

2010 GNAC Track-and-Field Rosters

SEAWOLVES Alaska Anchorage

Men	Events	Cl.	Hometown
Michael Adams	Distance	Fr.	Anchorage (Service)
A.J. Allen	Sprints	Fr.	Fairbanks (Lathrop)
Ben Altemus	Distance	Fr.	Oakridge, OR (Oakridge)
Nick Canfield	Distance	So.	Anchorage, AK (Bartlett)
Micah Chelimo	Distance	Fr.	Kapkoï, Kenya (Tambach)
Marko Cheseto	Distance	Jr.	Kapenguria, Kenya (Chewoyet)
Austen DeWolf	Jumps/Sprints	So.	Anchorage (South)
Will Estes	Distance	Fr.	Anchorage, AK (West Anchorage)
Andrew Freed	Jumps	Fr.	Anchorage (Service)
Brandon Grant	Sprints	Sr.	Anchorage, AK (Dimond)
Christian Harpel	Distance	Fr.	Anchorage (South)
Ethan Hewitt	Sprints	Fr.	Eagle River (Chugiak)
Thomas Hill	Distance	So.	Thunder Bay, Ontario (St. Ignatius)
Alfred Kangogo	Distance	So.	Eldoret, Kenya (Kitale Boys)
Taylor Karnikis	Throws	So.	Soldotna (Soldotna)
James McLaughlin	Sprints	Sr.	East Bethel, MN (St. Francis)
Demetrius Preston	Sprints	Jr.	Anchorage, WA (Service)
John Reed	Hurdles	Fr.	Katy, TX (St. Thomas)
David Registe	Jumps, Sprints	Sr.	Palmer, AK (Colony)
Ryan Rencehausen	Throws	Sr.	Tucson, AZ (Canyon Deloro)
Paul Rottich	Distance	Sr.	Kapsabet, Kenya (Meteitei Boys)
Levi Sutton	Middle Distance	Jr.	Kenai, AK (Kenai Central)
Brad Truax	Middle Distance	Fr.	Palmer, AK (Colony)
Shaun Ward	Hurdles	Jr.	Eagle River, AK (Chugiak)

Women	Events	Cl.	Hometown
Mychaela Bailey	Distance	So.	Anchorage (Service)
Emma Bohman	Distance	Jr.	Palmer (Palmer)
Linzee Burcham	Jump/Sprints	Fr.	Kodiak (Kodiak)
Laura Carr	Distance	Sr.	South Bend, IN (Penn)
Mary Chepkoech	Distance	Fr.	Kapsabet, Kenya (Chebisa Girls)
Ardrienne Evertt	Sprints	Jr.	Palmer (Colony)
Anna Fillippova	Middle Distance	So.	Anchorage (Dimond)
Meagan Friess	Hurdles	Sr.	Anchorage, AK (Dimond)
Elisha Harris	Throws	Sr.	West Jordan (West Jordan)
Shoshana Keegan	Distance	So.	Anchorage (Steller)
Ruth Keino	Distance	So.	Kapcheno, Kenya (Aldai Girls)
Miriam Kipngeno	Middle Distance	So.	Eldoret, Kenya (Girls Secondary School)
Katie Krehlik	Distance	RFr.	Juneau (Juneau Douglas)
Lauren Laichak	Hurdles	So.	Anchorage (Dimond)
JJ Lende	Distance	So.	Haines, AK (Adams State)
Natalie Pfeifer	Middle Distance	Jr.	Ketchikan, AK (Ketchikan)
Ariel Rolle	Middle Distance	So.	Anchorage (Stellar Secondary)
Kayla Teslow	Distance	Fr.	Fairbanks, AK (West Valley)
Alex West	Middle Distance	Jr.	Soldotna (Soldotna)
Hallidie Wilt	Middle Distance	Jr.	Unalaska (Unalaska)
ZeeZee Young	Hurdles	Sr.	Anchorage (Dimond)

Head Coach - Michael Friess. **Assistants** – T.J. Garlatz, Rafael Echavarria, David Kiplagat, Ryan McWilliams

WILDCATS Central Washington

Men	Events	Cl.	Hometown
Ryan Archeta-Major	Decathlon	Jr.	Tacoma, WA (Graham-Kapowsin/Idaho State)
Zach Armstrong	Distance	Fr.	Breckenridge, CO (Summit)
Brennan Boyes	Jumps	Fr.	Puyallup, WA (Puyallup)
Colby Brydson	Sprints	Sr.	Covington, WA (Kentlake)

Drew Burghardt	Sprints	Fr.	Gig Harbor, WA (Gig Harbor)
James Carr	Decathlon, PV	Sr.	Vancouver, WA (Mountain View/Clark)
Jason Caryl	Decathlon	Fr.	Omak, WA (Omak)
James Cho	Jumps	Jr.	Spanaway, WA (Spanaway Lake)
Tyler Fischer	Throws	Sr.	Cashmere, WA (Cashmere)
Kyle Fremd	Sprints	Fr.	Kirkland, WA (Bellevue Christian)
Corey Galligan	Sprints	Fr.	Port Orchard, WA (South Kitsap)
Jonathon Hamilton	Jumps	Sr.	North Pole, AK (North Pole)
Wes Hargrove	Middle Distance	Jr.	Mount Vernon, WA (Burlington-Edison)
Darnell Harris	Hurdles	So.	Tacoma, WA (Spanaway Lake)
Jake Hastings	Distance	Fr.	Colville, WA (Colville)
Anthony Hogan	Hurdles	Fr.	Federal Way, WA (Todd Beamer)
Scott Hunter	Pole Vault	Fr.	Hilo, HI (Hilo)
Mike Jensen	Throws	So.	Tenino, WA (Tenino)
Tom Johnson	Middle Distance	Jr.	Seattle, WA (O'Dea)
Rendel Jones	Hurdles	So.	Everett, WA (Everett)
Dylan Kesler	Throws	Fr.	Puyallup, WA (Puyallup)
Ryan Lara	Middle Distance	Jr.	Tacoma, WA (Franklin Pierce/Evergreen State)
Neil Larson	Throws	So.	Lakebay, WA (Peninsula)
Bryan Mack	Jumps	So.	Arlington, WA (Arlington)
Marquis McKiever	Jumps, Sprints	So.	Spanaway, WA (Graham-Kapowsin)
Manny Melo	Jumps	Fr.	Battle Ground, WA (Battle Ground)
Lewis Meyers	Jumps	Fr.	Carson, WA (Stevenson)
Scott Morrison	Sprints	Fr.	Hoquiam, WA (Hoquiam)
Michael Najera	Hurdles	Fr.	Walla Walla, WA (Walla Walla)
Kincaid Nichols	Sprints	So.	Sequim, WA (Sequim)
Matt Nodine	Distance	So.	Ellensburg, WA (Ellensburg/Whatcom CC)
KC Odoh	Throws	So.	Kent, WA (Kentridge)
Mychal Ostler	Throws	Sr.	Stevenson, WA (Stevenson)
Jack Otto	Throws	So.	Benton City, WA (Kiona-Banton)
Chris Pokorny	Sprints	Fr.	
Jesse Potes	Throws	So.	Bellingham, WA (Sequalicum/Moorpark College)
Scott Power	Distance	Jr.	Burlington, WA (Burlington-Edison)
Gante Price	Hurdles	Fr.	Lakewood, WA (Lakes)
Daniel Ramirez	Throws	Jr.	Toppenish, WA (Toppenish)
Paul Reed	Sprints	Fr.	Puyallup, WA (Franklin Pierce)
Brandon Roddewig	Decathlon/P.V.	Fr.	Fall City, WA (Mount Si)
Tyler Roland	Distance	Fr.	Camas, WA (Camas)
Scott Romain	Distance	Fr.	Seattle, WA (Roosevelt)
Manuel Santos	Distance	So.	Yakima, WA (A.C. Davis/Clark College)
Matt Seel	Sprints	Fr.	Fairwood, WA (Kentridge)
Tomy Sheriff	Throws	So.	Bellevue, WA (Bellevue/Santa Barbara City College)
Thomas Steinke	Decathlon	Fr.	Leavenworth, WA (Cascade)
Frederick Stevens	Throws	Fr.	Carnation, WA (Cedercrest)
Jon Swanson	Distance	Fr.	Spokane Valley, WA (Central Valley)
Brendan Tice	Sprints	Fr.	Selah, WA (Selah)
Andrew Venema	Hurdles/Dec.	Fr.	Bickleton, WA (Bickleton)
Anthony Wright	Sprints	Fr.	Lakewood, WA (Lakes)

Women

Shaina Afoa
Mary Bakeman
Berlyn Bales
Kaylee Baumstark
Jami Beed
Siri Berg
Alex Borunda
Gwenna Carie
Stephanie Cooke
Raquel Gonzalez
Jackie Goode
Elizabeth Hampton
Jessica Hirschhorn
Hailey Huffman

Events

Throws
Distance
Distance
Throws
Distance
Jumps, Hurdles
Distance
Sprints
Middle Distance
Hurdles, Jumps
Pole Vault
Hurdles
Distance
Distance

Cl.

Sr.
Sr.
So.
Jr.
Fr.
So.
Jr.
So.
Sr.
Sr.
Fr.
Fr.
Sr.
Sr.
Fr.

Hometown

Anchorage, AK (Dimond)
Whidbey Island, WA (South Whidbey)
Issaquah, WA (Liberty)
Port Angeles, WA (Port Angeles/Peninsula College)
La Center, WA (La Center)
Burien, WA (Highline)
Yakima, WA (West Valley)
Leavenworth, WA (Cascade/Gonzaga)
Ellensburg, WA (Ellensburg)
Ellensburg, WA (Kittitas)
Tacoma, WA (Clover Park)
Snohomish, WA (Monroe)
Enumclaw, WA (Enumclaw)
Tacoma, WA (Stadium)

Danielle Hutchison	Distance	Jr.	Vancouver, WA (Evergreen/Clark College)
Stephanie Jones	Hurdles/Jumps	Fr.	Enumclaw, WA (Enumclaw)
Kelsey Kreft	Distance	So.	Lake Stevens, WA (Lake Stevens)
Kelsey Kuzis	Distance	So.	Camas, WA (Camas)
Jamie Larson	Pole Vault	Fr.	Kent, WA (Kentwood)
Belen Lopez	Pole Vault	Fr.	Selah, WA (Selah)
Katherine Lotze	Heptathlon	Fr.	Benton City, WA (Kiona-Benton)
Elizabeth Mann	Distance	So.	Auburn, WA (Auburn Riverside)
Adriana Mendoza	Distance	So.	Zillah, WA (YVC)
Becky Mulkey	Throws	Fr.	Lacey, WA (North Thurston)
Hilary Nunn	Distance	Fr.	Leavenworth, WA (Cascade)
Kaitlyn Parrott	Sprints	Fr.	Redmond, WA (Redmond)
Haleigh Raymond	PV, Sprints	So.	Raymond, WA (Willapa Valley)
Ashley Rice	Distance	Fr.	Tieton, WA (Highland)
Amanda Rose	Jumps	Sr.	Chehalis, WA (West)
Mary Seidler	Heptathlon	Sr.	Goodyear, AZ (Millennium)
Torrie Self	Throws	Jr..	Kent, WA (Kent-Meridian/Olivet Nazarene)
Sarah Spees		So.	Puyallup, WA (Puyallup)
Jordan Stueckle	Throws	Jr.	Selah, WA (Selah)
Robyn Swanson	Distance	Jr.	Spokane, WA (Central Valley/CC of Spokane)
Hannah Swigart	Pole Vault	Fr.	Goldendale, WA (Goldendale)
Sarah Takayoshi	Sprints	Fr.	Vancouver, WA (Union)
Amanda Valera	Distance	So.	Moxee, WA (Zillah)
Shannon Vreeland	Distance	Sr.	Port Orchard, WA (South Kitsap)
Sharelle Wells	Hurdles/Hep.	Jr.	Yakima, WA (Riverside Christian)
Raisa Yates	Throws	Fr.	Moxee, WA (East Valley)

Head Coach - Kevin Adkisson. **Assistants** – Charles Chandler, J.T. Statler, Nick Collins, Krissy Tandle.

YELLOWJACKETS Montana State Billings

Men	Events	Cl.	Hometown
Cameron Barber	Jumps	So	Ronan, MT (Ronan)
Luke Barrett	Sprints	Jr.	Whitehall, MT (Whitehall)
Ryan Blomback	Distance	Fr.	Belgrade, MT (Belgrade)
Mark Bolt	Distance	So.	Billings, MT (Billings Skyview)
John Buttelman	Distance	Fr.	Three Forks, MT (Three Forks)
Taylor Canfield	Distance	So.	Manhattan, MT (Manhattan)
Nathan Diede	Sprints	Jr.	Lambert, MT (Richie-Lamber)
Rusty Ewing	Jumps	Fr.	Ashland, MT (Billings Central)
Jade Haynie	Throws	So.	Billings, MT (Skyview)
Michael Hildebrand	Distance	Fr.	Powell, WY (Powell)
Daniel Hutchinson	Distance	RS	Billings, MT (Billings Senior)
Bryce Jensen	Throws	So.	Billings, MT (Billings West)
Daniel Lombardi	Distance	So.	Deer Lodge, MT (Powell County)
Branden Martinez	Vault	So.	Worland, WY (Worland)
Kelley Miller	Distance	Jr.	Glendive, MT (Dawson County)
Josh Morley	Throws	Jr.	Belfry, MT (Belfry)
Logan Mossey	Middle Distance	Jr.	Lewiston, MT (Fergus)
Brandon Pearce	Sprints	Fr.	Billings, MT (Billings Skyview)
Adam Prevost	Sprints	Fr.	Billings, MT (Billings West)
Tanner Rottrup	Throws	Fr.	Billings, MT (Billings Senior)
Tucker Shuler	Distance	So.	Powell, WY (Powell)
Dylan Solberg	Hurdles	Fr.	Richland, MT (Scobey)
Tyson Vanderby	Distance	So.	Manhattan, MT (Manhattan)
Camden Wiest	Sprints	So.	Billings, MT (Montana State - Bozeman)
Dorian Williams	Hurdles	Fr.	Hermiston, OR (Hermiston)
Nick Wilson	Throws	Fr.	Laurel, MT (Laurel)
Women	Events	Cl.	Hometown
Elissa Adams	Sprints	Fr.	Bozeman, MT (Bozeman)
Tracy Barrett	Throws	RS	Billings, MT (Billings Senior)
Brook Berg	Throws	Fr.	Malta, MT (Malta)

Kelsee Clark	Throws	Jr.	Geraldine, MT (Geraldine)
Emili Crowder	Vault/Hurdles	Fr.	Saco, MT (Saco/Hinsdale)
Britney Derhak	Sprints	Sr.	Billings, MT (Skyview)
Natasha Fredrickson	Distance	RS	Terry, MT (Terry)
Hillary Gourneau	Throws	So.	Poplar, MT (Poplar)
Erika Halle	Sprints	So.	Manhattan, MT (Manhattan Christina)
Alexi Halvorson	Throws	Jr.	Billings, MT (Billings West)
Rachel Hansen	Jumps	Sr.	Lolo, MT (Missoula Big Sky)
Cady Irion	Throws	Fr.	Miles City, MT (Custer County)
Sarah Jackson	Distance	RS.	Bozeman, MT (Manhattan Christian)
Mykel Ler	Middle Distance	Jr.	Sidney, MT (Sidney)
Sara McGurran	Sprint/Hurdles	Fr.	Cascade, MT (Cascade North)
Whitney Mickelsen	Distance	So.	Aurora, UT (North Sevier)
Kayla Neumiller	Jumps/Mid-Distance	Fr.	Colstrip, MT (Colstrip)
Mary Owen	Distance	Fr.	Hammond, MT (Broadus)
Justine Simons	Sprints	So.	Laurel, MT (Laurel)
Katie Thiel	Distance	Jr.	Powell, WY (Powell)
Tiffany Thomas	Distance, PV	Fr.	Huntley, MT (Huntley Project)
Alanya Three Irons	Throws	So.	Hardin, MT (Hardin)
Kacie Vanderloos	Throws	Jr.	Hysham, MT (Hysham)

Head Coach – Dave Coppock. **Assistants** – Matt Drinkwater , Dan Biehl

CRUSADERS Northwest Nazarene

Men	Events	Yr.	Hometown (School)
Jesse Baggenstos	Distance	Fr.	Renton, WA (Kentrige)
Bruno Bennett	Jumps	Fr.	Harrison, ID (Kootneai)
Devin Bryant	Jumps	Fr.	Twin Falls, ID (Twin Falls)
Yance Burger	Throws	Fr.	Nampa, ID (Nampa Christian)
Seth Clark	Distance	Jr.	Grangeville, ID (Grangeville)
Cameron Colby	Sprints	Fr.	Tualatin, OR (Westside Christian)
Alex Crystal	Distance	Fr.	Kimberley, ID (Kimberley)
Alex Cunningham	Distance	Fr.	Mt. Home, ID (Kaiserslautern)
Neil Easter	Distance	So.	Nampa, ID (Columbia)
Alex Eaton	Throws	Sr.	Craigmont, ID (Highland)
Diego Estrada	Throws	Jr.	Castleford, ID (Castleford)
Jordan Fenters	Throws	Jr.	Klamath Falls, OR (Henely)
Kyle Gray	Distance	Sr.	San Diego, CA (Point Loma)
Tim Greene	Sprints	So.	Portland, OR (Madison)
Mark Hanson	Hurdles	Sr.	Nampa, ID (Skyview)
Ben Heidegger	Sprints	So.	Jacksonville, OR (Cascade Christian/Linfield)
Josh Heidegger	Jumps/Throws	Jr.	Jacksonville, OR (Cascade Christian)
Hank Hetrick	Distance	Sr.	Caldwell, ID (Greenleaf Friends)
Luke Hetrick	Distance	So.	Caldwell, ID (Greenleaf Friends)
Dan Hill	Sprints	Jr.	Castleford, ID (Castleford)
Maurus Hope	Sprints	So.	Adrian, OR (Adrian)
Brandon Humble	Sprints	Fr.	Middleton, ID (Middleton)
Corey Johnson	Sprints	So.	Nampa, ID (Nampa Christian)
Connor Kirkpatrick	Sprints	Fr.	Central Point, OR (Cascade Christian)
Marc Lannon	Hurdles	Jr.	Boise, ID (Treasure Valley CC)
Zach Lane	Distance	Jr.	Redmond, OR (Redmond)
Joseph Lovell	Distance	Fr.	Boise, ID (Bishop Kelly)
Josh Merioles	Distance	So.	Valdez, AK (Valdez)
Grant Miller	Throws	Sr.	Vancouver, WA (Vancouver Christian)
Stuart Montgomery	Multi	Jr.	Marysville, WA (Grace)
Bernard Ngeno	Distance	Fr.	Litein, Kenya (Letien Boys School)
Matt Rankin	Distance	Fr.	Ontario, OR (Ontario)
Caleb Reynolds	Distance	Jr.	Yakima, WA (Riverside Christian)
Derek Sepe	Sprints	So.	Everett, WA (Cascade)
Matt Stark	Distance	So.	Meridian, ID (Mountain View)
Tim Steiglitz	Hurdles	Fr.	Medford, OR (Cascade Christian)
Barak Watson	Distance	Fr.	Nampa, ID (Columbia)

Justin Webb	Distance	Fr.	Wesier, ID (Weiser)
Elmer Williams	Throws	Fr.	Deer Park, WA (Deer Park)
Eric Zwiefelhofer	Sprints/Jumps	Sr.	Hermiston, OR (Hermiston)
Women	Events	Yr.	Hometown (School)
Chelsea Barr	Sprints/Jumps	Fr.	Nampa, ID (Nampa Christian)
Danielle Beesley	Distance	So.	Caldwell, ID (Nampa Christian)
Maycee Bekkedahl	Sprints/Jumps	Jr.	Nampa, ID (Skyview)
Jill Bennett	Hurdles/Jumps	So.	Grants Pass, OR (Cascade Christian)
Danielle Bickford	Sprints	Jr.	Battle Ground, WA (Columbia Adventist)
Lindsay Brady	Sprints	Sr.	Boise, ID (Bishop Kelly)
Christa Brediger	Sprints	Sr.	Shoreline, WA (Shorewood)
Jessica Case	Sprints	Fr.	Troy, ID (Troy)
Amy Ciaccio	Hurdles	Jr.	Boise, ID (Pt. Loma Nazarene)
Jennifer Conner	Sprints	So.	Kittitas, WA (Riverside Christian)
Elisa Decker	Distance	So.	Vancouver, WA (Mountain View)
Hannah Din-Aubert/Mclas	Throws	So.	Rockaway Beach, OR (Sweet Home)
Carly Dranginis	Throws	Fr.	Nampa, ID (Skyview)
Ashley Egger	Jumps	Jr.	Portland, OR (Abekah Academy)
Sarah Elwell	Throws	Sr.	Woodburn, OR (Woodburn)
Karina Elzinga	Jumps	Sr.	Salmon, ID (Salmon)
Charleen Everett	Throws	So.	North Bend, OR (North Bend)
Melissa Grammer	Sprints	Fr.	Valdez, AK (Valdez)
Christine Harwood	Distance	Fr.	Pendleton, OR (Pendleton)
Alicia Hedrick	Throws	Fr.	Bonnors Ferry, ID (Bonnors Ferry)
Samantha Hill	Distance	Fr.	Woodinville, WA (Bothell)
Rebecca Holding	Hurdles/Combined	Fr.	Damascus, OR (Damascus Christian)
Stephanie Hugus	Hurdles	Fr.	Pavillion, WY (Riverton)
Jamyn Jewett	Jumps/Sprints	Fr.	Mt. Home, ID (Home)
Chelsey Jones	Jumps/Multi	Sr.	Sunnyside, WA (Sunnyside Christian)
Amanda Konzal	Jumps	So.	Spokane, WA (Mt. Spokane)
Annie Larlee	Hurdles	So.	Maupin, OR (South Wasco County)
Chelsea Layne	Distance	Fr.	Jerome, ID (Jerome)
Christabel Leonce	Sprints	So.	Castries St. Lucia West Indies/Arthur Lewis
Sarah Mattingly	Throws	Fr.	Loveland, CO (Loveland)
Erika McCarthy	Throws	Sr.	Baker City, OR (Baker)
Beth McLam	Hurdles	Sr.	Fairfield, ID (Camas County/Corban)
Ashley Morman	Distance	Sr.	Bonnors Ferry, ID (Bonnes Ferry)
Lakiesha Nilles	Throws	So.	Poulsbo, WA (King's West)
Bailey Osborn	Throws	So.	Shoreline, WA (Shorecrest)
Michelle Phillips	Distance	Sr.	Meridian, ID (Mid America)
Jordan Powell	Distance	Fr.	Nampa, ID (Columbia)
Laura Pridgen	Hurdles/Jumps	Fr.	Nampa, ID (Nampa Christian)
Jaclyn Puga	Distance	Jr.	Meridian, ID (Nampa Christian)
Maria Ramirez	Distance	Fr.	La Pine, OR (La Pine)
Molly Reid	Sprints/Jumps	So.	Jerome, ID (Jerome)
Ashley Rendahl	Distance	Jr.	Hailey, ID (Wood River)
Shanna Rippy	Sprints	Fr.	Boise, ID (Timberline)
Ali Rotta	Jumps/Sprints	Fr.	Eagle, ID (Meridian Tech)
Sharelle Seward	Sprints	So.	Kimberly, ID (Kimberly)
Shayna Shute	Throws	Jr.	Vancouver, WA (Vancouver Christian)
Megan Swenson	Distance	So.	Salem, OR (Salem Academy)
Latoya Tidwell	Sprints	Jr.	Tacoma, WA (Franklin Pierce)
M.J. Usabel	Jumps/Hurdles	Sr.	Marsing, ID (Marsing)
Laura VonArx	Jumps	Sr.	Hermiston, OR (Hermiston)
Joy Warrington	Throws	So.	Colorado Springs, CO (Widefield)

Head Coach - John Spatz. **Assistants** - Ben Gall, Scott Kinnaman, Dustin Ainsworth, Jake Perry, Tim Beck, Ashley Puga

SAINTS Saint Martin's

Men	Events	Yr.	Hometown
Scott Bauer	Distance	Fr.	Palmdale, CA (Paraclete)
Noah Caffrey	Middle Distance	So.	Allyn, WA (Klahowya)
Josh DeVaughan	Sprints	So.	(Central Kitsap)
Travis Dodge	Sprints	So.	Graham, WA (Kapowskin)
Connor Flaherty	Sprints	Sr.	Salem, OR (Blanchet)
Cameron Grossaint	Distance	Fr.	Mollcreek, WA (Henry M. Jackson)
Nick Harvey	Middle Distance	Jr.	Olympia, WA (River Ridge)
Kevin Hudson	Throws	So.	Aberdeen, WA (Aberdeen)
Spencer Hunt	Middle Distance	So.	Onalaska, WA (Onalaska)
Austin Kummer	Jumps	Fr.	
Charles Lawson	Pole Vault		
Joseph Patti	Distance	Fr.	Renton, WA (Charles A. Lindbergh)
Anthony Player	Throws	Fr.	Tumwater, WA (Tumwater)
Jacob Suazo	Middle Distance	So.	Lakewood, WA (Lakes)
Kyle Van Santen	Distance	So.	Lake Stevens, WA (Lake Stevens)

Women	Events	Yr.	Hometown (School)
Angela Anderson	Pole Vault	So.	Bremerton, WA (Home Schooled)
Helen Camden	Distance	Jr.	Yakima, WA (LaSalle)
Krinda Carlson	Middle Distance	Sr.	Pateros, WA (Pateros)
Cymbree DeCosta	High Jump	Fr.	Kula, HI (Kamehameha)
Samantha Hull	Pole Vault/Jav.	Fr.	North Mason
Jennifer Johnson	Pole Vault	So.	Yakima, WA (Eisenhower)
Annie Laweryson	Middle Distance	Jr.	Puyallup, WA (Rogers)
Ashley Llapitan	Distance	Fr.	Buckley, WA (White River)
Joscelyn Minton	Middle Distance	So.	Shelton, WA (Northwest Christian)
Karissa Owen	Middle Distance	Jr..	Rainier, WA (Rainier)
Kaitlyn Pecha	Distance	So.	Omak, WA (Omak)
Hannah Scholter	Hurdles	Fr.	Auburn, WA (Auburn)
Jillian Stray	Javelin	Fr.	Centralia, WA (Centralia)
Teilissa Tua	Throws	Fr.	Kahului, HI (Kamehameha)
Kaila Weiks	Sprints	Fr.	Tumwater, WA (Tumwater)

Head Coach – Julie Sullivan. **Assistants** – Gunner Argo, Marc Fish, Hal Werner, Patrick Talmadge, Larry Weber

FALCONS Seattle Pacific

Men	Events	Yr	Hometown (High School)
AJ Baker	Distance	Fr.	AuGres, MI (AuGres-Sims)
Gavin Brand	Distance	Fr.	Suwanee, GA (Peach Tree Ridge)
Jace Derwin	Throws	Jr.	Snoqualmie, WA (Mount Si)
Ryan Endersen	Hurdles/Sprints	Fr.	Portland, OR (Columbia Christian)
Justin Felt	Jumps	Sr.	Eugene, OR (Churchill)
Daniel Friesen	Distance	So.	Lake Oswego, OR (Westside Christian)
Micah Grounds	Sprints	Sr.	San Diego, CA (Shorecrest – Seattle)
Andrew Hamilton	Distance	So.	Ballard, WA (Ballard)
Daniel Hamilton	Distance	So.	Missoula, MT (Sentinel)
Will Harrison	Distance	Fr.	Tucson, AZ (Catalina Foothills)
Nate Johnson	Mult/Hurdles	Fr.	Boise, ID (Timberline)
Jordan Lance	Distance	Jr.	Mill Creek, WA (Jackson)
Billy Martin	Throws	Fr.	Edmonds, WA (King's)
Chad Meis	Distance	Sr.	Renton, WA (Seattle Christian)
Caleb Parker	Distance	Fr.	Richland, WA (Richland)
Hilario Ramirez	Sprints	Jr.	Bellevue, WA (Bellevue)
Nathan Seely	Distance	Fr.	Lynden, WA (Lynden)
Nathanael Sleight	Distance	So.	Bellevue, WA (Bellevue Christian)
Andrew Van Ness	Distance	Fr.	Bellevue, WA (Bellevue Christian)
Nathan Wagner	Jumps	Sr.	Olympia, WA (Northwest Christian)
Jacob Wahlemaier	Distance	Jr.	Everett, WA (Cascade)

Jordan Wolfe	Distance	Fr.	Bend, OR (Mountain View)
Women	Events	Yr	Hometown (High School)
Brittany Aanstad	Heptathlon	Jr.	Lake Stevens, WA (Lake Stevens)
Amanda Alvarez	Jumps/Hurdles	Fr.	Vancouver, WA (Columbia River)
Athena Alvarez	Sprints/800/Jumps	Fr.	Vancouver, WA (Columbia River)
Lisa Anderberg	Middle Distance	Sr.	Edmonds, WA (Kamiak)
Carly Andrews	Javelin	So.	Issaquah, WA (Issaquah)
Kassandra Boulton	Distance	Fr.	Hillsboro, OR (Glencoe)
Kelsey Brown	Distance	Fr.	Colorado Springs, CO (Classical Academy)
Michaela Caldwell	Pole Vault	So.	Marysville, WA (Marysville-Pilchuck)
Krystal Carrick	Distance	Fr.	Tokyo, Japan (Christian Academy)
Karie Chamberlian	Sprints	So.	Cincinnati, OH (Anderson)
Jocelyn Charette	Jumps	Fr.	Lakewood, WA (Curtis)
Latasha Essien	Sprints	Sr.	Portland, OR (Reynolds)
Kjersti Gedde	Pole Vault	Jr.	Olympia, WA (Olympia)
Katy Gross	Hurdles/Jumps	Fr.	Everett, WA (Cascade)
Margaret Hanscom	Distance	So.	Lake Oswego, OR (Westside Christian)
Kate Harline	Distance	Sr.	Orem, UT (Orem)
Kelly Jenkins	Jumps	Fr.	Hillsboro, OR (Liberty)
Jane Larson	Distance	Sr.	Fall City, WA (Cedar Park Christian)
Kira Lewis	Hurdles/Jumps	Fr.	Yakima, WA (West Valley)
Jacque Mattson	Jumps	Jr.	Odell, OR (Hood River Valley)
Trinna Miranda	Jumps	Fr.	Tigard, OR (Southridge)
Laura Moser	Distance	Fr.	Sequim, WA (Sequim)
Natalie Nobbs	Hurdles/Jumps	So.	Yakima, WA (Riverside Christian)
Melissa Peaslee	Pole Vault	Jr.	Fox Island, WA (Gig Harbor)
Lisette Peterson	Sprints	So.	Eugene, OR (Sheldon)
Jennifer Pike	Hurdles/Sprints	Jr.	Vancouver, WA (Skyview)
Jessica Pixler	Distance	Sr.	Sammamish, WA (Eastlake)
Natty Plunkett	Distance	So.	Bellevue, WA (Newport)
Emily Quatier	Sprints	Fr.	Portland, OR (Westside Christian)
Terra Schumacher	Heptathlon	Jr.	Sublimity, OR (Regis/Mount Hood CC)
Crystal Sims	Heptathlon/Sprints	Jr.	Portland, OR (Jefferson/Mount Hood CC)
Brittany Tri	Heptathlon	So.	Lake Stevens, WA (Lake Stevens)
Kayla Wilkins	Hurdles/Sprints	So.	Vancouver, WA (Evergreen)
Mary Williams	Distance	So.	Lake Jackson, TX (Brazoswood)
Ali Worthen	Hurdles/Jumps	So.	Coos Bay, OR (Marshfield)

Head Coach – Karl Lerum **Assistants** – Duncan Atwood, Erika Daligcon, Carly Dockendorf, Bryan Gough, Doris Heritage

WOLVES Western Oregon

Men	Events	Yr.	Hometown (School)
Gabe Aguilar	Sprints	Jr.	Hillsboro, OR (Glencoe)
Robert Alexander	Sprints	Fr.	Seattle, WA (O' Dea)
Francisco Arenas	Throws	Fr.	Hermiston, OR (Hermiston)
Travis Banker	Distance	Sr.	Banks, OR (Valley Catholic)
Ryan Beaver	Distance	Sr.	Gresham, OR (Gresham)
Alex Bourne	Sprints	Jr.	Lebanon, OR (Lebanon)
Michael Brown	Middle Distance	So.	Beaverton, OR (Southridge)
Andy Casqueiro	Sprints	Fr.	Keizer, OR (McNary)
Ryan Chapman	Distance	Fr.	Yakima, WA (Eisenhower)
James Croft	Distance	Fr.	Central Point, OR (Crater)
Will Crook	Javelin	Fr.	Jewell, OR (Jewell)
Dominic Ferraris	Distance	Fr.	Tigard, OR (Tigard)
Travis Fox	Sprints	Sr.	Colville, WA (Colville)
Chris Freeman	Jumps	So.	Newcastle, OR (Liberty)
Michael Glover	Jumps	Fr.	Beaverton, OR (Sunset)
Matson Hardie	Jumps	Fr.	Bend, OR (Summit)
Kyle Hart	Throws	Jr.	Ontario, OR (Ontario)
Luke Holt	Distance	Fr.	Darville, IN (Cascade)
Cody Hughes	Distance	Fr.	Salem, OR (South Salem)

Jake Hyde	Jumps	Fr.	Estacade, OR (Estacada)
Braxton Jackson	Distance	Sr.	Lincoln City, OR (Taft)
Bryce Johnson	Sprints	Sr.	Barlow, OR (Barlow/Mt. Hood)
Matt Kaino	Sprints	Fr.	Iwaco, WA (Iwaco)
Justin Karr	Distance	Jr.	Tigard, OR (Tigard)
Connor Kasler	Distance	Fr.	Grants Pass, OR (Hidden Valley)
Darion Kauffman	Throws	Fr.	Salem, OR (McNary)
Michael Kendrick	Hurdles	Fr.	Salem, OR (North Salem)
Kyle Larson	Distance	Jr.	Lake Stevens, WA (Lake Stevens)
Jeff Long	Distance	Sr.	Vancouver, WA (Skyview)
Derek Lopez	Distance	So.	Hillsboro, OR (Hillsboro)
Andy Loscutoff	Sprints	Jr.	Canby, OR (Canby)
Tim Lundy	Jumps	Jr.	Dayton, OR (Dayton)
Robert Manwell	Hurdles	Jr.	Gresham, OR (Gresham)
Zach Massari	Distance	So.	Stayton, OR (Scio)
Toby Maunu	Distance	Fr.	Sandy, OR (Sandy)
Matt McCrary	Distance	So.	Gladstone, OR (Gladstone)
Josh Moore	Sprints	Fr.	Tacoma, WA (Franklin)
Dallas Moses	Middle Distance	So.	Warrenton, OR (Warrenton/George Fox)
Ashtin Mott	Sprints	Jr.	Lake Stevens, WA (Lake Stevens)
Tim Mowery	Sprints	Fr.	Gresham, OR (Grasham)
Jacob Nicola	Throws	So.	Portland, OR (La Salle)
Carson O'Brien	Distance	Sr.	Salem, OR (South Salem)
Shane O'Connell	Sprints	So.	Eugene, OR (Churchill)
Luis Ortiz	Sprints	Fr.	Hermiston, OR (Hermiston)
Kody Reavis	Throws	So.	Florence, OR (Siuslaw)
Chris Reed	Distance	Jr.	Klamath Falls, OR (Klamath Union)
Austin Roberts	Jumps	Sr.	Hillsboro, OR (Century)
Nathan Rowlett	Throws	Fr.	Portland, OR (Portland Christian)
Mike Schmidt	Distance	Jr.	Tacoma, WA (Bellarmine Prep)
Matt Schryvers	Throws	Jr.	Springfield, OR (Thurston)
Jason Slowey	Throws	So.	Medford, OR (North Medford)
Devon Smith	Sprints	Fr.	Marysville, WA
Brandon Snook	Distance	Jr.	Oregon City, OR (Oregon City)
Dan Sprinkle	Distance	Fr.	Portland, OR (Century)
Parker Stewart	Throws	Fr.	Dallas, OR (Dallas)
Tyler Thomas	Sprints	Fr.	Philomath, OR (Philomath)
Abe Webb	Distance	So.	Milwaukie, OR (LaSalle)
Robert Wegner	Jumps	Jr.	Tigard, OR (Tigard)
Jordan Werner	Hurdles	So.	Grants Pass, OR (Grants Pass)
Hoppie White	Sprints	Fr.	Portland, OR (Benson)
Anthony Yakovich	Sprints	Fr.	Eugene, OR (Sheldon)

Women

Karah Ambrose
Annan Applebee
Mary Bailey
Meryl Butcher
KayAnna Cecchi
Stephanie Davidson
Stefani Dittmar
Amy Elder
Janelle Everetts
Megan Everetts
Annie Hayward
Sarah Kathrein
Mandy Keifer
Danielle Kermode
Stephanie Lane
Mariah Macauley
Crystal McDowell
Lyndsey McKillip
Lacey Meusec
Carrie Minor

Events

Sprints/Jumps
Middle Distance
Sprints
Distance
Distance
Jumps
Sprints
Throws
Distance
Distance
Sprints
Sprints
Jumps
Hurdles
Throws
Javelin
Sprints
Distance
Sprints
Sprints

Yr.

Fr.
Jr.
Fr.
So.
So.
Fr.
Sr.
Fr.
So.
So.
Jr.
Fr.
Jr.
Fr.
So.
Fr.
Fr.
Sr.
Jr.
So.

Hometown (School)

Vancouver, WA (Clolumbia River)
Gladstone, OR (Gladstone)
Grants Pass, OR (Hidden Valley)
Clackamas, OR (Clackamas)
Gresham, OR (Gresham)
Dayton, OR (Dayton)
Canby, OR (Canby)
Nestucca, OR (Nestucca)
Salem, OR (McKay)
Salem, OR (McKay)
Newport, OR (Newport)
Boring, OR (Sandy)
Salem, OR (North Salem)
Black Hills, WA
Tillamook, OR (Tillamook)
Eugene, OR (Churchill)
Roseburg, OR (Roseburg)
Puyallup, WA (Puyallup)
Gresham, OR (Gresham)
Florence, OR (Siuslaw)

Tricia Morrison	Distance	Jr.	Hillsboro, OR (Hillsboro)
Ali Mosher	Hurdles	So.	Gresham, OR (Gresham)
Kelsey Neilson	Jumps	So.	Sisters, OR (Sisters)
Emily Pieron	Sprints	Fr.	Nestucca, OR (Nestucca)
Lexi Pola	Sprints	Fr.	Dallas, OR (Dallas)
Ashley Potter	Jumps/Sprints	So	Springfield, OR (Thurston)
Carolanne Powers	Sprints/Throws	Fr.	Keizer, OR (McNary)
McKenzie Redberg	Sprints	Fr.	Corvallis, OR (Corvallis)
Kaitlyn Reid	Hurdles	Jr.	West Linn, OR (West Linn)
Alee Rowley	Distance	Sr.	Kenai, AK (Kenai Central)
Amanda Schumaker	Throws	Fr.	Gladstone, OR (Gladstone)
Zoe Skordahl	Distance	So.	Oakridge, OR (Oakridge)
Erica Snawder	Distance	Jr.	Salem, OR (South Salem)
Janna Vander Meulen	Hurdles	So.	Puyallup, WA (Rogers)
Amanda Wright	Distance	So.	Olympia, WA (Capitol)
Erica Zambon	Distance	Sr.	Carlsbad, CA (Carlsbad/Sonoma State)

Head Coach – Mike Johnson. **Assistants** – Jerret Mantalas, Isaac Frederick, Jessica Harper

VIKINGS Western Washington

Men	Events	Yr.	Hometown (School)
Nick Abraham	Middle Distance	So.	Sammamish, WA (Skyline)
Jeremy Anderson	Middle Distance	So.	Chimacum, WA (Chimacum/U. of Great Falls)
Graham Armstrong	Distance	Fr.	Sammamish, WA (Skyline)
Yonas Berhe	Distance	So.	Seattle, WA (Roosevelt)
Scott Birks	Sprints/Jumps	Fr.	Kennewick, WA (Southridge/Columbia Basin CC)
Tanner Boyd	Distance	Fr.	Camas, WA (Camas)
Eric Brill	Distance	Jr.	Kent, WA (Kentwood)
Keefe Brockman*	Jumps	So.	West Richland, WA (Hanford)
Ryan Brown*	Pole Vault	Jr.	Bellingham, WA (Squalicum)
Will Cameron	Distance	Jr.	Poulsbo, WA (North Kitsap)
Bobby Carlson	Distance	Sr.	Snohomish, WA (Snohomish)
Ismael Chavez	Pole Vault	So.	Aberdeen, WA (Hoquiam)
Timothy Chi	Distance	So.	Renton, WA (Hazen/Bellevue CC)
Reggie Christor	Sprints/Jumps	So.	Spanaway, WA (Graham/Kapowsin)
Tim Clendaniel	PV/Multi	So.	Bothell, WA (Bothell)
Andrew Conniff	Distance	Fr.	Corvallis, OR (Santiam Christian)
Logan Darling	Sprints	So.	Bellingham, WA (Bellingham/Oregon)
Toby David	Sprints	Jr.	Cathlamet, WA (Wahkiakum)
Will Davis	Jumps	So.	Spokane, WA (Central Valley)
Ben DeKock*	Throws	Jr.	Seabeck, WA (Klahowya)
Spencer Denton	Sprints	Fr.	Jacksonville, Or (South Medford)
Alex Dye	Sprints	Sr.	Bellevue, WA (Issaquah)
Darren Edwards	Multi	Sr.	Arlington, WA (Arlington)
Ben Elder*	Throws	Jr.	Lake Stevens, WA (Lake Stevens)
Stephen Foster	Throws	So.	Kent, WA (Kent-Meridian)
Marc Fuhmeister	Distance	Fr.	Bellingham, WA (Squalicum)
Brad Garrett	Distance	Fr.	Port Angeles, WA (Port Angeles)
Jacob Gilbert	Throws	Fr.	Bellingham, WA (Sehome)
Jordan Ginn	Distance	Fr.	Spokane, WA (North Central)
Dylan Gordon	Hurdles	Fr.	Maple Valley, WA (Tahoma)
Andrew Gray	Hurdles/Sprints	So.	Sammamish, WA (Skyline)
Bennett Grimes*	Distance	Jr.	Pocatello, ID (Century)
Levi Grudzinski	Hurdles/Sprints	Fr.	Bellingham, WA (Sehome)
Shane Gruger*	Jump/Sprints	Jr.	Shoreline, WA (Shorewood)
Thomas Guidon	Pole Vault	Fr.	Bothell, WA (Bothell)
Cameron Gump	Throws	Fr.	Spokane, WA (North Central – WSU)
Taylor Hanson	Distance	Fr.	Port Angeles, WA (Port Angeles)
Alex Harrison	Multi	Jr.	Edmonds, WA (Edmonds-Woodway)
Michael Hoffman*	Throws	So.	Bellingham, WA (Sehome)
Nic Hoza	Pole Vault	So.	Olympia, WA (Olympia)
Kevin Iverson	Multi-Event	Sr.	Mill Creek, WA (Jackson)

Chip Jackson	Distance	Fr.	Seattle, WA (Shorewood)
Kyle Johnson	Middle Distance	So.	Nine Mile Falls, WA (Lakeside)
Dincer Kayhan**	Throws	Jr.	Gig Harbor, WA (Gig Harbor)
Tatsuya Kee	Throws	Jr.	Vancouver, WA (Mountain View/Clark CC)
Andrew Knight	Throws	Fr.	Puyallup, WA (Fife)
Evan Koreyasu	Jumps/Sprints	So.	Brier, WA (Mountlake Terrace)
Greg Kubitz**	Distance	Sr.	Kelso, WA (Kelso)
Josh Larson	Multi-Event	Jr.	Bellingham, WA (Bellingham/Whatcom CC)
Danny Lindstrom	Distance	Fr.	Anacortes, WA (Anacortes)
Will Lloyd	Pole Vault	Jr.	Tumwater, WA (Tumwater)
Luke Mattson	Sprints	Sr.	Lakewood, WA (Lakewood)
Anders Mavis	Middle Distance	Sr.	Boulder, CO (Boulder)
Colby Mayberry	Throws	Jr.	Prescott, WA (Prescott/Walla Walla CC)
Casey McDaniel	Jumps	Fr.	Bothell, WA (Bothell)
Ian McLeod	Distance	Fr.	Mill Creek, WA (Jackson)
Julie Meaker	Sprints	So.	Blaine, WA (Blaine/Whatcom CC)
Blake Medhaug*	Distance	Sr.	Bothell, WA (Bothell)
Bryant Michaelson**	Throws	Sr.	Lynden, WA (Meridian)
Nate Miller	Pole Vault	Fr.	Bellingham, WA (Squalicum)
Michael Millson*	Jumps	So.	Deming, WA (Mount Baker)
Gabe Morales	Sprints	Jr.	Renton, WA (O'Dea)
Tyler Nichols	Throws	So.	Shoreline, WA (Shorewood)
Matt O'Connell	Sprints	Sr.	Sammamish, WA (Skyline)
Nate Perkins	Middle Distance	Jr.	Bellevue, WA (Bellevue Christian)
Travis Peters	Middle Distance	Fr.	Kelso, WA (Kelso/Washington)
Dylan Peterson	Distance	Fr.	Seattle, WA (Garfield)
Andy Randles	Distance	Fr.	Spokane, WA (Gonzaga Prep)
Jesse Roberson	Distance	Jr.	Tacoma, WA (Wilson)
Cal Rosenberg	Pole Vault	Fr.	Portland, OR (Grant)
Chris Ruether	Sprints	Fr.	Cashmere, WA (Cashmere).
Matt Santos	Middle Distance	Jr.	Tacoma, WA (Wilson)
Tim Satterwhite*	Jumps	Jr.	Federal Way, WA (Jefferson)
Otto Schmidt	Distance	Fr.	Friday Harbor, WA (Friday Harbor)
Nate Simunds	Pole Vault	Jr.	Stanwood, WA (Stanwood/Everett CC)
Maxx Snyder	Sprints	Jr.	Tacoma, WA (Stadium)
Ben Strenslund	Student Assistant		
Duane Stewart	Distance	So.	Abbotsford, B.C (W.V. Mouat/Pacific Lutheran/Greenville)
Justin Thomsen	Sprints	Fr.	Bellingham, WA (Sehome)
Alex Tilley	Sprints	So.	Edmonds, WA (Kamiak)
Anthony Tomsich**	Distance	Sr.	Fairbanks, AK (West Valley)
Charlie Tribe	Pole Vault	Sr.	Missoula, MT (Sentinel)
Bob Valentine	Throws	Jr.	Vancouver, WA (Evergreen)
Brandon Varkevisser	Throws	Sr.	Castle Rock, WA (Castle Rock/Lower Columbia CC)
Phil Villanueva*	Hurdles	Jr.	Spanaway, WA (Bethel)
Jordan Welling*	Distance	Jr.	Burlington, WA (Burlington-Edison/Northern Arizona)
Steven Wilhelmy	Throws	So.	Bothell, WA (Bothell)
Josh Winters*	Pole Vault	Jr.	Bothell, WA (Bothell)
Alex Wipf	Distance	So.	Edmonds, WA (Meadowdale)
Hayden Woodard	Pole Vault	So.	Woodland, WA (Woodland)
Anthony Zackery	Jumps/Sprints	Jr.	Spokane, WA (Ferris)
Nathan Zahn	Distance	Jr.	Lakewood, WA (Lakewood/Everett CC/Spokane Falls CC)

Women

Kelsey Adams
 Jillian Altizer
 Angie Alvord
 Karis Anderson
 Tanya Bjornsson
 Jessica Boyer
 Lauren Briehof*
 Sierra Brisky
 Robin Brown
 Sarah Brownell*
 Kiana Cheng

Events

Jumps
 Distance
 Jumps
 Pole Vault
 Hurdles
 Middle Distance
 Distance
 Distance
 Throws
 Mid D/Hurdle
 Sprints

Yr.

Fr.
 Fr.
 Sr.
 Fr.
 Fr.
 So.
 Jr.
 So.
 So.
 Fr.
 Fr.

Hometown (School)

Spokane, WA (Ferris)
 Bellevue, WA (Newport)
 Laurel, WA (Meridian)
 Seattle, WA (Roosevelt)
 Ferndale, WA (Ferndale)
 Columbia Falls, MT (Columbia Falls)
 Vancouver, WA (Mountain View)
 Acme, WA (Mount Baker)
 Lone, WA (Selkirk)
 Yelm, WA (Yelm)
 Seattle, WA (Garfield)

Elsa Couvelier**	Sprints	Sr.	Bellingham, WA (Bellingham)
Sarah Daigneault	Sprints/Hurdles	Fr.	Seattle, WA (Shoreline Christian)
Chandler Dennison	Distance	Fr.	Seattle, WA (West Seattle)
Amanda DiEnno*	PV/Multi	Sr.	Gig Harbor, WA (Cambridge WI/UW Oshkosh)
Diana DiMarco*	Pole Vault	Jr..	Bozeman, WA (Bozeman)
Cara Dockins	Pole Vault	Sr.	East Wenatchee, WA (Eastmont)
Kristi Fairbanks	Distance	Fr.	Snohomish, WA (Snohomish)
Melissa Foss	Sprints	So.	Shelton, WA (Peninsula)
Ally Ganyo	Middle Distance	So.	Medical Lake, WA (Medical Lake)
Savannah Glasgow	Sprints	Fr.	Snohomish, WA (Snohomish)
Kristi Gross	Pole Vault	So.	Lynden, WA (Lynden Christian)
Monika Gruszecki	Throws	Jr.	Edmonds, WA (Meadowdale)
Kim Harbine	Throws	Fr.	Ferndale, WA (Ferndale)
Phoebe Hartnett	Distance	So.	San Diego, CA (Patrick Henry)
Kendra Hedges	Distance	Fr.	Lake Stevens, WA (Lake Stevens)
Brittany Herring	Hurdles	Fr.	Bothell, WA (Juanita)
Stephanie Houck	Distance	Fr.	Everett, WA (Jackson)
Joana Houplin*	Sprints	Jr.	Olympia, WA (Olympia)
Michelle Howe*	Hurdles	Jr.	Lakewood, WA (Lakewood)
Haida Ikeda	Distance	Fr.	Issaquah, WA (Issaquah)
Rachael Johnson	Middle Distance	Jr.	Yakima, WA (West Valley/Seattle U.)
Brittany Jones	Pole Vault	Fr.	Gig Harbor, WA (Gig Harbor)
Lauren Kaligis	Throws	Sr.	Mukilteo, WA (Kamiak)
Caroline Kratz	Distance	So.	Lynnwood, WA (Meadowdale)
Gaby Krevat	Distance	Fr.	Bozeman, MT (Bozeman)
Valle Ledtke	Sprints	So.	Skamokawa, WA (Wahkiakum)
Lauryn Marino	Throws	Jr.	Portland, OR (Catlin Gabel)
Alex McDonald	Hurdles	Fr.	Marysville, WA (Marysville-Pilchuck)
Sandra Meyer	Hurdles	Fr.	Bonney Lake, WA (Bonney Lake)
Kendra Miller	M. Distance	Fr.	Lake Stevens, WA (Lake Stevens)
Kirsten Moore	Distance	Fr.	Carlsbad, CA (Carlsbad)
Robin Mueller	Pole Vault	So.	Marysville, WA (Marysville-Pilchuck)
Callie Muri	Jumps/Sprints	So.	Billings, MT (Billings West)
Samantha Ng	Distance	Fr.	Tacoma, WA (Stadium)
Megan O'Connell*	Sprints	Jr.	Sammamish, WA (Skyline)
Courtney Olsen*	Middle Distance	Sr.	Bellingham, WA (Squalicum/Concordia)
Amanda Overdick	Jumps	Fr.	Lynnwood, WA (Lynnwood)
Sarah Porter*	Distance	Jr.	Hockinson, WA (Hockinson)
Jennifer Quick	Pole Vault	Jr.	Lynnwood, WA (Edmonds-Woodway)
Callie Reff	Jumps	Fr.	Burlington, WA (Burlington-Edison)
Sara Richards	Throws	Fr.	South Bend, WA (South Bend)
Mary Rogers	Distance	Fr.	Spokane, WA (Shadle Park)
Sabrina Romano	Throws	Fr.	Concord, NH (Concord)
Shelby Rowland	Hurdles	Fr.	Bonney Lake, WA (Bonney Lake)
Maeve Sayres*	Distance	Jr.	Valleyford, WA (Freeman)
Ellie Siler	Sprints	So.	Spokane, WA (Lewis & Clark)
Danielle Slaughter*	Middle Distance	Jr.	Spokane, WA (Shadle Park)
Emily Spicker	Throws	Fr.	Marlton, NJ (Cherokee)
Samantha Stevens	Pole Vault	So.	Duvall, WA (Cedarcrest)
Lauren Thompson	Distance	So.	Sammamish, WA (Eastlake)
Amanda Thornton	Sprints	Sr.	Inglemoor, WA (Shoreline)
Shanyese Trujillo	Throws	So.	Lacey, WA (North Thurston)
Maria Ujifusa	Distance	Fr.	Snohomish, WA (Snohomish/Everett CC_
Emily Wallen	Distance	Fr.	Olympia, WA (Capital)
Emily Warman	Jumps	So.	Sedro-Woolley, WA (Sedro-Woolley)
Cheryl Watson*	Middle Distance	Jr.	Olympia, WA (Olympia)
Kendra Welling	Distance	Fr.	Burlington, WA (Burlington-Edison/Oregon)
McKinley Williams*	Distance	Jr..	Federal Way, WA (Todd Beamer)
Klarissa Wren	Pole Vault	Fr.	Chehalis, WA (W.F. West)
Megan Zukowski*	Sprints	Jr.	Maple Valley, WA (Tahoma)

Head Coach - Pee Wee Halsell.

Assistants - Brandi Petz, Bill Roe, Dick Henrie, Lex Kaligis, Al Reimer, Erik Bies, Clara Cook, Chris Ashby, Jarrod Roberts, Kaylee Gardner.