot Put - 11.72 - 38-5 1/2; 200 - 25.72. Day 2, Long Jump - 5.76 - 18-10 1/2; Javelin - 39.11 - 128-4; 800 - 2:23.46); 6. Bridget Johnson, WOU, 5073 (Day 1, 100 Hurdles - 15.18; High Jump - 1.60 - 5-3; Shot Put - 11.74 - 38-6 1/4; 200 - 26.23. Day 2, Long Jump - 5.20 - 17-0 1/2; Javelin - 44.23 - 145-5; 800 - 2:26.85); 8. Kelsey Cooley, SPU, 4926 (Day 1, 100 Hurdles - 14.86; High Jump - 1.63 - 5-4 1/4; Shot Put - 10.52 - 34-6 1/4; 200 - 25.73. Day 2, Long Jump - 5.28 - 17-4 1/4; Javelin - 32.19 - 105-7; 800 - 2:25.34). High Jump - 6. Monica Smith, WOU, 5-8 1/2; Danielle Ayers-Stamper, SPU, no height. 800 - 10. Bridgette Sexton, SPU, 2:13.26 (10<sup>th</sup> in prelims). 100 Hurdles - Danielle Ayers-Stamper, SPU, 14.10 (6<sup>th</sup> in prelims); Monica Smith, WOU, 14.15 (9<sup>th</sup> in prelims). **Saturday:** Javelin - 4. Lauren VerMulm, SPU, 44.16 - 144-10; 9. Bridget Johnson, WOU, 41.71 - 136-10; 10. Molly Hornbuckle, SPU, 41.02 - 134-7; 15. Danielle Ayers-Stamper, SPU, 39.82 - 130-8. Hammer - 11. Jaci Cederberg, WOU, 51.56 - 169-2; 14. Christin McDowell, CWU, 48.00 - 157-6. Steeplechase - 6. Kelly Fullerton, SU, 10:53.07. 100 Hurdles - 4. Monica Smith, WOU, 14.34; 7. Danielle Ayers-Stamper, SPU, 14.39. Pole Vault - 5. Amy Harris, SPU, 12-2.

## 2006 (May 25-27 at Emporia, Kans.)

**MEN: Team Scores** - 1. St. Augustine's 77 1/2; 27. Central Washington and Seattle Pacific 10, 50. Humboldt State 1. **Thursday:** Hammer - 10. Anthony Marin, WOU, 52.66 - 172-9. Steeplechase - Jasper Peach, HSU, 9:22.19 (4<sup>th</sup> in prelims). **Friday:** Decathlon - 1. Chris Randolph, SPU, 7872 (Day 1, 100 - 11.19; Long Jump - 7.31 - 23-11 3/4; Shot Put - 12.88 - 42-3 1/4; High Jump - 2.04 - 6-8 1/4; 400 - 49.27; Day 2, 110 Hurdles - 15.35; Discus - 46.00 - 150-11; Pole Vault - 4.70 - 15-5; 1500 - 4:38.47). Shot Put - 5. Cameron Neel, CWU, 17.17 - 56-4. 5000 - David Kiplagat, UAA, 15:03.84 (13<sup>th</sup> in prelims). **Saturday:** Discus - 3. Cameron Neel, CWU, 53.47 - 175-5. Steeplechase - 8. Jasper Peach, HSU, 9:27.45.

**WOMEN: Team Scores** - 1. Lincoln 93; 26. Central Washington and Seattle Pacific 8; 33. Alaska Anchorage 6; 38. Western Oregon 5; 49. Western Washington 3; 54. Humboldt State 2. **Thursday:** 400 - Mary Pearce, UAA, 54.82 (8<sup>th</sup> in prelims). 1500 - Ashley Puga, NNU, 4:51.93 (8<sup>th</sup> in prelims); Lindy Mullen, CWU, 4:57.81 (15<sup>th</sup> in prelims). Hammer - 7. Audrey Oswald, HSU, 52.58 - 172-6. Steeplechase - Brandi McCoy, SPU, 11:16.76 (4<sup>th</sup> in prelims); Karin Rohde, SPU, 11:36.07 (16<sup>th</sup> in prelims). 3000 - Mary Moriarty, SPU, 11:00.68 (15<sup>th</sup> in prelims). **Friday:** Heptathlon - 4. Bridget Johnson, WOU, 5080 (Day 1, 100 Hurdles - 14.82; High Jump - 1.62 - 5-3 3/4; Shot Put - 11.66 - 38-3 1/4; 200 - 26.71. Day 2, Long Jump - 5.34 - 17-6 1/4; Javelin - 43.94 - 144-2; 800 - 2:30.78); 6. Kelsey Cooley, SPU, 4930 (Day 1, 100 Hurdles - 14.53; High Jump - 1.59 - 5-2 1/2; Shot Put - 10.50 - 34-5 1/2; 200 - 26.20. Day 2, Long Jump - 5.51 - 18-1; Javelin - 33.69 - 110-6; 800 - 2:28.69); 8. Linda Blake, SPU, 4746 (Day 1, 100 Hurdles - 14.88; High Jump - 1.65 - 5-5; Shot Put - 10.82 - 35-6; 200 - 26.89. Day 2, Long Jump - 5.20 - 17-0 3/4; Javelin - 31.42 - 103-1; 800 - 2:31.74); 12. Amanda Merrell, NNU, 4592 (Day 1, 100 Hurdles - 15.54; High Jump - 1.59 - 5-2 1/2; Shot Put - 11.10 - 36-5; 200 - 27.45. Day 2, Long Jump - 5.59 - 19-4 1/4; Javelin - 30.99 - 101-8; 800 - 2:37.84). 5000 - Mandy Kaempf, UAA, 17:49.35 (7<sup>th</sup> in prelims). **Saturday:** Javelin - 2. Katie McMeel, CWU, 48.86 - 160-4; 5. Lauren VerMulm, SPU, 46.70 - 153-2; 13. Nini Callan, WOU, 41.69 - 136-9; 15. Bridget Johnson, WOU, 41.43 - 135-11. Steeplechase - 12. Brandi McCoy, SPU, 11:48.73. High Jump - 6. Clara Cook, WWU, 1.70 - 5-7; 16. Teona Perkins, SPU, 1.61 - 5-3 1/4. Discus - 10. Jessica Telleria, WWU, 43.83 - 143-9. 1500 - 10. Ashley Puga, NNU, 4:50.72. 400 - 5. Mary Pearce, UAA, 54.20. 5,000 - 7. Mandy Kaempf, UAA, 18:06.75.

## 2007 (May 24-26 at Charlotte, NC.)

**MEN: Team Scores** - 1. Abilene Christian 105 1/2, 37. Western Washington 5, 42. Western Oregon 4, 52. Central Washington 1. **Thursday:** Hammer - 8. Evan Ruud, CWU, 56.39 - 185-0; 9. Anthony Marin, CWU, 56.20 - 184-4; 15. Tyler Fischer, CWU, 51.37 - 168-6. Long Jump - 12. David Registe, UAA, 7.03 - 23-0 3/4. 1500 - Anthony Tomsich, WWU, 3:50.83 (7<sup>th</sup> in prelims). Steeplechase - Andy Peters, NNU, 9:20.37 (11<sup>th</sup> in prelims); Sam Brancheau, WWU, 9:46.01 (17<sup>th</sup> in prelims). **Friday:** Shot Put - 9. Cameron Neel, CWU, 16.64 - 54-7 1/4. 800 - Eddie Strickler, SPU, 1:50.59 (9<sup>th</sup> in prelims). 5000 - David Kiplagat, UAA, 15:13.29 (17<sup>th</sup> in prelims). **Saturday:** 1500 - 4. Anthony Tomsich, WWU, 3:48.72. Steeplechase - 11. Andy Peters, NNU, 9:24.87. Pole Vault - 5. Zeb Udell, WOU, 4.95 - 16-2 3/4. Javelin - 11. Michael Ingman, CWU, 58.79 - 192-10; 17. Ian Wells, CWU, 55.96 - 183-7. Discus - 9. Cameron Neel, CWU, 49.67 - 162-11.

**WOMEN: Team Scores** - 1. Lincoln 82 1/2, 7. Seattle Pacific 32, 24. Western Washington 10, 30. Central Washington 9, 40. Alaska Anchorage 5. 51. Northwest Nazarene 3. **Thursday:** 100 - NyEma Sims, SPU, 12.09 (13<sup>th</sup> in prelims). 400 - Mary Pearce, UAA, 52.88 (4<sup>th</sup> in prelims). 1500 - Jessica Pixler, SPU, 4:27.30 (1<sup>st</sup> in prelims); Ashley Puga, NNU, 4:34.70 (4<sup>th</sup> in prelims). Steeplechase - Sarah Benson, CWU, 11:22.63 (15<sup>th</sup> in prelims); Karin Rohde, SPU, 11:27.34 (16<sup>th</sup> in prelims); Jessica Harper, WOU, 11:32.46 (17<sup>th</sup> in prelims). 3000 - Katie Hummel, CWU, 10:06.39 (10<sup>th</sup> in prelims); Jane Larson, SPU, 10:07.86 (11<sup>th</sup> in prelims). 400 Hurdles - Heidi Dimmitt, WWU, 1:03.95 (16<sup>th</sup> in prelims). Hammer - 16. Sabrina Freed, WOU, 46.79 - 153-6. **Friday:** 200 - NyEma Sims, SPU, 24.86 (20<sup>th</sup> in prelims). 800 - Jessica Pixler, SPU, 2:07.44 (1<sup>st</sup> in prelims); Sarah Howell, WOU, 2:11.71 (10<sup>th</sup> in prelims). 3000 - 4. Katie Hummel, CWU, 9:56.24; 12. Jane Larson, SPU, 10:11.62. 5000 - Laura Carr, UAA, 17:57.62 (15<sup>th</sup> in prelims). Shot Put - 8. Krissy Tandle, CWU, 14.06 - 46-1 1/2; 19. Jessica Houston, UAA, 13.08 - 42-11. Heptathlon - 9. Brittany Bekins, SPU, 4747 (**Day 1:** 100 Hurdles - 15.59; High Jump - 1.53 - 5-0 1/4; Shot Put - 11.33 - 37-2 1/4; 200 - 26.98. **Day 2:** Long Jump - 4.91 - 16-1 1/2; Javelin - 38.99 - 127-11; 800 - 2:20.69). **Saturday:** 400 - 4. Mary Pearce, UAA, 53.56. 800 - 2. Jessica Pixler, SPU, 2:07.90. 1500 - 1. Jessica Pixler, SPU, 4:22.23; 6. Ashley Puga, NNU, 4:32.22. High Jump - 1. Teona Perkins, SPU, 1.78 - 5-10. Javelin - 1. Monika Gruszecki, WWU, 44.40 - 145-8; 5. Brittany Bekins, SPU, 42.10 - 138-1; 6. Katie McMeel, CWU, 42.09 - 138-1; 17. Molly Barnes, SPU, 37.04 - 121-6.

## 2008 (May 22-24 at Walnut, CA.)

**MEN: Team Scores** - 1. Abilene Christian 108 1/2, 19. Alaska Anchorage 11, 42. Central Washington 4, 47. Western Washington 3; 52. Saint Martin's 2. **Thursday:** Long Jump - 1. David Registe, UAA, 7.53 - 24-8 1/2. Steeplechase - David Kiplagat, UAA, 9:19.51 (4<sup>th</sup> in prelims). **Friday:** Shot Put - 7. Sam Washington, SMU, 16.71 - 54-10. 800 - Keith Lemay, WWU, 1:51.33 (9<sup>th</sup> in prelims). **Saturday:** 800 - 6. Keith Lemay, WWU, 1:51.62. Steeplechase - 8. David Kiplagat, UAA, 9:14.79. Discus - 5. Tyler Fischer, CWU, 52.98 - 173-10. Pole Vault - Zeb Udell, WOU, no height.

**WOMEN: Team Scores** - 1. Abilene Christian 76 1/2, 11. Seattle Pacific 22, 21. Western Washington 13, 22. Northwest Nazarene 12, 49. Western Oregon 3, 55. Alaska Anchorage 2. **Thursday:** 1500 - Ashley Puga, NNU, 4:34.22 (6<sup>th</sup> in prelims). 3000 - Jane Larson, SPU, 9:59.07 (1<sup>st</sup> in prelims); Elizabeth Chepkosgei, UAA, 10:03.19 (9<sup>th</sup> in prelims); Katie Hansen, SU, 10:05.07 (11<sup>th</sup> in prelims). Steeplechase - Jessica Harper, WOU, 10:47.63 (6<sup>th</sup> in prelims); Suzie Strickler, SPU, 10:56.30 (11<sup>th</sup> in prelims); Lyndsey McKillip, WOU, 10:58.88 (12<sup>th</sup> in prelims); Karin Rohde, SPU, 11:01.17 (13<sup>th</sup> in prelims). 10,000 - 9. Sarah Porter, WWU, 36:11.17; 10. Laura Carr, UAA, 36:14.98. 400 Hurdles - Heidi Dimmitt, WWU, 1:01.79 (8<sup>th</sup> in prelims). **Friday:** Heptathlon - 10. Brittany Bekins, SPU, 4514 (**Day 1:** 100 Hurdles - 15.85; High Jump - 1.50 - 4-11; Shot Put - 10.21 - 33-6; 200 - 27.45. **Day 2:** Long Jump - 4.52 - 14-10; Javelin, 41.27 - 135-5; 800 - 2:20.47). Hammer - 9. Sabrina Freed, WOU, 51.16 - 167-10; 18. Amy Carroll, NNU, 44.86 - 147-2. Pole Vault - Christy Miller, WWU, no height. 3000 - 2. Jane Larson, SPU, 9:41.20; 10. Elizabeth Chepkosgei, UAA, 10:07.84; 11. Katie Hansen, SU, 10:08.20. Triple Jump - 7. Kim Brady, UAA, 11.94 - 39-2 1/4. 800 - Ashley Puga, NNU, 2:10.22 (3<sup>rd</sup> in prelims); Lisa Anderberg, SPU, 2:11.35 (7<sup>th</sup> in prelims). 5000 - Laura Carr, UAA, 17:49.53 (15<sup>th</sup> in prelims); Elizabeth Chepkosgei, UAA, 18:13.94 (18<sup>th</sup> in prelims). **Saturday:** 800 - 3. Ashley Puga, NNU, 2:10.23; 8. Lisa Anderberg, SPU, 2:12.65. 1500 - 3. Ashley Puga, NNU, 4:30.07. Steeplechase - 6. Jessica Harper, WOU, 10:44.22; 7. Suzie Strickler, SPU, 10:45.54; 11. Lyndsey McKillip, WOU, 10:58.38. 400 Hurdles - 4. Heidi Dimmitt, WWU, 1:00.52. Javelin - 2. Monika Gruszecki, WWU, 46.42 - 152-3; 3. Lauren VerMulm, SPU, 45.82 - 150-4; 4. Jeeni Schantin, SPU, 55.43 - 145-9.

## 2009 (May 21-23 at San Angelo, TX)

**MEN: Team Scores** - 1. Saint Augustine's 94, 14. Alaska Anchorage 19, 16. Northwest Nazarene 14. **Thursday:** Long Jump - 2. David Registe, UAA, 7.91 - 25-11 1/2; 13. Demetrius Preston, UAA, 6.91 - 22-8. 1,500 - Anthony Tomsich, WWU, 3:52.96 (11<sup>th</sup> in prelims); Alfred Kangogo, UAA, 3:54.26 (14<sup>th</sup> in prelims). Steeplechase - David Kiplagat, UAA, 9:16.86 (3<sup>rd</sup> in prelims). 400 Hurdles - Dallas Beaty, NNU, 52.18 (2<sup>nd</sup> in prelims); Shaun Ward, UAA, 52.45 (6<sup>th</sup> in prelims). 10,000 - 7. Marko Cheseto, UAA, 30:28.81; 12. Jordan Welling, WWU, 31:24.50. **Friday:** 800 - Cory Pena, UAA, 1:52.26 (10<sup>th</sup> in prelims); Mick Boyle, UAA, 1:52.32 (12<sup>th</sup> in prelims); James Pettigrew, UAA, 2:00.52 (17<sup>th</sup> in prelims). 5,000 - Marko Cheseto, UAA, 14:27.81 (2<sup>nd</sup> in prelims); Jordan Welling, WWU, 14:53.67 (16<sup>th</sup> in prelims). **Saturday:** 1500 - 11. Anthony Tomsich, WWU, 3:59.20. 5000 - 4. Marko Cheseto, UAA, 14:25.82; Steeplechase - 8. David Kiplagat, UAA, 9:12.23; 400 Hurdles - 3. Dallas Beaty, NNU, 52.05; 6. Shaun Ward, UAA, 52.87. Pole Vault - Zeb Udell, WOU, no height. Javelin - 2. Josh Heidegger, NNU, 68.02 - 223-2. Discus - Jason Slowey, WOU, no mark.

**WOMEN: Team Scores** - 1. Lincoln 85, 11. Seattle Pacific 20, 17. Western Washington 14, 24. Northwest Nazarene 11, 41. Western Oregon 4. **Thursday:** 1,500 - Ashley Puga, NNU, 4:29.41 (1<sup>st</sup> in prelims); Jessica Pixler, SPU, 4:31.43 (2<sup>nd</sup> in prelims); Jane Larson, SPU, 4:31.65 (7<sup>th</sup> in prelims). 400 - Ellie Siler, WWU, 54.59 (3<sup>rd</sup> in prelims). 400 Hurdles - Heidi Dimmitt, WWU, 1:00.31 (4<sup>th</sup> in prelims). 10,000 - 5. Sarah Porter, WWU, 36:02.72; 14. Lauren Breihof, WWU, 37:32.45. **Friday:** Pole Vault - 14. Christy Miller, WWU, 3.59 - 11-9; 16. Melissa Peaslee, SPU, no height; Triple Jump - 12. Laura VonArx, NNU, 11.73 - 38-6. 800 - Ashley Puga, NNU, 2:09.93 (1<sup>st</sup> in prelims); Annan Applebee, WOU, 2:11.65 (8<sup>th</sup> in prelims); Rachael Johnson, WWU, 2:14.69 (15<sup>th</sup> in prelims). Shot Put - 12. Krissy Tandle, CWU, 13.55 - 44-5 1/2. 5,000 - Sarah Porter, WWU, 17:15.90 (1<sup>st</sup> in prelims); Elizabeth Chepkosgei, UAA, 18:19.47 (17<sup>th</sup> in prelims). **Saturday:** 400 - 5. Ellie Siler, WWU, 55.46. 800 - 1. Ashley Puga, NNU, 2:07.24; 5. Annan Applebee, WOU, 2:13.01; 1500 - 1. Jessica Pixler, SPU, 4:16.75; 5. Jane Larson, SPU, 4:32.45. 8. Ashley Puga, NNU, 4:35.45; 5000 - 7. Sarah Porter 17:02.19. 400 Hurdles - 5. Heidi Dimmitt, WWU, 1:00.83; High Jump - 11. Clara Cook, WWU, 1.68 - 5-6; Javelin - 3. Jeeni Schantlin, SPU, 46.92 - 153-11; 10. Lauren VerMulm, SPU, 42.02 - 137-10; 14. Lakiesha Nilles, NNU, 36.43 - 119-6.

### 2010 (May 27-29 at Charlotte, NC)

**MEN: Team Scores** - 1. St. Augustine's 82, 14. Alaska Anchorage 17; 18. Western Washington 14, 57. Central Washington 1. **Thursday:** Decathlon - 11. Alex Harrison, WWU, 3280 (100 - 10<sup>th</sup>, 11.55; Long Jump - 12<sup>th</sup>, 6.25 - 20-6 1/4; Shot Put - 3<sup>rd</sup>, 12.34 - 40-6; High Jump - 12<sup>th</sup>, 1.68 - 5-6; 400 - 7<sup>th</sup>, 51.60). Hammer - 8. Tyler Fischer, CWU, 58.88 - 193-2; 11. Michael Hoffman, WWU, 57.61 - 189-0. Long Jump - 2. Demetrius Preston, UAA, 7.70 - 25-3 1/4. 10,000 - 6. Marko Cheseto, UAA, 30:36.40; 9. Chris Reed, WOU, 30:52.21; 11. Jordan Welling, WWU, 31:21.70; 14. Bennett Grimes, WWU, 31:37.57. 100 - Anthony Wright, CWU, 10.57 (10<sup>th</sup> in prelims). 1500 - Alfred Kangogo, UAA, 3:51.32 (fourth in prelims). Steeplechase - Micah Chelimo, UAA, 8:56.46 (1<sup>st</sup> in prelims). **Friday:** Decathlon - 10. Alex Harrison, WWU, 6142 (110 Hurdles - 6<sup>th</sup>, 15.77; Discus - 4<sup>th</sup>, 37.80 - 124-0; Pole Vault - 3<sup>rd</sup>, 4.35 - 14-3 1/4; Javelin - 2<sup>nd</sup>, 59.31 - 194-7; 1500 - 12<sup>th</sup>, 7:16.62). **Saturday:** 1500 - 8. Alfred Kangogo, UAA, 3:49.65. 5000 - 6. Marko Cheseto, UAA, 14:15.12; 9. Jordan Welling, WWU, 14:25.11; 10. Chris Reed, WOU, 14:35.35; 16. Alfred Kangogo, UAA, 15:16.00. 3000 Steeplechase - 7. Micah Chelimo, UAA, 8:59.23. Pole Vault - 1. Ryan Brown, WWU, 5.40 - 17-8 1/2. Javelin - 5. Alex Harrison, WWU, 61.20 - 200-9; 10. Nick Wilson, MSUB, 58.19 - 190-11; 15. Nathan Rowlett, WOU, 53.39 - 175-2; 16. Will Crook, WOU, 53.17 - 174-5.

**WOMEN: Team Scores** - 1. Angelo State 87, 17. Seattle Pacific 16, 18. Western Washington 14, 35. Western Oregon 7. **Thursday:** Hammer - 14. Torrie Self, CWU, 49.54 - 162-6. 10,000 - 2. Sarah Porter, WWU, 34:49.60; 14. Ruth Keino, UAA, 36:28.34; 17. Laura Carr, UAA, 37:43.00. 1500 - Jessica Pixler, SPU, 4:28.68 (1<sup>st</sup> in prelims); Miriam Kipng'eno, UAA, 4:36.81 (13<sup>th</sup> in prelims). Steeplechase - Courtney Olsen, WWU, 10:49.85 (11<sup>th</sup> in prelims); Hallidie Wilt, UAA, 10:57.68 (15<sup>th</sup> in prelims). **Saturday:** 800 - 8. Lisa Anderberg, SPU, 2:10.37; 13. Michelle Phillips, NNU, 2:11.26. 1500 - 1. Jessica Pixler, SPU, 4:15.43. 5000 - 3. Sarah Porter, WWU, 16:23.52; 11. Ruth Keino, UAA, 16:44.24; 13. Miriam Kipng'eno, UAA, 16:57.76. Steeplechase - 9. Courtney Olsen, WWU, 10:35.32. Pole Vault - 11. Melissa Peaslee, SPU, 3.63 - 11-10 3/4. Triple Jump - 11. Ashley Potter, WOU, 11.82 - 38-9 1/2; 15. Amanda Alvarez, SPU, 11.60 - 38-0 3/4. Javelin - 4. Brittany Aanstad, SPU, 44.40 - 145-8; 5. Carolanne Powers, WOU, 44.11 - 144-9; 6. Amanda Schumaker, WOU, 44.01 - 144-5; 11. Elisha Harris, UAA, 41.08 - 134-9; 12. Lakiesha Nilles, NNU, 40.05 - 131-5; 17. Jillian Stray, SMU, 37.27 - 122-3.

### 2011 (May 26-28 at Turlock, CA)

**MEN: Team Scores** - 1. Abilene Christian 68, 19. Alaska Anchorage 14, 28. Western Washington 10, 58. Western Oregon 1. **Thursday:** 1500 - Alfred Kangogo, UAA, 3:55.23 (2<sup>nd</sup> in prelims). Steeplechase - Micah Chelimo, UAA, 9:03.24 (9<sup>th</sup> in prelims). 10,000 - 11. Jordan Welling, WWU, 30:13.87; 13. Chris Reed, WOU, 30:29.13; 14. Bennett Grimes, WWU, 30:41.71. 400 Hurdles - 13. Shaun Ward, UAA, 53.44. Long Jump - 4. David Registe, UAA, 7.60 - 24-11 1/4. Hammer - 14. Michael Hoffman, WWU, 56.51 - 185-5. **Friday:** 800 - Connor Kasler, WOU, 1:52.10 (8<sup>th</sup> in prelims). Steeplechase - 6. Micah Chelimo, UAA, 8:56.74. **Saturday:** 1500 - 3. Alfred Kangogo, UAA, 3:57.25. 5000 - 11. Jordan Welling, WWU, 14:29.59; 12. Bennett Grimes, WWU, 14:30.08. Pole Vault - 1. Ryan Brown, WWU, 5.23 - 17-1 3/4. Javelin - 8. Will Crook, WOU, 59.83 - 196-3.

**WOMEN: Team Scores** - 1. Grand Valley State 82 ½, 6. Western Washington 29 ½, 15. Seattle Pacific 17, 55. Alaska Anchorage 2, 59. Central Washington 1 ½, 60. Western Oregon 1. **Thursday:** 1500 - Miriam Kipng'eno, UAA, 4:30.36 (5<sup>th</sup> in prelims); Ivy O'Guinn, UAA, 4:32.70 (11<sup>th</sup> in prelims). Steeplechase - Jaclyn Puga, NNU, 10:45.41 (3<sup>rd</sup> in prelims). 10,000 - 1. Sarah Porter, WWU, 33:17.39; 8. Ruth Keino, UAA, 34:30.53. 400 Hurdles - 16. Haleigh Lloyd, UAA, 1:02.23. Long Jump - 17. Ali Worthen, SPU, 5.21 - 17-1 1/4. Hammer - 15. Torrie Self, CWU, 49.63 - 162-10. Heptathlon (Through 4 Events) - Ali Worthen, SPU, 3117 (Day 1: 100 Hurdles - 14.42; High Jump - 1.68 - 5-6; Shot Put - 10.15 - 33-3 3/4; 200 - 25.65); Crystal Sims, SPU, 3062 (Day 1: 100 Hurdles - 14.83; High Jump - 1.53 - 5-0 1/4; Shot Put - 12.04 - 39-6; 200 - 25.09); Katy Gross, SPU, 2871 (Day 1: 100 Hurdles - 14.94; High Jump - 1.59 - 5-2 1/2; Shot Put - 10.56 - 34-7 3/4; 200 - 26.77). **Friday:** 800 - Susan Bick, UAA, 2:10:69 (3<sup>rd</sup> in prelims); Annan Applebee, WOU, 2:12.47 (12<sup>th</sup> in prelims); Rachael Johnson, WWU, 2:13.23 (13<sup>th</sup> in prelims); Ivy O'Guinn, UAA, 2:14.50 (16<sup>th</sup> in prelims). Steeplechase - 10. Jaclyn Puga, NNU, 10:52.72. Pole Vault - 7. Kati Davis, CWU, and Karis Anderson, WWU, 3.67 - 12-0 1/2; 12. Melissa Peaslee, SPU, 3.67 - 12-0 1/2; 14. Terra Schumacher, SPU, 3.57 - 11-8 1/2. Triple Jump - 15. Ashley Potter, WOU, 11.62 - 38-1 1/2. Heptathlon - 6. Ali Worthen, SPU, 5044 (Day 2: Long Jump - 5.38 - 17-8; Jav - 31.20 - 102-4; 800 - 2:24.52); 12. Crystal Sims, SPU, 4837 (Day 2: Long Jump - 4.82 - 15-9 3/4; Jav - 30.17 - 98-11; 800 - 2:22.92); 13. Katy Gross, SPU, 4782 (Day 2: Long Jump - 5.32 - 17-5 1/2; Jav - 39.50 - 129-7; 800 - 2:37.20). **Saturday:** 800 - 8. Susan Bick, UAA, 2:17.21. 1500 - 9. Ivy O'Guinn, UAA, 4:32.59; 12. Miriam Kipng'eno, UAA, 4:38.81. 5000 - 2. Sarah Porter, WWU, 16:23.08; 14. Ruth Keino, UAA, 17:01.62; 16. Miriam Kipng'eno, UAA, 17:10.97. Javelin - 1. Monika Gruszecki, WWU, 49.85 - 163-6; 2. Brittany Aanstad, SPU, 46.06 - 151-1; 3. Carly Andrews, SPU, 44.12 - 144-9; 8. Amanda Schumaker, WOU, 42.01 - 137-10; 15. Samantha Hull, SMU, 39.33 - 129-0.

## YEARLY NCAA NATIONAL INDOOR RESULTS

### 2002 (Mar. 8-9 at Boston, Mass.)

**MEN: Team Scores** – 38. Western Oregon 1. 60 – 8. Mike Hinshaw, WOU, 6.85 (6.89). **WOMEN: Team Scores** – 37. Seattle Pacific 1. Shot Put – 8. Dionna Anderson, SPU, 13.54 – 44-5 ¼.

### 2003 (Mar. 14-15 at Boston, Mass.)

**MEN:** No participants. **WOMEN: Team Scores** – 17. Seattle Pacific 9 ½; 26. Central Washington 6. 800 – 4. Sarah Kraybill, SPU, 2:09.53 (2:10.22). Mile – 3. Alicen Maier, CWU, 4:49.85 (4:55.05). Pole Vault – 4. Ally Studer, SPU, 3.65 (11-11 ¾). High Jump – 13. Danielle Ayers-Stamper, SPU, 1.62 (5-3 ¾).

### 2004 (Mar. 12-13 at Boston, Mass.)

**MEN: Team Scores** - No GNAC team scored. 800 - 9. Paul Mach, SPU, 1:53.23 (1:53.40); 11. Andy Prentice, SMC, 1:54.04. Triple Jump - 11. Justin Lawrence, CWU, 14.07 - 46-2. **WOMEN: Team Scores** - 17. Western Oregon 8; 32. Western Washington 4. 800 - 11. Jennifer Marsh, SPU, 2:14.30. Pole Vault - 5. Danielle Juarez, WWU, 3.66 - 12-0; 11. Ally Studer, SPU, 3.45 - 11-3 ¾. Weight Throw - 2. Kristin Hepler, WOU, 17.74 - 58-2 1/2.

### 2005 (Mar. 11-12 at Boston, Mass.)

**MEN: Team Scores** – 38. Saint Martin's 1. 800 - 8. Andy Prentice, SMC, 1:53.09 (1:52.99). Mile - 14. Nathan Carlson, SMC, 4:16.12. Pole Vault - 12. Hunter Verner, WWU, 15-3 ¾; 13. Tyler Thornbrue, WWU, 15-3 ¾. Shot Put - 12. Cameron Neel, CWU, 15.91 - 52-2 1/2. **WOMEN: Team Scores** – 8. Seattle Pacific 25, 29. Central Washington 5. 400 - 4. Terran Legard, CWU, 55.54 (55.87). 5000 - 2. Karen Dickson, SPU, 16:34.72. 60 Hurdles - 9. Danielle Ayers-Stamper, SPU, 8.88 (8.68). Distance Medley Relay - 7. Seattle Pacific (Karin Rohde, Kinyatta Leonhardt, Josie Lavin, Karen Dickson) 11:47.46. Long Jump - 4. Danielle Ayers-Stamper, SPU, 5.93 - 19-5 1/2. Pole Vault - 11. Amy Harris, SPU, 3.60 - 11-9 ¾; 13. Allie Hedges, SPU, 3.45 - 11-3 ¾. High Jump - 1. Danielle Ayers-Stamper, SPU, 5-8.

### 2006 (Mar. 10-11 at Boston, Mass.)

**MEN: Team Scores** - 1. St. Augustine's 66 1/2; 24. Central Washington and Saint Martin's 6; 32. Western Washington 3. 800 - 3. Andy Prentice, SMU, 1:52.66 (1:55.25). Pole Vault - 4. Tyler Thornbrue, WWU, 4.73 - 15-6 1/4; Scott Romney, WWU, no height. High Jump - 10. Cresap Watson, CWU, 2.01 - 6-7. Shot Put - 3. Cameron Neel, CWU, 17.09 - 56-1. **WOMEN: Team Scores** - 1. Lincoln 87; 38. Seattle Pacific 3; 44. Northwest Nazarene 1/2. 800 - 14. Teona Perkins, SPU, 2:16.36. Mile - 12. Katie Hummel, CWU, 5:04.51; 13. Mary Moriarty, SPU, 5:07.79. High Jump - 6. Teona Perkins, SPU, 1.72 - 5-7 ¾; 8. Emily Peterson, NNU, 1.66 - 5-5 ¼; Pole Vault - 10. Amy Harris, SPU, 3.65 - 11-11 ¾.

### 2007 (Mar. 9-10 at Boston, Mass.)

**MEN: Team Scores** - 17. Western Washington 8, 29. Central Washington 4, 40. Seattle Pacific 1. 800 - 8. Eddie Strickler, SPU, 1:52.52 (1:53.05). Distance Medley Relay - 2. Western Washington (Sam Brancheau, Adam Neff, Erik Bies, Anthony Tomsich) 9:55.00. Pole Vault - 10. Tyner Thornbrue, WWU, 4.73 - 15-6 1/4. Shot Put - 5. Cameron Neel, CWU, 16.95 - 55-7 1/2. Weight Throw - 10. Evan Ruud, CWU, 17.60 - 57-9; 12. Anthony Marin, WOU, 16.98 - 55-8 1/2. **WOMEN: Team Scores** - 1. St. Augustine's 105, 7. Seattle Pacific 20. 60 - 15. Nyema Sims, SPU, 7.74. 800 - 10. Ashley Puga, NNU, 2:16.11. Mile - 1. Jessica Pixler, SPU, 4:42.42 (4:51.79); 5. Karin Rohde, SPU, 4:54.38 (4:55.46); 13. Jane Larson, SPU, 5:02.28. 5000 - 9. Katie Hummel, CWU, 17:13.50. Distance Medley Relay - 8. Seattle Pacific (Karin Rohde, Hinton, Marsh, Pixler) 12:04.77. High Jump - 4. Teona Perkins, SPU, 1.73 - 5-8; 16. Taryn Plypick, WOU, 1.63 - 5-4 1/4.

### 2008 (Mar. 14-15 at Mankato, Minn.)

**MEN: Team Scores** – No GNAC team scored. Pole Vault - 12. Zeb Udell, WOU, 4.85 - 15-11. Weight Throw - Anthony Marin, WOU, 17.79 - 58-4 1/2. **WOMEN: Team Scores** - 9. Seattle Pacific 33; 37. Northwest Nazarene 1. 800 - 3. Jessica Pixler, SPU, 2:12.60 (2:13.78); 9. Jaclyn Puga, NNU, 2:14.26 (2:13.78). Mile - 1. Jessica Pixler, SPU, 4:47.79 (4:56.92); 2. Jane Larson, SPU, 4:51.74 (4:56.98); 8. Ashley Puga, NNU, 4:58.09 (4:58.81). 5000 - 15. Sarah Porter, WWU, 18:26.77. Distance Medley - 3. Seattle Pacific (Jane Larson, Mellisa Peaslee, Lisa Anderberg, Karin Rohde) 11:45.88. Pole Vault - 9. Mellisa Peaslee, SPU, 3.80 - 12-5 1/2; 12. Christy Miller, WWU, 3.55 - 11-7 ¾. High Jump - 5. Teona Golding, SPU, 1.70 - 5-7.

### 2009 (Mar. 13-14 at Houston, Tex.)

**MEN: Team Scores** - 28. Western Oregon 4. **Individuals:** 800 - 5. Zeke Van Patten, WOU, 1:53.71 (1:54.18). 5000 - 9. Jordan Welling, WWU 14:45.60. Pole Vault - 13. Ryan Brown, WWU, 4.85 - 15-11. **WOMEN: Team Scores** - 6. Seattle Pacific 35, 9. Western Washington 20, 13. Northwest Nazarene 11, 16. Central Washington 10. 400 - 11. Ellie Siler, WWU, 56.06. 800 - 1. Ashley Puga, NNU, 2:07.63 (2:10.86); 7. Rachael Johnson, WWU, 2:11.82 (2:13.08); 10. Annan Applebee, WOU, 2:13.83; 17. Jaclyn Puga, NNU, 2:25.11. Mile - 1. Jessica Pixler, SPU, 4:43.69 (4:56.07); 2. Jane Larson, SPU, 4:48.87 (4:55.45). 5000 - 1. Jessica Pixler, SPU, 16:22.64; 6. Sarah Porter, WWU, 17:00.14; 7. Jane Larson, SPU, 17:04.01. Distance Medley - 8.

Northwest Nazarene (Jaclyn Puga, Jamie Beaty, Elisa Decker, Ashley Puga) 11:59.29; 9. Western Washington (Courtney Olsen, Ellie Siler, Rachael Johnson, Sarah Porter) 12:01.79. Pole Vault - 4. Christy Miller, WWU, 3.80 - 12-5 1/2; 13. Melissa Peaslee, SPU, 3.60 - 11-9 3/4. Triple Jump - 1. Emily Warman, WWU, 11.68 - 39-3. High Jump - 4. Ali Worthen, SPU, 1.71 - 5-7 1/4. Shot Put - 1. Krissy Tandle, CWU, 14.87 - 48-9 1/2.

**2010 (March 12-13 at Albuquerque, N.M.)**

**WOMEN: Team Scores** - 7. Seattle Pacific 26, 14. Western Washington 12). **Individuals:** 800 - 12. Annan Applebee, WOU, 2:16.35. Mile - 1. Jessica Pixler, SPU, 4:46.42 (5:04.77); 3. Jane Larson, SPU, 4:50.74 (4:58.22); 13. Kate Harline, SPU, 5:14.52. 5000 - 4. Sarah Porter, WWU, 17:26.05. Distance Medley - 1. Seattle Pacific (Jane Larson, Jennifer Pike, Lisa Anderberg, Jessica Pixler) 11:29.88; 7. Western Washington (Courtney Olsen, Megan O'Connell, Rachael Johnson, Sarah Porter) 12:02.32. 4x400 - 4. Western Washington (Ellie Siler, Michelle Howe, Megan O'Connell, Sarah Brownell) 3:48.67. Long Jump - 11. Emily Warman, WWU, 5.05 - 18-2 1/2. Triple Jump - 10. Emily Warman, WWU, 11.74 - 38-6 1/4. **MEN: Team Scores** - 14. Western Washington 10. **Individuals:** Mile - 12. Anthony Tomsich, WWU, 4:18.69. 5000 - 12. Jordan Welling, WWU, 15:46.73. Pole Vault - 1. Ryan Brown, WWU, 5.16 - 16-11.

**2011 (Mar. 11-12 at Albuquerque, N.M.)**

**WOMEN: Team Scores** - 31. Western Washington 6, 40. Central Washington 3. 400 - 11. Eleanor Siler, WWU, 56.83. 1500 - 13. Annan Applebee, WOU, 2:16.05. 5000 - 3. Sarah Porter, WWU, 16:44.04. Distance Medley - 9. Western Washington (Rachael Johnson, Eleanor Siler, Megan O'Connell, Lauren Breihof) 12:15.45. Pole Vault - 6. Becca Clark, CWU, 3.53 - 11-7; Melissa Peaslee, SPU, no height. **MEN: Team Scores** - 1. Abilene Christian 49, 21. Western Washington 12, 38. Western Oregon 3. 5000 - 7. Jordan Welling, WWU, 14:58.85. Distance Medley - 6. Western Oregon (Kyle Larson, Matt Kaino, Conner Kasler, Chris Reed,) 10:06.48. Pole Vault - 1. Ryan Brown, WWU, 5.25 - 17-2 3/4.

## YEARLY NAIA NATIONAL OUTDOOR RESULTS

### 2001

**MEN: Team Scores** - Northwest Nazarene did not score. **Thursday:** Steeplechase – 17. Zach Dwello, NNU, 9:38.45. **Friday:** Triple Jump – 16. James Thomas Jr., NNU, 13.97 – 45-10. **Saturday:** 1500 – 14. Aaron Matthias, NNU, 4:07.97. Javelin – 11. Scott Halley, NNU, 58.92 – 193-4; 13. James Thomas Jr., NNU, 57.98 – 190-3. Pole Vault – 10. Anthony Gould, NNU, 4.43 – 14-6 ¼.

**WOMEN: Team Scores** – Northwest Nazarene 1. **Thursday:** 400 Hurdles – 24. Mary Glaze, NNU, 1:10.11. Hammer – 17. Kristina Romero, 39.50 – 129-7. Javelin – 18. Melanie Simmons, NNU, 34.30 – 112-6. Pole Vault – 13. Aubrey Metzger, NNU, 3.20 – 10-6; 15. Alina Lunsford, NNU, 3.05 – 10-0. Heptathlon – Mary Glaze, NNU, 16<sup>th</sup> in 100 hurdles, 16.79; 10<sup>th</sup> in high jump, 1.42 – 4-7 ¾; 6<sup>th</sup> in 200, 27.46; 9<sup>th</sup> in shot put, 8.96 – 29-4 ¾. **Friday:** 800 – Ann-Marie Wiggins, NNU, 12<sup>th</sup> in semifinals, 2:20.43. Heptathlon – 13. Mary Glaze, NNU, 4001 (15<sup>th</sup> in long jump, 4.46 – 14-7 1/2; 13<sup>th</sup> in javelin, 29.36 – 96-4; 1<sup>st</sup> in 800, 2:19.58). **Saturday:** Marathon – 8. Lisseth Lorelli-Qualls, NNU, 3:15:54.

### 2002

**MEN: Team Scores** - 39. Northwest Nazarene 8. **Thursday:** Steeplechase - Heat, 8. Zach Dwello, NNU, 9:29.71. 10,000 - 10. Brice Roncace, NNU, 32:06.62; 25. Carlos Siqueiros, SU, 34:13.37. **Friday:** 5000 - Heat 1, 2. Caleb Tubei, NNU, 15:13.64 (advances); 9. Ben Wornell, NNU, 15:30. **Saturday:** 5000 - 7. Caleb Tubei, NNU, 14:59.17. Javelin - 3. James Thomas Jr., NNU, 64.69 - 212-3.

**WOMEN: Team Scores** - No GNAC team scored. **Thursday:** No competitors. **Friday:** 3000 - 10. Ann-Marie Wiggins, NNU, 10:37.36; 11. Kelly Fullerton, SU, 10:45.67. Pole Vault - 11. Theresa Mangalas, SU, 10-11 ¾; 14. Aubrey Metzger, NNU, 10-6; Alina Lunsford, NNU, no height. Discus - 25. Kristi Lund, NNU, 112-8. **Saturday:** No competitors.

### 2011 (May 26-28 at Marion, Indiana)

**MEN: Team Scores** -1. Shorter 66, 28. Simon Fraser 10. **Thursday:** 200 - 9. Andrew Boss, SFU, 21.87. 400 - Andrew Boss, SFU, 48.49 (17th in prelims). 800 - 22. Travis Vugteveen, SFU, 1:55.58; 27. Adam Reid, SFU, 1:57.83. Steeplechase - Ryan Brockerville, SFU, 9:19.01 (2nd in prelims). **Friday:** 400 - 13. Andrew Boss, SFU, 48.44. **Saturday:** Steeplechase - 1. Ryan Brockerville, SFU, 8:51.78.

**WOMEN: Team Scores** - 1. Concordia (Ore.) 86, 4. Simon Fraser 59. **Thursday:** 100 Hurdles - Andrea Abrahms, SFU, 14.84 (13th in prelims). 4x800 - Simon Fraser (Emma Vogt, Lindsey Butterworth, Jessica Smith, Helen Crofts) 9:12.61 (5th in prelims). Long Jump - 11. Diepiriye Iworima, SFU, 5.43 - 17-9 3/4; 20. April Cook-McKenzie, SFU, 5.20 - 17-0 3/4. Javelin - 10. Michelle Stuart, SFU, 39.48 - 129-6. **Friday:** 800 - Helen Crofts 2:10.60 (1st in prelims); Brianna Kane 2:11.30 (2nd in prelims); Michaela Kane 2:11.47 (5th in prelims); Sarah Sawatzky 2:11.99 (6th in prelims); Olivia Brennan 2:16.09 (15th in prelims). 100 Hurdles - 11. Andrea Abrahms, SFU, 14.93. 4x800 - 1. Simon Fraser (Brianna Kane, Lindsey Butterworth, Helen Crofts, Jessica Smith) 8:41.76. 4x400 - Simon Fraser (Brianna Kane, Michaela Kane, Jessica Smith, Helen Crofts) 3:43.87 (1st in prelims). **Saturday:** 800 - 1. Helen Crofts, SFU, 2:02.12; 2. Brianna Kane, SFU, 2:08.67; 6. Sara Sawatzky, SFU, 2:11.09; 9. Michaela Kane, SFU, 2:17.27. 1500 - 1. Jessica Smith 4:24.58; 4. Lindsey Butterworth 4:31.46. 4x400 - 2. Simon Fraser (Brianna Kane, Michaela Kane, Jessica Smith, Helen Crofts) 3:42.05. High Jump - 4. Rachele Barnett 1.70 - 5-7. Discus - 12. Jade Richardson 44.64 - 146-5.

## YEARLY NAIA NATIONAL INDOOR RESULTS

### 2011 (Mar. 3-5 at Geneva, OH)

**WOMEN: Team Scores** - 1. Oklahoma Baptist 75, 2. Simon Fraser 58, 3. Azusa Pacific 56, 4. Biola 40, 5. Shorter 32. **Individuals:** 60 - 22. Jane Channell 7.88. 60 Hurdles - 22. Andrea Abrahms 9.17. 200 - 23. Jane Channell 25.69. 400 - 14. Breanne Carter 57.96. 600 - 1. Brianna Kane 1:32.80 (1:33.90); 8. Michaela Kane 1:37.25 (1:36.38); 19. Emma Vogt 1:40.20. 800 - 1. Helen Crofts 2:04.94 (2:13.57); 5. Sarah Sawatzky 2:13.57 (2:14.39); 10. Olivia Brennan, SFU, 2:17.00; 12. Abbey Vogt 2:18.35; 16. Caitlin Dell 2:19.71. 1000 - 1. Jessica Smith 2:51.33 (2:57.67); 3. Lindsey Butterworth 2:54.17 (2:57.96). 4x800 - 1. Simon Fraser (Brianna Kane, Olivia Brennan, Jessica Smith, Helen Crofts) 8:57.35. Distance Medley Relay - 1. Simon Fraser (Jessica Smith, Breanne Carter, Brianna Kane, Helen Crofts) 11:44.83 (Olivia Brennan, Lindsey Butterworth, Helen Crofts, Emma Vogt 11:58.89). Long Jump - 10. Mercedes Rhode 5.33 - 17-6; 21. Diepiriye Iworima 5.03 - 16-6. High Jump - 10. Rachele Barnett 1.62 - 5-3 3/4. Pentathlon – 14. Rachele Barnett, SFU, 3058 (60 Hurdles – 10.71; High Jump – 1.63 – 5-4 ¼; Shot Put – 9.92 – 32-6 ½; Long Jump – 5.04 – 16-6 ½; 800 – 2:37.01).

**MEN: Team Scores** - 51. Simon Fraser 1. **Individuals:** 200 - 9. Andrew Boss 21.93. 400 - 8. Andrew Boss 48.79 (48.86). 800 - 7. Travis Vugteveen 1:54.49 (1:53.58). 1000 - 10. Adam Reid 2:28.25. Mile - 19. James Young 4:28.22; 20. Brett Wakefield 4:30.30. 3000 - 7. Ryan Brockerville 8:34.42 (8:31.84); 23. Samir Dhanani, SFU, 9:18.60. Distance Medley Relay - 6. Simon Fraser (Adam Reid, Brett Montrose, Travis Vugteveen, Ryan Brockerville) 10:02.86 (Andrew Boss, Ryan Brockerville, Brett Montrose, Adam Reid 10:04.24).