

# GNAC SPORTS REGULATIONS

## VOLLEYBALL

### Section 1. PARTICIPATION REQUIREMENT

All member institutions fielding teams in volleyball shall agree to participate for the championship.

### Section 2. SCHEDULE

- 2.1 Member institutions shall observe the NCAA starting date for pre-season practice.
- 2.2 Conference schedules will be distributed by the Conference office by January 15.
- 2.3 All season schedules (including non-conference matches) shall be finalized by Apr. 15 each year. Copies of the finalized schedules must be submitted in writing to the Conference office. (Revised 10/03; 05/08)
- 2.4 Conference competition will be on a Thursday – Saturday schedule. All matches shall start at 7 p.m. local time. Any changes to the standard 7 p.m. time may be made by filing a CHANGE OF SCHEDULE form with the conference office, signed by both participating athletic directors. Starting times for non-conference contests shall be determined by the host institution. (Revised 5/04; 10/04).
- 2.5 Non-championship travel shall be allowed only when no overnight travel is required with the following exception: Alaska Anchorage, Alaska Fairbanks and Montana State Billings shall each be allowed to travel to one event in which overnight travel is required during the non-championship season. (Section added 5/09; Revised 10/09).

### Section 3. NCAA REGIONAL TOURNAMENT REPRESENTATION

- 3.1 The Conference Champion will be the team with the best record against conference teams. In case of a tie, co-champions will be declared.
- 3.2 If there is a tie for the Conference Championship, the tie-break procedure in Bylaw 1.5.3.1 (reprinted below) will determine the team to represent the GNAC at the NCAA Regional Tournament.

**Tie-Break.** In the event of a tie for the championship, the GNAC representative to postseason play shall be determined as follows:

- a) The best won/loss record in all GNAC matches played between the tied teams over the past regular season;
- b) The best won/loss record in all matches, including non-conference matches, played between the tied teams over the past regular season;
- c) The best won/loss record of the tied teams against the next place finisher(s);
- d) If still tied, then teams will be compared to the next place finisher(s), and so on until a representative is determined;
- e) If still tied, the representative will be the institution with the highest NCAA regional ranking.

**Section 4. CONDUCT OF PARTICIPANTS** – (See Bylaw Article 10, Section 1)

**Section 5. PLAYING RULES**

- 5.1 All Conference matches shall be governed by the current NCAA volleyball regulations.
- 5.2 The three-ball rotation system will be used for Conference competition.
- 5.3 The host institution shall provide at least thirty-six (36) practice balls and three (3) containers for pre-game warm up.
- 5.4 All matches will be the best three of five (3-of-5) sets.
- 5.5 Pre-match protocol for all conference matches will follow NCAA suggested format.

**Section 6. OFFICIALS**

- 6.1 All GNAC officials must be registered with the Professional Association of Volleyball Officials (PAVO), attend at OTP Clinic and pass the NCAA exam before officiating any GNAC matches. **(Revised 04/07)**
- 6.2 Officials evaluation forms are available on the GNAC web site. Evaluations are due to the Conference Supervisor of Officials within 48 hours of the conclusion of the match or by Tuesday at noon. **(Revised 04/07)**
- 6.3 Line Judges for all Conference matches will be assigned by the respective local assigning organization. It is recommended that all line judges by PAVO line judge certified, which includes attending a clinic, viewing a PAVO training video, passing a written exam and being observed. All officials will be required to be in appropriate uniform. **(Revised 05/08)**
- 6.4 Preference for officials for Conference competition shall be in order of certification level (i.e., National first, State next).

**Section 7. EQUIPMENT & FACILITIES**

- 7.1 The official volleyball for all Conference matches shall be the Conference-approved ball and fall within the NCAA regulations. **(Revised 05/08)**
- 7.2 An official playing court shall be used for all Conference competition.
- 7.3 The host institution shall be responsible for providing the following for visiting teams at all Conference competition:
  - a) Shower/Locker room facility
  - b) Towels
  - c) Water with drinking containers
  - d) Practice balls
  - e) Trainer on site a minimum of two (2) hours prior to competition
  - f) Meeting room for pre-match and break between games 2 and 3
  - g) A electronic copy of the match video
  - h) Court access for practice times, if requested
- 7.4 The home team will wear light jersey for Thursday matches and the visiting team will wear dark. Opposite jersey schedule will be used for Saturday matches. **(Note: Numbers shall be worn during a conference designated spring tournament).** **(Revised 05/08)**

**Section 8. GAME MANAGEMENT/CONDITIONS OF COMPETITION**

- 8.1 During the pre-match warm-up, when one team has exclusive use of the court, the other team must be at their bench or out of the playing area (defined as “the gym”). If a team chooses not to use any portion of its exclusively allocated time on the court, the court shall remain unoccupied. If a space is provided outside of the gym, teams may warm-up there. (Revised 10/04; 10/05)
- 8.2 The host institution will notify the visitor prior to the beginning of the match of any time limits or special events between Set 2 and 3. There shall be a 10-minute break between Set 2 and Set 3 in all conference matches (Revised 10/4)
- 8.3 It shall be the home team’s responsibility to provide adequate game management and security of the officials and the visiting team.
- 8.4 The host institution will make every effort to provide the visiting team quality practice times on the day before and/or the day of the match. It is the visiting team’s responsibility to contact the home team to make arrangements two weeks prior to the match. The length of the practice times should be a minimum of one hour on the day before and a half-hour on the day of the match. The host team will set up and take down practice equipment and supply an adequate number of practice balls.

**Section 9. STATISTICAL INFORMATION**

- 9.1 The official NCAA Volleyball Box Score Form shall be completed by the host institution after each match (using StatCrew software). The host institution will provide the visiting team a copy of the score sheet, NCAA Box Score and officials' evaluation form, prior to leaving the match site. Coaches will receive statistical information between sets.
- 9.2 The Statcrew match file should be e-mailed to the visiting institution SID and the conference office as soon as possible at the conclusion of the contest. (Revised 10/03)

**Section 10. VIDEO EXCHANGE AND SCOUTING REPORT POLICY**

- 10.1 The host institution is responsible for filming the contest and uploading it onto Game Tape Exchange (GTX) as soon as possible following the contest. The upload will be completed no later than 9 a.m. (Pacific Time) on the Monday following the contest. Videos from each contest will be available on GTX for download as soon as the upload is completed.
- 10.2 It is required that the host institution provide the visiting team with a copy of the contest—either on DVD or downloaded to a flash drive, whichever the *host* team prefers—after the completion of the contest. A list will be made available specifying what type of media each school will be providing for each sport.
- 10.3 For film exchange purposes, when a team hosts a non-conference game against another GTX client, the uploaded film will automatically be posted to both the team’s account and the account of the non-conference GTX client. Non-conference games against a team which is not a GTX client will be uploaded as soon as possible upon returning to campus. It is the responsibility of each team to ensure that each of their non-conference games is uploaded in a timely manner.
- 10.4 All non-conference contests are required to be shared in the same manner as conference contests.

- 10.5 The host institution will be locked out of the GTX system until the required contest or contests (most recent) have been uploaded. The visiting school is not responsible for uploading the contest and shall not be denied access to video based on any failure to upload the video file.
- 10.6 If the video uploaded by a team is not complete or otherwise not in compliance, the team that noticed the error will contact the conference office and the team not in compliance. The conference office will also notify the uploading team about the problem with their video. That team shall then be responsible to correct the problem to the extent possible by checking the original video for errors and re-uploading the video. It may be necessary to burn DVDs and overnight them to conference members, with priority placed on sending them to host and visiting school's opponents for the upcoming week. When overnighting DVDs, schools must ensure that they arrive the next day. Do not use campus mail.
- 10.7 The host institution is responsible for maintaining an archive of their contests.
- 10.8 Instructions should be provided by a contest management designee to video tape camera operators to make sure the following guidelines are followed:  
(a) Volume shall be "on". Camera operators shall not engage in conversation while filming  
(b) Do not film time-outs, huddles, coaches, halftimes and cheerleaders  
(c) Focus the camera to be able to see the numbers on the players' uniforms  
(d) Show the scoreboard at regular intervals and during action breaks (including all time outs)  
(e) Leave the camera running until the teams have left the floor at the end of the contest  
(f) Adjust the camera to eliminate any writing on the screen such as the date, record, time stamp, etc. Scoreboard overlays are acceptable and recommended.
- 10.9 Conference members may not provide videos to an external group or individuals except for an officially recognized film exchange with a non-conference opponent (i.e. as required by the NCAA during post-season competition).
- 10.10 No in-person scouting of conference opponents (by any institutional representative) is allowed, except when teams are competing at the same location (i.e., tournament), unless expressly approved by the Conference Commissioner. In addition, no verbal or written scouting reports on other conference teams may be exchanged between conference teams. Dissemination of scouting information on member institutions to non-conference institutions is not permitted by any means (e.g., tape, phone, e-mail, written materials).
- 10.11 All coaches are responsible to report any situation (i.e., game control, officiating) they wish to have reviewed to the conference office by 4 p.m. on the Monday immediately following the contest. Only situations from the previous week's contests will be accepted. The official's supervisor should also be provided with information regarding the nature of the situation and the time at which it occurred in the contest in order to review the situation on the video from GTX. Submissions of this information will be limited to email only.
- 10.12 The Conference Commissioner has the authority to issue appropriate disciplinary action (including fines) for violation of this policy

**(Note:** The Chair of the volleyball committee will follow the GNAC rotation as outlined in Appendix A.).

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