

GREAT NORTHWEST ATHLETIC CONFERENCE

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Western Washington Wins Sixth GNAC All-Sports Title With Record Point Total

SPOKANE, Wash. – Western Washington has won its second consecutive Great Northwest Athletic Conference all-sports title with a record-point total of 167.

Points are awarded (on a two-point increment) based on the final finishes in each of the conference's 15 sports – football, volleyball, men's and women's soccer, men's and women's cross country, men's and women's basketball, men's and women's indoor track & field, men's and women's outdoor track & field, men's golf, baseball and softball.

It's the sixth overall championship for the Vikings under the leadership of athletic director Lynda Goodrich. The Vikings won four consecutive titles beginning with the 2001-02 season and running through 2004-05. Western Washington broke its own record point total of 161 it set in 2004-05.

The Vikings outdistanced Seattle Pacific 167-140 in the overall standings. Western Oregon finished third with 117 points. Central Washington and Northwest Nazarene tied for fourth-place with 109 points.

WWU also won the men's all-sports title for the seventh time in nine seasons, also with a record point total of 78. Western Oregon finished second with 62 points. Seattle Pacific earned the women's all-sports title with 94 points, edging the defending champion Vikings by five points. The Falcons have won six of the last seven women's titles.

While SPU finished second in the overall standings, they won the most team titles claiming five championships including four in the women's division. The Falcons, under the direction of athletic director Erin O'Connell, earned titles in women's soccer, basketball, indoor track and field and outdoor track and field and in men's basketball.

WWU won three titles – all in men's sports (cross country, outdoor track and field and golf). Western Oregon (indoor track and field, baseball), Central Washington (football, softball) and Alaska Anchorage (volleyball, women's cross country) each won two. Saint Martin's won its first-ever GNAC championship in men's soccer.

The final 2009-10 GNAC All-Sports Standings:

Men	FB	CC	Soc	BK	IT	OT	BB	Go	Tot.	Women	CC	Soc	VB	BK	IT	OT	SB	Tot.
Western Washington		18	8	16	12	16		8	78	Seattle Pacific	16	14	16	18	14	16		94
Western Oregon	6	14		6	14	12	10		62	Western Washington	14	12	13	16	12	14	8	89
Central Washington	8	8		14	10	14	3		57	Northwest Nazarene	12	2	9	12	10	12	2	59
Northwest Nazarene		12	2	8	8	8	8	4	50	Alaska Anchorage	18		18	14			6	56
Seattle Pacific		10	6	18	6	6			46	Western Oregon	10	4	4	9	8	10	10	55
Saint Martin's		6	10	3	2	4	6	6	37	Central Washington	4	8	9	5	6	8	12	52
Alaska Anchorage		16		10		10			36	MSU Billings	8	6	13	5	4	4	6	46
MSU Billings		2	4	12	4	2	3	2	29	Saint Martin's	2	10	2	9	2	2	4	31
Alaska Fairbanks		4		3					7	Alaska Fairbanks	6		6	2				14
Dixie State		4							4									
Humboldt State		2							2									

Conference Champions: Titles Won (Men-Women) - Seattle Pacific 5 (1-4), Western Washington 3 (3-0), Western Oregon 2 (2-0), Central Washington 2 (1-1), Alaska Anchorage 2 (0-2), Saint Martin's 1 (1-0). **Football** – Central Washington. **Men's Cross Country** – Western Washington. **Men's Soccer** – Saint Martin's. **Volleyball** – Alaska Anchorage. **Women's Cross Country** – Alaska Anchorage. **Women's Soccer** – Seattle Pacific. **Men's Indoor Track** – Western Oregon. **Women's Indoor Track** – Seattle Pacific. **Men's Basketball** – Seattle Pacific. **Women's Basketball** – Seattle Pacific. **Men's Golf** – Western Washington. **Softball** – Central Washington. **Men's Outdoor Track** – Western Washington. **Women's Outdoor Track** – Seattle Pacific. **Baseball** – Western Oregon.

GNAC: Overall – Western Washington 167, Seattle Pacific 140, Western Oregon 117, Central Washington 109, Northwest Nazarene 109, Alaska Anchorage 92, MSU Billings 75, Saint Martin's 68, Alaska Fairbanks 21, Dixie State 4, Humboldt State 2. **Men** - Western Washington 78, Western Oregon 62, Central Washington 57, Northwest Nazarene 50, Seattle Pacific 46, Saint Martin's 37, Alaska Anchorage 36, MSU Billings 29, Alaska Fairbanks 7, Dixie State 4, Humboldt State 2. **Women** - Seattle Pacific 94, Western Washington 89, Northwest Nazarene 59, Alaska Anchorage 56, Western Oregon 55, Central Washington 52, MSU Billings 46, Saint Martin's 31, Alaska Fairbanks 14.

Note: In each sport, a team is awarded two points for participation plus two additional points for each team in standings in which it finishes ahead of.

ALL SPORTS CHAMPIONS – Year By Year

Year	Overall	Men	Women
2001-02	Western Washington 160	Western Washington 66	Western Washington 94
2002-03	Western Washington 147	Western Washington 58	Western Washington 89
2003-04	Western Washington 160	Western Washington 76	Seattle Pacific 92
2004-05	Western Washington 161	Western Washington 76	Seattle Pacific 96
2005-06	Seattle Pacific 157	Western Washington 58	Seattle Pacific 85
2006-07	Seattle Pacific 138	Central Washington 57	Seattle Pacific 92
2007-08	Western Oregon 158	Western Oregon 72	Seattle Pacific 99
2008-09	Western Washington 151	Western Washington 73	Western Washington 78
2009-10	Western Washington 167	Western Washington 78	Seattle Pacific 94