

# NATIONAL CROSS COUNTRY RESULTS

**2000 NCAA (Nov. 18 at Pomona): Men's Team Scores** – 14. Humboldt State 346. **Individuals (10,000 meters)** – 25. \*Peter Clusener, HSU, 32:40.1; 59. Tobias Schwoerer, UAA, 33:32.2; 68. Damian Rogers, HSU, 33:36.6; 72. Louie White, HSU, 33:52.0; 109. Lehrin Morey, HSU, 34:53.7; 119. Adam Hall, HSU, 35:13.0; 120. Nick Gai, HSU, 35:14.2; 159. Gregory Phillips, HSU, 36:46.0. **Women's Team Scores** – 7. Central Washington 190. **Individuals (6,000 meters)** – 7. Lisa Blomme, HPU, 22:07.2; 38. Abby Bielenberg, CWU, 23:06.3; 40. Amy Forrey, CWU, 23:09.0; 41. Alicen Maier, CWU, 23:10.3; 43. Sarah Forrey, CWU, 23:12.8; 65. Krissi Mathers, CWU, 23:37.9; 27. Kelly VandenEkart, CWU, 23:52.2; 79. Josie Beggs, CWU, 23:52.9.

**2000 NAIA (Nov. 18 at Kenosha, Wisc.): Men's Individuals (8,000 Meters)** – 89. Aaron Matthias, NNU, 27:05. **Women's Team Scores** – 13. Northwest Nazarene 281. **Individuals (5,000)** – 36. Kristi Lund, NNU, 19:14; 59. Ann-Marie Wiggins, NNU, 19:39; 66. Heather Esposito, NNU, 19:43; 109. Susan Young, NNU, 20:19; 113. Erica Madison, NNU, 20:21; 156. Mindy Meier, NNU, 20:58; 167. Mary Glaze, NNU, 21:08.

**2001 NCAA (Nov. 17 at Slippery Rock): Men's Team Scores** – 16. Alaska Anchorage 407. **Individuals (10,000 meters)** - 35. Toby Schwoerer, UAA, 33:13.1; 73. Eric Strabel, UAA, 34:08.9; 87. Sean Rivers, UAA, 34:26; 114. Nathanael Castle, SPU, 35:02.3; 121. Andy Elvester, UAA, 35:11.1; 134. Vernon Campbell, UAA, 35:30.7; 159. Nate Normandin, UAA, 36:21.5; 166. Scott Rood, UAA, 36:38.6. **Women's Team Scores** - 14. Humboldt State 331. **Individuals (6,000 meters)** - 51. Dolores Bergmann, HSU, 23:07.3; 57. Rachael Wiseman, HSU, 23:20.4; 74. Kati Gosnell, HSU, 23:43.2; 98. Tammy Hunt, HSU, 24:05.4; 119. Becky Mello, HSU, 24:34.0; 167. Sadie Solem, HSU, 25:53.0.

**2001 NAIA (Nov. 17 at Kenosha, WI): Men (8,000 meters)** - 14. \*Francis Kimeli, NNU, 25:41; 48. Juraj Trubiroha, NNU, 26:27; 68. Ben Wornell, NNU, 26:43; 75. Zach Dwello, NNU, 26:49; 78. Aaron Matthias, NNU, 26:50; 70. Caleb Tubei, NNU, 26:51; 131. Brice Roncace, NNU, 27:30. **Women (5,000 meters)** - 31. Kelly Fullerton, SU, 18:56.

**2002 NCAA Division II Nationals (Nov. 23 at Ashland, Ohio) – Men's Team Scores** - 12. Alaska Anchorage 358. **Individuals** - 7. \*Paul Kezes, WWU, 31:16.7; 44. Pete Clusener, HSU, 32:37.0; 55. Eric Strabel, UAA, 33:02.6; 56. Sean Rivers, UAA, 33:03.7; 67. Andy Elvester, UAA, 33:15.5; 71. Tobias Schwoerer, UAA, 33:18.8; 109. Todd List, UAA, 34:03.8; 126. Nate Normandin, UAA, 34:33.3; 137. Chris Cannon, UAA, 34:55.2. **Women's Team Scores** – None. **Individuals** – None.

**2003 NCAA Division II Nationals (Nov. 22 at Raleigh, NC): Men's Team Scores** - 13. Western Washington 312. **Individuals** - 41. \*Kurt Hartmaier, WWU, 32:42.6; 47. Brian Brancheau, WWU, 32:49.1; 64. Steve DeKoker, WWU, 33:14.9; 68. T.J. Garlatz, WWU, 33:18.5; 123. Doug Hamilton, HSU, 34:41.90; 130. Logan Senrud, WWU, 34:50.4; 155. Sam Brancheau, WWU, 35:40.2; 172. Justin McNeil, WWU, 36:53.9. **Women's Team Scores** – None. **Individuals** - 21. \*Laura Trevellyan, WWU, 22:18.5.

**2004 NCAA Division II Nationals (Nov. 20 at Evansville, Indiana): Men's Team Scores** – 19. Seattle Pacific 512. **Individuals** – 56. Brian Kostock, HSU, 33:51.9; 64. Tim LeCount, SPU, 34:16.0; 100. Bjorn Bostrom, SPU, 34:58.5; 105. Doug Gibson, SPU, 35:02.8; 117. Brian Cronrath, SPU, 35:22.3; 126. Paul Mach, SPU, 35:42.3; 143. Eddie Strickler, SPU, 36:17.4; 154. James Rosser, SPU, 36:54.2; Jasper Peach, HSU, did not finish. **Women's Team Scores** – 21. Alaska Anchorage 489. **Individuals** – 4. \*Karen Dickson, SPU, 21:43.4; 22. \*Laura Trevellyan, WWU, 22:44.7; 48. Mandy Kaempf, UAA, 23:41.4; 87. Kamie Jo Massey, UAA, 24:20.2; 95. Kelly Fullerton, SU, 24:12.8; 99. Davya Baker, UAA, 24:31.5; 126. Nicole DeYong, UAA, 25:14.8; 129. Stephanie Myers, UAA, 25:16.9; 147. Danielle Pratt, UAA, 25:50.4; 149. Sarah Hansen, UAA, 25:55.5

**2005 NCAA Nationals (Nov. 19 at Chino, Calif.): Men's Team Scores** - 20. Alaska Anchorage 490. **Individuals** - 15. \*Casey Moriarty, SU, 32:08.6; 47. David Kiplagat, UAA, 33:20.9; 96. Aaron Dickson, UAA, 34:36.1; 115. Drew Dickson, UAA, 35:12.7; 149. Leif Olson, UAA, 36:14.8; 152. Mick Boyle, UAA, 36:31.8; 168. Stig Yngve, UAA, 40:06.9; Benjamin Sonntag, did not finish. **Women's Team Scores** - 1. Adams State 54, 2. Grand Valley State 69, 3. Western State 154, 4. Chico State 162, 5. Colorado Mines 194, 7. UC San Diego 225, 12. Alaska Anchorage 350. **Individuals** - 22. \*Pavla Havlova, UAF, 22:13.3; 46. Mandy Kaempf, UAA, 22:51.2; 64. Laura Carr, UAA, 23:29.8; 71. Stacy Edwards, UAA, 23:38.2; 114. Davya Baker, UAA, 24:27.3; 129. Kaley Strachen, UAA, 24:40.6; 156. Danielle Pratt, UAA, 25:33.9; 163. Mary Krusen, UAA, 25:50.9.

**2006 NCAA Nationals (Nov. 18 at Pensacola, Fla.): Men's Team Scores** - 15. Alaska Anchorage 402, **Individuals (10,000 Meters)** - 31. John Riak, SMU, 30:25.8; 41. David Kiplagat, UAA, 30:36.4; 85. Brent Knight, UAA, 31:35.7; 92. Aaron Dickson, UAA, 31:40.6; 120. Drew Dickson, UAA, 32:08.0; 147. Mick Boyle, UAA, 32:50.0; 153. Auston Ellis, UAA, 32:57.1; 173. Andy Liebner, UAA, 33:42.9. **Women's Team Scores** - 6. Seattle Pacific 195. **Individuals (6000 meters)** - 10. \*Jessica Pixler, SPU, 20:40.0; 12. \*Katie Hummel, CWU, 20:43.9; 50. Mary Moriarty, SPU, 21:36.2; 57. Karin Rohde, SPU, 21:39.7; 62. Suzie Strickler, SPU, 21:44.5; 63. Jane Larson, 21:44.6; 79. Megan Wrightman, SPU, 22:04.0; 132. Kate Harline, SPU, 23:04.4.

**2007 NCAA Nationals (Nov. 17 at Joplin, Mo.): Men's Team Scores** – 11. Western Washington 303. **Individuals (10,000 Meters)** – 1. Nicodemus Naimadu, Abilene Christian, 29:39.7; 26. \*David Kiplagat, UAA, 31:16.5; 43. \*Bennett Grimes, WWU, 31:46.5; 46. John Riak, SMU 31:49.1; 51. Daniel Phillips, WWU, 31:57.6; 58. Jordan Welling, WWU, 32:11.1; 80. Sam Scotchmer, CWU, 32:36.9; 101. Jon Skelton, WWU, 32:57.3; 110. Anthony Tomsich, WWU, 33:04.4; 142. Blake Medhaug, WWU, 34:01.8; 158. Keith Lemay, WWU, 34:34.0. **Women's Team Scores** – 2. Seattle Pacific 178. **Individuals (6,000 Meters)** – 1. \*Jessica Pixler, SPU, 20:29.1; 9. \*Jane Larson, SPU, 20:55.5; 19. \*Ashley Puga, NNU, 21:22.1; 45. Sarah Porter, WWU, 21:58.3; 54. Suzie Strickler, SPU, 22:04.7; 63. Karin Rohde, SPU, 22:15.0; 87. Kate Hartline, SPU, 22:39.7; 102. Lisa Anderberg, SPU, 23:03.2; 111. Kaitlin Rohde, SPU 23:08.9.

**2008 NCAA Nationals (Nov. 22 at Slippery Rock, Penn.): Men's Team Scores** - 10. Western Washington 263, 11. Alaska Anchorage 288. **Individuals (8,000 Meters)** - 1. Scott Bauhs, CSUC, 30:23; 9. \*Marko Cheseto, UAA, 31:32; 17. \*Jacob Parisien, UAA, 31:43; 29. \*Jordan Welling, WWU, 32:02; 36. \*Blake Medhaug, WWU, 32:11; 41. \*Bennett Grimes, WWU, 32:18; 86. David Kiplagat, UAA, 33:01; 90. Alfred Kangogo, UAA, 33:04; 97. Eric Brill, WWU, 33:14; 101. John Riak, SMU, 33:17; 111. Yonas Berhe, WWU, 33:26; 131. Tahoma Khalsa, WWU, 33:46; 132. Auston Ellis, UAA, 33:47; 147. Sam Bedell, WWU, 34:15; 159. Paul Rottich, UAA, 34:49; 162. Mick Boyle, UAA, 35:00. **Women's Team Scores** - 9. Alaska Anchorage 266, 10. Western Washington 301. **Individuals (6,000 Meters)** - 1. \*Jessica Pixler, SPU, 20:59; 13. \*Sarah Porter, WWU, 21:59; 15. \*Jane Larson, SPU, 22:02; 28. \*Elizabeth Chepkosgei, UAA, 22:30; 48. Laura Carr, UAA, 23:00; 51. Natty Plunkett, SPU, 23:02; 53. Lauren Breihof, WWU, 23:05; 64. Hallidie Wilt, UAA, 23:18; 73. Courtney Olsen, WWU, 23:24; 74. Ruth Jeptoo Keino, UAA, 23:24; 89. Kate Harline, SPU, 23:36; 92. Lisa Anderberg, SPU, 23:40; 108. Katie Hart, SPU, 23:53; 112. Mary Williams, SPU, 23:55; 115. Rachael Johnson, WWU, 23:58; 120. Phoebe Hartnett, WWU, 24:02; 123. Shoshana Keegan, UAA, 24:06; 135. Laura Rombach, UAA, 24:20; 144. Danielle Slaughter, WWU, 24:31; 149. McKinley Williams, WWU, 24:37; 174. Emma Bohman, UAA, 25:25.

**2009 NCAA Nationals (Nov. 21 at Evansville, Indiana): Men** – 4. Western Washington 170, 17. Alaska Anchorage 415. **All-Americans (10,000 Meters)** - 1. Reuben Mwei, Adams State, 30:27.8; 13. Jordan Welling, WWU, 31:44.6; 35. Chris Reed, WOU, 32:28.5; 38. Barak Watson, NNU, 32:30.1; 40. Micah Chelimo, UAA, 32:34.3. **Others** - 42. Marko Cheseto, UAA, 32:38.8; 45. Anthony Tomsich, WWU, 32:44.7; 52. Eric Brill, WWU, 32:48.6; 56. Bennett Grimes, WWU, 32:53.7; 61. Blake Medhaug, WWU, 32:59.9; 79. Greg Kubitz, WWU, 33:18.0; 94. Alfred Kangogo, UAA, 33:39.6; 97. Yonas Berhe, WWU, 33:41.5; 143. Michael Adams, UAA, 34:56.4; 174. William Estes, UAA, 36:42.5; 180. Paul Rottich, UAA, 37:26.5. **Women** – 4. Seattle Pacific 151, 5. Alaska Anchorage 158, 8. Western Washington 300. **All-Americans (6,000 Meters)** - 1. Jessica Pixler, SPU, 20:22.6; 2. Sarah Porter, WWU, 20:30.1; 14. Miriam Kipngeno, UAA, 21:16.7; 31. Lauren Breihof, WWU, 21:48.7; 39. Ruth Keino, UAA, 21:58.2. **Others** - 45. Hallidie Wilt, UAA, 22:09.9; 46. Suzie Strickler, SPU, 22:11.5; 47. Jane Larson, SPU, 22:12.0; 49. Natty Plunkett, SPU, 22:12.5; 53. Shoshana Keegan, UAA, 22:16.3; 62. Kate Harline, SPU, 22:24.8; 63. Laura Carr, UAA, 22:27.1; 65. Courtney Olsen, WWU, 22:30.2; 80. Lisa Anderberg, SPU, 22:43.5; 112. Kirsten Moore, WWU, 23:13.1; 152. Emma Bohman, UAA, 23:58.5; 153. Sierra Brisky, WWU, 24:02.0; 163. Mary Williams, SPU, 24:15.3; 166. Danielle Slaughter, WWU, 24:31.7; 172. Ariel Roelle, UAA, 24:54.0; 181. Emily Wallen, WWU, 26:09.4.

**2010 NCAA Nationals (Dec. 4 at Louisville, Kent.): Men** - 8. Alaska Anchorage 262, 9. Western Washington 269, 20. Western Oregon 493. **All-Americans (10,000 Meters)** - 1. Michael Crouch, Queens, 30:43.2; 8. Jordan Welling, WWU, 31:06.2; 13. Bennett Grimes, WWU, 31:11.8; 21. Micah Chelimo, UAA, 31:18.2; 25. Marko Cheseto, UAA, 31:28.0. **Other GNAC Finishers** - 43. Jacob Parisien, UAA, 31:44.0; 51. Barak Watson, NNU, 31:54.8; 66. Blake Medhaug, WWU, 32:05.8; 68. Chris Reed, WOU, 32:07.1; 75. Connor Kasler, WOU, 32:15.3; 80. Eric Brill, WWU, 32:23.8; 85. Spencer Hunt, SMU, 32:30.0; 101. William Ritekwiang, UAA, 32:48.1; 103. Paul Rottich, UAA, 32:52.8; 119. Justin Karr, WOU, 33:25.5; 131. Nick Abraham, WWU, 33:44.6; 136. Yonatan Yilma, UAA, 33:55.1; 138. Chip Jackson, WWU, 34:00.9; 143. Ryan Chapman, WOU, 34:05.9; 146. Kyle Larson, WOU, 34:10.3; 158. Dan Sprinkle, WOU, 34:25.1; 164. Aaron Rogers, WOU, 34:53.6; 169. Thomas Hill, UAA, 34:59.4; 173. Kyle Johnson, WWU, 35:33.9. **Women** - 6. Alaska Anchorage 185, 10. Western Washington 300, 21. Western Oregon 563. **All-Americans (6,000 Meters)** - 1. Neely Spence, Shippensburg, 20:41.2; 2. Sarah Porter, WWU, 20:56.1; 7. Ruth Keino, UAA, 21:20.8; 12. Miriam Kipng'eno, UAA, 21:40.2; 35. Jaclyn Puga, NNU, 22:14.5. **Other GNAC Finishers** - 49. Lauren Breihof, WWU, 22:32.6; 50. Shoshana Keegan, UAA, 22:33.7; 67. Hallidie Wilt, UAA, 22:52.6; 89. Rachael Johnson, WWU, 23:17.1; 91. Erika Snawder, WOU, 23:17.6; 92. Emma Bohman, UAA, 23:18.2; 106. Susan Bick, UAA, 23:37.3; 108. Jessica Boyer, WWU, 23:38.5; 111. Phoebe Hartnett, WWU, 23:42.1; 112. Ivy O'Guinn, UAA, 23:43.8; 127. Amanda Wright, WOU, 23:55.8; 135. Lacey Nation, WWU, 24:10.3; 140. Janelle Everetts, WOU, 24:15.4; 145. KayAnna Cecchi, WOU, 24:19.0; 146. Sierra Brisky, WWU, 24:21.4; 154. Tricia Morrison, WOU, 24:37.0; 156. Megan Everetts, WOU, 24:40.0; 159. Annan Applebee, WOU, 24:42.9.

**2010 NAI National (Nov. 20 at Vancouver, WA): Women** – 5. Simon Fraser 177. **Individuals (5,000 Meters)** - 1. Erin Curran, Black Hills, 17:52; 10. \*Helen Croft, SFU, 18:15; 18. \*Jessica Smith, SFU, 18:21; 52. Sarah Sawatzky, SFU, 18:53; 86. Lindsey Butterworth, SFU, 19:14; 98. Brianna Kane, SFU, 19:21; 141. Michaela Kane, SFU, 19:37; 176. Angela Shaw, SFU, 19:52. **Men: Individuals (8,000 Meters)** - 166. Keir Forster, SFU, 27:13. \*NAIA All-Americans

**\*2001-08 All-Americans**

## NAIA REGIONALS

**2000 (Nov. 3 at Clarkston, WA): Men's Team Scores** – Simon Fraser 30, British Columbia 52, Northwest Nazarene 69, Seattle 86, Lewis-Clark State 106. **Individuals (8,000 Meters)** – 1. Byron Wood, UBC, 25:58.25; 5. Aaron Matthias, NNU, 26:57.21; 6. Ben Wornell, NNU, 27:00.61; 8. Steve Manos, SU, 27:10.68; 11. Carlos Siqueros, SU, 27:16.18; 13. Zach Dwello, NNU, 27:23.77; 18. Brice Roncace, NNU, 28:06.63; 20. Dain Engbretsen, SU, 28:15.01. **Women's Team Scores** – Northwest Nazarene 41, Simon Fraser 47, Lewis-Clark State 63, British Columbia 70, Seattle 125. **Individuals (5,000 Meters)** – 1. Desneige McLean, SFU, 18:50.33; 3. Kristi Lind, NNU, 19:39.20; 4. Ann-Marie Wiggins, NNU, 19:45.35; 5. Heather Esposito, NNU, 19:57.02; 10. Tara Matthews, SU, 20:06.82; 13. Susan Young, NNU, 20:21.74; 16. Mary Glaze, NNU, 20:28.96.

**2001 (Nov. 3 at Kirkland): Men's Team Scores** - Northwest Nazarene 32, British Columbia 64, Eastern Oregon 75, Simon Fraser 103, Lewis-Clark State 156, Seattle 165, Southern Oregon 187, Warner Pacific 249, Oregon Tech 271, Cascade 272, Evergreen State 290. **Individuals** - 1. David Milne, UBC, 24:39; 4. Francis Kimeli, NNU, 24:54; 5. Aaron Matthias, NNU, 24:59; 6. Caleb Tubei, NNU, 25:01; 7. Juraj Trubiroha, NNU, 25:03; 10. Zach Dwello, NNU, 25:12; 14. Brice Roncace, NNU, 25:19; 25. Steve Manos, SU, 25:54; 27. Ben Wornell, NNU, 26:02; 32. Dain Engbretsen, SU, 26:17; 39. Joseph Hughes, SU, 26:49. **Women's Team Scores** - Northwest College 41, Simon Fraser 95, Lewis-Clark State 96, British Columbia 101, Southern Oregon 132, Northwest Nazarene 154, Seattle 177, Eastern Oregon 229, Warner Pacific 241, Oregon Tech 259, Cascade College 289, Evergreen State 290. **Individuals** - 1. Emilie Mondor, SFU, 16:42; 4. Kelly Fullerton, SU, 17:52; 11. Ann-Marie Wiggins, NNU, 18:22; 22. Erica Madison, NNU, 18:57; 23. Tara Matthews, SU, 18:58; 24. Kelly Dotson, SU, 19:01; 35. Susan Young, NNU, 19:34; 41. Rachelle Cronrath, NNU, 19:47; 47. Mindy Meier, NNU, 20:01; 54. Jessica Wiggins, NNU, 20:13; 60. Kristin Lane, NNU, 20:27.

**2010 Association of Independent Institutions (Nov. 6 at San Diego): Men** - Cal State San Marcos 32, British Columbia 45, Simon Fraser 68, SOKA 99, Southwestern 156, Johnson and Wales 160. **Individuals (8,000 Meters)** - 1. Brett Campfield, CSU San Marcos, 24:43; 3. Ryan Brockerville, SFU, 25:19; 7. Kyle Forster, SFU, 25:44. **Women** - Cal State San Marcos 24, Simon Fraser 42, British Columbia 60, SOKA 120. **Individuals (5,000 Meters)** - 1. Helen Croft, SFU, 17:39; 6. Angela Shaw, SFU, 17:55; 10. Brianna Kane, SFU, 18:06.